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Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over over 30 years, has borne the signature of Chas. H. Fletcher and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

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IF YOU BUY ALL YOUR GROCERIES FROM

W. T. PARKER & CO.

Wholesale Cash Store

WELDON, N. C.

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MANUFACTURERS OF

Building Material for Modern Homes, Sash, Door Blinds, Mantels, Door and Window Screens

MADE TO ORDER AND REGULAR STOCK SIZES.

Good Materials, High Grade Workmanship Our Slogan

SAVE MONEY

By trading at home and still be a booster for your town.

Many Bargains in Winter Goods.

The very newest styles in Organdies Georgettes and Crepe-de-Chine.

We have a complete line of Ladies and Gentlemen's Furnishings.

A. L. STAINBACK,

The Busy Store, WELDON, N C

Choice Hams

There is nothing more appetizing than a slice of our choice ham. We have anything you may want in the line of meats. All Kinds of Canned Goods.

GOOD GROCERIES build up the system, stimulate the brain, and increase your capacity to think. And right thinking brings best results. Our prices make you think. Call in to see us.

L. E. HULL,

Near Batchelor's Opera House, WELDON, N.C

HIS CITY BUILT WHILE YOU WAIT

Fourth Largest Town In Alabama Full Grown in One Year.

HAD A MODEL GOVERNMENT

Permanent Settlement Around U. S. Nitrate Plant Presented Unusual Problems.

By GARRET SMITH.

The fourth largest city in Alabama, peopled with 25,000 souls of diverse races and religions, uprooted from far scattered communities in every part of the United States and Canada sprang into being almost overnight around the great new government ammonium nitrate plant down on the open cotton and corn fields at Muscle Shoals on the Tennessee River during the last year of the World War. Here was a problem in city building, municipal government and community welfare that has seldom been equalled and the success of its solution has never been excelled.

The job was in the hands of the Air Nitrates Corporation which had been organized under the direction of the Ordnance Department to build plant and city at Muscle Shoals. Early in January, 1918, this new town and a few temporary buildings and a population of 300. This had jumped by the middle of August to more than 21,000. A population multiplied by 70 in 7 months.

In the management of the new towns and army cantonments that sprang up during the war the old time evils that attended the growth of mushroom cities have been avoided by the application of modern welfare systems. But nowhere were conditions more difficult than at Muscle Shoals. Here was a malarial region threatened at the same time with other deadly disease epidemics. Transportation was lacking. No nearby labor was available and the general labor shortage was at its most acute stage. Costs of labor and supplies were leaping over night. Furthermore, Muscle Shoals differed from all the other new war towns inasmuch as it was to be permanent.

New Government Devised.

The managers, besides city government, had to handle the entire retail business of the town. A camp supervisor's department was put in charge of the maintenance of all buildings, fire protection and sanitation. The camp supervisor looked after everything from the mending of a lock to the remodeling of groups of buildings or laying sewers or steam mains. For the bachelor contingent a commissary department was necessary.

The business department managed the stores, canteens, motion picture theaters, pool parlors, tailor shops, dry cleaning establishments, barber shops, newsstands, a hotel, a vegetable farm and a hog farm where 1,000 hogs were raised on the wastes from eating places. It maintained a slaughter house where these hogs were put through the regular packing house course. It operated a laundry which cleaned 7,493 pieces a day. Then there was a real estate department that rented and managed the family quarters and a housing department which assigned to quarters everybody excepting the families.

Under separate jurisdiction from its community director were the police.

The health department, in charge of a physician from New York city, started with a small office in one of the temporary buildings, and was soon full grown and splendidly equipped. Conditions were favorable to disease. The winter was the severest on record in northern Alabama. The men were compelled to work either in deep snow or mud above their knees. As a result a pneumonia epidemic developed among the Negroes that spring. Later in the year a typhoid epidemic was threatened. Moreover, the site of the plant was in the heart of the malaria district. But the pneumonia epidemic was checked, the typhoid threat nipped in the bud, and malaria stamped out.

A Health Record Established

The little first-aid hospital presently grew to a complete modern institution with a nurses' home and a separate dispensary for dental, eye, ear, nose, throat, genito-urinary clinics and a surgical dispensary for first-aid work.

