He-I wouldn't mind having a wife

She-But your wife does like me.

SKIN

In the care of baby's skin and hair, Cuticura Soap is the mother's favorite. Not only is it unrivaled in purity and refreshing fragrance, but its gentle emollient properties are usually sufficient to allay minor irritations, remove redness, roughness and chafing, soothe sensitive conditions, and promote skin and hair evaded the commands of the law. health generally. Assisted by Cutiother itching, burning infantile erup- plication, v. 14-23. tions. Cuticura Soap wears to a wafer, often outlasting several cakes of ordinary soap and making its use most economical.

Cuticura Soap and Ointment sold throughout the world. Sample of each post-card "Cuticura, Dept. L. Boston." Adv.

Woman Police Officer.

Miss Mary Steele Harvey is the first woman to be appointed a police officer in Baltimore. The last legislature created five police matrons with full police powers. Miss Harvey is the first of the five to be appointed.

Burduco Liver Powder.

constipation, indigestion and all stomach diseases. A vegetable prepara-Charlotte, N. C. Adv.

Mixed Metaphors. "You didn't really show that you

were bored?" "No; I hope I am too well drilled."

Regular practicing physicians recommend and prescribe OXIDINE for Malaria, because it is a proven remedy by years of experience. Keep a bottle in the medicine chest and administer at first sign of Chills and Fever. Adv

make us appreciate what we have.

Restored After Being Given Up

by Specialists

A wonderful cure by

Mr. W. E. Griggs, Secretary and Co. and formerly Cashler Bank of Danville, says:

"About ten years ago my eyesight began to fail to such an extent that it became necessary for me to consult a specialist. My trouble increased until I found it necessary to consult several to the several se eral others. My case was diagnosed as Atrophy of eral others. My case was diagnosed as Atrophy of the Optic Nerve, caused by impoverished blood supply. The progress of my trouble was slow but steady, with never any relief, until finally my physician advised me that nothing further could be done. About this time, about two years ago, I could not see to read, and my range of vision was so short that I could not see anything at a greater distance than fifty or seventy-five feet. I often found it difficult to recognize acquaintances when I met them, distinguishing them more by their voices than their features. them more by their voices than their features In May, 1909, a friend advised me that 'if th physician's diagnosis was correct, MILAM wil cure you, because it will purify and enrich the blood, increase the flow, and build up the sys-tem; but it will take a long time and the improvement will be slow.

"I did not believe one word of this, and con-sented to take MiLAM because I did not think it could hurt me, and there might be a bare possi-bility that it might help me. After six weeks' use I began to notice a slight improvement in my sight, which has been slow but steady and with no setback. Now I can read newspapers with ordinary glasses, can distinguish large objects two miles away, and have no difficulty now, as far as my sight is concerned, in attend-ing to my duties as the executive officer of a

"I am still careful not to tax my eyes unrea-sonably, because I realise that I am not cured; but hope, and am more and more encouraged as time passes, to believe that the continued use of "ILAM will cure me. "I think it proper to state that my general

health and strength have also improved in the same ratio as my eyesight, and I attribute this to the use of Milam. [Signed] W. E. GRIGGS."
Danville, Va., March 23, 1910.

AM is NOT an EYE medicine and will cura no blindness except that arising from impoverished of impure blood or depleted system.

Ask Your Druggist

Kodak Finishing Cheapest prices on earth by

Dept. K, PARSONS OPTICAL CO.,



Bettils Eye Salve Weak, Soro Eyes

FOR SALE-456% A. IN SAMPSON CO., N. C.; 125 a. cult.; 6 r. house, outbidgs., tenant house. W. B. F. Juhnson, Magnolia, N. C.



INTERNATIONAL

By E. O. SELLERS, Director of Evening Department, The Moody Bible Institute,

LESSON FOR OCTOBER 13. CLEAN AND UNCLEAN.

LESSON TEXT-Mark 7:1-23. GOLDEN TEXT-"For the Kingdom of God is not eating and drinking, but righteousness and peace and joy in the Holy Ghost."-Rom. 14:17 R. V.

