

CURES BLOOD POISON, CANCER,  
Aching Bones, Shifting Pains, Itching  
Skin, Pimples, Eating Sores, Etc.

## WOMAN'S REALM.

### HOW TO BE BEAUTIFUL.

One of the Essential Possessions is a Graceful Carriage.

If you have Pimples or Offensive Erup-

tions, Splotches, or Copper-Colored Erup-

tions, or rash on the skin, Festerin Swell-

ings, Glands Swollen. Ulcers on any part

of the body, old Sores, Boils, Carbuncles,

Pains and Aches in Bones or Joints. Hair

or Eyebrows falling out, persistent Sore

Mouth, Gums, or Throat; then you have

Blood Poison. Take Botanic Blood Balm

(B.B.B.). Soon all Sores, Pimples and

Erup-tions will heal perfectly. Aches and

Pains cease, Swellings subside, and a per-

fect, never to return cure made. H.H.B.

cures cancers of All Kinds, Squaring

Swellings, Eating Sores, Ulcer Ulcers, after

all else fails, healing the sores perfectly.

If you have a persistent pimple, warts,

wax-wedded glands, chilblains, stamping pains,

take Blood Balm, and they will disappear

before they develop into Cancer. Write

for special circular on Cancer. Druggist

#1 per large bottle, including complete

directions for home cure. Sample free by

writing Blood Balm Co., 16 Main St.,

Atlanta, Ga. Deserve trouble, and free

medical advice sent in sealed letter.

Life is everlastingly opportunity. \$4.42.

## My Lungs

"An attack of la grippe left me with a bad cough. My friends said I had consumption. I then tried Ayer's Cherry Pectoral and it cured me promptly." A. K. Randles, Nokomis, Ill.

You forgot to buy a bottle of Ayer's Cherry Pectoral when your cold first came on, so you let it run along. Even now, with all your hard coughing, it will not disappoint you. There's a record of sixty years to fall back on.

Three sizes: 12c, 50c, \$1. All druggists.

Consume your doctor. If he says take it, then do as he says. If he tells you not to take it, then don't take it. He knows. Leave it with us. J.C. AYER CO., Lowell, Mass.

## Headache?

Appetite poor? Bowels constipated? It's your liver! Ayer's Pills are liver pills.

Want your moustache or beard a beautiful brown or rich black? Use

## Buckingham's Dye

Effects of exaggerated R. P. H. & C. New York N.Y.

Southern Girl SHOES. THE BEST SHOE IN AMERICA FOR \$2.00

TAKE NO SUBSTITUTE IF YOUR DEALER DOES NOT CARRY THEM, A POSTAL CARD TO US WILL TELL YOU WHERE YOU CAN GET THEM.

CRADDOCK-TERRY CO. LEADING SHOE MANUFACTURERS OF THE SOUTH. LYNCHBURG — VA.

10 WRITE FOR CAT. & SPECIAL RATES Situations SECURED

for employment. See our ad in the "Daily Mail" and "Daily Times".

MASSEY BUSINESS COLLEGES BRONXVILLE, NEW YORK, VA.

HOUSTON, TEX. COLUMBUS, GA.

WANTED 250 YOUNG MEN

Ability in quality for good positions which we will guarantee in writing under a \$5,000 deposit to promptly receive them.

The Ga.-Ala. Bus. College, MACON, GEORGIA.

HEADACHE, ETC. FEVERISH CONDITIONS AND COLDS CURED BY CAPUDINE Sold by all Druggists, DRUGSTORES, PHARMACIES, etc.

Ascarets CANDY CATHARTIC BEST FOR THE BOWELS

Genuine stamped C.C. Never sold in bulk. Beware of the dealer who tries to sell "something just as good."

JUST PATENTED—A MAJESTIC HEALING BALSAM FOR FRESH AND CORRODED WOUNDS. Nourishes, Stimulates, Strengthens, and Relieves. Used in all Wounds, Ulcers, Scars, and Diseases. Write for Free Sample. Box 376, Indianapolis, Ind.

"Cat-lifted" Queen Bess" \$2.50 SHOE CO. shoes for women.

NEW PENSION LAWS SENT FREE

Apply to S. LUCIAN, 107 E. KILOD, 911½ 1st St., WASHINGTON, D. C.

Old Letters.

W. H. COOK, 107 E. KILOD, 911½ 1st St., WASHINGTON, D. C.

RAMBLIN'S WIZARD OIL CUTS WOUNDS

ALL DRUGSTORES, ETC.

strangest of all the transformations, looking like a gnomes from clifftop, she appears in goggles, visor and coat while taking on her French racing "tutu" for a spin. Later returning dusky and grimy, like a butterfly emerging from a chrysalis, she finally reappears in a bewitching French coquettish, with long silken train, ready for conquest in the evening. —Philadelphia Inquirer.