During the eight months when the death rate was not affected by the influenza and pneumonia epidemics the general health rate was 12.4 per thousand per year, which is lower than in most cities in the same latitude and climate, and the pneumonia death rate during the epidemic was lower than in most army cantonments.

Much of the success of the health administration is due to the establishment of the Muscle Shoals sanitary district by the United States Public Health Service.

The education and welfare department also had a vital work to perform. There was a school population of over 1,000. The Secretary of War created the community organization branch of the Ordnance Department which, with advice and aid of some of the greatest school men of the country, prescribed the courses of study and recruited teachers from the best established systems.

CHINESE WOMEN STUDY HEALTH

Three Doctors Return From America to Begin Active Health Campaign Among Women.

ALL AGENCIES COMBINE.

American Y. W. C. A. Will Support Women's Part of Chinese Health Campaign as Part of World Service Program.

As a result of the Y. W. C. A. International Conference of Women Physicians, held during September and October, Chinese women are to have a far-reaching health program.

Dr. Ida Kahn, Dr. Li Bi-Cu and Dr. Dau, three of China's half hundred women physicians, who attended this

HIR IDA KAHN URGES CHINESE WOMEN TO WORK.

conference, are to take an active part in promoting this health program for women which will be the share of the Y. W. C. A. in the big health movement in China.

The funds for establishing these health centers, for demonstrations of how to care for babies, for health lectures for the women, for babies' dispensaries and for a general educational campaign, will be raised by the American Y. W. C. A. as part of its program of world service for women and girls in 1920.

Dr. Ida Kahn, in a recent appeal to modern Chinese women said, "Let our women of education in Peking and elsewhere gather themselves together to work for the schools, Red Cross and Y. W. C. A., and everything else which bespeaks the betterment of the country, instead of staying at home to play poker and 'sparrow,' and going out to attend endless dinners, tea parties and dances.

"Let us rally our forces and help the ship of state to move safely. One person cannot accomplish much, but one or two hundred millions of women can work wonders. Let us go back to a more Spartan-like simplicity of living and let us build up social service until every city in China is sanitary, every section of the town has its proper schools, and every child, whether boy or girl, is sent to such schools. True social service brings democracy in its train, and we who are citizens of a new republic can help to make it truly great by preaching and living democracy all the time. Why not learn to do our household duties, deeming it effeminate to be waited upon by maids and slave girls all the time?

"The status of women in China, while leaving much to be desired, still is quite hopeful when we consider that she is just emerging into the sisterhood of the nations. Our men can depend upon us to bear the burdens of the day, for nowhere is there a more industrious, diligent and persevering womanhood than in China."

Dr. Kahn is lecturing in this country on the needs of her fellow country women, in the interests of the Y. W. C. A. Educational Campaign which plans to acquaint people with all phases of Y. W. C. A. work in the United States, South America, China, Japan, India and Europe. This educational campaign will be followed by an active effort to raise the $3,000,000 needed for service for women throughout the world.

CHINESE WOMEN HAVE FINANCIAL ABILITY.

They Carried Y. W. C. A. Campaign "Over the Top."

Much has been said about the honesty and skill of the Chinese business man. The world has neglected to mention the financial ability of Chinese women. They proved this ability in the last financial campaign of the Y. W. C. A. in Tientsin.

Ordinarily three weeks are allowed in which to raise the budget by subscription after the finance committee has decided upon the sum necessary to carry on the work of the coming year. The Tientsin campaign was carried on entirely by Chinese women and broke all records by going over the top in ten days with a large surplus over the budget.

Y. W. C. A. CALLS BIG CONVENTION

2,000 Women Expected to Gather in Cleveland the Week of April 13-20, 1920, for National Convention.

MEETING POSTPONED TWO YEARS BY WAR

Delegates Will Discuss New Membership Basis for Students and Question of Future Support for Work. Many Other Things.

The Young Women's Christian Association of the United States of America will meet in national convention in Cleveland, O., the week of April 13 to 20, having postponed the convention from the spring of 1918 in order to comply with a government request that expense and travel be reduced to a minimum during the war.

The department on conventions and conferences of the National Y. W. C. A., of which Mrs. Harry Emerson Fosdick is chairman, estimates an attendance of 2,000 women, representing all departments of Y. W. C. A. work—board members, secretaries, students, club girls, Girl Reserves, girls from Industrial Service Centers, women from the International Institutes for foreign born women, members from city, town and country Associations.