This lesson deals with the last of those four events that marked the THE RIGHT SOAP FOR BABY'S crisis in the life of Jesus at Capernaum. It occurred just before the third period of his Galilean ministry and his final departure for Jerusalem.

Lessons II. and VII. of the second quarter of this year showed us Jesus' attitude towards the law. Here we see his attitude towards rabbinical tradition. (1) They are the traditions of men, and not the law of God. (2) They were made a pretext whereby men

We see before us three general divicura Ointment, it is most valuable in sions, L.-The accusation, v. 1-5; II.the treatment of eczemas, rashes and | The answer, v. 6-13, and III .- The ap-

Ceremonial Neglected.

The growing hatred of the Pharisees led them to make the long jour- In Use For Over 30 Years. nev from Jerusalem that they might | Children Cry for Fletcher's Castoria free, with 32-p. Skin Book. Address observe him and find wherein to accuse him. While they were studying him they at the same time revealed their ideal of the kingdom of God. They took special notice that the disciples of Jesus ate without the careful observance of the ceremonial cleansing of their hands. We must not understand this to mean so much the removal of actual uncleanness, but rather that the disciples had neglected the ceremonial oservance of the washing of hands of which the Phari-Nature's remedy for biliousness, sees were so punctilious. Mark (v. 3 TOL (Chest Ointment) will relieve and 4) adds illumination by calling especial attention to these traditions tion, better than calomel and will not to which the Jews adhered so tenasalivate. In screw top cans at 25c clously. Thus we can see that their each. Burwell & Dunn Co., Mfrs., ideal of man's relation to God was largely a matter of external ceremony. Purity to them was an outward matter, something largely governed by the traditions of men and which they had "received to hold" v. 5. The answer of Jesus reveals a very opposite ideal. He begins by calling the Pharisees hypocrites. A hypocrite is a play actor, one who hides behind a mask. Then applying the prophecy of Isaiah, Jesus tells the Pharisees that they are hiding their true character behindn't may the mask of ceremonial cleansing. Such play acting is but a poor imitation of the real heart condition demanded by God (Ps. 51:10). Their hearts were far from God even though with their lips they professed to serve him, "and many like things ye do." The service which is pleasing to God is the doing of his will. It consists not in the fulfilling of a ritual, but in the fulfillment of life, e. g., a growing character. As if this answer were not sufficiently strong for the nature of the case and the evil mentioned, Jesus openly accuses his accusers by charging them with setting aside the commands of God, as given by his servant Moses, for the traditions which they had accepted from men. Moses had clearly taught what a child's relation to his parent should be, whereas according to the traditions a man was excused from such obligations if he said, "Corban," Treasurer Westbrooks Elevator e. g., "I have dedicated to God that which would relieve your need." Thus they prevented a man from serving his parent and set aside the word of God. We may follow tradition so long as it squares with the word of God, but

Disciples Perplexed.

break with tradition.

when it is contrary to the spirit and

intent of that word, we must at once

Jesus takes advantage of this discussion and turning to the mutitude upon whom the Pharisees would bind such a grievous burden of cermonialism and falsehood (Matt. 23:4) warns them that it is not so much that which enters into a man that defiles him, but rather that which proceeds out of a man, v. 15. It seems quite natural that the disciples should be perplexed and should ask Jesus what was meant by such a statement. Jesus' answer, v. 18-23, shows us very clearly that these things coming forth, reveal the corruption within. Read Matthew 12:34, 35, Gen. 6:5 and James 3:10-12. Real purity is purity of heart, if the heart be not cleansed, what will it avail if we wash the hands? What, then, is the application for this present day? Clearly we are taught the danger of lip service without a change is NOT an EYE of heart. The danger of substituting the good for the best. Forms and cure no blindness ceremonies are good and have their They are significant. They are important teaching factors, but they must not be substituted for a pure heart. We must beware lest we hide behind such a mask, and allow ourselves to play a part. The heart is deceitful (Jer. 17:9)). We must let God implant a new heart (Ezek. 11:19,

photographic specialists. De- There is here also the plain teachveloping any roll film 5c. Prints ing as to Jesus' estimate of the Penor films to tateuch and inferentially of the proph ecy of Isaiah. He specifically calls it the "Word of God." Surely we can accept his estimate as contrasted with the traditions of the elders or

the "consensus of modern thought."

