If I mistake not, Sir James Crich to Browne, in the course of a recent address, remarked upon the curious elacticity of our brain as regards sleep. He cited the case of people who rarely slept well or much and who, nevertheless, were able to carry on intellectual work with case and ability. I suppose there is a "habit" of brain in the question of sleep as in other respects, and while, ordinar-Hy, we demand a fair quantum of absolute rest, some of us contrive, as a habit, to get along with a mini-mum of sommolent repose. This submum of somnolent repose. This sub-ject was lately recalled to mind when I happened to be dining alone with a well-known surgeon in busy practice My friend is a man who, I ke mysel Journeys over the length and breadth the land. He had just returned om a long and tedious journey, tired ad fagged. He sat down to dinner. Between the courses he fell sound asleep, let us say three minutes—not more, certainly. After each map he woke up, ate his quantum and went off again into sumber. I said nothing, but watched him closely. I observed that each awakening he grew brighter, the tired look disappeared. brighter, the tired look disappeared and by the time dinser was at an end Richard was himself again. I loked him on his installments of

steep. His reply was characteristic.
"Don't you know," said he, "that it
isn't a long sleep that is needed to
refresh an active brain." Nerve tissue is repaired easily with very little sleep if you also take food." Of my own experience, the remark

holds good; and it reveals a very curious and in some respects anoma-lous condition of the brain and its

A Tip to the Thief. The smallest incident, which, most people, seems too in ignificant to notice, has often caused the cap-ture of a criminal or the detection of All things are important to certain people. A man tried his door the other day to see whether it was locked, and caused a crime.

he ked, and caused a crime.

He and his wife were preparing to
go to the theater. There was nobody else in the house. His wife
glanced out of the windew and saw a man standing in the shadow of a treacross the street. She thought nothing of it at the time. As they were leaving the house the husband chicked the latch of the door, as usual. As they walked up the woman's e.e again fell upon the motionless form in the shadow of the tree.

came out?" she asked of her husband. "I suppose so. I always de," he

'Hadn't you better make sure,

"Oh, I am sure. It's all right." "int won't you go back and a e? I'm afraid you d dn't, and I'd like to be certain about it."

So he walked back and tried the door. Of course it was locked, but his wife's auxiety was relieved.

That simple act cost him a great deal. The sum across the street had not contemplated robbing that house before, for he dain't know whether any person was at home or not. When the person who lived there went back to try the door it satisfied him that no one was in it. He crept contents of the silver closet. he wouldn't have done it except for that tilling, natural incident that told him so much.—Thisaclpha

Accomplise to Secretary Lamons, there are no in re-Indians to light. Here end-ano her as one of industry, it within a lading to light what is to be one of the boys who run away after a full course of dime-novel read-

Dr. Ribner's Swaws-Roor cups all Ribner and Bladder troubles. Proposed and Consultation from Laboratory Binghamton, N. Y.

reconsists are of they plan a that some des-

Providing section, Assembly and Periodical Color of the Section of

1. ). Simpless, Marguess, W. Va., save, "Hattle Catalific Street curred mood a very lad custoff cutar for Drugglets sell 0, 75c.

In the purrol's look both mandibles are a weather a pocularity unknown in other contents.

Shillsh's Core



## DYSPEPSIA VANISHED Salt Rheum and Intolerable

Itching Also Cured.



#### FARM AND GARDEN.

WHAT EXPERIENCE TEACHES.

An old liveryman will always feed light, and on grain, oats preferred, when he knows the team have a long drive ahead of them. He will watch his team more than he will his watch, and if he is required to reach the end of his journey on time he will drive slowly to begin and reserve the physical forces of his team for the final dash at the finish.-New York World,

#### CUBBANTS AND GOOSEBERBIES.

These valuable fruits are grown with great case, and need only to be kept free from weeds. New plants are readily obtained by making cuttings in the autumn, six inches long, which may be planted at once, or kept in the cellar in moist sand, and planted in the spring. The plants need renew ing every six or eight years. Better fruit is grown on young, than on old bushes. To seeure large crops, the laishes have to be pretty severely praned each year. The rust or mildew of the gooseberry is now quite completely controlled by spraying the bushes with a solution of potassium sulphide, one onnce to two gallons of water, - American Agriculturist,

#### RESPING EGGS CLEAN.

The egg shell is porous, and when ever it comes in contact with filth of any kind the quality of the egg is very quickly injured. Eggs for batchin ought to be washed in warm or at least topid water before being set. This removes obstructions that may have closed the pores of the egg. Whenever an egg is broken in the nest the thorough washing of all the remaining eggs should be attended to at once. If the albumen remains over the egg shell even a short time after the germ has started into life the egg will quickly be addled. Chicks in the shell treed the air which comes to them through their covering. If the brok on egg is smeared over an egg which contains a living chick the latter spuckly dies. Boston Cultivator.