Each Association in the United States will be entitled to one voting delegate for every one hundred voting members in the Association.

Two of the most important questions which will come up before the convention will be the membership basis and the question of support. Of old business to be considered the most important question will be the membership basis for student associations, the granting of charter membership privilege to the Chicago Young Women's Christian Association and a recommendation providing an increase in membership of the National Board of the Association will also be presented.

Rev. Charles W. Gilkey, pastor of Hyde Park Baptist Church, Chicago, will give a series of morning addresses during the convention week. Dr. Robert E. Speer, secretary to the Foreign Mission Board of the Presbyterian Church, North, will also give an address. Mrs. Speer is chairman of the National Board of the Y. W. C. A.

The convention will be in session morning and evening, the afternoon being given over to sectional meetings held in various churches. Attendance at these meetings will be determined by group membership and also by activities.

Mrs. W. P. Harford of Omaha, Neb., will preside at the opening session, having been elected as president at the last convention of the Young Women's Christian Association, held in Los Angeles in 1915.

The committee on business to come before the convention has for its chairwoman Mrs. John French and includes among its members Mrs. John D. Rockefeller, Jr., Miss Eliza Butler, sister of Nicholas Murray Butler, president of Columbia University; Miss Martha McCook, Miss Mabel Cratty, general secretary for the National Board of the Y. W. C. A., and Mrs. William Adams Brown, all of New York city.

WAYS TO EARN MONEY DEVISED BY CHILDREN

North Carolina Boys and Girls Prove That They Know Value of Savings What They Have Industriously Made.

Did you ever "save" three dollars by not going to a show? And when you had saved it, did you lick twelve thrift stamps and stick that three dollars on a savings card? Page Howard did, and Page is in the 3-B grade of the public schools of Tarboro. Page's way of backing up the government's savings movement is not a bit more strenuous, either, than the ways of other pupils in the thrift clubs of the same school.

Magdalene Pierce made—and saved—fifteen dollars carrying dinners, and Ed Purvis made fifty-six dollars working on a farm last summer. The little 1-A's averaged twenty-five dollars for a summer's work at picking cotton, tying tobacco, chopping grass, feeding chickens and helping around the house, and the 1-B's, the 2-A's and the 2-B's all the way up to the grown-up 11th graders have records just as fine for their summer's work in producing and saving.

All Over State.

The way they do it at Tarboro is the way they are doing it at a lot of other North Carolina schools too. And because it was thought that the youngsters would gain a lot of encouragement in their good work if the state at large knew what they were doing, it was decided to set apart December 18 as the second North Carolina Day."

The first "North Carolina Day," November 24, was celebrated by about twenty-five cities of the state, when such splendid results were attained in the way of organizing saving societies and the promotion of a spirit of friendly rivalry among the grades and schools taking part that principals and teachers of other schools asked to have another day set so that all the other cities and towns might observe it also.

Hope for New Record.

At that time, it was hoped that North Carolina school children would set a new high water-mark for youthful investors in government securities.

Their splendid attainments indicate that they can accomplish all they set out to do. Numbers of schools have already won engraved certificates awarded by the treasury department to the grades having one hundred per cent memberships in savings societies. Members of these societies are pledged to save a certain sum of money every week, by means of the penny and nickel savings cards issued by the government, and by the purchase of Thrift and War Savings Stamps. These cards are sent to any teacher making a request for them to the War Loan Organization of the Fifth Federal Reserve District, at Richmond, Va.

The use of the government Text Books of Thrift, containing graded lessons, is considered largely responsible for the interest of children in the school savings societies. These lessons have been introduced in many classes with excellent results. Children of all ages from the time when the thrift habits of the squirrel are of paramount interest to the time when a boy or girl is thinking hardest of ways to earn a living, are appealed to in these thrift lessons and in consequence the sales of War Savings Stamps are piling up not only in North Carolina but all over the United States.

PILE UP YOUR DOLLARS SO THAT NO ONE CAN KNOCK THEM DOWN.

Many a tired lad has slipped his coat on when the whistle blew and said derisively: "Another day, another dollar. A million days, a millionaire." He has said a mouthful in bitter jest and without knowing it. For bitter jest and without knowing it. For the dollars do pile up if the stack is not knocked over.

