

Time Here Again

GRAZING... SOLL IMPROVEMENT... EROSION CONTROL... SEED PRODUCTION... VARIETIES... SEEDING... Full information concerning entrance into this branch of the service may be obtained from any Navy Recruiting Station or at the Naval Aviation Cadet Selection Board, 637 Mortgage Guarantee Building, Atlanta, Ga.

Big Military Bill Okayed by Congress

Washington.—Congress, spurred by word from the army high command that "the time has now come when we must proceed with the business of carrying the war to the enemy," gave swift approval yesterday to a \$32,767,737,900 military appropriation, largest in world history.

The big money bill was sent to President Roosevelt when the House unanimously, and without debate, approved Senate amendments which increased the overall total.

Marshall Statement

The Senate had passed the measure unanimously a little earlier, after hearing Senator Austin of Vermont, the assistant Republican leader, make a plea for national unity in the course of which he read a letter from General George C. Marshall, the army chief of staff.

Declaring that the War Department had been "dejected" with demands for the employment of combat troops to guard inland as well as coastal communities and installations, Marshall said the army could not afford to disperse its forces in this way.

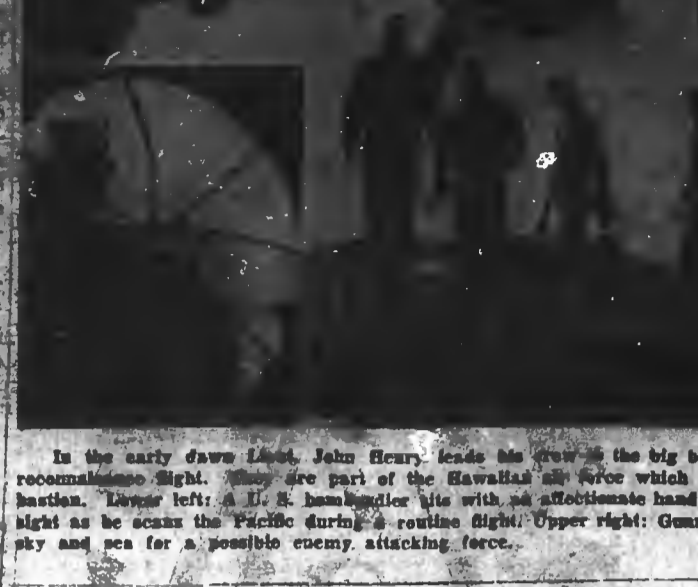
Need Offensive

"The time has now come," he declared, "when we must proceed with the business of carrying the war to the enemy and not permitting the greater portion of our armed forces and our valuable material to be immobilized within continental United States."

General Marshall said the enemy undoubtedly was counting on public reaction to submarine warfare close to the American shores to restrain the United States from engaging its planes and ground troops offensively in distant theaters.

500 Mechulists II (all-round machines) are needed at once in a North Carolina plant. Your nearest United States Employment Service office will send you details.

Ad. get attention—and results



In the early dawn light, John Henry leads his crew of the big bomber, loaded and primed for a long reconnaissance flight. They are part of the Hawaiian air force which is guarding Uncle Sam's mid-Pacific bastion. Lower left: A U. S. bombardier sits with an affectionate hand on the world-famous American bomb right as he scans the Pacific during a routine flight. Upper right: Gunners of the Hawaiian air patrol watch sky and sea for a possible enemy attacking force.

Navy In Need Of Aviation Cadets

College men looking skyward and toward the sea in their desire to aid America's defense in the armed forces of the air, may enlist for training as Naval aviation cadets even though they have registered for Selective Service, and students may enlist in this branch of the U. S. Naval Reserve and complete their college courses for the current school year before being called to active duty in June for preliminary flight training.

This announcement has been made by Lt. Comdr. S. H. Morrhouse, USNR, senior member, Naval Aviation Cadet Selection Board, Atlanta, Georgia.

A rapidly growing branch of our armed forces, Naval Aviation cadets alert, red-blooded young college men of America an excellent opportunity to aid the nation's defense; to qualify for commissions as Ensigns in the U. S. Naval Reserve and as Lieutenants in the U. S. Marine Corps Reserve at the same rank as graduates of the United States Academy at Annapolis, and to receive training that will prepare them for careers in civil aviation when the present world conflict is ended.

