OHN W. SLEDGE, PROPRIETOR.

NO 4.

CATARRH: FORERUNNER OF CONSUMPTION.



Few realize what a deep-scated, obstinate disease Catarrh is, regarding it as a simple inflammation of the nose and throat, little or no attention is given it. But, however insignificant it may seem at first, it is serious and far-reaching in its results.

is serious and far-reaching in its results.

The foul secretions entering the circulation poison the entire system. The stomach, kidneys—in fact all the organs—feel the effect of this extarrhal poison, and when the lungs are reached its progress is rapid and destructive, and family ends in consumption.

It frequently happens that the senses of hearing and smell are in part or entirely lost, the soft bones of the nose caten into and destroyed, causing intense suffering and greatly disfiguring the face. While sprays, washes and salves may give temporary relief, no permanent benefit can be expected from such treatment.

CATARRH IS A CONSTITUTIONAL OR BLOOD DISEASE,

I far beyond the reach of mere local remedies. Those who rely upon them for a cure lose valuable time, meet with disapinterest and allow the disease to take firmer hold. Only a real blood remedy can reach this troublesome and dangerous disease.

S. S. S. cures Catarrh because it first cleanses and builds up the blood, purifies it, makes it rich and healthy, stimulates and ts new life into the sluggish worm-out organs, and thus relieves the system of all poisonous accumulations.

Mrs. Josephine Polhill, of Due West, S. C., writes. "I had Catarrh, which became so deeped that I was entirely deal in one ear, and all inside of my mose including part of the some glied of. When the disease had gone this far the physician gave in one increased remined; try S. S. S. say last resort, and began to improve at more. I expend to get it she of the disease, and after a few weeks treatment I was entirely sured and for more about

S S S is made of roots, herbs and barks of wonderful tonical and purifying speriles. It is the only vegetable blood purifier known, and a certain and safe to all blood troubles. Send for our book on Blood and Skin Diseases, and at same time write our physicians about your case. They will cheerfully give you miformation or advice wanted. We make no charge for this.



HOW TO LIVE A LONG TIME.

BALMY SLEEP IS ESS ENTIAL.

LIVE TO A RIPE OLD AGE?

I noticed a prescription for long life the

other day, which interested me because

of the well known feets set down and

best and most approved life preservatives

erest, to keep the spine in a straight line

neys were allowed to keep their individ-

had a large truck, with short limbs, a

who burns the candle at both ends."

They always are rooting in the garret or

are prone flat in the cellar, so to speak.

not go or come with lits and starts: vio

lent gestures, intense emotions, frantic

Hold yourself firm and never forget

yourself, is another way of expressing it.

smail enter. Dr. Tanner went through

forty days on water, and the well pre-

served man or woman must never be

straight spine and an erect walk.

as a sine quo non for long life.

of excited nature.

performances.

come a conrunal.

hings here mentioned.

storer, balmy sleep?"

for a comfortable old age.

is Tasteless and Guaranteed to Cure Chills and Fever and all Majarial Troubles.

in Quinine Nor Other Poison.

Does Not Injure the Stomach Nor Effect the Hearing.

FOR SALE BY W. M. COHEN, WELDON, N. C.

P. N. Stainback,

WELDON, N. C.

MERCHANDISE OF ALL KINDS.

ZEIGLER & BAY STATE A SPECIALTY.

Sole Agent in Weldon for STROUSE BROTHERS HIGH ART CLOTHING. rmerly sold here by M. F. Hart.) A fit guaranteed.



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FRUITS. CONFECTIONERIES.

Crockery, Glass Tin, and wooden and will lowware. Also Pratt's Horse, Cow Hog and Poultry Food, and Grove's

Tasteless Chill Tonic. Alexander's Liver and Kidney Tonic for parilying the blood. This tonic is warranted or money refunded.

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Heavy 1 Fancy

Corn, Hay & Oats

All goods cheap for cash. 3-bs green
offee for 25c. I have recently added to
ay business a bakery. Best Bread and
akes furnished at short notice.
W. T. PARKEP.

HENDERSON

TELEPHONE COMPANY.

