

THE GRIP.

A Description of the Disease by One Who Has Suffered.

Ever had the grip? It asks the Vinona Herald. I will give you a few pointers. You will imagine you have a bad cold and can wear it out, but you need not try it. The grip has fastened his fangs on you and will not let go. You have got to give up, get home and go to bed. In a short time you will feel like that Chicago drummer who took the Keely cure at Dwight, Ill. You will feel like an anarchist and want to bomb. You will realize Beecher's dream of hell. You will think your head has been removed and an old beehive, with the empty comb, left in its place. Your mouth will taste like a pail of sour kvout. You have the grip.

The doctor comes, looks you over, puts his thermometer in your mouth, finds your temperature 104 in the shade, your pulse going at the rate of two miles and three laps to the second. He orders you to stay in bed and gives you medicine that is so strong and sour that simply setting the bottle on the clock shelf stopped the clock. He will tell your wife that she may give you warm drinks and try to get you to sweat, and take his leave. Now all wives are family doctors by right of their position in the house, and as you have gone to sleep, delirious and exhausted, she begins her treatment by putting a belladonna plaster across your lunas, a flaxseed poultice on one side and a mustard poultice on the other, a hot flatiron and a jug of hot water to your feet, and a sack of boiled corn in your ear, piping hot, to your back. You sleep and dream of being away to the far North in search of the north pole, or out in the center of some beautiful sheet of water like Lake Superior, or the lawn tennis skating-rink, helpless and alone, with the ice breaking all around you, and you slowly sinking. You finally awake, burnt, blistered, and baked. The doctor calls, finds your temperature about eighty degrees at the north side of the house and your pulse normal, not needing a pace-maker. He pronounces you better convalescing. Orders beef tea, chicken soup, gruel and toast as a diet. You take the big rocking chair exhausted, tired, discouraged and faintly, you feel like hitting your wife, kicking the dog and breaking up the furniture, but you won't do anything but sit there, day after day, weak, helpless and tired.

Now that \$2 counterfeit bills are about, it is plain that the man who habitually wants to borrow \$2 will have to make it either \$1 or \$5 to avoid the risk of getting left.

A Safe, Sound Treat.

Not a population alone make the best trade, but a healthy speaking people is reliable in things most successful, and thereby establish a most substantial trust, and this is the way to do it. My wife, says Mr. J. W. Ames, Fairmont, Neb., suffered intensely with catarrh, and was helpless. I tried many things to no purpose. Although the doctors said no, I got a bottle of Dr. J. C. Jones' Catarrh Cure. It stopped the pain and in a short time she had no use for crutches. Now here is a trust founded on the surety of cure from the experience of being cured. Let any doubtful Thomas take the same course and make a trust for himself.

GOOD DEEDS OF FORTITUDE.

As another season is drawing near when so shall plant, there may be those interested in knowing what success irrigation is attended in places where it is not thought profitable, or at least is not practiced. For the benefit of such, writes Mark H. Brown, I will give my last season's experience with a garden. The piece of ground selected was heavy clay, about 4x10 rods in dimension, with a gentle slope to the south. A well-drilled tank is at the upper end. In front of this tank I slanted a ditch across the head of the garden, then bored the tank and turned the mill lever. When coming to work I cut the ditch and let the water slowly leak down the rows, one row at a time, and changed the row about once a day. This process was kept up during a drought which lasted from July 1 to the end of the season. Although the soil was of a texture not suited to garden culture, the production was double that of neighboring patches not so treated and having the advantage of better soil. We had Cucumbers, squash, peas, tomatoes, etc., in great profusion. Those who carry water into gardens in pails will realize how much water it takes in a dry time, from the fact that it kept a Perkins' windmill pumping steadily all day and night to work the ground between two of the rows throughout.

GRASS AND COVER SEED.