There is here also a great opportunity to emphasize filial duty. This is a day and a time that needs emphasis upon the fifth commandment. Consideration of parents' sacrifice, co-operation with them in the bearing of burdens, comfort for them in sorrow and adversity, and cheer for them as they journey down life's pathway. Filial disrespect and an iconoclastic irreverence of things holy are two things that are cursing the rising generation

What human nature wants in somebody to pay the freight.

Woolford's Sanitary Lotion for all kinds of contagious itch. At Druggists. Adv.

One proof that a woman is jealous is to hear her say she isn't.

As a summer tonic there is no medicine that quite compares with OXIDINE. It not only builds up the system, but taken reg-ularly, prevents Malaria. Regular or Tasteless formula at Druggists. Adv.

While we send our influence abroad as much as possible, we should live so that we shall be benedictions to those nearest us.-Rev. J. R. Miller.

DOES YOUR HEAD ACHE?
Try Hicks' CAPUDINE. It's liquid—pleasant to take—effects immediate—good to prevent Sick Headaches and Nervous Headaches also. Your money back if not satisfied. 10c., 25c. and 50c. at medicine stores. Adv.

Significant. "He proposed to her in a canoe." "Did she accept him?"

"I presume so. The canoe cap-

If your appetite is not what it should be perhaps Malaria is developing. It affects the whole system. OXIDINE will clear away the germs, rid you of Malaria and generally improve your condition. Adv.

Enough to Kill It. "Oh, papa!" exclaimed the young girl, "that pretty plant I had setting on the piano is dead."

father said.

"Well, I don't wonder," was all the

Important to Mothers
Examine carefully every bottle of CASTORIA, a safe and sure remedy for Bears the

One Problem Settled. Mrs. Stronghead had just thrown a paving stone through a drugstore window, merely to prove that she was entitled to a vote (says Judge), and had been marched off to jail. "Thank heaven," said Stronghead. "That satfies the where-shall-we-spend-the summer problem, anyhow."

A Household Remedy. Which works from outside. CHESquickly croup, coughs, colds, pneumonia and all affections of chest and throat. Use freely and RUB! RUB! RUB! Now sold by all medicine dealers. Should be in every home. Burwell & Dunn Co., Mfrs., Charlotte, N. C. Adv.

Sailing Ships In Demand.

two. For instance, a four-masted sail- burial ing ship of 2,750 tons register, which was soid in January last year for \$32,-500, is at present in the market for sale, and the owners have refused a definite offer of \$45,000; they are asking \$50,000.

He Knew.

"'Where there's a will there's a " avers Taylor Holmes, appearing in "The Million. "The way, however, varies, as in the case of a certain pickpocket, who was convicted

and promptly fined. "The lawyer of the pickpocket took the fine imposed upon his client very

much to heart. "'Twenty-five dollars!" he expostulated. 'Your honor, where is this poor, unfortunate man to get \$25?' "His honor did not know, or if he did he refrained from saying so, but

the prisoner was less discreet. "'Just let me out of here for ten or fifteen minutes,' he said 'and I'll show you!" "-Young's Magazine.

Inexperienced. In a boarding house for bachelors, Amanda, typical "Mammy," looked after the guests' comfort in true southern style so well that one of the men thought he would take her away with him in the summer in the capacity of housekeeper. Toward spring he waylaid her in the hall one day and said: "Mandy, do you like the country?"

Mandy reckoned she did. "Would you like to go away with me this summer and keep house for

Mandy was sure she would. "Suppose I get just a bungalow. Do you think you could take care of it

nicely by yourself?" Mandy gasped and rolled her eyes.

''Deed, no, massa! Reckon you all better get somebody else; I don't know nothin' about taking care of any animals!"-Harper's Magazine.

The Food Tells Its Own Story

It's one dish that a good many thousand people relish greatly for breakfast, lunch or sup-

Post

Crisped wafers of toasted Indian Corn-a dainty and most delightful dish.

Try with cream and sugar. .

