Strength During MIDDLE LIFE

Strength is extra-important for women going through the change of life. Then the body needs the very best nourishment to fortify it against the changes that are taking place.

In such cases, Cardui has proved helpful to many women. It increases the appetite and aids digestion, favoring more complete transformation of food into living tissue, resulting in improved nutrition and building up and strengthening of the whole system.

PAIN Resulting From MUSCULAR STRAIN SIMPLE NEURALGIA FROST BITES • SPRAINS EXPOSURE • FATIGUE For quick relief rub JAPANESE OIL (Enarco) on aching joints and sore stiff muscles. It's amazing how fast the aches and pains due to cold weather, simple neuralgia, fatigue and exposure or sprains are relieved. 60c All Druggists.

Use JAPANESE OIL (En-ar-co)

Don't waste a moment if you see your child scratching. Prompt action brings prompt relief.

Scott's ITCH Treatment

Soothes instantly. Kills the tiny mites that burrow under the skin and cause the itching. Clean, quick, cheap and sure. All druggists—50¢

50¢

NEW SAFETY FOR BABIES

Mother, most hospitals now protect their babies against germs and skin-infection by rubbing Mennen Antiseptic Oil all over the baby's body—every day. This keeps the baby's skin smoother, softer, lovelier and SAFER. So, mother, do as hospitals do, as doctors recommend. Give *your* baby a safety-rub with Mennen Antiseptic Oil daily thruout his diaper-days. See your druggist.

MENNEN Antiseptic OIL

Do you feel tense and keyed-up? Do the care of the home and children, the obligation of social or community life, the worry of finances, "get on your nerves"?

"NERVES"

May spell the difference between happiness and misery for you and your family.

If you are Nervous Sleepless, Irritable, Restless, it may be due to an overwrought nervous condition. If so, you will find Dr. Miles Nervine a real help.

Your Druggist has Dr. Miles Nervine both Liquid and Effervescent Tablets. Why not get a bottle or package and start taking it today?

Large bottle or package $1.00
Small bottle or package .25

DR. MILES NERVINE

CAMERAGRAPHS

NO, IT'S NOT A HEADACHE—B. A. Rolfe, famous maestro of the air waves, is figuring out a feminine twist for a special musical arrangement on the "Heinz Magazine of the Air," heard every Monday, Wednesday and Friday over CBS.

WASH DAY for the "Three Little Words" in a New York skyscraper. The harmonizing trio heard on Phil Spitalny's "Hour of Charm" musical program Monday afternoons from 4:00 to 4:30 (E.S.T.) keep house together in a modern way. Mary Baum of Baltimore is shown hanging up a few "pretties" while Joan Brooks of Oklahoma City tends to her job at the washing machine and Frances Cook of Shreveport, La., reaches for more ironing to be done.

ALL GOOD MEN TO THE AID OF THEIR SCHOOL: Scenes like this are being enacted at every college in the country. Photo shows the up-and-coming Frosh crew from U. of Washington pulling up the river.

THE WINNER over Jack Dempsey in this particular bout is 300-pound Amanda Snow of Minneapolis, who visited the ex-champ while passing through New York on her way to represent the state of Minnesota at the President's Birthday Ball in Washington. Smiling Bob Kenny, also of Minneapolis, is handing Miss Snow the decision.

BEER BOTTLES—The popular new design of beer bottle, the "steinie," is so convenient that you can hold seven in one hand if you are as expert as Frieda Schmidt, shown here, champion foam carrier in New York's German-speaking colony.

COUNTY OPTION PLAN ADOPTED BY ASSEMBLY

Continued from Page One

counties which do not vote for liquor stores the Turlington act limit of one gallon for the use of bonafide guests will continue in effect.

A resident of a dry county, under the option act, may legally purchase one gallon of liquor in a wet county and take it to or through a dry county but it must not be opened while in transit. Purchase of one gallon outside the State and its transportation into North Carolina is permitted.

statutes provide any regulation for

The liquor bill nor any existing wines or other beverages with from five to 21 per cent alcoholic content.

One solon said he was in favor of liquor legislation which did three things, and thought he had covered the points in the county option act. They are: (1) a law which would command the respect of a large majority of the people with enough public support back of it to make enforcement reasonably efficient; (2), a law to promote temperance and discourage intemperance; and (3) a law to take the handling of liquor out of the hands of the criminal element.

READ THE ADS

Reliable Heat

WHEN you order our Coal you may be assured you have the most reliable fuel there is for efficient heating. We can make immediate delivery . . . Phones 798 and 799.

SALISBURY ICE & FUEL

NINE MILLION ACRES BEING PURCHASED FOR RETIREMENT

(Continued from page one)

land in the United States.

In some of the mountainous sections of America, the land is too hilly and steep for farming. Rainwater, rushing down the sloping fields, washes the fertile topsoil down to the rivers. Nature originally provided a protective covering of forest on these lands. The loss of soil set in only after the land had been cleared of trees.

