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DR. HOLMES TO BE AT MEETING.

Among the notable speakers who are expected to be present at the annual convention of the North Carolina Good Roads Association is Dr. J. A. Holmes, director of the United States bureau of mines at Washington. Dr. Holmes was at one time state geologist of North Carolina, and was much interested in the good roads movement in this state.

RABIES IN 1911.

In 1909 the public health and marine hospital service instituted an investigation as to the frequency of rabies in the United States during the year 1908. All possible sources of information were utilized and complete verification of the cases was attempted in every instance.

Press Comment.

All who have watched the growth of the Norfolk Southern, and who have kept measurably informed as to its policies and who have noted its liberal dealings with the public regret that E. T. Lamb has resigned from the presidency of the road. During his administration the road has gone forward rapidly and has become an important factor in the development of the state.

Raleigh will be represented at the good roads convention which is to be held at Charlotte this week. It is not known yet whether any Raleigh automobiles will be in the "run" on the Central Highway to that city.

The mess hall at the Agricultural and Mechanical College is now so nearly completed that its attractive design is clear. The parking of the campus in front of it adds greatly to its attractiveness.

Attention is invited to the excellent articles on "Trust Companies, or the Strength and Desirability of Good Trusts," by Robert C. Strong, now appearing in The Times. The articles are timely and a source of valuable information and will prove very helpful to those who wish to keep informed on public questions.

EDUCATION NOTES.

Swedish gymnastics still retain their international favor. A conference recently held in Buenos Aires provided for a still further development of the art in Argentina.

Italian school children trained in the "Children's Houses" under the new Montessori method are said to have become "frenzied with joy" at finding they could write. The children learn to write in incredibly short time under the new method, two or three months often being sufficient for the smallest of the tots.

Among young people's societies in France one of the most interesting is La Jeunesse Republicaine, an association devoted to the support and honor of the republic. At a recent public festival a youthful representative of the association offered in the name of his comrades a solemn pledge, closing with these words: "We proclaim our devotion, without reserve, to the republic of France. We will aid by every effort in the enfranchisement of the people to whom we belong, by means of science, truth and justice."

The English like our agricultural schools. After examining Cornell, Wisconsin, and other well-known institutions in the United States, a deputation reported its impressions in the following terms: "The unrivalled position of Wisconsin in the production of cheese and butter is the direct result of scientific teaching happily wedded to prudent legislation. If any one still doubts these things, and deems it worth while to go on repeating the sceptical question, 'Can agriculture be taught?' our advice is that he should go to Canada and the United States and see the thing done, and done upon a great scale."

Malaria Makes Pale Blood. The Old Standard Grove's Talaria Chills Tonic, drives out malaria and builds up the system. For grown people and children, 50c.

Assertive Wife—John Henry, I need a new gown, hat, shoes, gloves, lace collar and feather boas.

Assertive Wife—Tuesday next I lecture on The Simplicity of Dress.

Mrs. Lela Love, wife of Wiley Love, a farmer living near Covena, Ga., says: "I have taken Foley Kidney Pills and find them to be all you claim for them. They gave me almost instant relief when my kidneys were sluggish and inactive. I can cheerfully recommend them to all sufferers from kidney trouble. King-Crowell Drug Co.

RIZO SAYS:

Sanitary Conditions in Southern Cities. With the possibility of bubonic plague being imported from South America ports, the sanitary situation in the south is of extreme importance.

The sanitary conditions in New Orleans, Gulfport, Mobile, Pensacola, Tampa, Key West, Savannah and Charleston are most favorable for the concealment and spread of the plague. The combined population of the above ports is 601,568, of which number at least 269,000 are negroes.

Today the dock or harbor front of every port of the South Atlantic and Gulf of Mexico presents a most inviting condition for the introduction and transmission of plague. The wooden docks and wharves of these ports are dangerous. From one end of these different ports to the other there stretch rows of wooden wharves all overgrown with weeds and mangroves.

Very close to the docks of these cities and within a stone's throw of the ships berthed to the wharves are located warehouses, freight depots, grain elevators, packing and cold storage plants, burlap and bag factories, cotton compresses, stave yards, stables and other industrial plants and institutions, all of which, it is safe to say, are overrun by rats.

Earnest co-operation between the people and health authorities in the enforcing of all necessary health regulations should be secured. The attitude of the press toward radical, though absolutely necessary, health measures should be friendly and not antagonistic or disparaging.

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Give the Dogs Water. The news that a dog was seen "frothing at the mouth" entering yards in the western section of the city alarmed, very naturally, persons residing in that section.

