aily C.

## al. Democratic Paper.

## - Year tio; six Monty 05 .

## 

## gling ania Wallinge

ion of an Eapert-Hono
Walk- Hoo they Should
Yarticle on exereise, Dr.
to walk, and points out defective styles indalged whyy the ladies.
to fote sthe arns and fan aetive waller, How
and wriggle aind wigele

## of hat part of the body

intre for the muceles of
They start from the
nd spread ont in every
in every direction
round; about,
Dows, orosswisk,
ocking with each other in
ernine whether the chest
, strong and active, or and the chest, whichese whether the vital organs trong, or small, slow and ore than any which may conthe strength and aetivity of antivity tes, I say, depend
$d^{d}$ strenthth upon a
shoulders. Brisk walking
winging of the arms, gives
ired movements of the shoul-
ive walking contributes so
the talness and strongtt of
t, and the organ within the
put your finger down there It is a bright day, and
otrice how they walk.
Their arms must be lirms apon their sides! No, they ding their arms still, and see, arge fur rollers (white into n their stomachs. Their arms or all the world, like the wings ady to put in the oven. ust be hard work to walk i very hard, indeed, and yon

## WIGGLE THEIR HIPs,

ta funny motion that wiggle might call it vat fastidiou ell, that depends upon the w. es the back. pty who is not LAMB Across the back.
man wear a shawl and hold ogether in front with his hands, he will not walk far before his $k$ will ache. It is a hard -strain n the spine to walk without
American ladies have muscular 8 and hips ; but look at their arms
ndle-dips No. 8), their angular ulders, and their flaty-thin chests, large part of this
uglingss and we

# The Daily Carolinian. 

Vol 1. RALEIGI, THURSDAY MOINING, OOTOBER 19, 1871. NO. 3 .

## our girls ape able to wall off in that

 brisk, bright way willeh we ale ane take on a warmer hue, but their rms, and shoulders, and chests wilt become plomper and fiver; and bet onter into the pastimes and ples anes of life.
## The Past and Present.

Of all the statespien who aided Alexaider Hamition was the firmeat believer in, and most warm advocente of a strong federal government. Cungress would ever attempt to pass an act interfering with the State lections by subnitting its own as "chimerical," and declared that such an attempt on the part of Congress would "canse an immediate evolt of the great body of the peoState government." Hamilton admits the right and duty of the States elf defence "immediate" action for shonld dare to pass such an aet. What would become of the present Congress if they had to deal with such a generation of patriots and brave men as the one which gave birth to the union and the constitution 1 There would not probably be enough of such fellows as the guilty majority of the present Conress left to form a quoram in twen
-four hours after they had passe such an act as the federal bayonet Congress law, pow rashed throngh will now take, we know not ; bat been the fate of any party or an set of men, who shonld have at $t$ any time during the first fift years of the existence of the un Ev
dicals as gainst this usurpation, but it hardly probable that he will have ourage enough to befend the righta of Pennsylvania, now that the act has been worried throngh Congress, nd we may prepare ourselves to ex ed impossible, But the old states man lived in an age when the fundamental law of the land was re spected, when its exact provisions were religiously observed, both in letter and spirit, and that he could not discern the posability of such
measures as the bayonet law becoming enactments is attributable to these facts rather than to any lack of foresight on his part. Were it however, possibe ore he to view the machinery of recorstruction,
and all the paraphernalia of " "loys. alty, he would soon discover hat alt things, even the most iniquitoos, are possible to radicalism: + Ear change.
When a scholar at the age of sixf teen or eighteen years leaves any yine of our public schools, 1 can not see with what propriety we ean say he has learned the art of peeding in that derstand, either by reading himeff rnle f his English book of history, biography, moralf or poetry; or it he can not
readily comprehend all the words commonly spoken in the fetture-

$\qquad$
A Mobile paper is indignant at a "Mobile is the tourth coffe pot that conntry" Investigation po in the "cotton port" was meant, but things ot mixed.


Hholsald and chinisson nebchans
No. 87 Market square

Conatry Prodac
$\bar{B}^{1}$
OYSTERS
pened año in the shell

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BOOTS AND SHOES
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specinit trams for peamineit boarditas.

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Gents' Furnishing Goods,

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ETABLismed 1837,
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Gibbs, Pritchard \& Co
DRY GOODS, NOTIOMS, \&C.,
2 nain sfreet, Norrolk
T. R. Reardon,

FINE CROCERIES,
and piporters of TEAS, WIIES. LIQUORS, \&C.,

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T.

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BEST WHEAT FAN IN EXISTENCE
All of which will be at the Fair Grounds ior
exhitititon exidulione Examine Carefully and you will
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terest of the Cotton, Whent and Tobace. Farmens of the Old North State.
Oet.17-1m.

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Consigamente of Produce respectfully so-
Lieited. Adyzncements made whioen realiced
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