

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

The Kind You Have Always Bought
In Use For Over 30 Years.

S. N. IREDELL & SON,

GENERAL COMMISSION MERCHANTS,

17 COMMERCE STREET,

NORFOLK, VA.

Cotton, Peanuts, Peas AND ALL Produce.

LUMBER, WOOD and SHINGLES.

We make a specialty of handling North Carolina produce. Guarantee the highest market price and prompt returns. References—Norfolk National Bank and Commercial Agencies

W. M. COHEN

We, none of us, live so carefully that we never require the aid of drugs and medicines to put us right. It is a comfort to know where you can get them from and at proper prices. Call on me for any

Drugs, Chemicals,
Patent Medicines,
Stationery,
Toilet Soaps.

All Kinds Perfumery,
Toilet Articles,
... Cigars

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Your Prescriptions Filled.

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Prompt Responses Day or Night. All goods delivered free

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RICHMOND, VA.

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IRON, STEEL, METALS, TIN PLATES,

IRON AND STEEL ROOFING OF ALL

STYLES, BABBITT METALS, SOLDERS

TINNERS' TOOLS AND SUPPLIES OF

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Distributors for Niagara Machine and Tool Works, of Buffalo, N. Y.

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WHOLESALE JOBBERS IN

STAPLE & FANCY

GROCERIES

We Sell Only To Merchants.

THE WELDON GROCERY CO., WELDON, N. C.

ONE BY ONE.

One by one the sands are flowing.
One by one the moments fall
Some are coming, some are going,
Do no strive to grab them all.

One by one thy duties wait thee,
Let thy whole strength go to yield;
Let no further dreams slate thee,
Learn thou first what these can teach

One by one bright gifts from Heaven,
Joys are sent thee here below,
Take them readily when given,
Ready too to let them go.

One by one thy griefs shall meet thee,
Do not fear an armed band
One will fade as others greet thee,
Shadows passing through the land.

Do not look at life's dark sorrow,
See how small each moment's pain;
God will help thee for tomorrow
Every day begins again.

Every hour that fleets so slowly
Has its task to do or bear,
Luminous the crown and haly
If thou set each gem with care.

Do not linger with regretting
Or for passing hours do grieve,
Nor the daily toils forgetting
Look too eagerly beyond.

Hours are golden links, God's tokens
Reaching Heaven but one by one,
Take them, lest the chain be broken
Ere thy pilgrimage be done.

The busy have no time for tears.
There is not a moment without some duty.

The larger a man is the greater
The probability that he will step on little men's toes.

The only way to conceal truth that
ought to be spoken is to imprison it in an atmosphere of falsehood.

The lost child, who presently finds his way home in the policeman's protecting arms, is hugged to his mother's heart with a new joy. But the mother's heart is empty as her arms when her children are lost for life.

How many a woman, appealing in vain for help to local doctors, who confess that they are "puzzled" to understand the cause of the trouble.

In similar cases Dr. Pierce's Favorite Prescription has been used with such success that its record commends it to every woman whose children are full of vitality.

Dr. Pierce's Favorite Prescription gives the mother strength to give her child. It strengthens the female organism, giving great elasticity to the organs of maternity, and making the baby's advent practically painless.

It is the true woman's medicine, establishing regularity, drying weakening drains, and healing inflammation.

"I can cheerfully recommend Dr. Pierce's Favorite Prescription as the best medicine for women," writes Mrs. Mary Muslock, of 220 Taylor St., Toledo, Kansas. "I am the mother of ten children and only one living—the fourth one. She is one year old and is as well and hearty as can be. She is a beauty. Of my other babies, some were born at right time, but died one year old, but she was always healthy. I tried different doctors, but none of them could tell what my trouble was. They said I was well and strong. I was examined by surgeons, but they knew what my trouble was. I did not know what to do, so I thought this last time I would try Dr. Pierce's Favorite Prescription. I took it the entire nine months and now I have a fine baby girl, and I cannot praise your medicine enough for the good it did me."

Dr. Pierce's Common Sense Medical Adviser, paper covers, is sent free on receipt of 21 one-cent stamps to pay expense of mailing only. Address Dr. R. V. Pierce, Buffalo, N. Y.

CANDY CATHARTIC
Cascarets
"BEST FOR THE BOWELS."
Genuine stamped C. C. G. Never sold in bulk. Beware of the dealer who tries to sell "something just as good."

CHICHESTER'S ENGLISH
PENNYROYAL PILLS
Beware of Counterfeits. Refuse all Substitutes.

Notice: Always reliable. Beware, ask Druggist for CHICHESTER'S ENGLISH in red and gold wrapper. Beware of cheap imitations. Beware of cheap imitations. Beware of cheap imitations. Beware of cheap imitations.

