

Mind Your Mind

Why are there so many church people among the mental-ill in State Hospitals?" writes a social worker who says she spent some time as a worker in such a hospital. "I should have thought religion if it were any good would prevent a person who had it from going insane," she continued.

It probably is not true that there are more church members among the inmates of mental hospitals than in the general population but it is true that one finds many mentally ill people who are church members and many who have been very active in various kinds of religious work. Why has not religion endeavored them to keep their mental health?

This seems to be a fair question and raises the subject of the place of religion in preventing mental illness. Are ministers sufficiently aware of the things that destroy the mind? Do they know enough about the workings of the mind to detect the beginnings of mental illness in their parishioners and to use the healing influence of religious faith to help them? The fact that one does find so many people among mental patients who are or have been members of churches should be a matter of earnest consideration for all ministers and for all citizens who love the church.

RICHARDS

V. R. Freeman, assistant farm agent in Lenoir County, says four farmers in that county have started new commercial peach orchards this year.



Laraine Day and Lew Ayres in "Dr. Kildare's Strange Case"

Directors Sometimes Have To Play "Sherlock Holmes"

The observation and deduction of a Sherlock Holmes and the psychological analysis of a Freud are among the most important things a director of the screen can develop. So declares Harold S. Bucquet, the director who pilots Lew Ayres and Lionel Barrymore through the "Dr. Kildare" pictures, a medical-detective romance, the latest of which, "Dr. Kildare's Strange Case" comes Thursday and Friday to the Liberty Theatre. Bucquet himself applies detective principals to half the scenes he puts on the screen.

"Whenever a scene doesn't ring true," he explains, "it's usually not because the actors can't play it but because of what I call a mental impediment that complicates what they're doing. The trick is to find out what this is and remove it."

"For instance, a few days ago I was rehearsing a comedy scene. Technically it was correctly acted. I knew that the line was funny. But as it was played it didn't seem funny. Finally I suggested that the words 'garbage wagon,' which were the crux of the line, be uttered after a slight spacing or hesitation to point it up. 'I think,' said the actor, 'that garbage is a word that might offend an audience.' Then I knew what was on his mind. He didn't like the word, hence unconsciously he had subdued or under-played it in his line and the gag went flat. After explaining it and clearing up the mental situation, the scene was perfect."

Sometimes some slight physical discomfort will menace a scene, says Bucquet. "We rehearsed for twenty minutes with a simple speech by a competent actress," he relates, "but the speech lacked force. I asked another girl to read the line and she did it forcefully. But the more experienced actress somehow didn't seem able to get it to register. I began questioning her about what she'd been doing and where she'd been lately, to make conversation and put her at ease. She remarked that she'd just been to the dentist's to have a porcelain jacket put over one of her teeth. Then I knew what was the matter. The new jacket, while she didn't feel it, was something her subconscious mind hadn't become used to yet. It absorbed a little of the mental effort that should have gone into the line. I explained this and she realized at once what was the matter. Knowing it, she was able to deliver the line faultlessly by forcing her mind to overcome the mental hazard."

REPLACEMENT

Lespedeza is replacing soybeans as the favorite hay crop in Greene county, says J. W. Grant, assistant Extension agent.

DEBT

The United States farm mortgage debt, in the fall of 1939, was the smallest in 20 years.

Union Grove Route 2 News

Miss Vallie Nicholson, of Kannapolis, is spending a while with her parents, Mr. and Mrs. J. P. Nicholson.

Mrs. Clarence Jarvis is sick at this writing.

Miss Elizabeth Prevette spent Sunday afternoon at the home of Mr. and Mrs. J. R. Wright.

Miss Eunice Nicholson, who spent the winter in North Wilkesboro, has returned to her home here.

Mr. Harrison Prevette, who has been sick for the past few weeks, is some better at this time.

Mr. Lons Jarvis, who has been sick for a while, does not improve much.

"I'm one of the happiest men in North Carolina," grinned Libby Ward the other day as he sauntered into Maxwell headquarters on his rounds of them all. "I'm one of the few men who isn't running for something."

A. J. Maxwell, candidate for governor, scored another first last week when he named a woman county manager. The lady is Mrs. Myrtle Ellis of Bakersville, who will lead the Maxwell forces in Mitchell county.

Trying To Locate Mrs. Henry Ashe

Persons should not be difficult to find when money is due them but a law firm in Idaho is experiencing some difficulty in locating Mrs. Henry Ashe.