OFFICE OF GENERAL SUPERINTENDENT,

HENDERSON, N. C.

I beg to announce that the follow ig towns are now connected by long distance phones, and the rate herewith ublished will be in effect on and after March 15th:

FROM WELDON TO

Louisburg Axtell. Macon. Manson. Brinkleyville, 20 entreville Middleburg. Ockville. 25. hurchill rowella 15. Oxford. Dabney Esfield, Ridgeway. Ringwood Franklinton, 40. Tillery, Vaughan, raston. Henderson, Hulifax Wisc. ittrell. 40. aurel,

Roanoke Rapida, 10 Warren Plains, Warrenton 25 Youngsville.

A Free Trip to Paris!

HIS IDEAL WOMAN

MAN LIKES TO BE LOOKED UP TO

OT SO MUCH AN ANGEL AS A SYMPA THETIC, ALL-FORGIVING HUMAN.

Man has a number of fixed, old-fashoned notions about the ideal woman E. Garrett in the Woman's Home Comcanion. The sober truth is that, while getting along ?" nen may seek diversion with the more showy, flippant type of girl, and are of disheartened answer. I'm not doing a We mammas who heard her only ten caught by mere glitter, they have an thing." ideal far, far above this cheap type which s imperishable. A man does not picture a completely limp and characterless creature as his soul's ideal, however "sweet." to him to be a little superior to his mare more every day. -to be 'looked up to"-and, as true woman desires to "look up," it is clear that nature's arrangements in these matters are not without design. The most charming weman of all is she who has ensummate wit to seem to "look up

WHO IS IT THAT DOESN'T WANT TO the man who loves her, or perchance a little above him. One thing imperatively demanded in pathy-that all divining, all-forgiving Sympathy is one of the prime factors of thing." particularly of an emission of one of the charm. So is humor. A man is fearfully lonesome when his wife cannot see The first idea advanced was to walk his jokes. She could not offer him a more his companion's vehemence. deadly affront than to laugh in the wrong It was declared to be promotive of life place at his pet stories. The ideal woduration, when heart, lungs, liver, kidman is religious-has the wise, sweet

old-fashioned notions about right and thought the old man or woman always disappointed if she had no scraples-if in The second idea was the habit of experience. He may not say many breathing slowly-to bring a supply of prayers bimself, but he loves to know oxygen into the lungs. Peace of mind, that his children pray at their mother's that the nightly petition from innocent The emotional individual is the one

FOR OVER FIFTY YEARS

quite empty of meaning.

The person who suffocates with joy, used for over fifty years by millions of our an instant's preparation." chokes with anger, is astonished into mothers for children, while teething, with amazement and faints under sudden reperfect success. It soothes the child. sulsions of cither joy or sortow, shortens softens the gums, allays all pain, cures life by every exhibition or performance The third was set down as a repose of manner. Ease, lightness, silent move- bottle, Be sure and ask for "Mrs. Winsment began in youth, will be the habit low's Soothing Syrup," and take no othof old age. Muscular relaxation must er kind

Well Posted.

"Does he know much about the firm's

"Know much! Well, say, the office Lastly : Eat but little. The very buy ustually doesn't consider himself any aged person is set down as always the better posted.

TETTER, SALT RHEUM AND EC-

The intense itching and smarting inci-When the stomach is overloaded and dent to these diseases, is inscantly allayed ligestion is overworked like a poor cab by applying Chamberlain's Eye and Skin and a sense of your own shortcoming Ointment. Many very bad cases have and errors horse, then there must be a breakdown The digestive organs, to be kept in good been permanently cured by it. It is repair, must have a regular supply of equally efficient for itching piles and food and not a great lot to work on at a favorite remedy for sore nipples, chap ped hands, chilblains, frost bites and one time. The prescriptionist said the chronic sore eyes. 25c. per box. ** influences of occupation, of climate, of por sate by W. M. Cohen, Weldon, J. N. Brown location, race and breeding had only so Halliex, Dr. A. S. Harrison, Bofield, Druggiess influences of occupation, of climate, of indirect effect—the secret lay in the four

Forgive and Forget.