"The Memory Lingers"

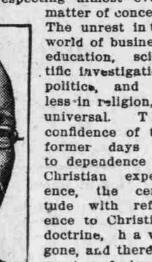
Postum Cereal Company, Ltd. Battle Creek, Mich.

SOCIAL SERVICE

By REV. J. H. RALSTON. metary of Correspondence Departs Moody Bible Institute, Chicago

TEXT: I Cor. 15:3, 4-"Christ died for our sins according to the Scriptures, and he was buried, and rose again the third day according to the Scriptures."

Never were men more confused than today respecting almost every



matter of concern. The unrest in the world of business, education, scientific investigation, politice, and no less in religion, is universal. The confidence of the former days as to dependence on Christian experience, the certitude with reference to Christian doctrine, have gone, and there is great confusion in

many minds as to what the gospel message is, and this confusion is making many Christians unhappy as they contemplate their infants and children, and see that it | mission as bearers of the gospel to the world. The most cordially accepted interpretation of the gospel is that it is social service. Save others physically and ethically, and you save yourself. Belief in ethical culture or the work of moral and spiritual evolution working the gradual elimination of evil as now going on successfully, is with many the gospel.

But who should be the most trusted spokesman of such a subject? Would it not be one who is very near to the great teacher, Jesus? It would seem so, statement with the text.

There are just two things here—the death of Christ, and the resurrection of Christ. The second of these is presented without elaboration or comment, "Christ rose again from the Scots" who used to foregather in a dead;" but in the first, we have the "dry" district, each bringing with him In consequence of the better outlook death of Christ with the occasion of a portable spring of comfort in the for sailing ships, values have gone up that death: the expiation of our sins, shape of a bottle of whisky. considerably during the last year or and the confirmation of the death by

Diea for Our Sins.

1. Christ died for our sins. The race of the death of Christ on Calvary is generally received, but with most persons that death was simply that of an unfortunate young man who had lived a wonderful life, had manifested unselfishness to a degree never equaled by man, but who made a mistake by letting himself fall into the hands of his enemies and being put to death.

The first cause for the death of Christ was our sins. With some persons the death of Jesus Christ has no possible connection with man's relationship to God, it is merely inspirational and of moral influence towards a better life, beautiful to behold if you could shut your eyes to the physical agony and the grewsome blood-shedding. But such is not the mission of the death of Christ in the purpose of God, nor have Paul or the other apostles so thought. The death had immediate connection with man's relationship to God-every man who is joined to Christ vitally, there died to the world and world died to himthere was the shedding of blood without which the Scriptures plainly

teach there is no "remission of sins." The brief clause, "He was buried," has far more significance than most think. It is a confirmation of the death which must be perfectly authenticated. The story of the death is quite complete, even before Joseph of Arimathea appears on the scene, and the taking of the body, its burial with all the details given in the gospels, is quite full. The sepulcher was sealed, a guard of soldiers was placed over it, thus doubly confirming the burial of a dead body.

Risen With Christ.

2. The burial paves the way for the second main proposition—the rising again of Jesus from the dead. Paul preached to the Corinthians that Jesus rose again from the dead. We must read here between the lines, and we do not question but that Paul presented the fullness of this doctrine-using it first to enforce the necessity of the new life-for "you have been risen with Christ." This refers, of course, to the spiritual resurrection, very doctors sometimes overlook this fact. forcefully represented in the resurrection of Jesus Christ.

But Paul also was preaching a gospel to secure a man spiritually resurrected against all future contingeucies. Man must die physically, and even to the Christian the passing into the unknown hereafter is something disturbing to contemplate, but Paul gives him the glorious hope that he shall rise again from the dead even as Christ, who was the first-fruits of

them that sleep, rose from the dead. The chapter from which the text is taken is known as the great resurrection chapter, and Paul reaches the climax at verses 51 and 52: "We shall one day I bought a box of Grape-Nuts not all sleep but we shall be changed, in a moment, in the twinkling of an it without telling the doctor, and liked eye at the last trump; for the trumpet | it fine; made me feel as if I had someshall sound and the dead shall be raised incorruptible and we shall be changed." On account of this, he says I had felt after eating any other food. at the close of the chapter, "Beloved brethren, be ye steadfast, unmovable . . . your labor is not in vain in

the Lord." The Gospel of the death of Christ and of the resurrection of Christ is not narrow, in fact, offers the only platform broad enough on which can be built the doctrine that man needs to deliver him from the curse of sin which is now upon him, a curse hereafter infinitely greater; and, to enable him to have the positive blessing of resurrection.

