

# THE ROANOKE NEWS.

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## Children Cry for Fletcher's

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment. **Never attempt to relieve your baby with a remedy that you would use for yourself.**

**What is CASTORIA**  
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food, giving healthy and natural sleep. **The Children's Comfort—The Mother's Friend.**

**GENUINE CASTORIA ALWAYS**

Bears the Signature of  
*Chas. H. Fletcher*  
**In Use For Over 30 Years**  
The Kind You Have Always Bought

## SOMETHING JOB NEVER DID.

POSSIBLY AN EXPERIENCE LIKE MR. BROWN'S WOULD HAVE SHATTERED HIS REPUTATION FOR PATIENCE.

Filled with pride, Mr. and Mrs. Brown started out for a drive in their new motorcar. Mrs. Brown was hoping the neighbors were watching, but her husband was too busy steering to hope about anything.

Quick! Before they reached the end of the road the car stopped, and stayed that way with a mule-like persistency. Mr. Brown tried every lever and handle in turn. Then he got down from his seat and began to investigate.

Presently he lay down and crawled underneath the car until only his number nine was left visible. In a few moments the car gave a sudden jolt and then stopped, and a terrible flow of language, more forcible than polite, became audible.

"Oh, John," exclaimed the wife, in horrified tones, "don't swear so! Have patience, like Job did."  
"Job," shrieked Mr. Brown, in a stifled voice, "Job would have sworn, too, if he'd been underneath this beastly car with his mustache caught in a cogwheel."

### Grip.

Grip usually starts just the same as a cold with a watery discharge from the nose. You are much more likely to contract the grip when you have a cold. For that reason when grip is prevalent you should go to bed as soon as you feel that you are taking cold and stay in bed until fully recovered which should not be long if you take Chamberlain's Cough Remedy. Three days in bed now is better than three weeks later on.

WITH HIS POCKETBOOK.

"Bibles looks depressed."  
"So he does."  
"Is his heart in the grave?"  
"No, it's in Cuba."

## Children Cry FOR FLETCHER'S CASTORIA

A girl admires a man who doesn't smoke, drink or swear, but she usually goes to the dance with a man who does all three.

## MR. DODSON WARNS USERS OF CALOMEL

Says Drug Acts Like Dynamite on Liver and You Lose a Day's Work.

There's no reason why a person should take sickening, salivating calomel when a few cents buys a large bottle of Dodson's Liver Tonic—a perfect substitute for calomel.

It is a pleasant, vegetable liquid which will start your liver just as surely as calomel, but it doesn't make you sick and can't savorate.

Children and grown folks can take Dodson's Liver Tonic, because it is perfectly harmless. Calomel is a dangerous drug. It is mercury and attacks your bones. Take a dose of nasty calomel today and you will feel weak, sick and nauseated tomorrow. Don't lose a day's work. Take a spoonful of Dodson's Liver Tonic instead and you will wake up feeling great. No more biliousness, constipation, sluggishness, headache, coated tongue or sour stomach. Your druggist says if you don't find Dodson's Liver Tonic acts better than horrible calomel your money is waiting for you.

**RE-CU-M-A** For Stomach, Bowels, Liver & Kidneys  
FOR SALE BY  
Ferguson Drug Co., Halifax,  
M. C. Parr, Weldon,  
Jy 29 2001

## Sand for Sale.

I have sand for sale and can furnish to private families as well as to contractors at a price of \$1.00 the load delivered anywhere in Weldon, of ONE-HALF CUBIC YARD to the load.

**J. S. TURNER.**  
218 47

## THE "OLD RELIABLE" THEDFORD'S BLACK-DRAUGHT

White Haired Alabama Lady Says She Has Seen Medicines Come and Go But The "Old Reliable" Thedford's Black-Draught Came and Stayed.

Dutton, Ala.—In recommending Thedford's Black-Draught to her friends and neighbors here, Mrs. T. F. Parks, a well-known Jackson County lady, said: "I am getting up in years; my head is pretty white. I have seen medicines and remedies come and go but the old reliable came and stayed. I am talking of Black-Draught, a liver medicine we have used for years—one that can be depended upon and one that will do the work."