If I had been given a voice I should The Mother-Oh, Amy, you have fallen in the mud and ruined your little sloak! What shall I ever do with it? The Five-Year-Old (surveying the rain) - Forget it.

n prime candition. Price 25c per pack-

For sale by W. M. Cohen Weldon J. N. Brown

Wards Unspelt.

Mrs. Tucker-Tommy, what makes

Tomrov-Had some words with the

sacher, and she kept me in after school.

Mrs. Tucker-You had words with

Towny-Yes'm I couldn't spell them

CURE A COLD IN ONE DAY

Take Laxative Bromo Quinine Tableta

All droggists refund money if its fells to

on each tablet. For sale by W. M. Cohe

What The Bride Wore-

A country paper contains this para-

graph in regard to a local wedding: "The

bride wore a lizard-green silk on whose

cheek blossomed the flush of dawning

Druggist, Weldon, N. C.

giveth, His beloved sleep." DR. CADY'S CONDITION POWDERS I tell you trouble is not going to kil re just what a horse needs when in bad homan kind, when sleep comes to mortals oudition. Tonic, blood purifier and naturally and easily. retmifuge. They are not food but medcine and the best in use to put a horse

our so there?

Insanity is generally preceded by ins bility to sleep. The doctor says, "Let the patient sleep."

have said, "Where is nature's great re-

Insomnia kills more people than the

sword. What says the Bible? "He

I call to mind a dear old lady who lived a long life, was delicate in young womanhood, often slek in middle age, and fragile as a sensitive plant in her last years, who slept like a baby all her sleeping hours. She had a slight curvature of the spine, a tall, thin frame, and was pervous and excitable, but the case that came to her through sweet "baby" sleep kept her up and made her life a pleasure herself and others. It was refreshing, nourishing and refreshment to ler. Among the temporal blessings God has given me I count sleep one of the great

The ancients believed that rheamatiso was the work of a demon within a man. Any one who has had an attack of sciatic or inflammatory rheumatism will agree that the infliction is demoniac enough to warrant the belief. It has never been claimed that Chamberlain's Pain Balm would east out demons, but it will cure rheamstism, and bundreds bear testimony to the truth of this statement. One application relieves the pain, and this quick relief which it affords is alone worth many times its cost.

CASTORIA. For sale by W. M. Cohen Weldon, J. N. Br Halifax, Dr. A. S. Harrison, Enfield, Druggists.

womanho id.

HE FELT DISCOURAGED

THE LESSON HE TAUGHT. THE TEACHING WEDD WITHOUT A TEXT | AND THERE WERE MANY, MANY THINGS поск.

Twenty years now a discouraged young

"I'm not getting along at all," was the lis a horrid, impersonal name.

he spake of courage and patience and young and that there were many, many perseverance. Later in the day, he went things that she did not know, with his son to the 'Free Dispensary," She did not know that when the sweet

ient when the old man burst forth : when really she stands on a level with

the make-up of the ideal woman is sym- twenty-five people in a month as much everlasting mantle. as you have in one morning, I would

There isn't any money in it, though,

fellow men? Never mind about money; ual place, and were not crowded by cut- wrong. A man is quite capable of mak- you go right along at this work every feelings that are surging through them vature of the spine. The prescriptionists ing merry over his wife's scruples of con- day. I'll go back to the farm and glad- both until, bending close to her, he softscience, but I think he would be rather by earn money enough to support you as by whispers, "Mamma long as I live; yes, and sleep sound every his worldly way she was guided chiefly by oight, with the thought that I have gible things that have been filling her helped you to help your fellow men.

"That speech," I said to a friend of with slow, deep breathing, was advanced knee. Perhaps he sometimes reflects conspicuously successful teacher, "went new and sacred meaning. Other names into the bones of the young doctor's life; lips, "God bless father," may not be and strengthened him for a life of unselfish usefulness."

