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CASTORIA
For Infants and Children.
Mothers Know That
Genuine Castoria
Always
Bears the
Signature
of
Chas. H. Fletcher
In
Use
For Over
Thirty Years
CASTORIA

Net Contents 15 Fluid Ounces
900 DROPS
ALCOHOL-3 PER CENT.
A Vegetable Preparation for its
stimulating the Food by Regulating
the Stomach and Bowels of
INFANTS, CHILDREN
Thereby Promoting Digestion
Cheerfulness and Rest, Contains
neither Opium, Morphine nor
Mineral. NOT NARCOTIC
A helpful Remedy for
Constipation and Diarrhoea,
and Feverishness and
LOSS OF SLEEP
Resulting therefrom in Infancy.
The Sincere Signature of
Chas. H. Fletcher
THE CENTRAL COMPANY, NEW YORK, N. Y.
At 6 months old
35 DROPS-40 CENTS
Exact Copy of Wrapper.

DO IT YOURSELF.

DO SOMETHING AND BECOME A LEADER OF MEN.

One of the commonest traits of humanity, taking it in general, is a disposition to wait for someone else to take a step that everyone sees is needed, but which no one makes it his own business to take, because it is "everybody's business."

Then there are so many people who, while not making a movement to take this step themselves, severely blame other people for not taking it!

Once, in a crowded street of a great city, a poor, overworked cab-horse, fell to the pavement. Unable to move, he lay there on his side, motionless under the weight of the shafts and harness.

A crowd gathered quickly, and encircled the fallen horse. The cabman stood helplessly by, he would have been powerless, even if he had not been stupid, to release the horse alone.

A man sauntered up, his hands deep in his pockets. He glanced scornfully up and down the crowd, and then said: "Ha! Not a solitary one of you that'll lend a hand to help the poor beast!" So saying, with a contemptuous shrug of his shoulders and his hands still in his pockets, he walked away.

In all such situations, however, presently the right person is found to come forward, assume the direction, and see that the proper thing is done. People who step forward in such an emergency are said to have a "gift of leadership," but a gift of leadership is only a disposition to do the things that must be done.

Each one who says to another, in a hearty and honest way, "Lend me a hand, and we will get the thing done," trusting to mutual help and suggestion to carry it out, may be a leader, and his successors, when the thing is done, argues no special gift above the others who have silently helped him.

It was the thought that the leadership lay, and it is by doing things ourselves, and not in waiting for others to do the perfectly obvious thing to be done, that we may become leaders of men.

HOW HE COULD HELP.

"Can I do anything for you?" asked the sympathetic motorist of a dusty, grimy individual who was trying to find out what was the matter with his car, while a corpulent dame on the back seat kept up a running fire comment and advice. "Yes, you can," answered the man in trouble. "I wish you'd come over here and tell my wife the story of your life or do something else to keep her from meddling with me until I get this blamed job finished."

A Right Choice
Nearly everyone arrives at a point where there is need for a tonic-restorative.
Scott's Emulsion
is the choice of tens of thousands because it gives tone to the whole system and restores strength.
MAKE SCOTT'S YOUR CHOICE!
Scott & Bowler, Bloomfield, N. J. 20-12

RE-CU-MA
FOR THE STOMACH
BOWELS, LIVER & KIDNEYS
FOR SALE BY
Fargues & Drug Co., Halifax,
M. C. Parr, Weldon,
Jy 29 2001

Sand for Sale.

I have sand for sale and can furnish to private families as well as to contractors at a price of \$1.00 the load \$1.00 delivered anywhere in Weldon, of ONE-HALF CUBIC YARD to the load.
J. S. TURNER.
915 47



DISCARDED AS DANGEROUS

Calomel salivates! It's mercury. Calomel acts like dynamite on a sluggish liver. When calomel comes into contact with sour bile it crashes into it, causing cramping and nausea.

Take "Dodson's Liver Tone" Instead!

If you feel bilious, headachy, constipated and all knocked out, just go to your druggist and get a bottle of Dodson's Liver Tone for a few cents, which is a harmless vegetable substitute for dangerous calomel. Take a spoonful and if it doesn't start your liver and straighten you up better and quicker than nasty calomel

and without making you sick, you just go back and get your money. If you take calomel today you'll be sick and nauseated tomorrow; besides, it may salivate you, while if you take Dodson's Liver Tone you will wake up feeling great, full of ambition and ready for work or play. It is harmless, pleasant and safe to give to children; they like it.

REDUCED FARES

ACCOUNT
VIRGINIA STATE FAIR,
RICHMOND, VA.

OCT. 4TH TO 14TH, 1920

For the above occasion Reduced Fare Excursion Tickets will be sold to Richmond from stations in territory named below, for use only on October 3rd to 13th, inclusive.