NOTICE.
I AM SELLING THIS WEEK

GOOD HAY, \$1.00 Per 100 lbs.
WHITE CORN, 90c Per bushel.

GOOD OATS, 80c Per bushel.

Best WATER-GROUND MEAL, Per Sack, \$1.75

5 bags lots for less.
All other goods in proportion FOR CASH.

W. T. PARKER,
WELDON, N. C.

The Ride To Campmeetin'.

BY FRANK L. STANTON.

"Twuz 'long about campmeetin' time, with preachin' high an' low.
An' sence Sally wuz a-goin'—well, I 'lowed that I would go!
So I harnessed up ol' Betsy—a crittur' true an' tried—
An' headed for campmeetin' with Sally by my side.

She never looked so sweet to me in any time or place;
The red rose warn't a pictur' to the roses on her face!
An', stealin' sidelong glances, the thought that come wuz this:
'Them arms wuz for a necklace, an' God made them lips to kiss!'

We rid past bloomin' medders, an' seen from left to right
'Sweet fiel's arrayed in livin' green an' rivers of delight!'
But I jest had eyes for Sally, an' said with many a sigh:
'On Jordan's stormy banks I stan' an' cast a wishful eye!'

An' Sally—she wuz listenin', an' I told her that the way
To that dear little heart o' hers seemed longer day by day:
An' she said 'a-lookin' at me as cunnin' as you please:
'Must you be carried to the skies on flowery beds of ease?'

That teachin' my heart a lesson, but I tol' her on the way,
Single 'I'd not live always, an' I asked not for the way:
An' then she said she'd have me!—an' I shouted, full an' free:
'Amazin' graze, how sweet the sound, that saved a wretch like me!'

My Little Sweetheart's Letter.

JAMES LINDSAY GORDON.

"There lingers about thee, could the soul's sense tell, an' odor
of Love and Love's doom."—Swinburne.)

I lift it from the place where it has hidden
Out of the light away these many years.
I read her letters o'er and tears unbidden
Sprung into eyes that long have known no tears.
Old thoughts come to me—half forgotten fancies—
Things that I deemed long since had found an end—
As, reading o'er the best of life's romances,
I find "Your little sweetheart" at the end.

REFRAIN.

I lay aside this yellow, tear-stained letter
My little sweetheart! My last link to thee.
Whether it all were for the worse or better
May God be with you whoso'er you be!
And howsoever much my steps may falter
May your path lead here radiant roses bend!
For you will be, what death alone can alter,
My little sweetheart—to the bitter end.

"Your little sweetheart!" All the old sweet story,
With its deep pathos, to my being cries!
There comes a face with hair and amber glory
Tangled around the gleam of sunny eyes.
Thro' Time's dim halls a voice rings soft and tender,
In whose sweet tones so many memories blend.
They bring back Youth's fair morn, with all its splendor—
Those words "Your little sweetheart," at the end.

I DEFY THEE TO FORGET.

Thou wilt struggle to forget me—I defy thee to forget—
Thou wilt often wish as I do, that we two had never met;
Thou wilt bow at other shrines—nay more, wilt wear a face as bright;

But a time will come for memory, in the visions of the night—
Thou wilt hear a voice that once thou saidst was music in thy ears,
And a face will rise to haunt thee through the midst of bygone years.

'Till the stings of conscience goad thee to remorse, perhaps, regret,
Thou wilt struggle to forget me—I defy thee to forget.

Thou wilt strive to cast behind thee every memory of the past,
But the thoughts we wish to perish are forever those that last;
Thou wilt struggle to forget me, it will baffle all the powers,
For the hardest ghosts to quiet are the ghosts of bygone hours.

Often when thou least expect it, in thine hours of mirth and glee
Like a shadow o'er thy spirit there will come a thought of me;
Some one's look or tone will mind thee of a day whose sun is set;
Thou wilt struggle to forget me—I defy thee to forget.

Other lips with smiles will greet thee—happiness, God grant, be thine;
On thy life will fall no shadows, such as thou hast cast on mine;
Loving hearts will learn to trust thee, in thy faith and truth confide.

Thou wilt stand before the altar with a lovelier, fairer bride,
But, however thou mayst love her, with the vows upon thy tongue,
There will come a thought across thee of the heart which thou hast wrong,
Of the life which thou hast blighted; sad, dark eyes, with tear-drops wet;

Thou wilt struggle to forget me—I defy thee to forget.

Flowers may bloom beside thy pathway, life may wear its sunniest hue,
But tho' fortune smiles upon thee, thou wilt find my words are true;

Thou hast ceased, I know, to love me, but as long as life shall last,
Thou wilt oftentimes be haunted by the thought of what is past,
Fare thee well! May God forgive thee of the wrong which thou hast wrought;
For the bitter, bitter lessons which thy faithlessness has taught;

Though our paths henceforth lie parted, and until life's sun is set,
Thou wilt struggle to forget me—I defy thee to forget.

