risk is a cold? Although went unes a second the present hat adical actaments at last on the brink of finding a tree gryun-tive has never been originar than it is today. It may be that he of fective vaccine will be developed soon that will kill the "gold" viing indications that, this may be

As early as 1974 science put forth the theory that a vold was primarily caused by a "filterable wirus," a poisonous organism consiler in size than a body cell and so low in the living scale that it seemed to be without life.

It could not be seen, even under a microscope. It could not be heard, smelled, touched; tasted, isolated or held by a filter. Indeed, nothing was known about it except its offects/

Yet is was proved in scientific experiments that the 'cold virus could reproduce itself with astonishiing rapidity. Thus it was tually lived and was to be reckoned with as a dangerous organ of en wards off the cold.

us with a true preventive for the all-too-common cold, there are certain things that we as individuals can do, first, to avoid their bad effects if we do con-

tract a cold. First, as to prevention. erpbody known that "gaiting our feet wet" or being insuffici-



FOR RENT: riment, furnish-724 Kensington B. Spalahower, Phone 875.

FOR RENT - Two-Room Apart-Strictly modern. Couple convenient. Close in. preferred. Call 372M. 1tp

POR RENT-4-Room Apartment, modern plumbing, hardwood Close-in. Mrs. C. Poindexter.

house centaining store room and living quarters. Also two care for a cold? ement rooms which may be boro, or call Wilkes County - Welfare Department.

FOR RENT: Three-room apart heat and water furnished. R. T. McNiel. Phone \$2. 1-10-tf

FOR RENT-Nine room house on D street. See D. J. Carter at The Journal-Patriot office. 2-9-tf

FOR SALE

FOR SALE: 1941 Tudor Chevrolet, run only 3400 miles, 5 tires almost new. D. R. Parker. 3-5-21 Phone 22-W.

GOOD USED CARS-Reconditioned and with good tires. Many bargains on hand. Graybeal Motor company, Claude Hutchens building on Gordon Avenue, Tom 2-5-tf McNeill, manager.

WANTED

WANTED: Man for Rawleigh Route. Permanent if you are a hustler. For particulars write Rawleigh's, Dept. NCC-184-108, Richmond, Va. 1tpd

WANTED: To do your dry clean-Jackets relined. Stop at our are new drugs, too, that help ar-Branch Office on 9th Street, rest the spread of an infection Call Hotel Building. Modern Cleaners. Phone 348. 3-16-8t

TAN BARK - Chestaut Oak and Hemlock bark be taken meantime. this year in the sheds of the International And Company at Morth Williams, N. C. Bark can be delivered by day of the week except Sunday. 4-16-

MISCELL YEOUS

DE PALMER leader with the sight hours a day, six days a war; every man, woman and the for exact radio and re-frigurator regist service, may be the highest ourselves up to the big job ahead.

And that means geiting plenty at the right kind of food, plenty JOB PALMER Somew with us

graft. We should have a fresh air, during the day and a night, but never in the form of a draft.

Many people help ward off cold by carefully avoiding people who are speesing, coughing or blowing their noses. It takes courage sometimes to get up and move away from somebody with the sniffles, but I've seen many people do it, just to be safe.

Resistance to any infection, including the cold, is built up in the human body by getting plenty of sleep. Sleep refreshes and "tones" the body and helps forti-fy the body's own delense against the invasion of germs.

Eating the right kind of food also helps keep the body healthy and vigorous. Your own dontor is in the best position of anybody in the world to tell you what dies best suits you and your family, He can tell you the importance of getting your full quota of vitamins, minerals, and other food values in such foods as milk, fresh fruits, leafy vegetables, eggs, meat, et ce'era. Consult him about it.

Regular exercise and plenty of fresh air and sunshine also help keep the body in tone and resistant to colds.

When you feel that "chilly" sensation coming over you that so often warns of a coming cold, took a 500 gallon cut, 4,616 for Deeventually established that it ac- there is a simple exercise that cember. Hickory, which received despera ely to open 421, mastarts the blood circulating and

And that is: Take ten deep Until medical science provides breaths to the full capacity of your lungs. Rise slowly on your toes, breathe deeply, slowly-all the way in. Slide your hands women, had seven shipments of li-marooned during 'the blizzard. slowly up over your hips to your quor of gallons in the following At one point a traffer truck was slowly up over your hips to your them, and second, to minimise ribs, throwing your shoulders back and your chest out as you do. Breathe out again slowly as as you return from the tip-toe position.

Some people say that, because of this simple exercise that anybody can do, they seldom have a preventive measure.

Try as we may, however, to op coming. If we are tired run hold and cause trouble.

When we do catch cold there are certain things we can do to minimize the effect of the coid.

Let me say sincerely that it is a thousand times batter to get (and take) the advice of your family physician, especially if the cold is a severe one, than to at. tempt self-medication. Being a G. physician. I have seen disaster re-3-5tf sult, only too often, from disregard of a common cold or from FOR RENT: within city limits, attempted self-medication.