Territory from which Reduced Fare Round Trip Tickets may be sold between Goldsboro and Selma, N. C., and all intermediate stations to Richmond. Reduced fares apply only where tickets are purchased before boarding trains. Minimum round trip fare \$1.00. Children's Fares will be One-half the Adult Fares.

All tickets will be limited, returning, to reach original starting point midnight of the third day after, but not including, date of sale, except that tickets sold on October 13th will be limited returning to October 15th, 1920.

Call on ticket agents or address the undersigned for information regarding schedules: W. W. ROBERTSON, Dist. Pass. Agent, 504 Mutual Bldg., Richmond, Va. W. J. CRAIG, Pass. Traffic Manager, T. C. WHITE, General Passenger Agent, Wilmington, N. C.

ATLANTIC COAST LINE,
The Standard Railroad of the South.

DID YOU?

"Did you give him a lift? He's a brother man, And bearing about all the burdens he can. Did you give him a smile? He was downcast and blue, And the smile would have helped him to battle it through."

"Did you give him a hand? He was slipping down hill, And the world, so I fancied, was using him ill. Did you give him a word? Did you show him the road? Or did you just let him go on with his load?"

"Do you know what it means to be losing the fight, When a life in time might set everything right? Do you know what it means—just a clasp of the hand, When a man's borne about all that a man ought to stand?"

"Did you ask what it was—why the quivering lips? Why the half-suppressed sob, and the scalding tears' drip? Were you brother of his when the time came to need? Did you offer to help him, or didn't you heed?"

TO-DAY

NEVER MIND WHAT WE ARE GOING TO BE AND DO TEN YEARS FROM NOW—BUT HOW ABOUT TO-DAY?

The trouble with most of us is that we look out on success as something in the future tense. We are always going to be successful, or hoping that we may be, whereas we should regard it as something which has to do with the present moment.

Have we been a success to-day? Were we a success in our work? Did we put life into it, ardor, "ginger," or did we let it drag along till it stopped automatically on the stroke of five? Were we a social success to-day? It may be true that we have not been anywhere except to the office and home again, but even in that case, we have social opportunities. Did we make ourselves agreeable to our fellow employees?

Instead of thinking of success as something belonging to the future, we should make up our mind that we are going to be a success in what we are doing just now. It may be nothing particularly exhilarating, typing a letter or washing dishes, delivering groceries or running a lawn mower, and yet there is a big difference between making a success of it and making a failure.

A whole is no greater than the sum of its parts. A successful life cannot be made up of a multitude of unsuccessful days. And it is altogether unlikely that some day we will make such a big success of something that it will neutralize all the little failures of to-day and yesterday and the day before. The way to make a suc-

cessful life is to make a success of each day as it comes along. Never mind what we are going to be and do ten years from now. How about today? Have we made a success of this lifetime in miniature?

LEARNED BY EXPERIENCE.

"Have you ever had any experience in handling high class ware?" asked a dealer in a brick-aba-c of an applicant for work.

"No, sir," was the reply, "but I think I can do it."
"Suppose," said the dealer, "you accidentally broke a very valuable porcelain vase, what would you do?"

"I should put it carefully together," replied the man "and set it where a wealthy customer would be sure to knock it over again."
"Consider yourself engaged," said the dealer. "Now, tell me have you learned that trick of the trade?"

"A few years ago, answered the other. "I was one of the wealthy customer class."

EXCUSING ADAM.

"I contend that Adam was without gentlemanly instincts or he never would have put the blame on a woman."

"Well, what could you expect of the first man? You know it takes three generations to make a gentleman."

DISCOURAGED.

Eph Wiley says every time he gets ready to concede the intelligence of the people something happens to remind him that a great many of them believe in mad-stones.

SUNKEN TREASURE SHIPS.

ONE OF THE MOST INTERESTING WRECKS THAT OF THE LUTINE.

One of the most interesting wrecks on record is that of the British frigate Lutine, which was sunk off the coast of Holland in 1790. It was customary in those days to carry much gold and silver on war vessels, and this particular ship was known to have 1,900 gold bars and 500 bars of silver with a total value of over six million dollars. It was driven around in a storm and sank in comparatively shallow water. Great Britain at that time was at war with France, and Holland, an ally of France, claimed the frigate as a prize of war. The water was so shallow at low tide it was possible for a fisherman to reach it with scoops and grapples and recover some of its treasure. A salvage company organized by the Dutch people to recover the wealth of the Lutine succeeded in getting not more than half a million dollars worth of gold and silver. The position of the wreck, however, was decidedly unfavorable. It was in an exposed spot and the bottom was swept by strong tidal currents. Gradually it became buried in sand, and all salvage operations had to cease.

There are other rich treasures in the sea, writes A. Russell Hand in Everybody's. In Cumana Bay, Venezuela, lies the wreck of the Spanish flagship, San Pedro, with \$2,000,000 worth of gold on board, which so far has defied all attempts to salvage. The richest treasure of all is probably a Spanish galleon, sunk off Lizard Point on the Cornish coast, in 1783, which is believed to have aboard \$85,000,000 worth of gold.