Other lands are too dry for farming, particularly in certain parts of the western plains. The drought of 1934-35, and the great dust storms which accompanied it, brought ruin to thousands of families who had settled on dry land. In addition, millions of acres of land were damaged, because when the natural grass cover was plowed under, the earth became dry and powdery and the wind could blow the topsoil away in clouds of dust.

There are some types of land that never were fertile enough to produce crops. Yet families searching for farms on which to settle, have taken up such tracts without knowing that the poor land would doom them to failure.

MONTILLA CLARKE DIES SUDDENLY

Mr. Clarke made his home.

The survivors include the widow, four sons, Herbert Clarke of Danville, Charles Clarke of Baltimore Edward Clarke of Pittsburg, and Monk Clarke, Jr. of Danville; and two daughters, Miss Julia Clarke, a trained nurse of Baltimore, and Miss Elizabeth Clarke of Danville.

Engineer Clarke, whose age was placed at 73, was the senior engineer of the Southern, his seniority dating from Jan. 1, 1885. He had made an enviable record. He was the first man assigned to run the Cresent Limited and was at the throttle when it made its last run. He was noted for bringing his trains in on time.

He was well known up and down the line and his death comes as a great shock.

He:" You've been out with worse looking fellows than I am, haven't you?'

She did not reply.

"I said you've been out with worse looking fellows than I am, haven't you?"

"I heard you the first time, I was trying to think."

ADVERTISE IN THIS NEWSPAPER FOR BEST RESULTS

SEVEN HURT IN LABOR WAR

San Francisco.—One man was stabbed in the back and six others injured in a bitter street clash here described by police as a battle between rival longshoremen's groups as an aftermath to the recent 98-day maritime strike. Meantime, seaman in Los Angeles opened a new court attack on provisions of the Federal maritime safety act, threatening maritime peace.

DURHAM YOUTH SENTENCED

Durham—John O'Neill, 19-year-old Durham youth, was sentenced to serve 28 to 30 years in state prison for the Thanksgiving night slaying of Jake Capps, Chapel Hill-Nelson road filling station operator in Superior court here Monday.

How to EASE a COLD FOR 15¢

TWO SIMPLE RULES

INSTEAD of buying costly medicines to relieve the discomforts of a cold, try the way almost any doctor you ask will approve as the modern way — genuine BAYER ASPIRIN. It now costs only 15¢ for a dozen tablets, or two full dozen for a quarter. The way you use it is this: Two BAYER tablets the moment you feel a cold coming on, taken with a full glass of water. Repeat, if necessary, according to directions in package. If at the same time, throat is sore, gargle with three Bayer tablets to ½ glass water for almost instant relief. Bayer Aspirin acts to fight fever, and the aches and pains of a cold comes quickly. Ask your druggist for genuine BAYER ASPIRIN by its full name — not the name "aspirin" alone

FOR A DOZEN
FULL DOZEN FOR 25c

Virtually 1c a Tablet

QUESTIONS ANSWERED REGARDING COUNTY LIQUOR CONTROL MEASURE

(Continued from page one)

the board?

A. By operation of a testing laboratory and hiring of experts to run it.

Q. Can the State Board of Alcoholic control regulate the number of stores opened to sell liquor in each county?

A. The measure provides that a liquor store may be opened in the county seat and that opening of other stores must be approved by the State board.

Q. What qualifications must a person have to serve on the State board?

A. They must be men well-known for their character and business success. No member may have any interest in distilleries or liquor companies.

Q. How will the board members be selected?

A. By appointment by the governor.

Q. How many persons will serve on the county board of alcoholic control?

A. Three men selected in each county at joint meeting of the board of county commissioners, the county board of health and the county board of education.

Q. What will happen to the members of the boards supervising liquor stores opened under the Pasquotank law?

A. Their terms will expire on June 30, 1939.

Q. What salaries will the members of the county boards receive?

A. The body electing the members shall establish the salaries for the board members. It shall be set to secure the best men available for the positions and shall not be large enough to attract persons unsuited for the work.

Q. What will be the hours of operation of the liquor stores?

A. From 9 a. m. to 9 p. m. daily except Sunday, election days and holdays, when the stores shall be closed.

Q. Will any money be set aside from the profits of the store for enforcement of the measure?

A. Yes, not less than five per cent nor more than ten per cent of the total profits as determined by quarterly audits. The money will be used to hire one or more persons to enforce the law.

Q. Can any person buy liquor at the county stores?

A. No minor or person convicted of public drunkenness or of driving a car while intoxicated or convicted of a crime which the court finds was committed under the influence of liquor will be permitted to make purchases. It also will be against the law for an other person to buy liquor for persons barred from making purchases at the stores.

Q. Can liquor be consumed at the stores?

A. No.

Q. Can liquor be carried into a dry county?

A. Yes, one gallon or less, provided that it is not for sale and the cap or seal on the bottle is not broken. The law permits deliveries through dry counties to a liquor store in another county.

Q. Can liquor stores advertise in newspapers, on billboards or on the radio?

A. No

Q. How will the State benefit financially from this measure?

A. After the bill has become a law, the Legislature plans to pass a measure taxing liquor sales. Moneys from this sale tax will go to the state government.

