

Tribute Is Paid to Mother of Six Sons In Service

Mrs. Manuel C. Rominger, of Matney, Watauga county, believed to be the only North Carolina mother with six sons in the armed services of the United States, was honored Friday evening at a public ceremony in Banner Elk, in which she was presented with an American flag and the emblem of honor pin.

A telegram of congratulations from Governor Broughton was read as a part of the ceremony, held at Lees-McRae College. The telegram follows:

"Friends have informed me that you have six sons in the armed services of our nation at the present time and that you are to be specially honored at a patriotic rally to be held in Avery county tonight.

"I am very happy as Governor of North Carolina to add my tribute to you and to your fine sons and to say that our state takes pride in this record, which will hardly be surpassed by any family in the United States. You may well experience a sense of pride in having made so notable a contribution to the nation in its hour of greatest crisis and I am confident that your sons will render a service that will add new glory to our state and nation."

Two of Mrs. Rominger's sons stationed at Charlotte in the army air corps, were able to attend the ceremony and were on the platform with her and their father.

Batan Officer Awarded Rare Honor Medal

Washington. — The nation's highest and rarest decoration, the congressional medal of honor was conferred on Lieutenant Alexander Ramsey Nininger, Jr., for gallantry and valor in a hand to hand battle in which he was killed in the Philippines.

Armed with rifle and hand grenades, Nininger repeatedly attacked snipers and Japanese groups in "fox holes" who had penetrated the American lines and stalled a counter attack. He died at last, but his companions retaking their lost position later, found his body and beside it the bodies of an enemy officer and two Japanese soldiers.

ANOTHER THRILLER IN FAMOUS CRIME SERIES

Third article in popular series revealing extraordinary detective work that ended the two-year hunt for the West's mysterious strangler and avenged the 21 victims who died in the grip of his ape-like hands. Don't miss this thriller in the February 15th issue of The American Weekly, the big magazine distributed with the Baltimore Sunday American. On sale at all newsstands.

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Accidents Claimed 101,500 Lives In U. S. During Year '41

26,000 Men of Draft Age Among Victims To Die From Accidents

Chicago. — Accidental deaths wiped out two full divisions of potential fighting men in the nation last year, the National Safety Council reported today.

A year-end appraisal of accidental violence during 1941 told this grim story:

Killed—101,500.
Injured—9,300,000.
Cost—\$3,750,000,000.

The toll among men in the selective service age bracket (20 to 45) numbered 26,000.

Last year's fatalities increased five per cent or 4,600 lives, above the 1940 total, the council reported but 1941 was not considered a "progressively bad" year. The increase was less than should have been expected under the industrial and tempo-of-life speed up caused by the war emergency, the council said.

Both 1936 and 1937 recorded a greater number of casualties from accidents, and the 1941 death rate per 100,000 persons was 12th lowest in the last 40 years.

Traffic and industrial accidents were blamed for the 1941 surge in fatalities. The safety council said deaths in the "home and public places" decreased last year from 1940.

Eighteen thousand workers perished in occupational accidents alone, the report disclosed. Another 29,000 workers died in off-the-job accidents.

Last year's traffic toll of 40,000 persons was an all time high in that division, the council said.

The survey showed that wage losses, medical expense, insurance expense, and property damage from automobile accidents and fires would total at least \$3,750,000,000. Traffic was blamed for \$1,800,000,000 of that.

The classifications and numbers of fatalities during 1941 included: falls, 26,000; burning, 6,900; and drowning 7,000.

'Victory Garden Week' Is Set For February 9-14

Next week, from February 9 to 14, has been designated as "Victory Garden Week" in North Carolina. It will mark the start of a campaign to encourage every family in the state to contribute to the war effort of the United Nations by producing their own vegetable and fruit supplies.

Dean I. O. Schaub, Extension director of N. C. State College, says the "Victory Garden" campaign is based on: (1) Patriotism, (2) economic needs, and (3) health.

Schools, National and State farm organizations; dealers in seed, fertilizers and farm supplies; churches; health, rural electrification and other rural welfare agencies; bankers; and civic clubs, chambers of commerce and other city and town organizations, have been enlisted to help agricultural agencies in the campaign.

"The patriotic duty of every family demands participation in the Victory Garden campaign," Dean Schaub declared. "We must make an extra effort this year to grow an adequate supply of vegetables and fruits for the family needs."