What are some of the ways to

phys! Different rented separation. See Fannie different treatmen s for different Hutson, route 3, North Wilkes- patients under different circumstances, but it is generally agreed \$-9-2t that drinking plen'y of liquids is good for you when you are catching or have caught a cold. ment wi'h private bath, steam The theory here, of course, is to help "wash away" the cold organ-

The juice of fresh fruits is also generally considered helpful. Fruit juices alternated with plenty of water between times is

usually efficacious. Another way to help wash away the cold organism is to take a laxative, but only under your

physician's instruction. Many people take to bed the minute they ca'ch cold and there is much scientific konwledge and experience to point to the usefulness of this practice in breaking

up a cold. Warmth, rest and liquids seem o help. Another aid is fresh air in the room while you are in bed. It is known that cold germs live and linger for hours and even for

days in stale air. It is most hopeful for the human race that a new era of few er colds, less influenza and pneu monia appears to be on the health ing and alterations. Leather horizon of things to come. There

within the buman body. But the Utapian day of no more colds Lasn't come yet; and it's every man for himself in the

In this day of national emer gency we cannot afford to impair our efficiency and lower our morale by suffering unnecessarily of colds-whether or not we are engaged directly or indirectly, in national defense.



are part of the Hawalian hastian. Lives tert: A Il-S. hambandler hits with an affectionate hand on the world-famous bight as he seam the Pacific during a couline flight! Opper right: Gunners of the Hawaitan sea for a possible evemy, attacking force.

of sleen and avoiding colds, ISOLATED PEOPLE which are all too common at this time of the year, and so often

(Continued from page 1)

for December 6.042.

needed 5,165 for November, but soon forget. 4,209 in November, received only rooned motorists watched the 3873 for December. Hamlet used work with much interest, eager 1,259 in November but only 1,755 to get on their way and make for December. Selma, which but a contact with the oustide world. few weeks ago was glorified as a dry town again and safe again for al trucks and cars which were numerals: 183, 190, 184, 188, 158, fo the ditch; having left the road 201, 139. Blowing Rock, summer during the snowstorm in order in with 2,635 gallons.

avoid catching colds, they still signature that he is retailing Hquor in his county.

every effort to get other figure down and in a realizated country of the period of the peri gets on the inside it is impossible Ashe lime and the Jeffersons. The to give any picture of the liquor highway to Spare selling in dry counties. Those two not been opened today. Wilkesboro dealers who cember, carried a stock bigger today. than most of the AR

act, plus popular plebiscite. The FIRST RAPTIST CHURCH price of liquor in the state som under ABC authority is about \$10 z ship in the First Bartist character and this Sunday the second will speak to state ABC calculations. That on the subject Life And Its' yokes." The state of the subject to the sub te dry towns.

position.

Needed at once in Centar! North Carolina plant, 900 Production Workers, machine shop. Plenty of overtime. Your local United States Employment Service office has the details.

Navy In Need Of DIGGING OUT AFTER SNOW, BLIZZARD (Continued from page 1)

through the drifts in six hours Huge Quantities Of Liquor The snow was sof and soveral Billed To Dealers In Wilkes The snow was sof and soveral the snow was sof and soveral the snow was sof and soveral the snow was sof and so snow that the snow was sof and snow the snow that the snow was sof and snow the snow that the snow was sof and snow the snow that the snow was sof and snow the snow that the snow was sof and snow the snow that the snow the snow that the snow that the snow the snow that the snow the snow that the snow that the s times be fell into snow more than hoad-deep. At the county line he was met by an automobile from Burlington and Hickory also North Wilkesboro. Fred said he slumped in December. Burlington had an experience he, will not

While highway forces worked

Along highway 421 were sever resort fown, got 1,510 to join the to avert a coffision with a stallcharmed circle, and Monroe came ed automobile. The driver said In one of the dry counties near on a relatively steep grade whon man who has written Washington waved for him to stop. Because ing. And he writes over his own the automobile and probably kill its occupants he ran into the ditch. Portunately, mo one was

All buses in this part of the handled that 12,981 gallons in De- state had resumed their schedules

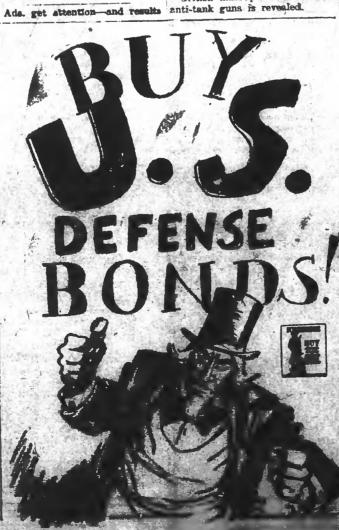
which sell under special legislative SUNDAY SERVICES AT

At the morning section at ship in the First Baptist char

"A Diamond in the Rough" will It is a pretty sizable business, he the sermon topic for the evthis bootlegging industry, and it ening worship service which bedoesn't seem to be bothered by op- gins at 7:30 p. m. The Baptist Training Union for Juniors, Intermediates, Young People, and Adults meets at 6:30 p. m.

A cordial invitation is extended to the public to attend the services.

British mass production of new



Aviation Cadets

active duty in June for prelimin. deze. It is also seeded on idie ary flight training.