#### HOR PENCES.

Barbed wire fences have given and less trouble when used to turn hogs. In regard to wire fences for this purpos the Parm and Dairy says that with six wires a fence can be made that will turn hogs, but it proves no impediment to a pig that wants to go through and the worst part of it is that the pigacquire the habit of going through fence of this kind and keep it up after they have become hours. The best hog and general stock fence consists of two six-inch fence boards and four barbed wires, with two strong posts to the rod. The board should be almost to the ground, the next one two mehe above it, the first wire three inches above the top board, and then the the purpose for which the fence is to be used. This makes a good fence, nithough it is rather costly. The main trouble is that the board next to the ground rots after a few years.

## POTATOES IN THE 68 OR THEFEN

The practice of growing pointors in drills is increasing. This is dolargely we think to the greater uncertainty of seed potatoes making a vigorous growth where each set is planted. If there are rows wide enough to cultivate each way the loss of a missed hill makes a wide vacancy which has to be cultivated and kept clean all the season for nothing. If from the time of farrowing till ready the set which failed is in a drill the for the slaughter. The stand-stall pig loss is nothing, for the next plants is unprofitable. each side will spread and cover most magnification limited Incipient Con. proves too much it intended as an onlike the Bet within ratio Sec. 11 argument for close seeding. If po-A section of a California trees sent to the tato plants twelve to fifteen inches Beit sh Museum, London, is 1330 years and, apart will spread so as to cover twice those distances the average of the field must be badly crowded. This we think is the fact with most drill planting. The most successful points grower who uses the drill system is T. B. Terry of Ohio. But he plants in hills mainly because he cuts seed to one eye, and he takes such care of his seed potatoes that hearly every bud nakes a vigorous plant. Most farmers who have tried planting single eyes of potatoes do not have Mr. Terry's succuss, and his advice in this respect has misled many to their sorrow. If we had rich ground to plant, and none ther is profitable for potato growng, we should make rows two fee ten inches one way and three feet the other. While the plants are small it will be easy to cultivate either way. The tato sets should be planted deeply mough so that the whole surface may be harrowed without disturbing them. The drill mark is usually furrowed deeper than it is when the rows run both ways. It is better though, for drill planting to furrow deeply one way at least. - American Cultivator.

## HOW TO BUILD A CREAMERY.

O. C. Gregg, Superintendent of the Minnesota State Farmers' Institute, as an illustrated article in the Farmer's Institute Annual that contain ome good words of eaution for any farmer or association of farmers intending embarking in the creamery

Mr. Gregg says; When desirons of lambs with plenty of milk.

hood the proper way to do is to organize yourselves into a stock company, and in no case let strangers and possibly interested outside parties organize Agents of some creamery suphouses are constantly going

having a creamery in your neighbor-

through the country offering to work up a creamery company in any neighborhood soliciting the stock and getting out the articles of incorporation, building the creamery and equipping it and turning it over to an association of farmers at a given price.

This of course seems like a very nice way, as it relieves the members of the creamery association of all the preliminary work and the organization of the creamery, but you can rest assured no one is going to do this work for nothing, and no outside parties can do it so cheap and effective is you can do it yourselves.

When any man comes along offer ing to organize a greamery community, solicit the stock, draw the papers, build the building and equip it, turn ing over to you a ready built creamery and take all the work of organization off your hands, look with suspection of the project. He isn't working for his health, but is doubtless drawing a big salary to do work you can just as well do yourselves. No outside company can go into a neighborhood and sponpay salaries, traveling expenses one hotel board for nothing, and they usually get a good large profit on top of the expenses.

If you want a ereamery in your neighborhood, the proper way is to form your own organization. Any attorney will draw the necessary pariers for a few dollars.

If you feel that you should be led ter posted on the enganery business appoint a committee to go and visit get posted; pay your own expense and do not allow any creamery builder to steer you or pay your expenses for you. Then put up your own building and buy your machinery ionse, any one of which will deliver it on ears to you or set up in the building, if necessary, at reasonable prices,

A good way to lower the price of butter is to throw an inferior article on the market.