ISOLATED PEOPLE DIGGING OUT AFTER SNOW, BLIZZARD

(Continued from page 1)

through the drifts in six hours. The snow was soft and several times he fell into a more than head-deep. At the county line he was met by an automobile from North Wilkesboro. Fred said he had an experience he will not soon forget.

While highway forces worked desperately to open 421, marooned motorists watched the work with much interest, eager to get on their way and make contact with the outside world.

Along highway 421 were severals trucks and cars which were marooned during the blizzard. At one point a trailer truck was in the ditch, having left the road during the snowstorm in order to avert a collision with a stalled automobile. The driver said he was going down the highway on a relatively steep grade when a lady from the stalled auto waved for him to stop. Because of the snow on the highway he could not stop with the heavy truck and rather than crash into the automobile and probably kill its occupants he ran into the ditch. Fortunately, no one was hurt and the truck was not badly damaged.

Early today highway 421 had been opened between the Wilkes-Ashle line and the Jeffersons. The highway to Sparta No. 18 had not been opened today.

All buses in this part of the state had resumed their schedules today.

SUNDAY SERVICES AT FIRST BAPTIST CHURCH

At the morning service worship in the First Baptist church this Sunday the pastor will speak on the subject "Life and Its Yokes." The service begins at 11 a. m.

"A Diamond in the Rough" will be the sermon topic for the evening worship service which begins at 7:30 p. m. The Baptist Training Union for Juniors, Intermediates, Young People, and Adults meets at 6:30 p. m.

A cordial invitation is extended to the public to attend the services.

Needled at once in Central North Carolina plant, 900 Production Workers, machine shop. Plenty of overtime. Your local United States Employment Service office has the details.

Ad. get attention—and results

British mass production of new anti-tank guns is revealed.

Common Cold

What is a cold? Although we do not yet know exactly what causes a cold, the progress of medical science is at least on the brink of finding a true preventive has never been brighter than it is today. It may be that the effective vaccine will be developed soon that will kill the "cold" virus. There are certain encouraging indications that this may be so.

As early as 1914 science put forth the theory that a cold was primarily caused by a "filterable virus," a poisonous organism smaller in size than a body cell and so low in the living scale that it seemed to be without life.

It could not be seen, even under a microscope. It could not be heard, smelled, touched, tasted, isolated—or held by a filter. Indeed, nothing was known about it except its effects.

Yet it was proved in scientific experiments that the cold virus could reproduce itself with astonishing rapidity. Thus it was eventually established that it actually lived and was to be reckoned with as a dangerous organism.

Until medical science provides us with a true preventive for all-too-common colds, there are certain things that we as individuals can do, first, to avoid them, and second, to minimize their bad effects if we do contract a cold.

First, as to prevention. Everybody knows that "getting your feet wet" or being insufficiently dressed in winter is a common cause of catching a cold. We should have plenty of fresh air during the day and at night, but never in the form of a draft.

Many people help ward off colds by carefully avoiding people who are sneezing, coughing or blowing their noses. It takes courage sometimes to get up and move away from somebody with the sniffles, but I've seen many people do it, just to be safe.

