

Over Their Graves.
Over their graves rang once the bugle call,
The marching shrapnel, and the crashing ball;
The shriek this shock of battle, and the neigh
Of horse, the cries of anguish and dismay,
And the loud cannon's thunders that appall.
Now through the years the brown pine-needles fall,
The vines run riot by the old stone wall,
By hedge, by meadow streamlet, far away,
Over their graves!

We love our dead, whether as hold in
thrill,
Than they as Greek more bravely die, nor
Gaul—
A love that's deathless! but they look
today
With no reproach on us when we say,
"Come! let us clap your hands, we're
brothers all!"

Over their graves!

—Henry J. Stockard in the Century.

THE WEDDING JEWELS.

"Two of 'em going to be married at
once!" said Aunt Amaranth. "Well,
that's good luck for Emily Jane. Six
girls are a dreadful dispensation of
Providence."

"I don't think mamma thinks so,
Aunt Amaranth," said Lucy Pond,
coloring.

"She don't say so, of course, out of
consideration for the feelings of your
girls," said Aunt Amaranth, sourly;
"but there's no sort of doubt that
she thinks so, poor dear! I don't know
why you couldn't, some of you, have
had the sense to be born boys!"

"You talk as if we did it on pur-

pose," said Lucy, half laughing.

"Well, how do I know but what
you did?" retorted Aunt Amaranth.

"There! you needn't bring the dishes
about in that way. You've cracked
the edges of more saucers, in the six
weeks that you have been here, than I
did since I've kept house!"

Lucy's lip quivered; the roses
deepened on her cheeks.

"I try to be careful," said she.

"No, you don't!" said Aunt Amaranth, tartly. "You don't try to do any-
thing, except to curl your hair and fix
over your gowns and read poetry books,
when you ought to be sewing for me.
How do you expect to pay for your
board and lodging, dear?"

"Your black dress is finished, Aunt
Amaranth, and I did up all your mus-
lin gowns yesterday, and every pair of
silk stockings is darned so you can't see
the joint," eagerly speaks up Lucy.

Aunt Amaranth elevated her hands.

"There you go again!" said she.

"It's your chief failing, Lucy Pond, to
want to argue every question that comes
up. I do wish I could break you of
that!"

Lucy made no answer, but her com-

pressed rose bud of a month, the two
round red spots on her cheeks, and the
receding of her fingers on the table
near by, evinced the quietness
of her spirit.

How she would have liked to fling all
Aunt Amaranth's ostentatious patronage
back in her face, and return to the little
city house where the five other sisters
were all happy together! But that was
quite out of the question.

Mrs. Pond was poor; it cost a great
deal to live. Lucy, after all, was only
one of six, and it had been considered a
fine thing for the little maiden when
Aunt Amaranth had given her a
grudging invitation to come and visit
her. And here were Clara and Bessie
to be married to young Dr. Clifford and
Harry McVicker—yes, Aunt Amaranth
was right, it did seem as if the sun
of good luck were shining on the Pond
horizon once more.

"I suppose," said Aunt Amaranth,
still following up the thread of her
reflections as she knitted steadily away
at her black silk mitten, "they'll expect
some sort of a wedding present, from
me."

"I don't think they'll expect any-
thing of the sort, Aunt Amaranth."

"Girls always do. Well, let me see.
I'm not rich, but there's that solid sil-
ver salver of mine. I could have the
initials rubbed out and replaced with
"C. P." for Clara Pond, and I've kept
that set of family jewels all these
years."

"Oh, Aunt Amaranth, don't!"

"Brooch and earrings!" authorita-

tively enunciated the old lady. "Girls
always like trinkets. Bessie is the eld-

est. Bessie shall have the pin and ear-

drops. They ought to go in the fami-

ly."

But when this news reached the Pond

title great was the consternation it pro-

duced.

"Aunt Amaranth's opals, indeed!"

said Bessie, a tall, slim, young brunette.

"I wouldn't have 'em if you were to

give me a thousand dollars. Of all

gems, opals are the unloveliest!"

"My dear, that's all nonsense!" said

Mrs. Pond, a gentle, dove-eyed little

widow, with golden hair streaked with

silver. "I've been wishing we could

find you a pretty set of topaz, or some-

thing, and—"

"But I wouldn't wear opals," said

Bessie.

"Well, then, suppose you take the

salver, and Clara—"

"No, thank!" said Clara, with a

toss of the yellow head that was like

her mother's. "I don't want any sec-

ond-hand ill-luck, either."

"But what will your aunt think?"

"What she pleases," said Clara.

"She is so kind to dear Lucy."

"I am sure that's no merit on her

part," said Bessie. "No one could

help being kind to Lucy."

"What am I to say to her?" sighed

Mrs. Pond.

"The truth, mamma, of course."

Undoubtedly this was good advice,

yet the truth is by no means always pal-

atable.