Plant a lew carrots for the horses horses in winter, Sulphur should always be kept in

handy reach of the sheep home. It is a preventive of many ills. At three and one-half feet between the hills, one aere of hard will pro-

duce 3,555 heads of caldage Kitchen refuse is highly recommended for the poultry, but it is in-

They are working bard against the docking of horses' tails in London, and

timing offenders right and left. Protonged churning is responsible for much of the soft butter. Stone the

churn when the butter becomes grain-Fowls that are confined are and to sequire the habit of placking feathers

unless they are kept busy scratching Bones may be dissolved by placing them in fresh horse nothure. They such soften and crumide and are ready

for plant food. The pig must grow continuously

Never use strawberries from an old

the previous season. If the price of any product is so low there is no profit in it, look around and plant crops for which there is a demand at paying prices.

Try a quarter of an aere or more of mangels or sugar beets for the cons They are also an excellent green food for poultry, and cheap, too.

A writer thinks that in successful swine feeding a pair of scales and a pencil are as important as fee Lyet how many feeders use either?

When the weather is dry give the lettuce a regular supply of water to make it grow rapidly and become crisp, then it will be saleable.

A good foundation for the carden may be laid with turnips and beets pens, and potatoes, cabbage and let tuce, and varieties of root crops.

A dairyman at a New York farmer institute said that to make rich milk he would add one pound of cottonseed every twenty-four bushels of clover.

Many people question whether or sois farmer says that you can raise timber for your firewood cheape than you can haul and cut it, if you have to go four miles for it, if it is given to you.

The more you can induce lambs to eat the faster they will grow and the sooner they will reach the market. Ground outs makes the best grain food. Place it where they can eat all they desire. Feed the ewes liberally, also, in order to provide the very young

## FOR THE HOUSEWIFE.

One pint of bread crumbs, one quart of milk, the juice and grated rind of one lemon, the yolks of three eggs. Sweeten to taste. When baked cover with jelly. Make a frosting with the whites of three eggs, pour over the top and set in the oven for few minutes to brown.-[New York Ledger,

#### SALLY LUNN.

One quart of flour, four eggs, one half cup of melted butter, one cup of warm milk, four tablespoonfuls o yeast, one tenspoonful of salt, one eng of warm water. Beat the eggs, add the milk, water, butter and salt. Still in the flour nutil a smooth batter, beat in the yeast well. Set to rise in a buttered pudding dish, in which it must be baked and sent to the table It will not be light under six hours. Bake stendily three-quarters of an hour, or until a straw thrust in it comes up clean. Fat while hot.

#### GERMAN CHILLERS

One cap of thick, your cream; one emp of sugar, three cups of sifted flow two eggs, one-half tenspoonful of buking powder, one tenspoonful of van-Best the eggs until light, ther add the sugar; bent again, add the sour cream, mix, add the vanilla and salt. Put the baking powder into the sitted flour and sift again; now add this to the other ingredients, mix, roll out on a board, cut with a large round eutter; then with a small entter; ther with a small entter take out the con ters. Propethem quickly into boiling fat, brown on one side, turn and brown on the other. When done drain and dust with powdered sugar, To have these a perfect success the dough must be as soft as you can possibly handle in

#### SOUR MARGINE

A very good soup can be made with the bones and trimmings taken from the yeal, four large sliced potatoes, quarter of a pound of sait pork, on onion and half a carrot; simmer for two hours with two quarts of water then pass through a sieve and set away to cool. Skim off the fat that congents on the top, heat the soup and throw in a tablespoonful each of mineed parsley and young celery tops. It it shows any signs of settling, add a level table spoonful of flour wet with a little water. Dice of roasted or fried brene They are the best succulent food for thrown in the tureen are a nice mide tion. The next day, after trimming off all the meat good for a bash or for crospicities, put the bones and remaining portions over the fire with the gravy, a pint of tomatoes, and three pints of water: simmer for an hour and a half and strain. Send boiled rice to table with it, and let the hostess put a spoonful of the rice in each plate of the soup. - American Agriculturist,

## SCIENTIFIC SCRAPS.

India has 15,000 species of plants,

A steel bur magastized while cold loses its magnetism upon being heated. one unignetized hat lesecit on cooling. Prossa has just creeted at Charlottenburgh the finest institution of technology in the world, costing 4 000,-

wrapper adhere. It is asserted that disease is thus spread, especially the germ of consumption

A wonderful number of tin has been discovered in the mines of North Dandas, Tasmania. It is estimated to weigh 5,400 pounds. The assay of a of the vacant space. But this we think heal. They should be selected from of ore contains sixty-even per cent.

