How To Gain Flesh

Persons have been known to gain a pound a day by taking an ounce of Scott's Emulsion. It is strange, but it often happens.

Somehow the ounce produces the pound; it seems to start the digestive machinery going properly, so that the patient is able to digest and absorb his ordinary food which he could not do before, and that is the way the gain is made.

A certain amount of flesh is necessary for health; if you have not got it you can get it by taking

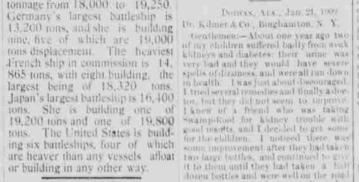
SCOTT'S EMULSION

THE launching of the Delaware in Newport News last week was an event of more than passing interest in naval circles, for there was then put overboard the largest man-of-war ever launched in any country. The Baltimore Sun says: "Her extreme length is 518

feet and 9 inches. Her displacement on the trial trip is to be 20,000 tons, and her full load dis-placement will be 22,000 tons The heaviest bandeship in c-

Britain is constructing at this time seven great battleships, ranging in tonnage from 18,000 to 19,250.

The heaviest concession of the Brit-ish ship Dreadnought, of 17,900 tons displacement. No foreign country has so large a battleship as the Delaware, nor is any country except the United States engaged in bubbing one so, large. Great The Test That Tells.



DR.KILMER'S

SWAMPKOOT

DNEY ER & DDER

THIS GREAT REMEDY IS RECOMMENDED FOR

estie and Chronic Diseases of the Kidney, Liver, Bioldur

The Value of a Remedy is Proven By Its Cures.

E) = 0.005, ALA, DOC. 14, 1908 w. Kilmer & Co., Binghamton, N. Y.

Dear Sirs - I have dorived such great enally from the new of your remaily wantp do it that i believe deto be more experimented the public for know de-costs. For the public for years 1, have chie most miscrable of men. Do genus ring the transference but has transference frequently holds day any all music up go anally could be a couple of humo distressed after is a usual and take about word, out I react sugger excepting Leondow road and hear of, without higher o any grant esteni, until finally in justified at liquit, Wis. I purchases e dollar bottle of Swamp-Root and

imenced taking it according to di-non- and I followed that with anothe r hottle and experienced such great-dict from same that 1 purchased live ollars worth at fluntscole. Ala: and outnued its use and and now taking it, of in signific does and twiet a day to

<text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text>

THE noiseless gun seems to be a success, but what is most needed is a gun which will be harmless divertified every one to send for a gine control loaded.
We hope, too, that the concerted rebuke the American Press has handed Nevada may be sufficient to hold it for a while.
THE enidemic of near-poerty that has broken out since Mr. Tari invaded Divise is enough in tisset to break the solid South.
PROBABLY the reason Texas and honest testimony.
Swamp-Root is prepared only by Dr. Kilmer & Co. Exponentions. A function of the prevalence of rattlesnake and tonest testimony.
Swamp-Root is prepared only by Dr. Kilmer & Co. Exponentions. A function of the prevalence of rattlesnake and tonest testimony.
A little more Pacific Const war.
A little more Pacific Const war.



Dr. Kilmer's likeness is on the outside wrapper of every bottle.

Beneficial In Severe Cases.

Excurrence, TENS, Dr. Kolmes & Co., Longhamton, N. Y. Contlement-4 hardly know, how to The barrier from state that I partenance for the second form the second form

 THERE's no doubt about the Cuban's capacity to celebrate. The doubt is about his capacity to celebrate. The doubt is about his capacity to govern himself.
 br. Kilmer & Cu. Cinginatutos, N.Y. Gonthemen.-Sometime agot suffered sevents with pain in us y back and long sevents with pain in us y back and long sevents with pain in us y back and long sevents with pain in us y back and long sevents with pain in us y back and long sevents with pain in us y back and long sevents with pain in us y back and long sevents with pain in us y back and long sevents with pain in us y back and long sevents with pain in us y back and long sevents with pain in us y back and long sevents with pain in us y back and long sevents with pain in us y back and long sevents with pain in us y back and long sevents with pain in us y back and long sevents with pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with with pain in us y back and long sevents with the pain in us y back and long sevents with with pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents with the pain in us y back and long sevents withe pain in us y back and sevent wither the pain is and sevent with SALE OF VALUABLE TIMBER.

the affliction J. C. SMITH, Jr., 2.7 Masson,

Haldhay county in the action therein pending entitled "M. McMahon and others vs. P. N. Lynch, Trustee, and others," the undersigned, the duly ap-pointed commissioner, will sell at pub-he are tion to the highest buller, at the error base descent Halfway Town N.

court house door in Halifax Town.

