

From the Cleveland Ohio Herald. Flat Rock, North Carolina, as a Resort for Invalids.

ERS. HERALD: In a recent communication I spoke of the scenery and people of Western North Carolina. In this I propose to treat of the salubrity of the climate, and its adaptation to persons of weak lungs, and those subject to throat ailments.

It has been common in former times to send this class of patients to Florida and South Carolina for relief, but long experience and recent discoveries in the medical science prove conclusively that an atmosphere laden with moisture, such as prevails in those States, is most objectionable, and that in selecting a proper location, for the successful treatment of pulmonary disease there are three conditions, each of which demand strict attention, namely, altitude, mild temperature, and pervious soil.

The importance of the first condition lies in the fact that the air of mountain regions is very stimulating; it accelerates the circulation of the blood, quickens and deepens the respiration, and gives buoyancy to the feelings. A friend writing to me from Flat Rock a few days ago says: "Here I can walk from morning to night without feeling fatigued."

The importance of the second condition is obvious, as weak and diseased lungs cannot stand intense cold. The third condition is equally important, though not so apparent. To impress this more fully on the minds of your readers I quote as follows from the Scotch-American Journal of March 31, 1870:

"A valuable paper on the 'Relation of Geology to the Consumption Death-rate,' has been communicated to the 'Geological Magazine' by Mr. Whitaker, the author of the Geological Survey. The author's observations are mainly confined to the counties of Surrey, Sussex and Kent, in which he has made a geological and statistical examination. The whole paper is replete with interesting and valuable information, but we have space only for the general conclusion to which the author has been led by the examination. They are as follows: 1. That on pervious soils there is less consumption than on impervious soils. 2. That on high lying pervious soils there is less consumption than on low lying, pervious soils. 3. That on sloping, impervious soils there is less consumption than on flat, impervious soils. 4. These references must be put along with the other fact that artificial removal of subsoil water alone, by various sanitary works, has largely decreased consumption, from which follows the general inference that wetness of the soil is a great cause of consumption, the author having found in the course of his enquiries no other to go along with the consumption death-rate to any extent. It is mentioned that Dr. Bowditch has made the same observations in America, and contends that soil moisture is one of the chief causes of consumption in New England; and the Registrar-General of Scotland, applying the theory to eight large towns, accepts it as true. It is very properly pointed out that these observations introduce a new principle and object in carrying out drainage works, and in choosing places, and may tend to the lessening of a disease which is the special curse of our country."

I know of no country where the conditions here set forth are so thoroughly brought together as the Flat Rock Region of western North Carolina, and the effects which I have witnessed of its curative agency are almost incredible, but strange to say, for every one who goes to the highlands of the South seeking health and vigor, twenty go to the low flat swamps of Florida, and the result, although sad, is easily told.

The portion of the country here described is famous for its abundant supply of pure spring water. It is decidedly the best water I have seen in any country, being soft, cold and as clear as crystal.

AN AUSTRALIAN ROMANCE.—Australia is a convenient region of romance, being too distant for close investigation by the skeptical. For example: An English nobleman falls in love with an English nobleman's pretty maid, a sort of Becky Sharp. She avoids her noble lover and complains that she is "persecuted." So mild takes a year's trip in Europe, becomes love sick as well as sea sick crossing the Channel, and writes her an offer of marriage. She doubts, he swears fidelity, and marries her privately. A daughter is born, the mother dies, and the father weds again. Twenty-five years elapse; the girl falls in love with one who has the misfortune to kill his superior and is transported. She follows him to Botany Bay. In an "unfortunate affair" her lover loses his life and his disconsolate lady-love becomes a hand-maid in the house of a poor settler. Her father dies childless, a persevering solicitor seeks the daughter so long disowned, and she becomes Lady Elizabeth Morton, with \$200,000 a year.