This announcement made by Lt. Comdr. S. M. Morehouse, USNR, senior Naval Aviation Cedet

Board, Atlanta, Georgia A rapidly growing been he was going down the highway our armed forces; Naval Arietton offers alert, red-blooded poung Greensboro, there is a prominent a lady from the stalled auto college men of America am exect lent opportunity to said the nathat he is a regular retailer. He of the anow on the highway he tion's defense; to quality the comsupport the effectiveness of this had been a wholesaler, but could could not stop with the heavy missions as Emsigns in this U. & not qualify and changed to retail truck and rather than crash into Naval Reserve and and Limited suts in the U.S. Mariso Corps Reserve at the same rank as graduates of the United States Meadamy at An

Full information concerning entrance into this branch of the service may be obtained from any Recruiting Station or at the Naval Aviation Cadet Select tion Board, 607 Mortgage Guar intee Building, Atlanta, Sa.

Big Military Bill Okayed by Congress

Washington. - Congress, spur red by word from the army high command that "the time has with the business of entrying the war to the enemy," says awift approval yesterday to a \$82,767,-737,900 military appropriation. largest in world history.

The big money bell was sent to President Roosevelt, when the House unanimously, and withou' debate, approved Senate amendments which increased the over all total.

Marshall Statement

The Senate had passed the measure unanimously a little earlier, after hearing Senator Austin of Vermont, the assistant Republican leader, make s plea for national unity in the course of which he read a letter from General George C. Marshall, the army chief of staff.

Declaring that the War Department had been "deluged" with demands for the employment of combat troops to guard inland as well as constal communities and installations, Marshall said the army could not afford to disperse its forces in this way. Need Offensive

"The time has now come." he declared, "when we must procoed with the business of carry ing the wer to the enemy and not permitting the greater portion of our armed forces and our valuable material to be immebilised within continental United States.

General Marshall said the enemy undoubtedly was counting on public reaction to submarine warfare close to the diagrican shores to restrain the United States from engaging the planes and ground troops of emitted in distant theatres.

500 Mechinique II fall round machinists) are needed at sace in a North Carolina shart. Four moirest Buitos Glates and Four

growing crop, when broadcast, it is excellent for checking soil ero sion. number of farmers find it valua-

College men looking skyward and towrd the sea in their desire income of the farmor. to aid America's defence in the armed forces of the air, may enfist for training as Naval aviation common and Tennesses 76 are varieties which are cadets even though they have registered for Selection Service, throughout the state. Kobe and and students may entit in this Korean are the most commonly branch of the U.S. Naval Re- used varieties in our county and serve and complete their college are both adapted to our soils. courses for the current school year before being called to an ideal place for seeding leepe

land in many cases. Some people prefer running a smooth or drag, harrow over the land before the seeding while others prefer seed ing and then running the harrow over the land, while some prefer seeding on top of the land and not using the harrow. However, harrowing may have one advan-tage, that is, harrowing butter eeding gives the seed a rough surface to lodge on and harrow other personal property belowing after you seed will cover the seed which will prevent the seed beatrice CHANDLES from washing from the bigh surface to lodge on and harrows from washing from the high

BOLL IMPROVEMENT: Leaps

for building up the fertility of

the land, if turned under. It has

will more than double the yield

of corn when corn is followed

a good crop of lespedesa.

EROSION CONTROL. Due to

the fact that lespedeza is a close

SEED PRODUCTION. A good

ble to harvest the seed for sale.

In other words, this is another

way in which lespedson adds to

SEEDING. Small grain make

VARIETTES. Kobe,

en stated by farmers who have

ther grasses are short. A smod precision Good pay and overy raxing for one or more sows per interviewer at the d States Employment de

> Ex-King Carol, with his iar plan, barred from U. S Unempleyme new low in the United Str

NOTICE OF SALE OF R SONAL PROPERTY Notice is hereby given the ndersigned Administration of undersigned Administratrix Stelle Blankenship's estate

urday, March 28th, 1941, a A. M., the following describ onal property, to-wit:

1 Electric sewing maching T. Chairs. Love sest. Living room suite

Radios. Laundry heater. Bed springs. Electric sweeper Odd beds. 2 Bedroom suites Trunk.

1 Kitchen range. Pots and Pans. Odd tables.
Washing machine. Electric heater. 2 What nots. Dishes.

Glassware

Fruit jere.

on said date and will be made or cash. This sale con the articles named above

from washing from the high Liministratrix of the Estate; places are settled in the low life. Stella Blankenship, decease line other words you should \$26.4t (t)



Sell Yourself

There's no more salesmanship needed to sell these garments than there is to sell su-

One thing is sure . . . wool clothing isn't going to be more plentiful . . . It isn't going to be lower in cost . . . and even men who aren't experts on men's clothing know immediately that these suits are real and unusual buys.

This morning's papers carry the announcement from the war production board that woolens for civilian use will be cut eighty per cent for the coming season.

We still have a large stock of suits, with lapels on the coat, vests and cuffs on the trousers. No more will be made after Mar-

And our prices on these virgin wool suits are very little higher than they were a year

\$19.50 , \$35.00