The largest quantity of Grass and Cover Seed in the world is sown, by J. C. Jones, Wis. Over 50 varieties, with lowest prices. Special low freight to New York, Pa. and the East. If you will cut and send it with the postage to the John A. Jones Seed Co., La Crosse, Wis., you will receive a free catalogue and cover seeds and his name in a special low freight to New York, Pa. and the East. If you will cut and send it with the postage to the John A. Jones Seed Co., La Crosse, Wis., you will receive a free catalogue and cover seeds and his name in a special low freight to New York, Pa. and the East.

At the same time no one breed of sheep will be best on all soils or under all conditions. Some thrive best in one locality and some in another. In making a selection care must be taken to get the kind best adapted to the conditions they must be kept under. When a few sheep may be kept on all most every farm, yet anything like a large flock requires plenty of dry, nutritious pasture, with abundant supply of good water. There are few sheep that will give anything like satisfactory results if kept in low, wet land, soaked to heavy, in coarse grasses, or supplied with impure water. With wool as with other products there is no possible advantage in stuffing the feed and care at the expense of the growth and quality. If the sheep are allowed to run down in winter, there will be a weak place in the film of the wool, and as quality is an important factor, it will pay to use care to have the best growth and quality. Fatness will be an advantage to a good market, and make early spring lambs very profitable. Another farmer inconvenient to market that is only keeping a few sheep will find that to make the most profit he must feed his sheep to full growth and

FARM AND GARDEN.

LARGE BREEDS OF POULTRY.

Large breeds of poultry do not pay so well as the average or smaller sizes. They eat twice as much and their eggs are larger, but an egg is an egg, and big eggs sell for no more than those of the average size. A moderate-sized breed is the best investment for a man's money if he is raising poultry for profit.—[New York World.]

LOCATION OF FARM BUILDINGS.

One of the most important farm economies consists in having buildings for stock and other purposes within reasonable distances from the house and with a clean plank walk from one to the other. The number of times in a day that the distance between house and barn is traveled make it desirable that they should not be very far from each other. On the other hand, house and barn should not be so near that the destruction of one by fire must necessarily involve the burning of the other.—[Boston Cultivator.]

PRESERVING SEEDS FOR PLANTING.

All kinds of seeds for spring planting should be kept in moist sand, in a cellar, or buried in the ground where mice cannot get at them. They will be quite safe if planted in the fall where they are intended to grow, which is nature's way. Once the nuts are sown they will not sprout, or, if they do, they make a weak plant. They should thus be kept from drying, and the ordinary dry sand, which is a little moist, is just right for them. In the spring the nuts are intended to remain, as the young trees are not easily moved on account of the long tap root and the low side roots. It is a common practice among nurserymen to dig down to this root and cut it off when the plants are a year old. This causes surface roots to be thrown out, and after this the trees are easily moved. There is no necessity for the nuts to be frozen, as the moisture of the ground after the planting opens the shells, and by the force of the growing shoot.—[New York Times.]

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make good mittens and good wool rather more a specialty. At this season sheep are too often allowed to run down. They are dry food now and if they are to be kept in thrifty condition a little extra care must be given them. It will pay to give this, otherwise it will require more or less of the rest of the season for growth to make up what has been lost during the winter.—[St. Louis Republic.]

FORCING THE PULLETS.

Early layers are desirable, and nothing pleases us more than to see a flock of nice, early hatched pullets just beginning to lay, particularly Brown Leghorn pullets with their beautiful plumage and bright red combs.

To develop these pullets and to get them to laying early, they should be looked after regularly, well fed, and protected from the cold fogs, hens and cockerels alike. It is a bad plan to let the young and tender spring pullets run in the same flock with two-year-old fowls.

Get them to themselves. Give them the best separate run you have on the place. Let them have plenty of meat. It is good for them. It reddens their combs and makes them sing. Look after the gravel or grit pile. Keep plenty of that handy. A chicken that has plenty of grit seldom becomes crop-bound.

Keep the pullets warmly at night. Continue this policy all winter if you would have plenty of eggs in cold weather. The hen that shivers on the roost will not lay.

