THE ROANOKE NEWS

rertising Rates Made Known on Application

For Infants and Children

The Kind You Have

Always Bought

USE

For Over

Thirty Years

Bears the

Signature

of

A NEWSPAPER FOR THE PEOPLE.

L. XLVII.

900 DROPS

HOL 3 PER CENT AVegetable Preparation far As Instations the Food and Regula ing the Stomachs and Bowels of

INFANTS SCHILDREN

Promotes Digestion Cheenin

Comm. Morphine nor Maera

NOT NARCOTIC.

Paryian Sord-dix Source + Robole Kalte--Anne Kalte -Pronoction -Al Contanto Sole -Source Source -Source Source -mentageness Phone

Review of UNI DESUMPLIFICAN

Aperiect Remedy for Constitue tion , Sour Stomach, Diarrhou Worms, Convulsions, Feverish

ness and LOSS OF SLEEP.

Fuc Simile Signature of

auff Hitcher

NEW YORK.

At6 months old

5 DOSES - 35 CENTS

Exact Copy of Wrapper

al under the F

The present low prices have created a very

THE COLUMBIAN PEANUT CO.,

NORFOLK, VA.

THE BANK OF WELDON

WELDON, N. C., THURSDAY, MAY 16, 1912,



HEALTH AND WALKING. Take a Walk Every Day if You Want to Live Long and Be Well

There is no form of exercise more healthful than walking; none that Americans, especially American women, are more careful to avoid whenever possible. English and German women are fond of walking, many of them being able to walk ten miles at a time, and come in fresher than when they began.

Walking strengthens the action of the heart, nourishes all the vital organs and tissues, increases the circulation, and feeds the muscles, which are the first portions of the body to decay with approaching age.

To be most beneficial, walking ought to be combined with deep breathing, for breathing exercises are in themselves splendid for quieting the nerves and refreshing the whole body.

Taken in conjunction with muscular exercise, the blood is doubly freshened, and the various organs are completely strengthened.

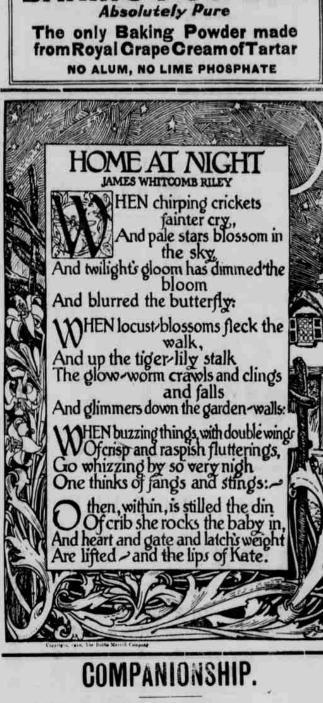
Take a walk every day if you want to live long and be well. Pleasantness will result as surely as the improvement in health, for walking brings not only physical blessings, but refreshment to one's soul.-E. C. Cline.

Dr. J. T. R. Neal, Prop. Riverside Drug Co., Greenville, S. C., writes recently, "I have been a practicing phy" **Spanish** Peanuts. sician and druggist for over 35 years and have sold and administered many kidney medicines but none to equal Foley Kidney Pills. They are superior to any I ever used and give the quickest pernanent relief.

> E. CLARK SURE THING.

large demand for Spanish Peanuts. Always A scientist says that people would communicate with us when you have peanuts for have more sense if they did not wear hats. Yes, and husbands would have more dollars .- New York Sun.

> Mrs. Rose A. Freeman, Clifford, Va., says they have long used Foley's Remedies and want to say a good word for She writes: "Foley Kidney Pills cured my husband of a long standng kidney trouble, after he had taken other medicines without relief. We would not be without Foley & Co.'s medicines in our house for many times their cost." E. CLARK.



There's a time when the fires of passion Burn out in the years of strife; There are times when we like the fashion Of a wife as a friend through life. There's a time when there's something holy And sweet and noble and true In the way you are her companion.

women in this great world are easy and passed the night at the house promptly. The World long since to forget. Soon the great tragedy of an English shopkeeper, 1 have established a record of impartiality, of the Atlantic will become but a visited with the president of the A-Week edition, which comes evmemory, but the song will live United States, senators, mayors, ery other day in the week, except forever.

What an opportunity there is for ped my bread in the bacon gravy value to you now. The Thrice-Aa master mind to paint this tragic at the woodchopper's family board Week World also abounds in other

TO SICK WOMEN

promptly with the woman's private corre-spondence department of the Lydia E. - hundreds of thousands of them in

Text Book. It is not a book for general distribution, as it is too expensive. It is free and only obtainable by mail. Write for



No other Newspaper in

THE great political campaigns are now at hand, and you accurately and and governors and have also sop- Sunday. It will be of particular

