WOMEN AGENTS NAMED FOR CITIES

Mrs. Kate Brew Vaughn Will Be Stationed in Winston-Salem

FOR FOOD CONSERVATION

Wilmington, Raleigh, Durham, Asheville and Winston-Salem Are Points at Which City Home Demonstration Workers Are Placed Now: Appointments Will Follow

Announcements made some time ago that the North Carolina Agricultural Extension service would place a home demonstration agent as well as a farm demonstration agent in every county in the State, is now followed by the ad. ditional plan to place women agents in some of the larger cities of the State to aid in the movement for food conserva-

Miss Mary Clifford Bennett, a graduate of the State Normal of Harrisburg, Va. and a post-graduate in dicteties at Battle Creek, Mich, will be stationed in Wilmington; Miss Ethel McDonald, a graduate in home economies of the Kansas State Agricultural College, and a post_graduate with the degree Bachelor of Science at the same school, will be stationed at Asheville: Mrs. M. M. Davis, a graduate of the Tennessee State Normal School and with con-stderable experience in special work at the University of Tennessee and in Co-lumbia University, will be stationed at Durham and Raleigh, devoting her time between the two e ties; and Mrs. Kate Brew Vaughan one of the best known demonstrators of the South and teacher of home economies in the recent sum mer school held at the College at West haleigh will be stationed in Winston.

Conservation of food will be the main problem studied by these women, who will do in town the same work being done out in the rural districts by the county home demonstration agents.

Working with the lenders among the housekeesers in each city, the study of food values will be made; the economigiven attention; conservation in the natter of using different food substigeneral all other problems concerning women in the management of the home will be tackled, with a view to eliminating waste and decreasing the high tion develop. cost of living. Clubs for studies along these matters will be formed among all classes of women. Not only will the home be reached, but it is planned also to spend some time in studying the conditions in down town restaurants, so as to aid business girls in the order-ing of economical balanced lunches.



Up Indoors?

If so, your whole system naturally gets tied up too. A lazy liver and constipated bowels are bad things, dangerous things.

Exercise as much as you can-but keep your liver and bowels up to the mark all the time. Take one pill regularly

-until you are sure you are all right again.

ine bears Signature Brentsoon

Colorless faces often show the absence of Iron in the blood. Carter's Iron Pills will help this condition.

The Harry M. Uzzle Undertaking Comp'ny

Chas. N. Goodno

Certified Public Accountant 1009 Commercial Bank Building ACCOUNTING SYSTEMS

WANTED

Five cars 1x6 N. C. Pine Boofers D2S&M. Terms: Cash, less 2%. Wire us at once what you can furnish, and best price, f. o. b. ears or delivered 15c rate over Norfolk. CAPITAL LUMBER CO. 23 Tucker Bldg., Raleigh, N. C.

EOUND A KEY:-To unlock all kinds of Business Problems. Those who wish to save time, worry and dollars can have access to same by applying to NEWS AND OBSERVER WANT AD DEPART.

TEUTON ATTEMPTS TO CROSS PIAVE BLOCKED

(Continued from Page One.)

Piave the artillery duel increased at times".

Baker's War Review. Washington, Nov. 18.-Hardening of the Italian defense and the precision with which British and French reinforcements are being delivered in the Italian war theatre leads Secretary Baker, in his weekly war review, tonight to contemplate the future in that field with confidence. He points out, how-ever, that the full strength of the -German efforts has not yet been

leveloped. Further allied offensives on the western front, Mr. Baker says, are indicated by increased artillery fire and the nervousness exhibited by the Germans. The only reference to the sector of this front where American troops occupy first-line trenches is that the men hav shown themselves worthy of the best traditions of the American army.

"The training of our National Army is now progressing rapidly," the statement says. "At all the camps the morale of our new citizen-soldiers is reported as excellent.

"The men who have been called upon to defend our country in the present n a serious, high-minded spirit, which will produce the best result.