pain in any y own expe-construction of and lying sound in the country of fial fax and State of North catoling, the same being a part of the lumini tract belonging to the estate of M Ferral, descussed, fying north of Marsh Swamp, adjoining the built of figiliord tier, S. R. flutts and J. M. Dickens and containing 170 acres, by survey. A sur-vey of said land on which the timber trees will be sold, will be exhibited on day of sale and can be seen prio thereto in the office of the undersigned in Weldon, N. C. include the right to erect such mills and buildings on said land as may be nee-essary for the cutting and removing of the said timber trees, and to build and operate radioads, transways, or bogy roads and cartways over and across the and land for that nutrices and for bard these periods to continue during period allowed to cut and remove timber, whether the timber is cut fore the end of said periods or not And the purchaser shall be allowed on year to remove the said buildings, rai roads, etc., after ceasing to use an erate the same. The purchaser she allowed eight years from the date of in which to cut and remove said timb trees with a further extension of 10 years, in the event the said tree have not been cut and removed, upo the payment of a sum equal to 6 p ent upon the purchase price of said imber trees annually for such time of the extension period as the purchase shall take Terms of Sale. Half Cash, the balance in equal instal-nents, evidened by the notes of the purchaser bearing interest from the date of sale at the rate of 6 per cent, per an-num, negotiable and payable at some bank in Halifax ceonty, and maturing one and two years after date of sale. No part of the timber trees shall be cut un-lithe at the second state of sale. til the whole of the purchase money paid. The sale to be made is subject confirmation of the Superior Coof Halifax county. This the 1st day February, 1909. W. E. DANIEL. Comm

Agent or write

W. J. Craig, Pass, Traf. Man.

BY VIRTUE OF THE POWER contained in a decree entered at the Au-gust term, 1967, of the Superior court of

Monday the 1st day of March, 1909

the same bring the first Monday of Mar. 1955, the following described timber (over A0 the timber trees measuring

ton menas in diameter across the tre-

HUX'S KITCHE Next door to S. A. L. Ticket Office. **Oysters**. Oysters.

Served on short notice, any style. Full dinner 50c. Hot and Cold Lunches, First-Class Dining Room for Ladies and Gen-Jemen. Lady Clerk in Attendance. Meals at all hours.



Clothing Made to Measure

WE beg to announce that Strouse & Brothers, of Baltimore, makers of High Art Clothing, will send their representative to our store, on MON-DAY AND TUESDAY, MARCH 8TH AND 9TH, to take orders for Spring, from those men who prefer a suit made to measure and expressive of their own individuality Strouse & Brothers have devoted nearly a half century to the making of clothes, and their skill, energy and success are reflected in the high character of their product.

We extend a cordial invitation to all men of discriminating taste, to call and have their measure taken for such clothing as they may require lor spring and summer wear. Weldon, N. C. P. N. STAINBACK.

YOUR EARNING CAPACITY

ought to enable you to do more than just make your living. You ought to save money. Then having saved, the next thing is set your surplus to work safely and profitably. The best way for you to insure a steady. relable income from your savings is to seeme a Certificate of Deposit in

The First National Bank

One of the strongest in the county. These certificates are issued in an amount and bear interest at 4 per cent., payable semi-annially or annually and renewable. They are negotiable by endorsement for their full value. under ordinary conditions. You are earning now but your earning earnessy

CAN'T LAST FOREVER

Now is time to fund some of your capital. For those with-funds already accomulated, firms with a large resource, those having charge of estates awaiting investment, there is no better investment, there is no better way to employ money. Certificates of Deposit in this Bank are safe-our capital, surplus and unde

A little more Pacific Coast war you should have the best talk, and Mr. Roosevelt may come to regret that he turned down that second elective term, after all,

THE present tariff outlook gives the impression that Washington We offer One Hundred Dallars Reward isn't going to get its usual amount for any case of Catarri, that cannot be of peaceful sleep this summer.

HISTORIAN FERRERO SAYS Marc Anthony's alleged impassioned a chancy for the last 10 years, and beoration over the dead body of there him perfectly honorable in all bus-Caesar was the rankest sort of mess transactions and financially able "fake." This will in no wise to carry out any obligations made by dampen sophomoric endeavor during the forth-coming commencement season, however.

the temperance movement, which cons surfaces of the system has made such great strides in all sections of the country, would subside, does not seem to be borne tion. out by the facts. Instead of subsiding it seems to be a tidal wave Goldsboro is constructing a threatening to sweep over the street car line. whole country.

Mr. Bryan was not elected so far teanes, and the most obstinate coughas his feelings are concerned. He disappears, Som and inflamed lungs of the fact that in all of the large for any but the genuine in the yellow cities the demand for charity was package, 30 per cent. greater last month than it was in the preceding January. If Mr. Bryan had been vicretarded the return of prosperity. of hie gun, -Rochester Herald.

mankind is not war, famine nor superior to pills and tablets as it does man's dress by which bright colors would give way to sombre hues. He bases this idea on the W. L. Smith, a well known citifact that many cities are large and zen of Fayetteville, has been arflourishing because of the great in- rested on papers sworn out by ister to the feminine love of color. him with seduction under promise Fortunately the calamity hinted at of marriage. is not at all likely to occur.

assignment.