"THAT LITTLE DIFFICULTY."—Edwin Booth was traveling on the cars. The passengers, hearing he was aboard, naturally evinced curiosity to see the great actor. Among the passengers was a genuine Vermont, who occupied a seat some four or five benches in the rear of the great object. By slipping from one seat to another he soon occupied the one immediately "aft" of Booth. His anxiety was great. Reaching over and touching Edwin on the shoulder, he said: "Ah! eh! excuse me, sir, but is your name Booth?" In his well-modulated voice, Booth replied: "Yes, sir, my name is Booth." "Ah! eh! excuse me, sir, but is your name Edwin Booth?" "Yes, sir, my name is Edwin Booth." "Really, eh! ah! sir; but you must really excuse me, sir, but ah! eh! sir, are you brother to the gentleman who had the little difficulty with Mr. Lincoln at the theatre?"

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CHANGE OF SCHEDULE. RALEIGH AND GASTON R. R. CO., SUPERINTENDENT'S OFFICE, Raleigh, N. C., August 31st, 1871.

On and after Friday, September 1st, 1871, trains on the Raleigh and Gaston Railroad, will run (Sunday excepted) as follows:

Leaves Raleigh, 9:00 A. M. Arrives at Weldon, 2:50 P. M. Leaves Weldon, 10:05 A. M. Arrives at Raleigh, 4:20 P. M.

Accommodation Train. Leaves Raleigh, 4:30 P. M. Arrives at Weldon, 10:40 P. M. Arrives at Raleigh, 8:30 A. M.

Mail Train makes CLOSE CONNECTION at Weldon with the Seaboard & Roanoke Rail Road and Bay Line Steamers via Baltimore, to and from all points North, West and Northwest with Petersburg Rail Road, and at Petersburg, Richmond and Washington City, to and from all points North and Northwest.

And at Raleigh with the North Carolina Rail Road to and from all points South and Southwest, and with the Chatham Railroad to Haywood and Fayetteville.

Accommodation and Freight trains, connect at Weldon with Accommodation and Freight trains on Seaboard & Roanoke Rail Road and Petersburg Rail Road, and at Raleigh, with Accommodation and Freight trains on North Carolina Rail Road.

Persons living along the line of the Road can visit Raleigh in the morning by Accommodation train, remain several hours, and return the same evening.

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UNIVERSITY OF N. CAROLINA! The Annual Meeting of the Board of Trustees of the University of North Carolina, will be held in the Executive Office, at 12 o'clock, M., on the 3rd Tuesday, being the 21st of November, 1871.

J. C. L. HARRIS, ATTORNEY AT LAW, (Office first door South of Standard building, Raleigh, N. C.) Practices in the Courts of Wake and before U. S. Commissioner, and gives special attention to the arguing of causes in the Supreme Court of North Carolina.

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FEVER AND AGUE cured for 50 cents. There is not a remedial agent in this world that will cure Fever and Ague in all other Malarious, Bilious, Scarlet, Typhoid, Yellow, and other Fevers (aided by RADWAY'S PILLS) so quick as RADWAY'S READY RELIEF. Fifty cents per bottle.

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STATE OF NORTH CAROLINA, In Superior Court, Pitt County. D. H. James, Wyatt James, Bithel James, Richard Carson and wife Lydia, E. H. Albritton and wife Mary, J. T. Moore, Hyman Mayo and wife, L. J. Moore and wife Lydia F., W. C. Davenport and wife Sarah E., McG Wainwright and wife William F., Samuel Moore, David C Moore, against

ENOCH MOORE, SAMUEL MOORE, HENRY MOORE, W. R. MOORE, J. R. MOORE, T. A. MOORE, FERNANDO MOORE, EDWARD MOORE, BENJ. C. HIGHSMITH, SALLIE J. HIGHSMITH.—Petition for Order to Sell Land.

IN TEMPERANCE AND NATIONAL INTEGRITY. PROHIBITION. BY AARON M. POWELL. [Reprinted from the Herald of Health for May, 1871.]

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A political struggle of absorbing interest is now before the honest citizens of New York. The fraud and bribery practised by "the Tammany Ring" in this city and in the state have become intolerable.

The Evening Post has resolutely opposed them from the first, though it has at times stood nearly alone in the contest. It will continue its warfare upon the corruptions of the city government, keeping steadily in view not only the overthrow of our unwholesome, but the still greater object of securing for New York a government in which such rings shall be impossible.

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ORANGE JUDD & CO., Publishers, 245 Broadway, New York. June 8, 1871.