Look well to the nests. Have plenty of them handy, with a nest egg or two in each. Don't omit the green stuff. Have it about, so that the pullets can get at it. Green food is very necessary when eggs are desired. Feed boiled oats of morning with coarse ground corn meal stirred after the oats are boiled. It makes a splendid winter food and makes the pullets lay on cold days.

Keep the chickens clean, and keep dust handy for wallowing. Give the pullets clean water and they will simply copy you for all care and expense.—[Western Farmer.]

FOR THE HOUSEWIFE.

TAMBOURINE WORK BASKET.

This can be made into a lively work-basket by covering the bottom with quilted satin and lining the sides with velvet of a contrasting color. A cover is made by covering a round piece of cardboard with velvet, and attaching it with strips of ribbon. Inside the cover is a round piece of velvet, having ribbon sewn down at intervals, and in these loops are kept the articles needed for fine sewing.—[New York Journal.]

SWEETENING THE CARPETS.

With a little care you can sweep the dirtiest carpet without raising much dust by placing outside the door of the room to be swept a pail of clear, cold water. Wet your broom, knock it against the side of the bucket to get out all the drops, sweep a couple of yards, then raise the broom again. Continue this until you have gone over the entire surface. If the carpet is much soiled the water should be changed several times. Slightly moistened Indian meal is also used by the oldest housewives. Snow, if not allowed to melt, is also excellent as a dust-setter.—[New York World.]

IT IS WELL TO REMEMBER.

That a clean apron worn while hanging the clothes keeps them clean. That a pair of white gloves, not torn, are a comfort when taken from hot sun to hang clothes in zero weather; also a close-fitting pocket-handkerchief to keep one from catching cold. That the fire, as soon as its duty is ended, should be raked up and placed in a bag until next time. That clothes when brought in, should be separated and folded at once; if allowed to be together, many wrinkles accumulate. That clothes carefully folded and sprinkled are laid ironed. That dish towels and common towels are best kept just as well in half the time if folded together once or twice a day. That sheets folded loosely, forming the sides and narrow bands together, then folded again, then ironed across both sides, are finished quickly and look as well as if more time were spent on them. That pillowcases should be turned lengthwise instead of crosswise (from which to iron wrinkles out instead of in).—[Good Housekeeping.]

SCIENTIFIC SCRAP.

Astronomy, the "light of the planets," is estimated to be about 500,000 times the size of the sun.

Dr. Raffin, a veterinarian of Naples, France, has discovered 6,000 microbes on a square inch of playing card.

Dr. Fairfax from United States Marine Hospital writes has gone to St. Petersburg to investigate Russian cholera.

A bat can absorb almost in one night three times the weight of its own body. Bats in a cave have more than two little ones at a time.

In the northern part of Colorado there is a region several hundred square miles extent which is a vast deposit of peat-moss.

The temperature of steel is delicate process. A workman washed his hands in a tank of water used for that purpose in a Massachusetts factory and a whole batch of steel was sold as second grade.

The upper third of the face is altered in expression in all forms of the brain, the middle third in all forms of the chest and the lower third in all forms of the organs contained in the abdominal cavity.

As to where man first appeared it is beyond doubt that his earliest home was in southern Europe or Asia, or north Africa. No earlier traces of him have been found than those found in the area that is now England, France and Spain.

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QUAINT AND CURIOUS.

Japanese coal has found its way to Bombay.

Trained dogs will hereafter aid the French life-savers on the coast. The Shah of Persia pretends to date his title back for a thousand years. Sitka, the capital of Alaska, is the most northern city in North America. It is computed that 950,000 dinners and lunches are served daily in London restaurants.

The Chinese have a superstition dread of black and blue, but regard red as lucky color. A man at Jonesboro, Ind., has a cat that not only associates with chickens, but roosts with them at night. A Roumanian lady is at her own expense constructing a railway from one of her estates to the nearest town.