A female optimist is a woman who marries a poet.

A great majority of summer ills are due to Malaria in suppressed form. Lassitude and headaches are but two symptoms. OXIDINE eradicates the Malaria germ and tones up the entire system. Adv.

Those love truth best who to themselves are true, and what they dare to dream of, dare to do.-James Russell Lowell.

FOR SUMMER HEADACHES Hicks' CAPUDINE is the best remedyno matter what causes them—whether from the heat, sitting in draughts, fever-ish condition, etc. 10c., 25c and 50c per bottle at medicine stores. Adv.

Rural Fat. "Sims never made a big hit. He just ploughed his way along."

TO DRIVE OUT MALARIA

AND BUILD UP THE SYSTEM

Take the Old Standard GROVE'S TASTELESS
CHILL TONIC. You know what you are taking.
The formula is plainly printed on every bottle,
showing it is simply Quinline and Iron in a tasteless
form, and the most effectual form. For grown
people and children, 50 cents. Adv.

"What a harrowing life!"

Complimentary. "What would you call it in a man to steal all my ideas?" "Petty larceny."

As a summer tonic there is no medicine that quite compares with OXIDINE. It not only builds up the system, but taken reg-ularly, prevents Malaria. Regular or Tasteless formula at Druggists. Adv.

Wrong Guess. Nan-I've seen your new young man, and I should call him a diamond in the

Fan-Well, he's susceptible of some polish, I'll admit, but you haven't classified him correctly; he's a Jasper.

CLAIMS BABEK SAVED HIS LIFE. Mr. Chas. W. Miller, of Washington, C., writes of Elixir Babek: "I can heartly testify to the virtue of your preparation known as Babek, as I consider that it was the means of my recovery from a bad case of intermittent fever and the saving of my life."

What it did for him it can do for you, if you suffer from any form of malaria. Elixir Babek, 50 cents, all druggists, or Kloczewski & Co., Washington, D.C. Adv.

Youthful Woman Pastor. Rev. Miss Ina L. Morgan of the Methodist church of Georgetown and and we believe the Apostle Paul was Arrowsic, Me., is the youngest woman just such a person, and that in the pastor in New England. She is in her text he answered the question, "What early twenties and has been engaged is the Gospel?" He said he was de- in church work for nearly four years, claring the gospel which he had having received a license in 1908 from preached, and immediately follows this Bishop John W. Hamilton of Worces-

> New Stage in Inebriety. Mr. Borden has been telling an anecdote concerning two "brither

> One of them was asked one day by a "third party" whether the other, Jock Anderson, did not get a little drunk sometimes.

> "Drunk," was the reply. "Man, the last time I was wi' him Jock was that drunk I couldna see him."-London Mail.

Getting Along Fine at School. Now that school has been "goin" several weeks parents are beginning to inquire of their young hopefuls as to their progress. The other day a mother out on Harrison boulevard, while eating luncheon with her 6-year old, asked:

"And how are you getting along in school, Dorothy?"

"Oh." replied Dorothy between mouthfuls of bread and milk, "just fine! I and Frances Smith are the smartest and best dressed girls in the school."-Kansas City Star.

HAD ALREADY LEARNED.



"I hear your son's at college learnin' to be a author. Do you expect he'll soon learn to write for money?" "Humph! He don't do nothin' else

IT'S THE FOOD. The True Way to Correct Nervous Troubles.