Aunt Amaranth was very angry.

"The jewels were good enough for

the Jay family," said she. "I don't

know why the Ponds should turn up

their noses at 'em. However, let 'em

do as they please. In their business,

not mine, if Bessie chooses to do with-

out her wedding present. What is it,

Lucy? the minister again? It seems to

me he calls pretty often, don't he?"

"Yes, perhaps he does," admitted

Lucy, with downcast eyelashes.

"Can't you see what he wants?"

"He asked for you, Aunt Amaranth."

"Well, I suppose I must go in and

see him," said the old lady, adjusting

her cap ribbons. "He's a very good

young man. That last Sunday's ser-

mon of his was really very good for a

beginner."

She went in complacently, but when

she came out, she looked reproachfully

at Lucy.

"Lucy," said she, "in this town?"

Lucy hung down her head.

"Why don't you tell me before?"

"I thought you must surely see

it for yourself," murmured Lucy.

"Well, I suppose I have been blinder

than any but," sighed the old lady.

"It never once occurred to me that you

would make any sort of minister's

wife."

"I mean to try my best, Aunt Ama-

ranth."

"And he wants you to be married

right away. Well, you've been a good

girl, Lucy," reluctantly conceded the

old lady, "and we'll go shopping this

afternoon and get you a gown of two,

and a bonnet and a shawl. I suppose

you'll want to go home and be married

where Clara and Bessie are!"

"If you don't object, aunt."

"No, I don't object," said she.

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wedding. Aunt Amaranth, fresh from

her journey, was drinking tea and eat-

ing cold chicken at a corner of the table,

and talking innumerable questions.

"Only three girls left, eh, Emily

June?" said the old lady. "Well, if

they're all as good as Lucy here, I

almost wish they were mine. B-the-

way, here's Lucy's brooch and earrings."

Mrs. Pond glanced timidly at the

lily-velvet case. In her secret heart

she, too, feared the reputed ill-luck of

opals; yet Aunt Amaranth was by far

too important a person to offend.

"Do you want to put 'em on?" said

the old lady, thoughtfully, to her favorite

niece.

"Yes, Aunt Amaranth," said Lucy,

smiling.

"He's coming tonight, I suppose?"

"Oh, of course!"

"I should like him to see you wear-

ing them," said Mrs. Jay, complacently.

"Then I will put them on," said

Lucy, taking up the case.

"Let me do it, my dear," said Aunt

Amaranth.

Two drops of fiery dew, across

glittering white stones, flushed at Lucy's

throat and in her little, shell-like ears.

"Oh, Aunt Amaranth!" she cried

out.

"Diamond!" screamed Clara.

"But, I'm right," stammered Bessie,

"that they were opals!"

"So they were once upon a time,"

said the old lady. "But I got tired

of 'em. I never did fancy colored

stones. So last year I changed 'em off,

by adding a little to the sum total, and

got the diamonds instead. Diamonds

are the thing for a bride—oh, Lucy?"

"But, Aunt Amaranth," pleaded

Lucy, "they are a deal too good for

me."

"Not a bit," said the old lady, stur-

dy. "They're not a particle brighter

than those of yours."

And of all the three brides, gentle

little Lucy shone most radiantly, with

the family jewels on her marriage day.

"If we had only known!" said Clara.

"Oh, ill!" cried Bessie.

"It's a big word for a little one!"

said Aunt Amaranth. "You took your

own choice, girls."—*Heaven Forest*

Graves.

The Food of Man.

The lower animals can live and

flourish on comparatively little change

of diet; not so man. He demands food

not only dissimilar in its actual grosser

nature, but differently prepared. It is

a work, for the efficient nervous impulses,

on which the digestive process depends,

to be properly supplied, it has become

necessary that a variety of different im-

pulses through the eye, ear, nose,

palate reach the nervous centers, attun-

ing them to harmony, so that they shall

act, yet not interfere with one another.

Cooking greatly alters the chemical

composition, the mechanical condition,

and, in consequence, the flavor, the di-

gestibility, and the nutritive value of

foods. To illustrate, meat in its raw

condition would present mechanical dif-

ficulties, the digestive fluids permeating

it less completely, an obstacle, however,

of far greater magnitude lies in the case

of most vegetable foods. By cooking cer-

tain chemical compounds are replaced

by others, while some may be wholly

removed. As a rule, boiling is not a

good form of preparing meat, because

it withdraws not only salts of impor-

tance, but proteins and the extractives

—nitrogenous and other. Beef-tea is

valuable chiefly because of these ex-

tractives, though it also contains a lit-

tle gelatin, albumin, and fat. Salt

meat furnishes less nutrient, a large

part having been removed by the brine;

notwithstanding, all persons at times,

and some frequently, find such food

highly beneficial, the effect being

doubtless not confined to the alimentary

tract.

Meat, according to the heat employed,

may be so cooked as to retain the