The fourth verse of the twentieth chapter of Revelations contains more words than any other verse in the New Testament. In Southern California there is an immense mass of hardened lava that looks exactly like an inverted cup in an enormous crater.

Your ancestors since the year 1200 A. D., number nearly 1,500,000. Figure on it, allowing three generations to the century. The iron cage as a prison was invented in France by the bishop of Verdun in the time of Louis XI, and the bishop himself was the first prisoner to be placed in it. In some of the ancient temples of Egypt perfectly sound timber of tamarisk wood has, it is said, been found associated with the stone work which is known to be at least 4000 years old.

The United States now has the deepest metal mine in the world, and the 3rd of the Tamarack copper mine having reached a depth of more than 3,700 feet. The Freiberg mine in Austria is 4,074 feet.

The bee is an artistic upholsterer. It lines its nest with the leaves of flowers, always choosing such as have bright colors. They are invariably cut in circles so exact that no compass would make them more true.

In early times what is now Ireland was called Scotia and its inhabitants were known as Scotch or Scots. A branch of this Scotch stock invading North Britain ultimately gave its name to all of what is now Scotland.

A circle of King's Daughters, at Park City, Ky., recently raised sufficient money to secure some coal for a poor family. The money was given to the family, was, instead of buying coal, had their photographs taken.

Many Chinese temples are provided with a bell at the entrance, and when the worshippers enter he gives the rope a pull and rings the bell in order that the deity may be notified of his coming and be on hand to attend to his business.

How to Ascend Stairs.

The manner in which people go upstairs is productive of many ailments, and a careful observer who understands the anatomy of the body would not wonder that it is so. Notice how much of the "deadlift" there is about it; the feet and legs are made to act as levers, not only to force the weight of the body up, but also the additional weight which is the result of inertia. Instead of raising the chest and supporting the body to lift its own weight, we bend the body nearly double, cramping the organs, hindering free circulation, and consequently easy breathing. Panting for breath, we reach the top, but in the effort what a spectacle we present! Going upstairs is easy and healthful when properly done. We will not say that it will not quicken the pulse, for this is in any other exercise, the rapidity and force of muscular action determine the rate with which the blood is forced to and from the heart.—[Worthington's Magazine.]

Removing Paint.

"Never use turpentine to take the paint off your hands, but always use kerosene," said a pretty and energetic lady who plies the brush most vigorously, albeit in a very utilitarian fashion, painting her boats, doing all the necessary household renovations and not disinclining even to varnish her own village cart when it needs it. "Turpentine roughens the hands—excessively so," she continued, "but kerosene, on the contrary, keeps them beautifully soft and white. For your brushes you should also keep a small keg of oil ready and put them in it directly until you are ready to wash them. It quite runs your brushes to let them dry with the paint on."—[Hartford Times.]

White Horses Barred.

White horses are to be barred from military services in Germany. The Emperor has ordered that no more be purchased for the army, and those now in use are to be sold. He thinks that in a war white horses would be especially conspicuous because of the use of smokeless powder, and would afford a easy mark for the enemy.

The only system of signals in use among the Ro police is a weekly watchword.

Highest of all in Leavening Power.—Latest U. S. Gov't Report.

Royal Baking Powder ABSOLUTELY PURE

An Unfeeling Husband.

At the recent banquet of the Commercial Exchange Mayor Coward told a story which no one seemed to have heard before. "During the recent financial panic," he said, "a certain man, like many others, found one night that his real estate was unsalable, his firm bankrupt, and his money locked up in a suspended bank. In deepest despondency he walked slowly home and greeted the companion of his joys and sorrows. 'Mary,' he said, 'I'm flat busted. So's the bank. So's the firm. I've lost my money, and my house, and everything—everything.' 'No, no, John,' cried the loving wife as she cast herself upon his breast—'not everything. You haven't lost me. That's so, Mary,' said the unfeeling brute—that's so, I never reckoned that any of the liabilities would get away.'—[Kansas City Times.]

The Result Not Satisfactory.