"Black-Draught will relieve indigestion and constipation if taken right, and I know for I tried it. It is the best thing I have ever found for the full, uncomfortable feeling after meals. Sour stomach and sick headache can be relieved by taking Black-Draught. It aids digestion, also assists the liver in throwing off impurities. I am glad to recommend Black-Draught, and do, to my friends and neighbors."

Thedford's Black-Draught is a standard household remedy with a record of over seventy years of successful use. Every one occasionally needs something to help cleanse the system of impurities. Try Black-Draught. Insist upon Thedford's, the genuine.

At all druggists. G. 73

**2 IN 1 SHOE POLISHES**  
BEST FOR HOME SHINES—SAVE THE LEATHER  
THE BIG VALUE PACKAGES  
PASTES AND LIQUIDS For Black, Tan, Or, Blood, Dark Brown and White Shoes  
THE F. F. DALLEY CORPORATION LTD., BUFFALO, N. Y.

## A WEDDING SONG.

And on her lover's arm she leant,  
And round her waist she felt it fold  
And far across the hills they went,  
In that new world which is the old.  
Across the hills and far away  
Beyond their utmost purple rim,  
And deep into the dying day  
The happy princess followed him.  
And o'er them many a gliding star  
And many a merry wind was borne,  
And streamed thro', many a golden bar,  
The twilight melted in the morn.  
And o'er them many a flowing range  
Of vapor buoyed the crescent barks  
And rapt thro' many a rosy change  
The twilight died into the dark.  
And o'er the hills and far away,  
Beyond their utmost purple rim,  
Beyond the night, across the day,  
Thro' all the world she followed him.

## DONEGAL BAY.

As I sit by the window high up in my room,  
Midst the smoke of the city, its noise and its gloom,  
Down the dead years, ashore, I am drifting this day,  
To that old sunlit harbor of Donegal Bay.  
The light touch of your hand and the curve of your cheek  
And my heart throbbing back to the soft words you speak,  
With the lift of our boat to the waves' lilt and play  
And the bright sunlight dancing on Donegal Bay.  
The flight of the wild gulls and wind whistling free,  
The wide full-swellung salt and the swing of the sea,  
And the salt, stinging kiss of the fast flying spray,  
With the sun laughing down on Donegal Bay.  
The wide waters around us, and gleaming on high  
The white clouds and the blue shining arch of the sky;  
Oh, 'twas Junetime and lovetime, now vanished away,  
But the suns still glinting on Donegal Bay.  
Just a lad and a lass, sure the tale's nothing new!  
But the black sorrow's on me, I'm longing for you  
And the tones of a voice that is silent today,  
Though the sun jewels sparkle on Donegal Bay.

## CASTORIA

For Infants and Children  
**In Use For Over 30 Years**  
Always bears the Signature of *Chas. H. Fletcher*  
A young lady at a party recently asked a gentleman if he would take her for eighteen. "No," he replied, "but I would take you for life."  
Got Her Good Health From A Bottle.  
Mrs. Edward Rainsider, Wabash, Ind., says that she owes her good to Chamberlain's Tablets. She suffered from distress after eating and constipation and was completely cured by the use of these tablets.  
Can breaking into society be called social burglary?  
**THE LONG AWAITED.**  
As the minister had a deserved reputation for longwindedness his congregation had dropped off little until, on this Sunday, there was only one occupant of the pews—a bachelor girl of some fifty summers. Still the pastor was determined to deliver his sermon. Ascending the pulpit, he began: "Dearly beloved—"  
The coy young thing jumped to her feet.  
"Oh, Doctor Higgins," she cooed, "this is so sudden."  
**Children Cry FOR FLETCHER'S CASTORIA**  
Laugh and the world laughs with you; growl and the world laughs at you.

## NO SUBSTITUTE FOR REST.

REST IS ONE THING FOR WHICH NATURE NEVER MADE A SUBSTITUTE.

Young persons often say: "I don't need much sleep; I can be up late every night and never feel it." It is surprising how much abuse of that sort Mother Nature will stand. But payday finally comes.

It is a good deal like the case of the man who starts out with money in the bank left him by his father. He spends freely without thinking whether he is spending more than his income. Then one fine day he wakes up to discover that he has been paying out more than has been coming in, and his bank balance is gone.