"The British and French officers who are to assist in instructing our new rmies are arriving. They come for the purpose of initiating our men into the so that from the very outset our forces may be trained according to the most efficient time and life-saving methods, Troops Show Themselves Worthy.

"In France the training of our troops is likewise being carefully continued. In the sector where our forces are in the trenches they have shown them-selves worthy of the best traditions of "After the successes gained by the

Allies in the west during the preceding week, the relative calm of the last seven day period was to be anticipated.
"It is significant, however, that the eaction of the enemy has been relativey slight, both in the region north of the Aisne and in Flanders.

"At this season of the year the sodden fog-bound fields of Flanders and the bad weather which prevails along the entire western front make it difficult to co-ordinate major operations with precision. Nevertheless artillery preparation has continued in the two chief theatres of activity in the west, pressag-

ng further offensive engagements.
"Destructive hostile artillery fire is noted in the area along the Yser, eentering around Dixmude, and the shelling tutes and avoiding all waste, and in by the enemy increased during the latter part of the week, betraying a decided nervousness on the part of the Germans lest any unexpected offensive ac-

"Along the French front no engagements of importance are recorded.

Italian Situation Encouraging.

"The Lesw from Italy is more en-couraging. Operations involving the skillful handling of large masses of troops and the reorganization of defensive positions, entailing superhuman forts on the part of officers and men like, have been carried out by the Italian armies with energy and courage. "All sectors of the Italian theater of

perations continue the seene of much hard fighting. The enemy along four different lines of attack is endeavoring to outflank and if possible to crush the Italian armic, and debouch into the heart of northern Italy.

"In spite of the intense strain of the ugagements in which the Italian rear guard acquitted themselves very well,

the Italian defense is hardening.
"While it must be acknowledged that the full Austro-German strength in the Trentingle has not yet been deployed. and developments in this sector must be awaited, nevertheless, the present temp er of the Italian armies and the strong allied reinforcement which are arriv-Italian theater should lead us to conemplate the future with confidence.'

The secretary then reviews at length the military situation in Palestine and Mesopotamia, which he says, "must be onsidered if we are to arrive at a clear erspective of the purpose of the war.' He asserts that the investment of Jeru-alem by the British is taking shape, that Jaffa, the principal scaport of Palestine, is under allied gunfire by and and sea and indicates that its fall is impending, to the great relief of the allied supply lines. (Capture of Jaffa was announced by London today.) That the Turkish forces in Palestine have lost half their effectives in the fighting

also is noted. "The German high command," the statement continues, "must now concen-trate its effort in an attempt to stem the British advance, and this will probably relieve whatever hostile pressure it was proposed by the Germans bring to bear against Bagdad."

Baker notes increased activity in the Balkan war theater and con cludes with the statement that the situntion in Russian continues disturbed.

Goes to Salisbury.—Captain F. M. Jordan, of the North Carolina Insurance Department, has gone to Salisbury to investigate the burning of a newly erected school building. Indications point to incendiary origin for the fire.

The Weather

socal Office, United States Weather FORECAST.

Raleigh, N. C., Nov. 18, 1917. For North Carolina: Fair Monday, cooler in west and central portions Tuesday fair,

Sunrise .6:54 a.m. | Sunset .5:05 p.m. Temperature.

a. m. 44 8 p. m. Highest temperature

January 1st Precipitation (in Inches). Amount for the 24 hours ending Total for the month to date.... 45
Deficiency for the month 1.04
Excess since January 1st10

READ THE MORNING ADS:-They are waiting at your door at an early hour. Look them over see what your Business people have to say, then do your day's shopping.

ARMY SURGEONS ARE AFTER COLDS

Keeping Down Contagion In Camps

Army surgeons will adopt new methods of keeping down contagions among the soldlers in the cantonments this winter. They will go directly after the "common cold." Their experience on the Mexican border last year taught them that the "common cold" was the starter of most everything that was had as far as the soldier's health was affected. They learned that as long they kept down colds they had little or no pneumonia, measles, bronchitis or meningitis. On the other hand, they observed that "colds" season was meningitis season, pneumonia and measles ason, and to avoid colds was to avoid these more serious diseases.