The venerable Joaquin Miller, among other eccentricities, used to have a warm spot in his heart for a tramp. He has defied the homeless knights of the road and readily found excuses for their chronic laziness and eye-see Miller even built a house on his California farm for the accommodation of tramps, and furnished it with plain but substantial comforts, two of which was given any tramp who came that way.

The outcome he relates in an article in the last California Magazine. "Recently, in less than a year the last sheet, pillowcase, bedspread, frying pan and a few pots was gone. Not only that, but the windows were broken and the sash burned. Two worthless rogues got out and carried in wood, overcoats broken up and burned my table and chairs and when I put in my head to cry, they threatened to cremate the old crank in his own fireplace."

Closed, but Not "Busted."

A closed bank in Arizona has issued the following notice: "This bank is not busted; it owes the people \$30,000; the people owe it \$65,000; it is the people who are busted; when they pay we'll pay."

When a man is anxious to wed, he hasn't got the necessary \$1.50 for a license, it looks as if he were marrying for a home.

Ladies needing a safe for their home who want built-in should take care of their money. It is no good to take care of money in a safe, unless the safe is built-in, makes the floor rich and pure.

Speak up if the well if you would be contented with a man.

No Steam Heating can be had for Coal and Oil, or any trouble of the kind, than "Royal's Household Traps." Price 25 cents. Sold only in boxes.

Ladies exclude only one inconvenience, and that is poverty.

Many persons are broken down from overwork and household cares. Royal's Household Traps is the system and discipline, relieving excess of toil and over-exhaustion. A special tonic for women and children.

He who is firm and resolute will win the world to his own use.

Becham's Blue Cure is a most reliable and complete. Becham's Blue Cure is 25 cents a box. Every cent of a man is a laborer in that when an ounce of it.

It is lighted with more eyes on Dr. Isaac Thompson's Eye-water. Druggists sell it 25-cent bottle.

Hutton's Guide to the West, by G. W. Hutton, is sold by G. W. Hutton.

W. L. Douglas's Shoes

W. L. Douglas's Shoes are the best for the money. They are made in the U. S. A. and are guaranteed to last. They are made in the U. S. A. and are guaranteed to last. They are made in the U. S. A. and are guaranteed to last.

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Nautical Mile and Knot.

A nautical mile, otherwise known as an admiralty mile or a knot, is 6,080 feet; it is one-sixteenth of a degree of latitude. It is called a knot because of the fact that the log of a ship was composed of a float of wood to which was attached a cord coiled on an easy-running spindle. The float was thrown overboard and a half minute sand glass was turned. The cord, which was divided into sections by knots of different colored rope, ran free until the half minute was up, when the spindle was stopped and the cord hauled inboard. The cord was so divided by knots that this proportion existed: As one half minute is to one hour, so is the number of knots paid out in half a minute to the number of miles sailed in an hour. So as each knot on the log-line represented a mile, it came about easily that the mile should be called a knot; and so it is.

THE MICROSCOPE.

A careful microscopic examination and chemical analysis of the urine is a valuable aid in determining the nature of many chronic diseases, particularly those of the nervous system. Blood, liver, kidneys, bladder, etc. These tests make it possible to treat such diseases successfully, and to give the patient the most reliable information of his condition. This is the essence of the Watson's Dispensary Medical Association, No. 663 Main Street, Buffalo, N. Y.

WALTER BAKER & CO. COCOA and CHOCOLATE Highest Awards (Medals and Diplomas) World's Columbian Exposition

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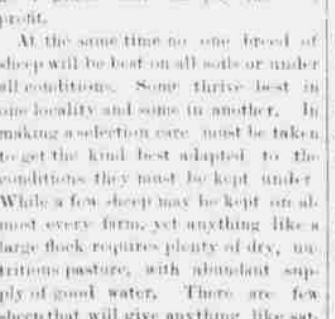
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Rev. O. B. Power Symptoms of Cancer

Hood's Sarsaparilla Cures



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