Women's Club in Alaska. The first woman's club in Alaska was organized at Sitka, in November, 1890, at the suggestion of Mrs. W. L. Distin, who was President for the first two years. Shakespeare's comedies and tragedies were studied the first two years, the historical plays coming later, all of which were read as thoroughly as possible with the limited reference books at hand. This club recently acquired the old house built by the Russian traders in 1830 on the site of an old stockhouse which formed one of the first boundaries of Sitka. The club room is always opened on "Speaker day," and if any visiting club woman happens to be in that vicinity, they will make a delightful welcome. The Women's Club of Nome was organized in 1890, with twenty charter members. In character, social and philanthropic, it aims to meet the demand of conditions arising in the newly populated Arctic country. Its members, from every State in the Union, now number over fifty. —The Delmonico.

A path of bright, speaking eyes, a sweet, invisible mouth—no matter whether it be large or small—the face, a good complexion, or a graceful figure—these possession of any one of these constitutes a claim to a certain amount of comeliness, the amount being altogether dependent on the determination of the possessor to make the most of what has been given her.

A well-preserved body, for instance, is no less essential to health than to physical beauty, and the woman who desires to be physically perfect, even though she may be indifferent to her personal appearance, cannot be too careful in guarding against family positions of the body.

In standing, rest the weight of the body principally on the balls of the feet, letting the heels lightly touch the ground. The chest should be elevated and thrown forward, and the head held erect, while the lower part of the spine should be thrown backward.

In sitting, one is apt to be even more careless and slovenly than in standing. The body should be in an upright position, and the lower part of the spine thrown a couple of inches back of the shoulders, bringing them into line parallel with the hips, the feet resting lightly on the ground.

One of the first endeavors of a woman who wishes to improve her personal appearance should be to acquire a graceful carriage.

Have you ever noticed how an ad-mirably beautiful woman carries herself? How erect she holds her head? How daintily she steps along, not setting her foot down first, as so many hasty-footed, ungainly-looking women do, but springing lightly, placing the ball of the toe first to the ground, and the heel afterwards.

A graceful carriage gives an air of distinction and high breeding, that nothing else can. It enhances a good figure and lends to an imperfect one an ease and dignity.

Look to your walk, then. Don't waddle from side to side. Hold your head up. Take in deep breaths, which will give you clear breathing and fitness. Don't put your feet down first as you move along. Practice putting the ball of your toes down first instead of your heels, and see what a difference it will make in your appearance.

Smooth skin, a clear, healthy complexion, and bright eyes, no matter whether they be round or almond shaped, small or large blue, black, green, gray or brown, go a long way toward making a woman good to look upon. Every woman, provided she is not troubled with some affection of the skin on which case she should consult a reliable physician, can have these, if she will take even the most ordinary care of her health.—Marguerite Brooks, in *Style*.

Newest Styles in Hairdressing. From the styles in hair dressing worn it is safe to predict the coming ultra-feminine-to-the-out. The hair is worn almost as low on the forehead as that of Queen Alexandra's present dressing. Instead of the bang, however, there are soft, flat puffs and a part at the side.

Many persons are using adjustable false hair pieces, the puffs to indicate the effect of mass and to keep the hair in place.

Hairdressers in England named these additive accommodations "transformations" and assured their satisfied customers that at one "dramatic moment" when they heard the words, "Please assess your virtues," they needed to have no fear of their hair becoming disarranged with one of these pieces deeply imbedded beneath the surface.

In America, where we are continually obliged to assume corsets, these fringes promise to become exceedingly popular for automobiling.

Small, close waves are entirely out of date, as is the long, useless curl which was given a temporary revival last winter. Simplicity is the keynote now, and wide, soft, natural waves like those in the portraits of Romney and Constable are altogether in favor.

The very flat shape must go. The low crown has been in too long, so it is time to supersede it by quite high ones.

Fris will only be seen in rare cases except in a mixed set, where there is a muff and neck piece to match.

A bird and feather season is announced for autumn chapters, with ornaments conspicuous by their absence.

A great variety of green is predicted. Wizard shades of green, mostly in adhesive touches in velvet ribbon, about four inches wide, are to be a mode.

The new shapes are pretty, graceful and far less eccentric than for some seasons past. A raised side with drooping back is a feature of many of them.

Wavy effects in every color and combination are to be prominent trimming features this autumn. Whole birds, such large and small, and exotic feathers can also show up to become the newest dress ornaments.