"Because of the advancing prices for food, the shortage of containers, and the increasing war demands, more food must be produced at home. Every serving of food produced in a Victory Garden saves money for the farmer and makes available more food for our armed forces."

"The strength of our nation is determined by the strength of our people. Stronger bodies, keen eyesight, steadier nerves, and greater courage can be developed by the use of fruits and vegetables in the diet."

Functional design will be the keynote of 1942 packaging, with consumer goods packages this year expected to be neat, but not necessarily gaudy

Stars Of "Virginia" Together Again



OF BOATS, BEACHES AND BEAUTIFUL BLONDES is the story of "Bahama Passage," Paramount's Technicolor film co-starring Madeleine Carroll and Stirling Hayden, which comes Thursday and Friday to the Liberty Theatre. Here the two blonde stars are caught in a romantic moment.

THE MARKET BASKET

DRY BEANS AND SOYBEANS GOOD LOW-COST FOOD

From Puget Sound to Key West, from Maine to California, there's unity of opinion that dry beans are among the best of foods.

Slow-baked white beans with salt pork and molasses are tops with the New Englander. Black-eyed beans, or "peas" as they're usually called, flavored with ham knuckles combined with rice are in demand south of the Mason and Dixon line. Pinto beans, seasoned with garlic and chili, are highly regarded in the states bordering on Mexico.

However, no matter what the type of beans or the flavor of the dish—you can pretty well lump all of them together as far as food value is concerned, say the nutritionists of the U. S. Department of Agriculture. They all are inexpensive energy foods. They contain proteins of fair nutritive quality. They rate high as source of the important mineral iron—the "morale" vitamin B1.

Because dry beans consolidate all these food values in small, easy-to-keep, easy-to-ship packages, they have been sent abroad under terms of the Lend-Lease Act. They are indispensable in the diets of our own armed forces.

On the civilian front, dry beans are equally valuable—especially to homemakers operating on modest food budgets. The Bureau of Home Economics in its low-cost adequate diet plans suggests that dry beans, dry peas, or peanuts be included several times a week.

As far as cooking is concerned—dry beans may all be treated alike. And although a recipe may call for one type of bean, usually almost any other variety may be substituted.

Here are the rules for successful bean cookery, given by the home economists in the Department of Agriculture.

Soak beans before you cook them overnight or at least 5 or 6 hours. One cup dry beans will yield from 2 to 3 cups of cooked beans.

To get the most food value of beans, use the soaking water for cooking. If your family objects to the too-strong flavor of beans cooked this way, however, use fresh water for cooking.

Use soft water if you can. Hard water toughens the bean skins. Never use soda to cook beans. This destroys the valuable vitamin B1 as well as some of the other vitamins present in small amounts in the beans.

Cook beans slowly. Simmer them on top of the stove. Use a slow oven (around 250F) for baked beans. Watch them carefully as they cook and keep adding more liquid.

Season beans with something salt, sour, fresh, crisp, or bright

and spicy. Beans are bland and combine well with crisp bacon, ham knuckle, salt pork, chili a dash of lemon juice, onion, tomato or hot tomato sauce.

Since beans are such good energy foods they are especially adapted to filling main dishes. For a spicy bean stew — cook 1 1-2 cups dry beans tender. Brown 1-2 cup chopped onion in salt pork fat, and 1-2 pound ground lean meat, stir, and cook slowly for 5 minutes. Combine meat, onion, salt pork, and 3 cups of canned tomatoes with cooked beans. Add the salt and pepper to taste and simmer until meat is tender and the flavors well blended. This recipe will serve six.

Hot bean salad is an excellent way to use cooked beans on hand. This dish is a salad in name only, however, because it is filling enough for a main dish. Cut strips of bacon or salt pork into half inch pieces and fry them for a light brown. Add 2-3 cup chopped onion and brown lightly. Add 6 cups baked or boiled beans, 1 teaspoon mustard, 1-2 cup vinegar, 1-2 cup water, and a dash of pepper. Simmer until the beans absorb the vinegar and water. Serve hot.

An extra good hearty sandwich for the lunch pail may be made from baked beans, well seasoned. For seasoning use plenty of minced onion, catsup, and molsten with salad dressing. Or use chopped peanuts for flavor and texture contrast.

SOYBEANS

In a class by themselves, are the up-and-coming soybeans. Soybeans have all the food values of dry beans, except they're lower in carbohydrate, higher in protein and fat. And their protein is of a quality that nearly matches the most efficient proteins of milk and eggs, cheese and meat.