Dr. W. A. Evans relates the experience of the army surgeans down on the border fighting the infections that followed the "northerns," when every breath of fresh air was cut out of the tents. He says: "The men lived in tents. They banked earth against the side walls of the tents. During Decemher the quartermaster's department fitted the center hole in the top of the tent with a metal cap which prevented hot air from escaping that way About January 1, the tents were fitted with saug doors. When a norther started the men proceeded to hole up. They closed and chinked every crack through which fresh air could enter or four air escape and then they sat around the stove spitting. Good shots could hit the stove, a bull's eye; poor ones spat on the floor. The bedding was not sunned or aired. The men huddled all day over the stove.

"In the wake of each 'norther' there The record of came a trail of coldsmeasles in camp showed a very definite relation between outbreaks of this disease and 'northers.' Whereas the tents were closed and the stoves were set going at a top rate, the air became both hot and dry. It was dry enough to irritate the nasal mucous membrane.

"The 'colds' season was the meningitis season, and persons with colds were most apt to contract this discase. Therefore the advice: 'If you would avoid meningitis avoid colds.' To this end bodily comfort, warm, dry clothing, good dry shoes and socks, regular bowel movements, avoidance of overeating and of the use of alcohol, avoidof foul air and overheated places generally are all conducive to safety as regards that disease."

Hiram Lodge Meets.—A regular com-munication of Hiram Lodge, No. 40, A. F. and A. M., will be held this even-ing at 7:30 o'clock. Work in the first degree. A cordial invitation is ex-tended to visiting Masons in the city.

Have Hair Like "20"

It's never too late to get rid of gray in hair. Thousands have benefited by this scientific discovery. Why don't you!

Gray, faded, bedrabbled hair can be changed to a uniform, lustrous, beautiful, dark color, so natural in appear ance, by applying Q-Ban Hair Color Restorer. Simple, safe, guaranteed harm-less—all ready to use—75c a large bottle. Sold by J. C. Brantley and all good drug stores. Try Q-Ban Hair Tonie: Qban Liquid Shampoo; Q-ban Toilet Soap; Q-ban Depilatory.



Hair Color Restorer

THE BULLINE

tes Passenger Trains from North Care

Uperatus Passenger Trains from North Cartima into automatic beauticate, Without Passater.

Schedule in sites. August 12, 1917.

Train's Lond's material:

No. 2-v a. m. Daily for Winon, Greenville, New Bern, Washington and Norfock.

No. 65-bisv a. m. busty for Varina, Liblington and Fuyettevile.

No. 51-1:40 a. m. Daily for Charlotte.

No. 18-1:40 p. m. Daily for Wison, Washington and Belikaven.

No. 85-1:40 p. m. Daily for Norfolk, carting Pullman Siceping Car.

TRAINS Affail'S RALEIGH:

No. 5-1:06 a. m. Daily from Norfolk, carying Pullman Siceping Car.

No. 35-1:06 a. m. Daily from Payetteville.

No. 3-1:06 a. m. Daily from Belhaven,

No. 11-12:05 p. m. Daily from Belhaven,

No. 23-10:30 a.m. from Payetteville. No. 17-12:35 p. m. Daily from Belhaven, Washington and Wilson. No. 30-1:30 p. m. Daily from Charlotte. No. 34-3:20 p. m. Daily except Sunday No. 134-4:40 p. m. Sunday only from Pay-

No. 136-4: 45 p. m. Daily from Norfolk.
No. 1-7:45 p. m. Daily from Norfolk.
Pullman Sleeping Cars. operated on trains
Nos. 3 and 4 between Raleigh and Norfolk.
For information call at 409 Commercial
Bank Building, or "phone 72 or 270.
W. J. WILLIAMS, Comt. Agt.
Raleigh, N. G.
J. F. DALTON, G. F. A.,
Norfolk, Va.