CASTORIA For Infants and Children. The Kind You Have Always Bought

Smithfield is to have a \$300,000 cotron mill.

How's This? sured by Hall's Catarrie Care F J CHENEY & CO.

Toleda, Ohio We, the undersigned, have known F. Walding, Kinnah & Marvin,

Wholesale Druggists,

Ball's Gatarch Consile taken internally by mail. THE belief of some people that seting directly upon the blood and mu-Testimonials sent free. Price The. per Intthe Sold by all druggists. Take Hall's Family Fills for constipa-

Foley's Honey and Tar clears the air. PERHAPS it is just as well that passages, slops the irritation in the throat, southes the inflamed memwould have had to bear the brunt are healed and strengthened, and the lutely FREE.

Name

E. CLARK

While out hunting the 16-yeartorious the organs would have old son of William Gurley, of pointed to the fact that his election Goldsboro, had his hand and face injured by the accidental discharge

Foley's Orino Laxative cures consti-A noted writer has said that the pation and liver trouble and makes the greatest calamity that could befall bowels healthy and regular. Orino is pestilence, but a change in wo- not gripe or nauseate. Why take any-E. CLARK.

Fastidious men and women appreciate The grocery firm of Nimocks & the beauty and freshness given their Co., at Fayetteville, has made an complexion by using Drs. Hoag and Turhin's Complexion Ointment. Price 75e. Sold by W. M. Cohen, Weblon, N. C.

> The Franklin Kaolin Company, a corporation organized at Franklin, in Macon county, has been E. Moody, a son of the late Conplaced in the hands of a receiver.

> Drs. Hoag & Turbin's Epilepsy Remedy der of David B. Vaughan, at for lits, price \$3. Sold by W. M. Cohen, Weldon, N. C. Waynesville.



very mail brings many unsolicited testimonials from people from all over United States and foreign lands, expressing heartfelt gratitude for what Kilmer's Swamp-Root has done for them.

to not let anyone sell you some other medicine to take the place of Swamp. Do not let anyone sell you some other medicine to take the place of Swamp Root-if you do you will be disappointed insist upon getting what you ask for there is no other medicine as good as Dr. Kilmer's Swamp ting and removing of timber, which shall Root.

IF YOU NEED A MEDICINE YOU SHOULD HAVE THE BEST

SWAMP ROOT is not recommended for everything, but if you have kidney, liver or bladder trouble or bladder trouble or obliged to go often during the day and get up many during the night, have smarting or bladder trouble or obliged to go often during the day and get up many during the found just the remedy ing anything else which the purchase may wish to early over said, rathoad may wish to early over said, rathoad horized to early over said, rathoad horized to early over said rathoad horized to early over said.

DON'T BE MISLED—For example, when you ask for Dr. Kilmer's Swamp-Root, the great Kidney, Liver and Bladder Remedy, don't allow any druggist, drug clerk or store keeper to persuade you into buy-ing something else in its place. Everytime he succeeds in selling you a worthless substitute he makes more profit, but you are humbugged at the expense of your health NOTE.-Every reader of THE ROANOKE NEWS who has not tried Swamp-Root, the great Kidney,

Liver and Bladder Remedy, may address Dr. Kilmer & Co., Binghamton, N. Y., and receive a free sample

At all dealers in 50c and \$1 sizes

A Sworn Certificate of Purity With Every Bottle--See Inside Wrapper

Do you Want Cut out this coupon and present to your retail grocer and he will give you a cake of our famous SWEETHEART TOILET SOAP abso-Bridal Suit Town AND State # indice NOTICE TO RETAILERS. Your jobber will allow you five (5) cents for each coupon redeem. Uruggett WARNING. Anybody caught giving away anything but Sweet-It will pay you dustries established in them to min- Miss Maggie Millsaps charging heart Soap for this coupon will be prosecuted to come and see IIS. Manhattan Soap Company. SYDNOR & HUNDLEY NEW YORK (Incorporated) LEADERS, Governor Kitchin offers a re- WALTER E DANIEL. 709-11-13 E. Broad Street, n ATTORNEY-AT-LAW, ward of \$250 for the arrest of J. RICHMOND, VA. WELDON, N. C. gressman J. M. Moody, of the Practices in the courts of Halifax and EVERYTHING IN Here is a suggestion of value. Take Tenth District for the recent mur- Northampton and in the Supreme and FURNITURE Federal courts. Collections made in all parts of North Carolina. Branch office at Halifax open every onday

lost mobiles is first an ig the lianks in Halifax, Northampton and Warr counters-guarantee that-and + per cent interest is a profilable interest re-turn. Our valuable booklet "How To Do Ranking" tells more about the Certificates of Deposit and about Ranking and How To Do Banking. Send for it today