Up until a few years ago, about the only soybeans available were the varieties grown commonly for hay seed. Although these are edible, they are not generally as satisfactory as the special table varieties. Certain varieties classified as "vegetable" varieties, can be more highly recommended for table purposes because they rate high as a succulent green vegetable, considered by many in a class with fresh lima beans or green peas.

All vegetable varieties can be eaten in the green stage, but only the yellow-seeded varieties of this group, which cook more easily and have a better flavor than the forage and grain varieties, are desirable to cook in dry form.

Colleges of agriculture in most states can furnish information as to the varieties of soybeans suitable to different localities—those most satisfactory for use as green soybeans — those best for use as dry soybeans.

Soybeans are on the "more" list in the Food-for-Freedom agricultural goals for 1942 because they are an important source of vegetable oil — much needed now. Soybeans have also been sent abroad under terms of the Lend-Lease Act — some of them as beans—some of them as

'Lots and Lots' of U. S. Planes In East Indies

Melbourne, Australia. — Rear Admiral F. W. Coats, former chief of staff of the Netherlands East Indies Navy, said on his arrival here today that the Netherlands East Indies were being reinforced by "lots and lots" of fighting and bombing planes from the United States.

He made his brief statement on his arrival to act as director of the Netherlands Indies purchasing committee.

Political informants expressed belief that Washington would be the seat of a new Pacific war council to discuss united nations tactics and strategy in the Far East.

Australia had urged that Washington be the seat of the council in preference to London, or to a double London-Washington council.

PARK SERVICE SAYS—Parkway Plans Shelved By War

Washington. — Plans for completing the Blue Ridge Parkway in North Carolina and Virginia have been shelved for the duration of the war, Representative Zebulon Weaver has been informed by the National Park Service.

"No new construction is contemplated," acting Director A. E. Demaray wrote Weaver, but the "graded sections which have not yet been paved will be maintained in as dust-free condition as possible through use of calcium chloride."

Approximately three-quarters of the highway has been completed, but there are 156 miles of road in North Carolina still to be constructed.

Demaray said that "existing balances and proposed 1943 fiscal year funds will provide for administration, protection, and maintenance of the constructed sections only, plus a limited amount of advance planning to set up a reservoir of contracts for postwar construction in accordance with the 'plans-on-the-shelf' program."

Although projects now under construction will be completed, Demaray explained that the 1942 fiscal year authorization of \$6,000,000 for parkways has been impounded and no new construction projects contemplated under the contract authorization have been undertaken.

"We agree that this is in the best interests of the country at the present time as we should not compete with defense activities employing critical materials," he said. "The restrictions on rubber, the matter of priorities, and the rising costs of construction are factors, which, if not actually prohibiting certain types of road work, increases the prices asked to a point where bids should be rejected."

The \$45,000,000 Blue Ridge Parkway, which will extend along the crest of the Blue Ridge mountains from a point in Virginia to the Great Smoky Mountains National Park, was originally authorized by Congress largely as a result of the efforts of Representatives Doughton and Weaver.

Tire and Tube Stock Checkup Is Launched

Washington. — A nation-wide inspection of the stocks and records of tire and tube dealers was started by Price Administrator Leon Henderson to detect violations of the tire rationing regulations.

"First attention is being given to establishments or dealers against whom complaints have been filed either with the office of price administration in Washington or with state and local tire rationing officials," the OPA announcement said.

Routine Check
A routine inspection of all dealers, large and small, will be made also by a large investigative staff. Members of the OPA's field operations division will be assisted by 500 inspectors of the Labor Department's wage and hour division, OPA said.

As far as home makers are concerned, soybeans so far are not generally available over the country in grocery stores. Many farm gardens have planted experimental plots of them in the past few years — used them in both green and dry form. Dry soybeans are cooked and served in much the same manner as dry beans — except that some varieties may need longer cooking.

Loudy To Speak At Arbor Grove

Rev. Agnes Loudy, Evangelist of Johnson City, Tennessee will preach at Arbor Grove Methodist church, about two miles west of Millers Creek, on Wednesday, Thursday and Friday nights, February 4th, 5th, 6th. His message will be concerning the war situation, and subjects for each night are as follows:

Wednesday, "The Outcome of the War in the Light of Prophecy."

Thursday, "What Is Your Hope?"

Friday "And God Shall Wipe Away Every Tear from Their Eyes."

Rev. Loudy will be assisted by

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