Ashe was one of a number killed in a mine disaster in Idaho about two years ago and he was a native of this section. It has developed that his widow is probably entitled to compensation according to Idaho state laws but efforts to locate Mrs. Ashe have so far been unsuccessful.

Any person who knows her address at present or who has an Old Will, will as register of deeds, to whom inquiry concerning Mrs. Ashe was addressed.

Ads. get attention—and results

CARD OF THANKS

We wish to extend our deep appreciation for the sympathy and kindness shown us during the death of our son and brother, Roscoe.

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What Every Metropolitan Policyholder Should Know about his Company

Metropolitan presents its Business Report for the year ending December 31, 1939. (In accordance with the Annual Statement filed with the New York State Insurance Department.)

ASSETS WHICH ASSURE FULFILLMENT OF OBLIGATIONS		OBLIGATIONS TO POLICYHOLDERS, BENEFICIARIES, AND OTHERS	
National Government Securities	\$1,015,938,914.60	Policy Reserves required by law	\$4,493,833,205.00
U. S. Government	\$948,082,869.84	Amount which, with interest and future premiums, will assure payment of policy claims.	
Canadian Government	67,856,044.76	Dividends to Policyholders	112,909,638.00
Other Bonds	1,282,379,020.85	Set aside for payment during the year 1940.	
U. S. State & Municipal	110,055,727.87	Reserve for Future Payments on Supplementary Contracts	112,986,146.83
Canadian Provincial & Municipal	103,823,959.75	Held for Claims	22,931,579.79
Railroad	573,665,903.43	Including claims awaiting completion of proof and estimated amount of unreported claims.	
Public Utilities	689,740,113.65	Other Policy Obligations	42,377,943.67
Industrial & Miscellaneous	405,093,316.15	Including reserves for Accident and Health Insurance, dividends left with Company, premiums paid in advance, etc.	
Stocks	86,624,833.01	Miscellaneous Liabilities	47,140,101.00
All but \$22,561.13 are Preferred or Guaranteed.		Liabilities not included above, such as taxes due or accrued, special reserves, etc.	
Mortgage Loans on Real Estate	953,658,650.07	TOTAL OBLIGATIONS	\$4,832,268,614.29
Farms	76,890,988.22	Surplus	309,717,566.80
Other property	876,767,661.85	This serves as a margin of safety, a cushion against contingencies which cannot be foreseen.	
Loans on Policies	515,495,459.26	TOTAL	\$5,141,986,181.09
Real Estate Owned	407,215,594.74		
Includes real estate for Company use, and housing projects.			
Cash	132,667,027.52		
Premiums Outstanding and Deferred	87,666,343.58		
Interest Due and Accrued, etc.	60,340,337.46		
TOTAL	\$5,141,986,181.09		

NOTE—Assets carried at \$221,390,536.99 in the above statement are deposited with various public officials under requirements of law or regulatory authority. Canadian business embraced in this statement is reported on basis of par of exchange.

TEN YEARS OF PROGRESS

Highlights of Metropolitan's growth and stability over the past decade

Insurance in Force

Life Insurance	1929 . . . \$17,933,000,000	1939 . . . \$23,193,000,000
Accident & Health Insurance	1929 . . . \$13,928,000	1939 . . . \$19,894,000

Policy Reserves

1929 . . . \$2,659,000,000	1939 . . . \$4,493,000,000
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Funds held, as required by law, to assure payments to policyholders.

Payments

1929 . . . \$333,000,000	1939 . . . \$604,000,000
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Funds paid or credited to policyholders and their beneficiaries.

After fulfilling all its contractual obligations (including payment of over \$4,260,000,000 to policyholders and beneficiaries) over the 10-year period of adverse economic conditions from 1929 through 1939, Metropolitan

- ... added to its contingency reserve, or surplus, as an extra safety factor, more than **\$132,000,000**
 - ... strengthened the basis of its policy reserves to the extent of **45,000,000**
 - ... made expenditures to improve properties acquired through foreclosure, without increasing their valuation **25,000,000**
 - ... reduced the valuation of securities and real estate as carried on its books, by more than **216,000,000**
 - ... expended on health and welfare work for policyholders more than **58,000,000**
 - 6. YET, over this same 10-year period, and in addition to the above, Metropolitan also paid or credited to its policyholders almost one billion dollars in dividends 992,000,000**
- TOTAL **\$1,468,000,000**

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(A MUTUAL COMPANY)

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