"Ah!" said the professor, "that one Mrs. Winslow's Soothing Syrup has been teaching! And yet it was made with-"Far from it," I answered, quickly

'Ir had taken sixty years of noble living. wind colic, and is the best remedy for struggling against sin and self, pressing Diarrheea. It will relieve the poor little forward in paths of righteousness, bear sufferer immediately. Sold by druggists ing the cross, following hard after the in every part of the world. 25 cents a Perfect Man, to prepare that old Chrismoment came, and he was ready to teach

For this teaching without text-books fellow-teachers, life's normal school holds daily, hourly classes |- Elizabeth Prestor Allan, in Sanday School Times.

TO MAKE A HAPPY HOME

1. Learn to govern yourselves, and to be gentle and patient.

2. Guard your tempers, especially in seasons of ill-health, irritation, and trouble, and settle them by prayer, panitonee,

3. Never speak or act until you have prayed over your words or acts and con cluded that Christ would have done so 4. Remember that, valuable as is the

sift of speech, the gift of silence is often much more valuable.

5. Do not expect too much from others, but remember that all have an evil nature, whose development we must expeet, and we should cultivate forboarance and foreiveness ourselves.

6. Never retort a sharp or angry word, It is the second word that makes the quarrel.

S. Learn to speak in a gentle tone of

9. Learn to say kind and pleasant things whenever an opportunity offers. 10. Study the character of each, and ympathize with all in their troubles. however smull 11. De not neglect little things, if

they can affect the comfort of others in the smallest degree. 12. Avoid moods, and nets, and fits of s ilkiness. - Presbyterian Journal.

Feminine Charity.

He-When Miss Willing married old Gatrox she gave her age as 25. I imagined she was much older than that. She-Oh, I suppose she allowed one cure. 25c. The genuine has L. B. Q. third off for cush.

Not That Kind.

Clerk - What do you wish, ma'ain? Mrs O Coole-Oi want to sac so Clerk-Hand mirrors?

Mrs. O Toole-No; some that ye kin as ver face in

Hoax-"Poor Jenks! he's in a very unsettled state just now." Joax-"Financial troubles?" Hoax-"Oh, no! He's visiting friends in Kentucky."

SHE WAS YOUNG.

MAMMA. THE DEAREST NAME.

"Due thing is cettain," an affianced

doctor in one of our large cities was visi- maid announced, with decision, on the which are quite apart from questions tool by his old father, who came up from eve of her wedding-my husband shall of complexion and dress, writes Carrie a rural district to look after his boy. never call me 'mounta.' He may wall "Well, son," he said, "how are you me Clara or Mrs. Richards or even Say, but I shall never be called 'mamma." It

smiled and answered nothing at all, for The old man's countenance fell, but each of us remembered that she was

Yet the woman as she appears in his where the young doctor had an unsalaried beart had changed to the wife and the dreams is not too clever. It is a pleasure position, and where he spent an hour or wife to the mother there comes a wondrous first time. That first time that The father sat by a silent, but intensed she feels the downy head nestling under y interested, spectator, while twenty five her chiu, that first time that she feels poor unfortunates received help. The the restless put, put of little feet as she doctor forgot his visitor while he bent vainly tries to prison them in her hand, his skilled energies to this task; but hard- who learns then that her life has burst ly had the door closed on the last pur into a new and wonderful foliness. In "I thought you told me you were not love, and the incense that arises from it doing anything?" he thundered. "Not glorifies the whole atmosphere, and the doing anything! Why, if I had helped warmth envelops her and her baby in an

Then in the dim light she sees bendquality which makes the world akin, thank God that my life counted for some- in z over her the one that she lives best of all, and she reaches out her hand to him to draw him near, that he, too, may explained the son, somewhat abashed at come within the enchanted circle; that he, too, may breathe the sacred incense "Money!" the old man shouted, still and be warmed by the heavenly fire. scornfully. "Money! What is money Laying his hand in hers, they look toin comparison with being of use to your gether into the new little face, but no word comes to express the strange sweet

It is a baptism. All the sweet, intanbeing have been caught and held in that word. The world may teem with mine, one who has spent many years as a mammas, but the name to her has a have been given her, other promises have been made in the giving and in the taking, but nothing so tender, so strong, so sweet as this, and her whole being speech was worth years of text book goes out in a silent promise to live up to the sacredness of that name - Woman's Home Companion.

A PRETTY POEM

'At home the woodsthrush tilts and SWIDES.