Southern Railway System

Auty 25h. 1841.

No. 111—2:20 a. m. are Greenaboro, connecting for points North, South and West. Pullman Siesping Car Releigh to Greenaboro and Goldsboro to Wimsten-Salem.

No. 11-8:52 a. m. for Asheville, connecting at Greenaboro for points North and South and at Asheville for Cluncinnati, Chicaro, St. Louis, Memphis and all points West. Parior Gar Goldsboro to Asheville. (This train overstee via Wimston-Salem.) P. m. for Greensboro and Winston-Salem.; connecting at Greenaboro for points North. South and West. Pres Reclining Chair Car Chicaboro to Wimston-Salem.

No. 132—4:75 p. m. for Greensboro for gents North. South and West. Pres Reclining Chair Car Chicaboro to Wimston-Salem.

No. 174 4:30 a. m. for Goldsboro, connecting at Selma with A. C. L. for points South and South and N. S. for points East. Handles Pullman Sleeping Car Greensboro to Raleigh, also Winston-Salem to Goldsboro, Morehand City and Besufort.

No. 198.—11:38 a. m. for Goldsboro, connecting at Selma with A. C. L. for points South and North, and Goldsboro with A. C. L. for points South and North, and Goldsboro with A. C. L. for points South and North, and Goldsboro with A. C. L. for points South and North, and Goldsboro with A. C. L. for points South and North, and Goldsboro with A. S. for points South and North, and Goldsboro with A. S. for points South and North, and Goldsboro with A. S. for points South and North, and Goldsboro with A. S. for points South and North, and Goldsboro with A. S. for points South and North, and Goldsboro with A. S. for points South and North, and Goldsboro, connecting Reclining Chair Car Winston-Solem to Goldsboro.

Architect and Engineer

RED CROSS SEALS

Will Adopt New Methods of Woman's Club and Red Cross Chapter Appoint Seal Agents

> The sale of Red Cross seals in Raleigh opens this morning, and to sell 300,000 is the goal the committee in charge hopes to reach.

The health department of the Wom an's Club and the Red Cross chapter have undertaken this work. Mrs. A. Withers, chairman of the health department. has appointed the following seal agents: Mrs. S. Rerwanger, chair-man; Mrs. J. Bryan Grimes, Mrs. Warren H. Booker, Mrs. Fred Mahler, Mrs. M. Rosenthal, Mrs. W. M. Allen, Mrs. James Briggs, Sr., Mrs. Purdin, Miss Lillian Thompson, Miss Kate Herring. Mrs. Robert L. Gray, Miss Annie Travis. Mrs. W. S. Wilson, Mrs Charles Johnson, Mrs. E. E. Sams, Mrs. R. B. Rainey, Mrs. G. M. Cooper, Mrs. W. T. Bost, Mrs. T. K. Bruner. Mrs. R. E. L. Yates and Mrs. Ernest Cruikshank.

The Red Cross chapter has appointed the following seal agents: Mrs. E. P. Puller, chairman; Mrs. Murray Allen Mrs. Tillery and Mrs. Hal Morson.

Through these agents every firm anindividual will be given an opportunity to buy seals and help this work

Raleigh knows what Red Cross seals

have meant to her, particularly the past year. Her public health nursing service was made possible altogether through the sale of Red Cross seals last year. The plan now is that this shall not only continue but shall be increased and the sale of Red Cross seals is the means by which this is to be done.

FUNERAL LATE BEN WALTERS WAS CONDUCTED YESTERDAY

Walters was conducted yesterday after-noon at 4 o'clock at the home of his brother, Mr. Fred. M. Walters, 321 East Lane street. Dr. T. W. O'Kelley, pastor of the First Baptist church, had charge of the services.