Nervous troubles are more often caused by improper food and indigestion than most people imagine. Even A man says:

"Until two years ago waffles and butter with meat and gravy were the main features of my breakfast. Finally dyspepsia came on and I found myself: in a bad condition, worse in the morning than any other time. I would have a full, sick feeling in my stomach, with pains in my heart, sides and

"At times I would have no appetite, for days, then I would feel ravenous, never satisfied when I did eat and so nervous I felt like shrieking at the top of my voice. I lost flesh badly and hardly knew which way to turn until food to see if I could eat that. I tried thing to eat that was satisfying and still I didn't have that heaviness that

"I hadn't drank any coffee then in five weeks. I kept on with the Grape-Nuts and in a month and a half I had gained 15 pounds, could eat almost anything I wanted, didn't feel badly after eating and my nervousness was all gone. It's a pleasure to be well

again." Name given by Postum Co., Battle Creek, Mich. Read the book, "The Road to Wellville," in pkgs. "There's

a reason." Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of humaz interest. Adv.

THE CHILDREN'S HEALTH

In observing the physical characteristics of her children, the careful mother soon learns that health is dependent on the regularity of the bowels. When the bowels become clogged with the stomach's refuse, loss of appetite, restlessness, irritability, and similar evidences of disorder are soon apparent. Keep the bowels regular and a

healthy, happy child is assured. At the first sign of constipation the mother should administer a mild laxative to carry off the congested waste from the stomach that is fermenting and forcing poisonous gases into the system. A simple compound of laxative herbs with pepsin is highly recommended as being very mild, yet positive, in its action, a teaspoonful at bedtime usually serving to bring an easy, thorough, natural movement next morning. This compound is known as Dr. Caldwell's Syrup Pepsin and is sold by druggists everywhere for 50c a bottle. A larger bottle, put up especially for the family medicine chest, costs one dollar.

The use of salts and violent purgatives and cathartics should be avoided. They are too harsh and drastic, tending to upset the entire system. Write to Dr. W. B. Caldwell, 203 West St., Monticello, Ill., for a trial bottle Make the Liver of his Syrup Pepsin, if you have never of his Syrup Pepsin, if you have never used it. He will be glad to send it Do its Duty without any expense to you. Adv.

Vegetable Fiber for Shoes. A Haverhill (Mass.) shoeman has ob- LIVER PILLS tained patents giving him the right to make vamps and tops of vegetable fiber which he has invented and per- do its duty. fected to be used in the manufacture of shoes. A few cases of shoes have been made of this material, which appears to be a good substitute for leather. The fiber is said to be particularly adaptable for warm weather wear because, being of a woven material, air can penetrate the vamp and top. The inventor also claims that a shoe made

Bunkoed.

ci this material is waterproof.

Griggs-How about that piece of land you bought down on the cape? Anything come up on it? Briggs-Yes, the tides.

To prevent Malaria is far better than to cure it. In malarial countries take a dose of OXIDINE regularly one each week and save yourself from Chills and Fever and other malarial troubles. Adv.

often adulterated with regrets. Mrs. Winslow's Soothing Syrup for Children

Inspiration that comes in bottles is

teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle. At the age of forty a man begins to

live and unlearn.

THOMPSON'S weak, inflamed eyes, EYE WATER Sold every where 250, JOHN L. THOMPSON SONS & CO., Troy, N. Y. W. N. U., CHARLOTTE, NO. 41-1912.

BACKACHE IS

Until You Get

stant backache.

work, or to rest.

same old story.

Kidney Pills.

After The Cause

Nothing more dis-

Lame when you

awake. Pains pierce

you when you bend

or lift. It's hard to

You sleep poorly

and next day is the

That backache in-

dicates bad kidneys

and calls for some

good kidney remedy.

None so well rec-

Here's A Maine Case-

Mrs. Albert Taylor, 6 Eim St., Fairfield.
Me., says: "For years I had kidney trouble. There was agonizing pain in my back, a sort of burning pain. Nothing helped me until I took Doan's Kidney Pills. They helped my kidneys and the burning pain left. Others in my family have been benefited by this remedy."

Get Doan's at Any Drug Store, 50c a Box

DOAN'S RIDNEY PILLS FOSTER-MILBURN CO., BUFFALO, N.Y.

Nine times in ten when the liver is

IVER

right the stomach and bowels are right

SMALL PILL, SMALL DOSE, SMALL PRICE.