Another useful device is a list of articles posted up somewhere, so that it will not be mishandled or lost, and will always be readable if it happens to be wanted in a hurry. Information such as this is almost always wanted in a hurry and in such circumstances papers and books have a way of slipping into some corner where they are invisible to the frantic seeker.—New York Tribune.

Lovely Dresses of Chiffon. Surprisingly lovely dresses are made of chiffon, both plain and figured, being fashionable this season. Stripes and polka dots on dark grounds are selected for cool days and general wear, and fine light grounds with roses and patterns for the shiniest of dress occasions. All the shops are having sales of inexpensive but beautiful chiffons that will trim chiffon gowns nicely.

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## HOUSEHOLD \* \* \* MATTERS

Effective With Light Oak.

Many housewives have a number of light oak furniture pieces that they are forced to retain and are at a loss for a harmonious color scheme with them. White Oak is perhaps the best and red not at all desirable, yet green is always effective with light oak, too.

To Take Out Ink Stains.

Ink will yield to oxalic acid and steam and to salts and lemon. If oxalic acid is employed, rub the spot with a stick or cork which has been wet in the acid and hold it in over a steaming spoon, which is ready for use. So treated, the contents of the ink will be removed by thorough washing.

Wrinkled Cloth Gowns.

Use cloth gowns that are wrinkled after peeling dried the bath tub full of hot water, hang the gowns upside down to steam in a couple of hours. Then rinse them thoroughly, wring them in a cloth, so as to extract all the moisture that is possible. Spread them out on a clean sheet in a warm room, and leave them there to dry all night; then place them on another sheet, and beat them well with a stick. This is a very disagreeable process, and a well should be tied over the face and head to prevent the dust from getting into the hair and eyes.

Cleaning Bed Feathers.

The best way to clean bed feathers is to put them into a barrel of hot soapsuds, shaking them well all the time they are in the water. Then rinse them thoroughly, and wring them in a cloth, so as to extract all the moisture that is possible. Spread them out on a clean sheet in a warm room, and leave them there to dry all night; then place them on another sheet, and beat them well with a stick. This is a very disagreeable process, and a well should be tied over the face and head to prevent the dust from getting into the hair and eyes.

Bedding For Lighting Work.

"With all the multiplication of inventions on household convenience we cannot be patient with the wants of the modern housewife," said a dealer. "When I began business nearly forty years ago, our woman patrons shrank from experimenting with new devices, but the woman of today is not so squeamish but assumes that labor-saving machinery in every line is her due."

"She no longer, with Griselda penance drops off with one hand while she beats it and the egg together with the other for the mayonnaise. Not so. Instead, she uses one of the implements devised for the purpose, and does in a few minutes what it formerly took her an hour to accomplish. With the whipped cream liners, fruit preserves, vegetable cutters and slicers, almond mills and the hundred and other contrivances, the work of the young housewife, as compared with that of her mother in her young married days, is greatly minimized, and to keep her in the line of compensation balanced, there may be more dish-washing and a larger number of utensils to care for and wash."

—New York Tribune.

Janey Dixie's Cure for Consumption saved my life three years ago. —Mrs. THOMAS BROWN, Bishop St., N. Y., Feb. 17, 1900.

There is a difference between being quelled and being quenched.

PEPSIN PAINLESS. Dries color more

quickly, per package, than others.

THE PILLS CHAMPION DRINK and PEPSIN PILLS. These contain the greatest quantity and quality of its work, and durability of its action. Write for free sample. Price 25¢ a box.

DR. H. N. TANNER, EAST AURORA, N. Y.

THE FIVE CENT PACKER is enough for an ordinary person. The tiny bottle, 20 cents, contains a supply for 3 years.

At druggists.

The Five Cent packer is enough for an ordinary person. The tiny bottle, 20 cents, contains a supply for 3 years.

## SUFFERED SEVEN YEARS

With Catarhal Derangements of the Pelvic Organs.

Hundreds of Dollars Spent in Vain--Peru-na Cured.

Miss Kate Brown.

A neglected cold is frequently the cause of death.

It is more often, however, the cause of some chronic disease.

There is not an organ in the body but what is liable to become seriously deranged by a neglected cold. Diseases of the kidneys, bladder and digestive organs are all frequently the result of a neglected cold.

Thousands of dollars are spent on doctors and medicine trying to cure these diseases, but until the true cause of them is discovered there will be no use in using medicine.

Dr. J. C. Ayer's Medicine, diarrhea medicine and constipation medicine is of no good, whatever averticetic cold is the cause. The averticetic must be treated, and bladder followed; my digestive organs gave way; in fact, the cold deranged my whole system.