The pallbearers were Messrs. Fred. Mahler, Edwin McKee, William Little, Tom King, Wray White and Powhatan

Colored Cooks Going To School. Special to The News and Observer.)

Kinston, Nov. 1s.—Colored coeks and eving girls are going to school here. A number have been permitted to enthe Tower Hill public school for colored children. Others are expected to join the class. The school authorities and employers are encouraging the innova-

CASTORIA

For Infants and Children In Use For Over 30 Years Always bears

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The Reins of Business

Twenty-siz thousand cities, towns and hamlets are literally within the grasp of every user of Western Union Service.

Fifty thousand employees and more than one and onehalf million miles of wire enable you to guide your salesmen anywhere on the road - to facilitate deliveries - to know instantly the progress of every sale.

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Varborough --

A Hotel has just one thing to sell. That one thing is service-

It is the object of This Hotel to sell its Guests the very best service in the world.

For Sale

VALUABLE CORN, COTTON, TOBACCO LAND 290 acres, Carr Township, Durham County, \$15.00 per acre. 300 acres 1 1-2 miles from McCuflers, N. C., \$25.00

per acre. 178 acres 2 1-2 miles from Raleigh, \$75.00 per acre. If these farms do not suit we have others that we

would be glad to show you. SEE US FOR BARGAINS IN REAL ESTATE.

Raleigh Real Estate and Trust Co. 11 North Carolina.

GET A GOOD POSITION

Big Business Everywhere is creating an abnormal demand for bookkeepers regraphers and typists at alluring salaries.

Young women and incligible military men have the chance of a lifetime to are paying and permanent employment.

\$900 to \$1,500 positions are going a begging. Enter any time.

Come to see us or request catalog. Everybody endorses—



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Both Phones 135 RALEIGH - - - N. C.

Efird's Department Store



SEABOARD Air Line Railway Company

The Progressive Sailway of the South

Schedule in effect 12:01 p. m., Sunday, November 4, 1917.

Trains leave Raleigh as follows:
No. 2, 12:30 a. m.—Through Pullmans for Richmond, Washington and New York.
No. 4, 12:37 p. m.—Through Pullmans for Richmond, Washington, and New York.
No. 6, 3:03 a. m.—Through Pullmans for Portsmouth, Norfolk. Richmond, Washington, D. C., and New York.
No. 8, 2:45 a. m.—Through Pullmans for Richmond, Washington, Philadelphia and New York.
No. 12, 12:03 p. m.—Lecal train for Henderson, Oxford, Weldon Norfolk and Portse

lerson, Oxford, wessell, and the Northn and No. 34, 4:45 p. m.—Losal for Northn and No. 34, 4:45 p. daily except Sunday. No. 1, 5:50 a. m.—Through Pullmans for Columbia, Savannah, Jucksonville and Tampa, No. 3, 5:35 p.m.—Fullman Sleeping Cars for Jacksonville and Atlanta. Atlanta sleeper handled on No 11 from Hamlet.

No. 5, 4:15 a. m.—Through Pullmans for Monroe, Atlanta and Birmingham.

No. 7, 11:30 p. m.—Through Pullmans for Columbia, Savannah, Jacksonville and Florida

points.

N. 11, 4:11 p. m.—Local train for Atlanta.

Nr. 13, 8:45 a. m.—Local train for Sanford.

Southern Pines. Abordeen and Hamlet.

Seaboard trains are made up of all steel equipment and afford the best and quisicest assvice to the traveling public.

JOHN T. WEST, D. P. A.,

Raleigh, N. C.

City Tichet Office in Tucker Building.

DO YOUR SHOPPING AND SHIPPING EARLY. More of "Our Boys" will be away from Home and Family this year at

Christmas time than ever before in our history.
On account of the enormous volume of War Materials and supplies, is addition to the usual large movement of Holiday shipments, it will require from now on every available baggage, mail

and express car that can be pu

service.