Genuine must bear Signature

Richest in Healing Qualities

FOR BACKACHE, RHEUMATISM.

KIDNEYS AND BLADDER

KODAKS and High Grade Finishing. Mail orders given Spe-

cial Attention. Prices reasonable. Service prompt. Send for Price List,

DROPSY TREATED. Give quick re-

ling and short breath in a few days and entire relief in 15-45 days, trial treatment

FOLEY KIDNEY PILLS

LANNEAU'S ART STORE, CHARLESTON, S. C.

FREE, DR. GREENS SONS, Box A, Atlanta, Ga.

CARTER'S LITTLE

and Distress After Eating.

gently but firmly com-

pel a lazy liver to

Cures Con-

stipation, In-

Headache.

ommended as Doan's

couraging than a con-

DISCOURAGING

Homen

From Forty-Five to Fifty Are Much Benefited

Lydia E. Pinkham's Vegetable Compound.

The "change of life" is a most critical period in a woman's existence, and the anxiety felt by women as it draws near is not without reason.

When her system is in a deranged condition, she may be predisposed to apoplexy, or congestion of some organ. At this time, also, cancers and tumors are more liable to form and begin their destructive work.

Such warning symptoms as sense of suffocation, hot flashes, headaches, backaches, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and inquietude, and dizziness, are promptly heeded by intelligent women who are approaching the period in life when woman's great change may be expected.

These symptoms are calls from nature for help. The nerves are crying out for assistance and the cry should be heeded in time.

Lydia E. Pinkham's Vegetable Compound is prepared to meet the needs of women's system at this trying period of her life. It invigorates and strengthens the female organism and builds up the weakened nervous system. It has carried many women safely through this crisis.



ONE CASE OUT OF MANY TO PROVE OUR CLAIMS.

St. Anne, Ill.—"I was passing through the change of life and I was a perfect wreck from female troubles. I had a displacement and bearing down pains, weak fainting spells, dizziness, then numb and cold feelings. Sometimes my feet and limbs were swollen. I was irregular and had so much backache and headache, was nervous, irritable and was despondent. Sometimes my appetite was good but more often it was not. My kidneys troubled me at times and I could walk only a short distance.

"I saw your advertisement in a paper and took Lydia E. Pinkham's Vegetable Compound, and I was helped from the first. At the end of two months the swelling had gone down, I was re-lieved of pain, and could walk with ease. I continued with the medicine and now I do almost all my housework. I know your medicine has saved me from the grave and I am willing for you to publish anything I write to you, for the good of others."-Mrs. ESTELLA GILLISPIE, R.F.D. No. 4, Box 34, St. Anne, Illinois.

W.L.DOUCLAS SHOES \$3.00 \$3.50 \$4.00 \$4.50 AND \$5.00

FOR MEN AND WOMEN Boys wear W. L. Douglas \$2.00, \$2.50 & \$3.00 School es, becauce one pair will positively outwear two pairs of ordinary shoes, same as the men's shoes.

W.L.Douglas makes and sells more \$3.00,\$3.50 & \$4.00 shoes than any other manufacturer in the world. THE STANDARD OF QUALITY FOR OVER 30 YEARS. The workmanship which has made W. L. Douglas shoes famous the world over is maintained in every pair.

Ask your dealer to show you W. L. Douglas latest fashions for fall and winter wear, notice the short vamps which make the foot look smaller, points in a shoe particularly desired by young men. Also the conservative styles which have made W. L. Douglas shoes a household word everywhere.

If you could visit W. L. Douglas large factories at Brockton, Mass., and see for yourself how carefully W. L. Douglas shoes are made, you would then understand why they are warranted to fit better, look better, hold their shape and wear longer than any other make for the price. CAUTION.—To protect you against inferior shoes, W. L. Douglas stamps his name on the bottom. Look for the stamp. Beware of substitutes. W. L. Douglas shoes are sold in 78 own stores and shoe dealers everywhere. No matter where you live, they are within your reach. If your dealer cannot supply you, write direct to factory for catalog showing how to order by mail. Shoes sent everywhere, delivery charges prepaid. W.L.Douglas, Brockton, Mass.