COMMITTEE DENOUNCED

High Point.—Resolutions approving President Roosevelt's plan for the reorganization of the Supreme Court of the United States and denouncing the State budget committee for not taking more of the "necessities of life" off the sales tax list were passed by a State-wide meeting of the North Carolina Non-Partisan league here last Monday.

SEABOARD PLAN ORDERED

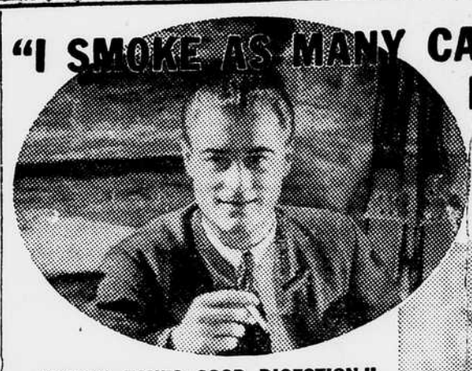
Norfolk, Va.—Federal Judge Luther B. Way, Monday ordered receivers of the Seaboard Air Line railway to draw up and submit to the court "a comprehensive plan" for re-organization of the road's financial affairs.

DAFOE ILL IN HOSPITAL

Toronto.—Dr. Allan Roy Dafoe, physician to the Dionne quintuplets, is in Toronto General hospital with influenza, it was disclosed. Dr. Dafoe was taken ill last week at his hotel.

"I SMOKE AS MANY CAMELS AS I WANT!"

says SIG BUCHMAYR, skiing wizard



"SKIING TAKES GOOD DIGESTION," this great skiing master (*above*) explains. "Camels definitely help my digestion. And they don't get on my nerves."

SOCIETY HOSTESS (*right*). Mrs. N. Griffith Penniman III, says: "I've noticed Camels help digestion." Make it Camels and enjoy a sense of ease.

CAMELS COSTLIER TOBACCOS

Let Better Lighting—
Give Better Vision!...
Safeguard Life!...
Make Success Easier!...

Quick Vision is the price of living in this motorized, mechanical age . . . good vision is the price of achievement wherever one's work calls for close application of the eyes.

Leading scientists now suspect poor lighting may be the source of many health penalties previously blamed on other causes.

Every year thousands of persons are killed because they couldn't see quickly or clearly enough. Thousands are painfully injured for the same reason. Authoritative estimates set an annual toll of $560,000,000 in fatalities, injuries and property damage resulting from night accidents on streets and highways—accidents which better light would have helped to prevent.

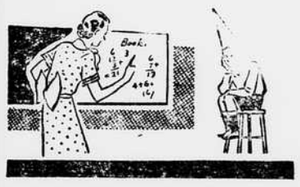
To this we must add a tremendous number of fatalities and injuries in homes, factories and elsewhere—many of which are also due to poor seeing conditions.

We probably spend close to a billion dollars a year for accidents which could have been prevented with better seeing conditions.

Other losses, too

Many persons suffer from nervous headaches, extreme fatigue and digestive disturbances due primarily to eyestrain.

You, yourself, probably know of some school pupil who lagged in his studies, because of faulty seeing, and had to repeat the work of a whole grade.



Science now tells us that the number of students who do this is very large. We also know from actual tests made in classrooms that when good lighting replaces inadequate and improper light, the rate of failures decreases a great deal. In fact, the cost of improved lighting is very much less than the cost of having a student repeat a grade.

Much valuable time is lost in factories and offices because persons working in these places do not see well, or do not have enough light. Often valuable manufactured products are spoiled when they are made in poor light. Often, too, employees are discharged for mistakes that are due to the lack of proper seeing conditions. Many other tragedies, attributed to other causes, are really the result of violation of nature's law of lighting.

One school child in five has defective vision

When we realize that modern civilization has increased drastically the severity of tasks for which our eyes were intended, it is not surprising that eye defects are so common today among persons of all ages. For example, 2 out of every 10 school children, 4 out of every 10 college students and 6 out of every 10 persons over forty have defective vision.

The conservation of human resources—eyesight, health, limb, life—go hand in hand with seeing. After all, civilization is largely a world of seeing. And leading scientists now suspect that poor lighting may be at the root of many health penalties hitherto attributed to other causes.

What can be done about it?

First—Let us make sure that our eyes are right by having them examined at regular intervals by a competent eyesight specialist. This rule applies to young and old alike.

Second—We must learn the real facts about light and seeing, and apply them, so far as we can, in our homes, in business, school and on streets and highways . . . and so help our eyes.

THE LIGHT METER

We will gladly help you get adequate light in your home. Ask us to measure your lighting with the Light Meter. There is no charge or obligation.

Duke Power Co.

Old Mattresses

REBUILT like NEW

ONE DAY SERVICE

Prices: $5.00, $7.50, $10.00, $12.50

TAYLOR MATTRESS CO.

PHONE 6

Awnings Venetian Blinds