Medical science has arrived at two important conclusions. One is that very much ill-health is caused by fatigue, the other that rest is one of the most important of remedies.

It is common experience that we catch cold more readily when we are fatigued. So with other germ diseases. The bacteria are on the watch ready to make an attack whenever the resistance of the body is lowered. One of the common ways by which the resistance is lowered is by fatigue.

Fatigue plays its part in so simple a matter as walking. The scarcely perceptible pause between steps gives enough rest for a person to walk a long time at his natural gait. If he hurries a trifle he loses this rest and soon gets winded. A person uses about the same amount of energy in going upstairs, whether he walks or runs. But the lack of rest in running upstairs makes the exercise from it far more violent. A boat crew in order to be successful is supposed to rest between strokes. The crew that gets in a hurry wears itself out.

When we become tired all sorts of things may happen. Sometimes we may have a sense of dizziness or of nausea. In that case the stomach is the weak point and the weak point and the symptoms are from weariness of that organ. The eyesight of some persons is affected by fatigue, and they think they are going blind.  
Occasionally our symptoms convince us we are losing our minds. Every person is familiar with the little lapses that are so annoying—the inability to remember a name soon after it has been heard, or just read, the sense of being far away, of general unreality. All of them are evidence of fatigue.

One of the curious things about getting tired is that often we are not conscious of it at the time, or even the next day. People who work long hours on Saturday often do not feel the effects until Monday or Tuesday.

There are very few diseases that are helped by drugs. Not more than six or eight out of one hundred and fifty. But poor health pretty generally is improved by rest. Sleep, of course, is the great rest agency. Most people need at least eight hours; more than less. Nobody need worry about sleeping too much.

Often the great trouble with sick people is that they go to the doctor expecting him to give them something to make them well while they keep up the bad habits that made them sick. They want to take medicine instead of sleep. But rest is one thing for which Nature never made a substitute.

**KUTTYHUNK BLUE**  
5¢  
Is the finest made and the best value a woman's nickel ever bought. Diamond, McDonald Co. Manufacturers, 408 N. 4th St., Phila.  
**"DIAMOND DYE" OLD GARMENTS LIKE NEW**  
Any woman can dye faded, shabby wearing apparel, whether wool, silk, cotton, linen or mixed goods to any color, just like new, by following simple directions in each package of "Diamond Dye."

## "Felt Like Eating"

Man and Wife, All Run-Down from Farm Work, Were Greatly Helped by Ziron.  
"MY WIFE and I, after a hard spring on the farm, were tired and run-down," says Mr. E. B. Mulkey, of Route 1, Acworth, Ga. "We neither felt well. I knew my blood was bad, as I had little boils on the back of my neck."  
"We felt we needed a builder. We had heard of Ziron and thought it must be what we needed. It certainly was. We took it faithfully, and after a week or such a matter we began to feel better. My wife felt like eating, and I sure felt like eating. Ziron sure did us good. It made us both feel stronger and better for the fall work, which everyone knows is 'home work' on a farm. My boils began to dry up, though just at first they seemed worse."  
"We are much better and can highly recommend Ziron, and gladly do so for it sure did us good."  
Ziron is a safe, reliable, tonic medicine, good for men, women and children, when an iron tonic is indicated. It is easy to take and contains no habit-forming drugs.  
Ask your druggist or dealer.

**UNIQUE DESIGNS IN JEWELRY**  
Whatever you wish in high grade, artistic jewelry, in charming new designs, our assortment will please you perfectly.

OUR PRICES WILL SATISFY.  
**C. N. RICKS**

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4% SAVINGS DEPOSITS  
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OLDEST BUSINESS COLLEGE IN THE SOUTH

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FOR Colds, Coughs AND La Grippe  
Neglected Colds are Dangerous.  
Take one tablet, 3 or 4 times daily, until you feel better.  
Dress up a cold in 24 hours—Relieves Croup, Whooping Cough, and all other ailments of the Throat and Lungs.  
Quinine in this form does not affect the head—Cascara is just as effective—No Opium in Hill's.  
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GOOD GROCERIES build up the system, stimulate the brain, and increase your capacity to think. And right thinking brings best results. Our prices make you think. Call in to see us.

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Near Batchelor's Opera House, WELDON, N. C.

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