FOR OVER FIFTY YEARS

JUST AS MOTHER USED TO DO—
He criticized her puddings, and he didn't like her cake;
He wished she'd make the biscuit that his mother used to make!

She didn't wash the dishes, and she didn't make a stew,
And she didn't mend his stockings as his mother used to do.

Ah, well, she wasn't perfect, though she tried to do her best,
Until at length she thought her time had come to have a rest;

So, when one day he went the same old rigma rule all through,
She turned and bowed his ears, just as his mother used to do.

CASTORIA
The Kind You Have Always Bought
WELDON, N. C.

THE LAWYER.

BE A COMPLETE LAWYER.

Trying Something "For A While."

Success.
A young man writes to Success that he has been thinking seriously of studying law, but that he has decided to try something else "for a while." This has ruined the success of many a young man. One may be compelled by circumstances to work at something not his taste, or which he very much dislikes, but to shift deliberately from one occupation to another, trying this occupation a while, and that a while, until the precious years which should have been devoted to discipline and education and special training are gone, is suicidal.

Young men do not appreciate the value of momentum, the wonderful multiplying power and force which come from pegging away in some special line, and training oneself for years to do one thing. This momentum increases as a snowball adds to its size in rolling.

One of the great objects of life should be to preserve every bit of experience and training we can possibly get in one line; for, with increased efficiency, value rapidly multiplies. It is the doing a thing over and over and over again which gives facility, and the artistic touch which, to the uninitiated, seems as easy as breathing.

No, young man, if you expect to make a successful lawyer, don't try to do something else "for a while," but, after your general education is complete, strike for the law with your might and main, with all the enthusiasm you can muster, and make up your mind firmly that you will know everything about law that it is possible for you to know.

Resolve to be a leader at the bar. Don't be satisfied to be a "cheap John" lawyer. If you are convinced that you are out for a lawyer, what good will it do you to know a little about farming, a little about carpentering, a little about civil engineering, and only a little about law? If you have made up your mind to study law, then make up your mind also to be a complete lawyer, an undivided lawyer, a lawyer who will carry weight in the community, and not a mere copy or tin-type of lawyer.

A FALLTIME CITIZEN.—
Longin' for the falltime—summer's takin' flight—
Spies sprinklin' o' the frost an' fies blazin' bright;
Apples dentin' o' the earth—coverin' the ground,
Cabin floors-creakin' as you swing yer partners round!

Longin' for the falltime—fidget in yer feet,
Thinkin' o' the dancin' with the rosy gal an' sweet!
What to me is summer by the lazy stream,
When I hear the fiddle singin' in my dreams?

Better than the springtime, or summer's sweetest song,
Longin' for the falltime—let it come along,
Hick'ryouts a-fallin'—elder flowin' free,
(Come right in, Miss Sally, an' dance a round with me!)

MATRIMONY IN GILBERT ISLANDS.
Women of the Gilbert islands being merely regarded as cattle or any other property, writes Arthur Inkersley in The Overseas Monthly, the matrimonial knot is easily tied and just as easily untied. If a man fancies a girl, he seizes her by the hair of the head, wherever she may be, despite her protestations, and drags her away to his home. Her resistance is not often serious, the pretense of refusal being due to the coquettishness inherent in the sex. When the couple reach the house of the groom, a wedding feast is furnished forthwith, to which all the immediate friends of the bride and bridegroom are invited. But an acceptance of the invitation implies the contribution of some stands to the entertainment. Matrimony is attended by no further ceremony than this. When a husband grows weary of his wife, he simply orders her to leave him, and if she does not he turns her out of door.

A COMMUNICATION.
Mr. Editor—Allow me to speak a few words in favor of Chamberlain's Cough Remedy. I suffered for three years with the bronchitis and could not sleep at nights. I tried several doctors and various patent medicines, but could get nothing to give me any relief until my wife got a bottle of this valuable medicine, which has completely relieved me.

W. S. Brockman, Bagnell, Mo. This remedy is for sale by W. M. Cohen, druggist.

A face that cannot smile is never good.

A SHOCKING CALAMITY
'Lately befell a railroad laborer,' writes Dr. A. Kellef, of Williford, Ark. "His foot was badly crushed, but Bucklen's Arnica Salve quickly cured him. Its simply wonderful for Burns, Boils, Piles and all skin eruptions. It's the world's champion healer. Cure guaranteed. 25c Sold by W. M. Cohen, druggist.

THE WOMAN OF POISE.

SAVE YOUR STRENGTH.

Don't Worry. Life's Tangles Have a Way of Straightening Out When We Come Close To Them.