Some financial sharpshooter is always gunning for dollars. They can pick them off at a mile like Annie Oakley cracking clay pipes in a shooting gallery. But if you put some of your dollars under cover before any one can draw a bead on them, you leave a slim score for the profiteer and the grafter.

The safest protection from those sharpshooters is War Savings Stamps bought every pay day. If you give them your whole bank roll to shoot at they will hit it for a perfect score. Make them waste a little ammunition.

War Savings Stamps are absolutely safe. They pay a high rate of interest and you can get your money in full when you need it. When they pile up, nobody can knock the stack over.

Health About Gone

Many thousands of women suffering from womanly trouble, have been benefited by the use of Cardui, the woman's tonic, according to letters we receive, similar to this one from Mrs. Z. V. Spell, of Hayne, N. C. "I could not stand on my feet, and just suffered terribly," she says. "As my suffering was so great, and he had tried other remedies, Dr. —— had us get Cardui. . . I began improving, and it cured me. I know, and my doctor knows, what Cardui did for me, for my nerves and health were about gone."

TAKE CARDUI

The Woman's Tonic

She writes further: "I am in splendid health . . . can do my work. I feel I owe it to Cardui, for I was in dreadful condition." If you are nervous, run-down and weak, or suffer from headache, backache, etc., every month, try Cardui. Thousands of women praise this medicine for the good it has done them, and many physicians who have used Cardui successfully with their women patients, for years, endorse this medicine. Think what it means to be in splendid health, like Mrs. Spell. Give Cardui a trial.

All Druggists

Jn

Ask for "HILL'S"

FIVE MILLION PEOPLE USED IT LAST YEAR

HILL'S CASCARA QUININE BROMIDE

Standard cold remedy for 23 years—in tablet form—safe, sure, no opiates—breaks up a cold in 24 hours—relieves grip in 3 days. Money back if it fails. The genuine has been a Red Top with the Hill's picture. At All Drug Stores

To the man who saves, the best business opportunity comes when he is prepared to take advantage of it.

It takes money always to take advantage of such opportunity.

ARE YOU PREPARED TODAY?

If not, you cannot do a better thing than to start an Account To-Day. If you are really ambitious to succeed you will not neglect this first opportunity and invitation.

4% ON SAVINGS DEPOSITS

THE WELDON BANK & TRUST CO.

R. S. TRAVIS, PRES. A. PIERCE, VICE-PRES. N. S. BARNES, CASHIER

WELDON, N. C.

EVERYBODY'S STORE.

This is the Name we have earned. Why? This is in Reality Everybody's Store. A trial [illegible]

Ogletree's 5-10-25c. Store.

ROSEMARY ROANOKE RAPIDS WELDON

Our mutual interest in trade winning jewelry values is more important to us than anything else.

Now, however, we have just begun to fight, and our objective is your patronage and good will.

Give us a call and see if we do not WIN.

SILVER WARE — CUT GLASS — OPTICAL GOODS FOUNTAIN PENS

C. N. RICKS

JEWELER

WATCHES AND CLOCKS WELDON, N. C.

Dependable Seed

WE carry a complete line of high grade tested Garden and Farm Seed. Write for our SPRING CATALOGUE giving our free offer of a packet of a wonderful new White Tomato and ten packets of Harrison's Dependable Flower Seed FREE.

W. H HARRI ON CO., Inc.,

(IN BUSINESS OVER A HUNDRED YEARS)

Seed Merchants, PETERSBURG, VA.

A Rat Breeds 6 to 10 a Year, Averaging Ten Young to a Litter.

Remember this, act as soon as you see the first rat. Get a package of RAT SNAP. It's a sure rat and mice destroyer. It's convenient, comes in cake form—no mixing. Mummifies rats after killing—leaves no smell. Cats or dogs won't touch it.

Three Sizes, 25c., 50c. and $1.

Sold and guaranteed by Pierce-Whitehead Hdw. Co., Weldon.

To The Dyspeptic.

Would you not like to feel that your stomach troubles are over, that you can eat any kind of food that you crave? Consider then the fact that Chamberlain's Tablets have cured others—why not you? There are many who have been restored to health by taking these tablets and can eat any kind of food that they crave.

Children Cry FOR FLETCHER'S CASTORIA

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