In the swaving cedar boughs And slowly through the barnyard gate To pasture go the cows. Across the disording fields of

The warm sun throws his rays-And drinks from every leaf and bud The sparkling dew that stays, On rose and honevsuckle vine,

And trailing bridal-wreath, On apple tree, and blooms that strew The young grass underneath. Athwart the sunlight gleaming wings

O pigeons cleave the air,

And safe within the sheltling eives The mather's cooling there 'Ah, me! at home dear sights and sounds Brim sweet the morning alor,

And all the day is filled with joys Joss which are mine no more! Dear heart! the world is wide, and lure

But weary 'tis to roam-Life's ne'er so sweat, love's ne'er so dear As life and love at home!

It is indeed a wise provision of Provi dence that all the wisdom of the world is concentrated in one human head .-Orange (Va.) Observer.

Rain or Shine.

depends thousands of lives, and millions of dollars in property, each day. In his baste he runs out in the rain or the snow hatles and unprotected. the sequel — bron-chitis, or some

effective remedy for bronchial or Discovery Almost all remedies pre-scribed for such diseases scothes by stupe faction. "Golden al Disco ner marcotic neither

stops coughs by curing their cause It heals weak lungs, builds up wasted tissues, and promotes the health of every of gan of the body.

"I am a rharden agent, writes I in agent, writes I in Raples, Esq. of Barclay, Osage County, Kana, and four years ago my work keeping me in a warm room and stepping out frequently list the cold air gave me brouching, which become chronic and deep-acated. Doctors failed it reach my case and advised me to try a higher air, but, following by for me, a friend advised me, but, of Barack medicines. I commence

Dr. Pierce's Pleasant Pellets regulate

CATARRH CAN BE CURED BY Johnston's Sarsaparilla

QUART BOTTLES.

"DANGER IN THE EARTH AND AIR; DANGER EVERYWHERE."

A Wise and Venerable Doctor Talks about Advanced Science.

**BANGER IN THE EARTH AND AIR; BANGER EVERYWHERE."

A Wise and Venerable Doctor Talks about Advanced Science.

In a leading hotel, in a great city, a famous and aged physician was conversing. Listening to his wise and sententions discourse, were a group of well dressed men, evidently lawyers, business men and commercial travelers.

My firm belief, is "that medical science is certain yet to show that all diseases without exception are caused by invisible germs which are living organisms. Here is the germ of that terrible disease diphtheria. Here is the bacillus of typhoid fever; and here is the still more dreasiful bacillus of tuberele which causes that most destructive of all diseases, consumption. This of that very common and supposed incurable diseases, catarrh.

"I wish, bettor," said the traveling man, "that you would tell us about caterh. I have had it for years, and I am thoroughly discouraged."

The Doctor answered, "Catarrh, like diphtheria, consumption, typhoid fever, and a host of other diseases, is the result of a microbe invading the blood and attacking specially the uncous membrane. This foul and most disgusting disease is especially prevalent in the United States and it is rare to meet one who is not, or has not been troubled more or less with it. How often is he or she obliged to remain at home from pleasant entertainments, deprive themselves of many intellectual treats, from fear of the disagreeable odor arising from exarrh is to medicate the blood. This can be done only by powerful alteratives which act as blood purifiers."

Betsy A. Marett, of Manistee, Manistre Co., Mich, writes:

Dear Sirs:—For ten years I was a sufferer from proceal debility and chronic catarrh. My face was pain as death. I was weak and short of breath. I could hardly walk, I was so dizzy and had a ringing in my head all the time. My hands and feet were always cold. My apportic was very poor. On getting up in the morning, my head swam so I was often obliged to lie down again. I had awful pains in the small of my back. I had

MICHIGAN DRUG COMPANY, DETROIT, MICH. W. M. COHEN. . . . WELDON, N. C.

A SHARP TRICK.