> Science shows that water is the chief. if not primarily the only medium for the conveyance of the typhoid germ, That accounts for the so ready infection of milk, on the pump-handle theory. Milkmen, therefore, cannot be too careful as to what water they

ly been established between fingships and the shore in Great Britain in sec eral instances. The connection is expacted to be of great service in affording earliest information of cosmilties to vessels in the vicinities of the shins. besides being of great value to the lightkeepers abourd the isolated light-

An English scientist, after careful experiments, finds that when potatoes are cooked without removing the skins they lose only 3 per cent, of nutritive quality through extraction of the juice. When the skins were removed before boiling, the loss was 14 per cent., which makes the process of cooking the potators without their jackets an exceedingly wasteful one.

Snowflakes consist of an assemblace of delicate and regular crystals combining in a great variety of beautiful forms. If any boy or girl will hold out a piece of black cloth, or even the cont, if it is made of wood and dark, these lovely little falling cry-tals will be distinctly visible upon it for a short time, and it is well worth one's trouble to study their bountiful forms. These crystals are brilliantly white because they contain air within them caught in their passage from the clouds to the earth.

## QUAINT AND CURIOUS.

Pulverized crickets are eaten by Oregon Indians,

The number of persons born blind is sixty-five to the million

Matthew Corrigan of Quincy, Itl., draws a pension for a broken neck,

A carpet tacking party is the latest Missouri invention for evening fes Our postage stamps of the ordinary

adhesive variety cost about 7 1-2 cents During the course of a century

dont 5,000,000,000 deaths take place the world over. The Egyptian mounments represent hats in nearly the shape of the well-

known Mexican sombrero. An English judge has decided that a maid servant cannot be discharged

for smoking in the kitchen. Anne Boleyn, one of the consorts of Henry VIII., is said to have had six fully developed tingers on each hand,

In Turkey the house a man lives in cannot be seized for debt, and sufficent land must be left to serve to support him.

The mammoth Canalian cheese exhibited at the World's Fair was the product of the milk of 600 cows for three days -- in short, it was composed of 3600 milkings.

The latest story regarding goose berries is that a grower of Ashburton, New Zeland, has produced some measuring four tuches in girth and looking like plums,

A Mexican circus showing in Ariroun, takes product or almost maything of value for admission. A min who brought a fat hen got a ticket and n chicken as change,

There is a Welsh miner parned Hughes, in Fishback, Penn, whose right arm is six inches longer than his left. When he stands up the finger tips extend to the knee,

Ayoung woman was recently condemned in Berlin to two months' ruprisonment for criticising the etiquette at the royal table. She appealed to the Emperor and was pardoned.

The Expirious have no lack of holidays. This year's extendar shows that there are fifty-two Sundays, fifty-two Hebrow Saldaths, and fifty-two Moslem "Gummah," besides seventeeen

One of the specialties of a New York City restaurant is a "missel egg omelette." The eggs of ducks, chickens ind turkeys are used in its manufacture, and its cost is twice as much as the ordinary kind,

The manufacture of ikons, the sacred images so universally venerated by orthodox Russians, is one of the largest household in Instries of Central Russia, where 2,000,000 are turned out every year.

An advertisement in a New York paper signed "Humanity" reads as ollows: "Attention philanthropists, was expected, the usual number of capitalists, hotel keepers, A lady intemplates making arrangements to organize a hotel in the country where quests with all their household pets, dogs, cats, etc., etc., can be comfort-

## Funeral Etiquette in the Quaker City,

Speaking of Philadelphia, a correpondent writes: Another peculiarity f the city is that it is not at all fashomable to embalm the dead there, They seem to think it is much better to keep a departed relative on ice un til the day of the funeral, when the corpse is placed in the casket. This, of course, is directly opposed to the ideas in other cities, yet Philadelphians may be excused on this point, for, lows them even into the grave, and the conversion of their bodies into the earthy may be so slow as not to require any embalanna. Another peculiarity of Philadelphian funeral ctiquette, which is perhaps to be commended, is that at fashionable funer als women do not go to the interment. This idea has been adopted from the French, and has some very good points about it. From a sanitary point of view the prevailing custom of lawing all the family-men, women and children-go to a cometery and be subjected, perhaps, to inclement weather is to be condemned. Much better would it be if this last and duty were confined to those who are able to stand exposure, -[Atlanta Constitu-

## A Possible Solution,

"See here," said Chollie, "isn't this coat a trifle long?" "I don't know," said the tailor.

'Isn't it possible that you are a triffe short? And Chollie thought of the overdue

bill for his last suit, and admitted that the tailor was right. - Indianapa lis Journal.

## Decidedly Useful,

"I hope my last book found favo in your eyes, Miss Lovehome?" Miss Lovehome-It certainly did. The leaves were just the right width

for the pantry shelf. - Chicago Inter

Cape May, N. J., takes its nam from Carailus Jacobus Mey, a naviga tor employed by the Dutch West India Company.