To help the situation and to insure Christmas packages reaching their des tination on time and thus avoid disap pointment the Public is carpestly re quested to ship their Christmas packages (whether by mail or express) at least ten (10) days or two weeks before Christmas.

This action will not only be appreciated by the Government, but by the Railroads, whose already heavy burdens they are trying to carry with promitness and disputch.
NORFOLK SOUTHERN RAILROAD, J. F. Dulton, G. P. A.

BIDS INVITED.

Sealed proposals will be received by the undersigned for heating the Model School, located in Greenville, North Carolina. Plans and specifications can be seen at the office of the President of the school, Greenville, North Carolina or at the office of the Architect, Mr. Willard G. Rogers, Charlotte, North Carolina.
Said bids will be opened on the 20th

day of November, 1917, at 10:30 o'clock, in the office of the President, in the Administration Building of the East Carolina Teachers Training School.

All bids are subject to the approval of the State Building Commission.

The right is reserved to reject any or all bids.

Mail your bids to the President, ROBERT H. WRIGHT, Greenville, North Carolina.

Notice of Sale of Fairfield Township High School District Bonds. The County Board of Education of Hyde county will, on the 7th day of January, 1918, at its effice in Swan Quarter, N. C., receive hids for \$5,000.00 of schoolhouse bonds authorized by the qualified voters of Fairfield Township High School District at special election called for said purpose. Said Board will receive bids on five per cent, five The said bonds to run for a period of fifteen years from the date thereof.

Said Board reserves the right to reject any or all bids.

This 16th day of November, 1917.

E. L. GIBBS, Chairman County Board of Education

A true copy: W. F. CREDLE, Ex-Officio Secretary of County Board of Education of Hyde County. All inquiries should be addressed to W. F. Credle, County Superintendent, Swan Quarter, N. C.—Adv.

20,000 Subscribers and over 100,000 daily readers will see your WANT AD in THE NEWS AND OBSERVER. Its the best Advertising Medium in North Carolina, going into every County.

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Not artificially, but permanently, by drinking a glass of this delicious digestant with as

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Clarifies and puts zoses and b in sellow cheeks of old and young.
At all grocers and druggists. Setts faction guaranteed or money refund

Bottled and guaranteed by the columnstated Shivar Mineral Spring, Shell ton, S. C. If your regular dealer cannot supply you telepho

PORTER CANDY CO.

NOTICE OF SALE OF BONDS.

Notice is hereby given that seal the Town of Farmville, North C lina, in the sum of \$23,000,00, will received by the undersigned at his fee in Farmville, North Carolina, to the 4th day of December, 1917, at o'clock, noon. Said issue consists of bonds of \$1,000.00 each, dated Octol 1, 1917, due and payable \$2,000,00 October 1st in each of the years 1919 1922 inclusive, and \$3,000.00 on Octob 1 in each of the years 1923 and 1927 clusive, bearing interest at the rate six per cent per annum, payable se annually, both principal and interpayable at the Hanover National R n the City of New York, State of funding the cutstanding indebtedn of said town incurred for a necesse expense thereof, viz: the improvement of the water, light and sewer syste of said town. Bidders must depo with the Treasurer of said town before making their bids, or present with the bids a certified check drawn to the der of the Treasurer of said town up an incorporated bank or trust compa in the City of Farmville, for a sun money, equal to ten per centum of face value of the bonds bid for, to cure the municipality against any l comply with the terms of his londitional bids will not be consider The municipality reserves the right reject any and all bids.

By order of the Board of Comm

Farmville, North Carolina, Novem

H.M. Bonner, M. D.

Eye, Ear, Nose and ffices: 502-503 Tucker Building.

Gilbert C. White

CONSULTING ENGINEER Durham, N. C. WATERWORKS, LIGHT AND



y mail on receipt of stamps or coin.

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WATCH NEWS AND OBSERVE WANT AD COLUMNS grow, Its ma-possibly by the Satisfactory Resul-They give to the many patrons who them. HELP YOURSELF BY HEL