MORPHINE BEAT THE GAME

IT MADE A YOUNG GAMBLER QUIT WHILE HE WAS A WINNER.

mer at that time, and the high games Belvedere. that used to run at some of the clubs would be an eye opener to the gamblers haven't time to do anything properly.

folks kept him suppl

for hotel and livery and everything else, quickly that they will not stand and His people sent word that they wouldn't send any more money and said if he got into trouble he'd have to get out himself. His creditors were just about ready to jump on to him, when one night he made a big winning. He was playing fare in the club that's tore down now. It used to stand over from the depot and was the place for high play. "I suppose he had \$4,000 or \$5,000

in front of him when his friends began trying to persuade him to quit. He was just like all the rest of them, going to break the bank and all that sort of thing. and he wouldn't quit.

"It was a red hot night for Manitou and with the excitement and all Rich had pulled off his coat and rolled up his sleeves. There was a doctor among his friends, and though he hadn't said anything to Rich, I suppose he felt a responsibility, because the young fellow had come out here for his health and had | been referred to the Manitou doctor by the doctor he had at home.

"I was watching the play, though I didn't know any of the people. I saw the doctor turn his back to the crowd for a minute and fillle with something he had taken out of his pocket. Then he walked over to Rich and put his hand on his bare arm. 'You need a sedative,' he said. Quick as a flish he took the hypodermic syringe he had in his hand the hypodermic syringe he had in his hand the said. Quick as a flish he took the hypodermic syringe he had in his hand the hypodermic syringe he had the had the had the had the had the high his hand the had the hypodermic syringe he had in his hand and fired a charge into Rich's arm.

"Rich said 'och' and grabbed at the place where he had been pricked, but the deal was going on, and he turned to that again. Before half the cards were out, his head settled on the table, he commenced to draw good long breaths and

"The doctor took the chips, eashed them in then took and wrote a receipt for the money and gave it to another friend of Rich's to keep. Then he took Rich. T. W. WOOD & SONS, Seedsmen, loaded him into a carriage, took him up to his office and watched over him until he came around the next day. Rich paid his bills, but he did no more gambling in Manitou. They wouldn't let him play again."-Denver Republican.

In Blessed Singleness.

Squire (engaging coachman) -Are ou married? Conchuan - No, sir. These 'ere

cratches came from a cat. the Chart Helthers Bought CAN'T WAIT.

Nelation, the great surgeon, said that if he had but four minutes to perform a critical operation, on which a life depended, he would take one minute to consider how to do it best. But where is the American youth who would spend "I see gambling is running wide open twelve years with Michael Angelo, studyin Colorado again," said a cattleman of ing anatomy, or ten years with Da Vicini. Topeka. "I don't suppose, though, it is studying the structure of a horse? The as wide open now as it was in the late young artist of to-day would expect in a eighties. I was in Manitou every sum- quarter of the time to sculpture an Apollo

We are living in a fast age. We

of the present day. Cattlemen were "Can't wait" is characteristic of the making money then, as were the miners, century, and is written on everything on and they used to meet in Manitou and commerce, on schools, on society, or try for each other's pocketbooks, with churches. We can't wait for a high the result that the professional gamblers school, seminary or college education. The boy can't wait to become a youth, "I remember how one young fellow was nor the youth to become a man. Young made to quit a winner against his will. men rush into business with no great re-His name was Rich. He was a nephew serve of education or drill; of course, of one of the big reaper men, and his they do poor feverish work and break money, a down in middle life, and many die of old regular allowance. He had been gam- age in the forcies. Everybody is in a bling every ecot of it, letting bills pile up hurry. Buildings are rushed up so everything is made "to sell."

Religion is often the armor which some people put on when they want to make sure of overcoming their enemies.

SORE LUNGS

Sore lungs, pain in the chest and painful breathing, the fore-runners of pneumonia, are quickly relieved and cured by the old reliable Dr. John W. Bull's Cough Syrup. It breaks up a cold in one night. Try it at once.

Dr.Bull's COUCH SYRUP Will quickly heal Sore Lungs. Doses are small and pleasant to take. Doctors recommend it. Price sycts. At all druggists.

NEW

GOODS.

ticking, 5 to 7c. Men's winter underwear, 25c, plush capes, \$1 to \$1.50. I am re-ceiving some good bargains in winter goods

H. C. SPIERS Weidon, N. C.