# You want the Best

Royal Baking Powder never disappoints; never makes sour, soggy, or husky food: never spoils good materials; never leaves lumps of alkali in the biscuit or cake; while all these things do happen with the best of cooks who cling to the old-fashioned methods, or who use other baking powders.

if you want the best food, ROYAL Baking Powder is indispensable.

### \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* "PAPA FLEUTELGT," MISER.

French Millianwice Who Regged in the Streets and Died in Filth. A miser of the story-book type died s few weeks ago in Auxerre, France. Although he never had wife or children he was known to all persons in the clay as "Papa Fleatelot." He hal been a public flaure for a genera-tion and could be seen daily, in storm

or sunshine, toltering in his rage through the streets to gather old bits of coal and wood and eigar coal and wood and eigar. When he began his work in stumps. the city there were the usual rumors that he was rich and miserly, but they were soon dispelled by the ab-jet fifth and want in which he lived, and by his importunity in begging.

Papa Fleutelot died in his eighty-

fifth year, and was buried in the potter's field. The French police, who suspect everything, still suspected the old man's pietense of poverty, despite the recent shifting of public opinion, and they searched the hat ta which he had lived and died. Fifth was ankle deep upstars and kneedeep in the cellar. The first search was rewarded only with the discovery of 400 tottles of Fordeaux, vintage of 1700. The second search vintage of 1790. The second search, however, revealed a hole in the cel-lar wall behind a pile of indescriba-ble dirt. From this hole the police dragged a chest, and in the chest they found the treasure. From too to bottom it was stuffed full with mortgages, government bonds, shares in stock companies, and title de All showed the keenness of Fleutelot in investing his saying for without exception the securit es were of the highest class. Their face value was 1,000,000 frames, but as many of the bonds and sticks are above par, they can be sold for a much la ger sum. For more than eleven years the old

man had neglected to clip his cou-pons. He had let them accumulate pons. He had let them accumulate until they represented a nearket value of 140,000 fran s.

Among the many pieces of real is Among the many pieces of real is-tate whose ownership was revealed by the contents of the chest is a large tract of land mear Villeneuve-sur-Yenne. On this land there are 400 acces of the forest, and several buildings of the ancient indestructible make. It had been more than forty years since anybody at Villeneuve knew who owned the estate. When Papa Fleutelot died in his hovel, but twenty centimes, or less than five cents, was his total cash capital. A heirs have appeared since the old man's body was buried in the pot-ter's field. They affect to believe that still more treasure is concealed in his but, and they are taking it lown piece by piece in the hope of en-riching themselves.

## THE SCHOOL BOY



# HANDSONE WE WILL MAIL POSTPAID WE WILL MAIL POSTPAID "ME DITATIO" "MEDITATIO" "MEDITATIO" "MEDITATIO" "MEDITATIO" "MEDITATIO"

Fishing for sponges in the Mediter-ranean is done chiefly by divers, though inferior kinds are got with a trawl. The finest divers are the Greeks, who go for the purpose all tive boats. The industry is very ar-duous and even dangerous. An average hand can manage twenty fa homs one hundred and twenty feet, but

Sponge Fishing.

it takes an exceptionally good man to go down thirty fathoms (one hunsure of the water at this depth is so great that, in spite of the protection afforded by the dress, some two or three per cent, of the sponge fishers die annually from the direct effects

Ir the dynamite fever doesn't die out in Carrara that province will soon need all the poduct of its famous marble quarries for its own; emeter-



Beings comfort and improvement and

Brings comfort and improvement and tends to personal enjoyment when rightly used. The many, who live better than others and only life more, with less expenditure, by more promptly adapting the world's best products to the needs of physical being, will attest the value to health of the pure liquid laxative principles embraced in the remedy, Syrup of Figs.

Its excellence is due to its presenting in the form most acceptable and pleasant to the taste, the refreshing and truly beneficial properties of a perfect laxative; effectually cleansing the system, dispelling colds, healteness and fevers and permanently curing constipation. It has given satisfaction to millions and met with the approval of the medical profession, hecause it acts on the Kidhevs, Laver and Bowels without weakening them and it is perfectly free from every objectionable substance.

Syrup of Figs is for sale by all drag-

every objectionable substance.

Syrup of Figs is for sale by all druggists in 50c and \$1 bottles, but it is manufactured by the California Fig Syrup Co, only, whose name is printed on every package, also the name. Syrup of and being well informed, you will accept any substitute if offered.



LATEST IMPROVEMENTS, LIGHTEST WEIGHTS.