The woman of poise is restful to those with whom she comes in contact. To the woman aspiring to this enviable state of mental equilibrium, of controlled power, I would say: First, remember to be saving of your nervous force. Do not dissipate your strength upon meaningless movements of hands, feet, eyes or head. Let each motion have a purpose, and expend no more strength upon it than it calls for. Learn to relax and keep the body in that state except so far as some member of it is called upon for action.

Do not give a strong grasp where a light touch will do the work. Learn to be like an elastic band, which stretches no more than is required, and the strain removed returns at once to its normal condition. Second, it is futile to say, "Don't worry," so I shall modify the advice and make it possible to follow by saying, "Don't worry unnecessarily." With most women worry becomes a habit, and habits are hard to break, this one particularly. But it can be done. Sit down some day and think how few impending calamities ever get beyond the potential stage.

Worry if you must, but do not begin before it is time. Life's tangles have a way of straightening out when we come close to them. Third, talk much or little, as is natural for you, but be sure that when you speak you say something. Endeavor to put individuality, which is a very different thing from eccentricity, into your remarks.

Let your speech, even though it be about trifles, have pith and point. In conversation, as in most things, it is well to have a goal. The mention of a goal suggests a word about what is perhaps, aside from nerves, the greatest enemy to poise. This is aimlessness. Too many women are aimless in their talk, aimless in their actions, aimless in their lives. Thus they fritter away the forces which, if concentrated, would result in that useful and harmoniously beautiful product of civilization, the highest type of woman—the woman of poise.

Ina Brevoort Roberts in the August Woman's Home Companion.

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DR. MILL'S
PAIN PILLS
At all drug stores. 25 Cents 25c.

WORKING NIGHT AND DAY.
The busiest and mightiest little thing that ever was made is Dr. King's New Life Pills. These pills change weakness into strength, listlessness into energy, brain fag into mental power. They're wonderful in building up the health. Only 25c. per box. Sold by W. M. Cohen, druggist.

In law nothing is certain but the expense.

It is an infamy to die and not be missed.

I.W. HARPER
KENTUCKY
WHISKEY
Awarded Gold Medal
Paris Exposition 1900.
Sold by W. D. Smith, Weldon, N. C.

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At Midnight Bawls.

BUT LIQUID MUSIC
PURE OLD RYE
MELLOW APPLE BRANDY.

Fine Wines,
MADE FROM
THE CLUSTERING GRAPES,
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Full line groceries always on hand.

Poison Oak Poison Ivy

are among the best known of the many dangerous wild plants and shrubs. To touch or handle them quickly produces swelling and inflammation, with intense itching and burning of the skin. The eruption soon disappears, but the sufferer hopes forever to be free from the little blisters and pustules which the poison has reached the blood, and will break out at regular intervals and each time in a more aggravated form. This poison will later in the system for years, and every atom of it must be forced out of the blood before you can expect a perfect, permanent cure.

SSS Nature's Antidote
FOR
Nature's Poisons.

is the only cure for Poison Oak, Poison Ivy, and all noxious plants. It is composed exclusively of roots and herbs. Now is the time to get the poison out of your system, as delay makes your condition worse. Don't experiment longer with salves, washes and soaps—they never cure. Mr. S. M. Marshall, bookkeeper of the Atlanta Light Co., was afflicted with Poison Oak. He took Buller's Arnica and various other drugs, and applied externally numerous lotions and salves with no benefit. At times the swelling and inflammation was so severe he was almost blind. For eight years the poison would break out every season. His condition was much improved after taking one bottle of S. S. S. and a few bottles cured him of the poison, and all evidences of the disease disappeared.

People are often poisoned without knowing when or how. Explain your case fully to our physicians, and they will cheerfully give such information and advice as you require, without charge, and we will send at the same time an interesting booklet on Poison Oak and Skin Diseases.

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Prescriptions carefully and accurately compounded day or night. 8:15 p.m.

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BOWELS

IF YOU HAVEN'T A REGULAR, HEALTHY MOVEMENT OF THE BOWELS every day, you're ill or will be. Keep your bowels open and well. Pure in the blood, clear and clean is to be.

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CATHARTIC
Cascarets
THEY WORK WHILE YOU SLEEP.

EAT 'EM LIKE CANDY
Pleasant, Palatable, Pure, Taste Good, Actioned, Never Sickens, Weakens, or Injures. It is a reliable, safe, effective for free sample, and booklet. Write for it to-day. Address: The Great C. C. G. Co., 625 Broadway, New York City.

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Chloroform and ether administered, also the best local anesthetic (Gold bridge work, gold crown and porcelain crown work, artificial teeth, filling the teeth and all kinds of dental work known to the fine art of the profession executed in the most careful and skillful manner at reasonable prices. 314 Main street, Norfolk, Va. 4:25-1y.

50 YEARS' EXPERIENCE

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Branch Office, 57 V. St., Washington, D. C.