Whether, or not, there is more hydrophobia at this season than at other times of the year seems to be an open question. But there are more sick dogs because dogs suffer, and often die, from heat.

Dog owners should see to it that their pets are supplied with plenty of water. It should be clean and frigidly fresh, and it should be where the dog can get it at any time.

A man would pretty soon "froth at the mouth," and would certainly be seen entering somebody's yard if he were at large in the street under a blazing sun without the privilege of going to a drinking fountain, a bar-room or a soda fountain and unable to ask for a drink of water.



"Revenge is sweet," says Shakabush. Nibats what John Park said smugging when he got even with Jake Pope. The story runs thusly: Jake Pope, being the police department's most valiant, most conspicuous and most beloved (??) officer, known as the "auto-emp" of Raleigh, has, from infancy, maintained a profane and proflic disdain for buzz wagons.

The twenty-eighth time that Jake invited John Park to answer speed charges, somewhat aroused the sportsman's ire (tire means madden a wet hen), and the officer was told that there would come a reckin some sweet day.

Of course, dogs ought to be muzzled, for their own protection, when at large in the street. But muzzled or unmuzzled, they should be prevented with water. And the unmuzzled and thirsty dog is always in danger of being regarded as rabid and killed when he is merely "mad" for water.—Courier-Journal.

The Results Tell the Tale. A free trade policy would doubtless denote greater folly on our part than on the part of England, but if we choose to do so, we can pattern after England and repudiate the policy that has been firmly established as the American system.

So far as we have seen or heard, there has been no suggestion in any quarter that the United States enter upon a policy of free trade. What the democratic party is pledged to is a "tariff for revenue only."

As a rule, lying on the side is the best position for sleeping. Which side is a matter of indifference, unless a meal has been taken within two or three hours, in which case the right side is preferable.

Health and Hygiene

Does Health Work Pay.

These are days of great "health movements." We hear lots about war against the White Plague, crusades against this disease and campaigns against that disease. But of what real value is all this commotion? Is the average life being lengthened? Just how many lives are being saved annually in our own state, in our own country? And if the truth be what we settle such questions, and that is by means of vital statistics, when North Carolina registers all her births and deaths we will be able to determine the severity or fatality of each particular disease in every county, town and community.

Sick Babies.

The first thing to do when the baby gets sick is to stop feeding it. Probably the milk is bad, anyhow. But whether it be good or bad, it will disagree with a sick baby. In plain water from a clean bottle or clean cup, there are milk substitutes which can be given until it is safe to give milk again.

The next step, after stopping the food, is to empty the child's intestines of all fermenting, decomposing food. The parent is justified in going as far in this line as the use of enemias by injection. If relief does not come when these have acted, the mother is not justified in going further. She should get help from a physician or nurse.

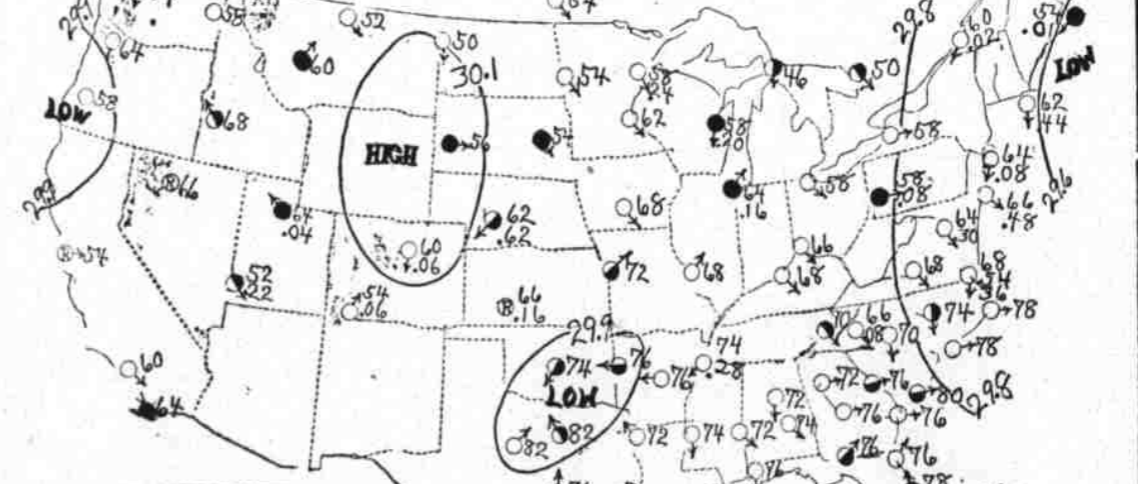
Health or Tuberculosis.