But we need not go so far afield for valuable wrecks. Our own lakes are filled with them. In fact, Lake Huron is known locally as the "Lake of Sunken Treasure." It is estimated that some \$12,000,000 worth of gold and silver is buried in the depths of the Great Lakes.

Pains Were Terrific

Read how Mrs. Albert Gregory, of R. F. D. No. 1, Blufford, Ill., got rid of her ills. "During... I was awfully weak... My pains were terrific... I thought I would die. The bearing-down pains were actually so severe I could not stand the pressure of my hands on the lower part of my stomach... I simply felt as if life was for but a short time. My husband was worried... One evening, while reading the Birthday Almanac, he came across a case similar to mine, and sent straight for some Cardui for me to try."

TAKE

CARDUI

The Woman's Tonic

"I took it faithfully and the results were immediate," adds Mrs. Gregory. "I continued to get better, all my ills left me, and I went through... with no further trouble. My baby was fat and strong, and myself—thank God—am once more hale and hearty, can walk miles, do my work, though 44 years old, feel like a new person. All I owe to Cardui." For many years Cardui has been found helpful in building up the system when run down by disorders peculiar to women.

Take Cardui

BUY "DIAMOND DYES"

DON'T RISK MATERIAL
Each package of "Diamond Dyes" contains directions so simple that any woman can dye any material without staining, fading or running. Druggists have color card—Take no other dye!

Gained Ten Pounds

Before Taking ZIRON, Alabama Man Was Weak, Nervous, Had No Appetite, But is Now Strong.

EVERY man and woman, who is in a run-down, weak condition, with bad complexion and poor appetite, due to lack of iron in their blood, should find Ziron helpful and strength building. It is a scientific, reconstructive tonic, composed of ingredients recommended by leading medical authorities. Describing his experience with Ziron, Mr. George W. R. Lasser writes from Jones, Ala.: "Some time back, I was in a terrible condition. I was weak and nervous, and had a tired feeling all the time. My back was aching, I had no appetite, and at morning I didn't feel like getting up. I was reading of Ziron and decided I would try it... I will say that Ziron is a good medicine. I have gained ten pounds in four months. Am strong and have a good appetite." Ziron is a mild iron tonic, good for young and old. It helps to restore the system, when run-down by over-work, indigestion, caused by stomach or bowel disorders, or as a result of some weakening illness. Get Ziron from your druggist. He sells it on a money-back guarantee.



Walk In and Look Around

Whatever you wish in high grade, artistic jewelry, in charming new designs, our assortment will please you perfectly.

OUR PRICES WILL SATISFY.



TIME

AN INCOME FOR LIFE

MONEY

TIME AND MONEY

Are the most precious things of every human being. To save your time you must save your money—placed here in a saving account it will grow and yield an income for life. Begin your savings account today—even if you have to start it small.

THE WELDON BANK & TRUST CO.
W. A. PIERCE, VICE-PRES. N. S. BARNES, CASHIER
WELDON, N. C.

M. FREID'S REDUCTIONS

On all summer goods. Many Cash Bargains Await You.



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WELDON, N. C.

LADIES AND GENT'S OUTFITTER.

Wanted---BOOKKEEPERS! STENOGRAPHERS.

The demand for young men and women who are well trained in theca lings is greatly in excess of the supply, and will continue to be. Smithdeal graduates are recognized by business men to be above the average in competence. The faculty will take a special interest in fitting you for a good paying position. Write for catalogue.

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9th and Broad Sts., Richmond, Va.
OLDEST BUSINESS COLLEGE IN THE SOUTH

Kill That Cold With
HILL'S CASCARA QUININE
FOR Colds, Coughs, AND La Grippe
Neglected Colds are Dangerous
Take to bed. Buy this standard remedy early for the first sneeze.
It comes up a cold in 24 hours—relieves Grippe in 3 days. Excellent for Headache
Quinine in this form does not affect the head—cascara is best Tonic Laxative—No Opium in Hill's.
ALL DRUGGISTS SELL IT

BIG REDUCTION SALE



Buy Low Cut and Summer Shoes. Only a small line now on hand. Buy now.
A. L. STAINBACK,
The Busy Store, WELDON, N. C.

Choice Hams
There is nothing more appetizing than a slice of our choice ham. We have anything you may want in the line of meats. All Kinds of Canned Goods

GOOD GROCERIES build up the system, stimulate the brain, and increase your capacity to think. And right thinking brings best results. Our prices make you think. Call in to see us.
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MANUFACTURERS OF
Building Material for Modern Homes, Sash, Doors Blinds, Mantels, Door and Window Screens
MADE TO ORDER AND REGULAR STOCK SIZES.
Good Materials, High Grade Workmanship Our Slogan.