Tuberculosis is largely a personal matter. You can let your physical vitality drop to such a low ebb that the wonder is that many more of us do not get the disease, or we can obey the laws of health and build up such a vigorous constitution with enormous reserve energy that it takes Father Time himself to bring us down. Why get tuberculosis? When a man once gets physically "down" and out, and knows what it means to merely drag around from morning till night, he can not enjoy life. He can not do his work well, and if he is a burden to himself, his family, and associates, he would be wise to take a little time off and attend to himself, to lead the simple life, cut out that which is bruising him down, and to get back his health, and vitality and be a man again, rather than fill an early consumptive grave.

"Health is wealth" is a trite maxim, the truth of which every one appreciated best after having suffered from disease. Indeed, health is a most priceless treasure. When deprived of it, we are willing to exchange for it everything else we possess; yet when well, we squander it ruthlessly, regardless of consequences.

All the medicines in creation are not worth a farthing to a man who is constantly and habitually violating the laws of his own nature.

U. S. Department of Agriculture WEATHER BUREAU WILLIS L. MOORE, Chief



EXPLANATORY NOTES. Observations taken at 8 a. m., seventy-fifth meridian time. Air pressure reduced to sea level. Isotherms (dotted lines) pass through points of equal temperature; drawn only for zero, freezing, 50°, and 100°.

Raleigh, N. C., July 30, 1912.—Forecast. For Raleigh and vicinity: Local showers tonight or Wednesday. For North Carolina: Local showers tonight or Wednesday; moderate west winds becoming variable.

A WAY OPEN

There is a way open to convince the greatest skeptic. Scores of Raleigh people have made it possible. The public statement of their experience is proof of the like of which has never been produced before in Raleigh. Read this case of it given by a citizen:

"I Shall Be Satisfied." Mr. J. E. Clark, Raleigh. I have pleasure in forwarding you enclosed cutting from today's Weldon newspaper "The Roanoke News" entitled "I Shall Be Satisfied." A pathetic interest (not mentioned herein) is that Rev. R. W. Anderson quoted these lines at the conclusion of the very last sermon he preached in my church, a few weeks before he died. How soon he realized the truth of: "I then shall see thee, and be satisfied."

Not here! not here, not where the sparkling waters Fade into the deserts as we draw near. Where in the wilderness each foot-step falters, I shall be satisfied;—but oh! not here!

There is a land where every pulse is thrilling With rapture earth's sojourners may not know Where Heaven's repose the weary heart is stilling, And peacefully lives time-tossed currents flow.

Far out of sight, while yet the flesh enfolds us, Lies the fair country where our hearts abide, And of its bliss is nought more wondrous told us Than these few words, "I shall be satisfied."

This is to certify that Foley's Honey and Tar Compound does not contain any opiates, any habit forming drugs, or any ingredients that could possibly harm its users. On the contrary, its great healing and soothing qualities make it a real remedy for coughs, colds and irritations of the throat, chest and lungs.

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Has the Greatest Capacity. Most Up-to-Date. Highest Class Work. Prompt Service. Perfect Satisfaction or No Charge. A Trial Will Convince You.

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SCREEN DOORS, WINDOW SCREENS, FLY SWATERS, TRAPS, FANS.

Thos. H. Briggs & Sons The Big Hardware Men

NOTICE OF SALE. Under and by virtue of the assignment of the mortgage given by Amanda Wilder to E. A. Burgess on the 15th day of August, 1905, which said mortgage is recorded in Book 196 at Page 228 in the office of the Register of Deeds of Wake County, the undersigned will at 12 o'clock M. on the 27th day of August, 1912, expose for sale the following described land at the Court House door of the Wake County Superior Court at Raleigh, North Carolina to the highest bidder for cash; said land being described as follows:

Beginning at a point on the north side of Hargett street in the City of Raleigh at Washington Hayes' southeast corner; and runs thence east with Hargett street 50 feet to a stake, W. R. Womble's line; thence North with said Womble's line 161 1-2 feet to a stake in Peter Ford's line; thence west with said Ford's line 50 feet to a stake in Washington Hayes' line; thence south with his line 161 1-2 feet to the beginning, and being the same land conveyed to Rhoden Lloyd by W. P. Debnam as shown in Book 58 at page 726 in the Register of Deeds office for Wake County, except 50 by 161 1-2 ft. conveyed to W. R. Womble by Rhoden Lloyd which is recorded in Book 99 at Page 172, records of said Register's office.

This the 26th day of July, 1912. THE RALEIGH SAVINGS BANK AND TRUST CO. W. H. Pace, Attorney.