Want Ads

- FOR RENT**—Apartment, furnished. 724 Laurel, Kensington. Phone 575. 3-5-4t
- FOR RENT**—Two-Room Apartment. Strictly modern. Very convenient. Close in. Couple preferred. Call 373M. 1tp
- FOR RENT**—4-Room Apartment, modern plumbing, hardwood floors. Close in. Mrs. C. G. Poindexter. 3-5-5t
- FOR RENT**: within city limits, house containing store room and living quarters. Also two basement rooms, which may be rented separately. See Fannie Hutson, route 5, North Wilkesboro, or call Wilkes County Welfare Department. 3-9-2t
- FOR RENT**: Three-room apartment with private bath, steam heat and water furnished. R. T. McNeil. Phone 32. 1-10-1t
- FOR RENT**—Nine-room house on D street. See D. J. Carter at The Journal-Patriot office. 2-9-1t
- FOR SALE**
- FOR SALE**: 1941 Tuxedo Chevrolet, run only 3400 miles. 5 tires almost new. D. R. Parker. Phone 23-W. 3-5-2t
- GOOD USED CARS**—Reconditioned and with good tires. Many bargains on hand. Graybeal Motor company, Claude Hutchens building on Gordon Avenue, Tom McNeill, manager. 2-5-5t
- WANTED**
- WANTED**: Man for Raleigh Route. Permanent if you are a hustler. For particulars write Raleigh, Dept. NCC-164-103, Richmond, Va. 1tp
- WANTED**: To do your dry cleaning and alterations. Leather jackets reined. Stop at our Branch Office on 9th Street. Call Hotel Building. Modern Cleaners. Phone 348. 3-16-3t
- TAN BARK**—Chastant Oak and Hemlock bark will be taken this year in the sheds of the International Shoe Company at North Wilkesboro, N. C. Bark can be delivered any day of the week except Sunday. 4-18
- MISCELLANEOUS**
- JOE PALMER**—begin work with us eight hours a day, six days a week for expert radio and refrigerator repair service, any make or model. Telephone 630 for quick service. Anderson Electric Co., Wilkesboro. 1-9-4t

Regular exercise and plenty of fresh air and sunshine also help keep the body in tone and resistant to colds.

When you feel that "chilly" sensation coming over you that so often warns of a coming cold, there is a simple exercise that starts the blood circulating and puts you on your feet again.

And that is: Take ten deep breaths to the full capacity of your lungs. Rise slowly on your toes, breathe deeply, slowly—all the way in. Slide your hands slowly up over your hips to your ribs, throwing your shoulders back and your chest out as you do. Breathe out again slowly as you return from the tip-toe position.

Some people say that, because of this simple exercise that anybody can do, they seldom have a cold. And there is evidence to support the effectiveness of this preventive measure.

Try as we may, however, to avoid catching colds, they still seem to come. If we are tired, run down and in a weakened condition generally, the ubiquitous cold germs are more apt to catch hold and cause trouble.

When we do catch cold there are certain things we can do to minimize the effect of the cold.

Let me say sincerely that it is a thousand times better to get (and take) the advice of your family physician, especially if the cold is a severe one, than to attempt self-medication. Being a physician, I have seen disaster result, only too often, from disregard of a common cold or from attempted self-medication.

What are some of the ways to care for a cold?

Different physicians suggest different treatments for different patients under different circumstances, but it is generally agreed that drinking plenty of liquids is good for you when you are catching or have caught a cold. The theory here, of course, is to help "wash away" the cold organism.

The juice of fresh fruits is also generally considered helpful. Fruit juices alternated with plenty of water between times is usually efficacious.

Another way to help wash away the cold organism is to take a laxative, but only under your physician's instruction.

Many people take to bed the minute they catch cold and there is much scientific knowledge and experience to point to the usefulness of this practice in breaking up a cold.

Warmth, rest and liquids seem to help. Another aid is fresh air in the room while you are in bed. It is known that cold germs live and linger for hours and even for days in stale air.

It is most hopeful for the human race that a new era of fewer colds, less influenza and pneumonia appears to be on the health horizon of things to come. There are new drugs, too, that help arrest the spread of an infection within the human body.

But the Utopian day of no more colds hasn't come yet; and it's every man for himself in the meantime.

In this day of national emergency we cannot afford to impair our efficiency and lower our morale by suffering unnecessarily of colds—whether or not we are engaged directly or indirectly in national defense.

Everybody is in this, all-out war; every man, woman and child in the nation. We must keep healthy, toughen ourselves up to the big job ahead.

And that means getting plenty of the right kind of food, plenty

BUY U.S. DEFENSE BONDS!

Come In And Sell Yourself A Suit!

There's no more salesmanship needed to sell these garments than there is to sell sugar or tires.

One thing is sure... wool clothing isn't going to be more plentiful... It isn't going to be lower in cost... and even men who aren't experts on men's clothing know immediately that these suits are real and unusual buys.

This morning's papers carry the announcement from the war production board that woollens for civilian use will be cut eighty per cent for the coming season.

We still have a large stock of suits, with lapels on the coat, vests and cuffs on the trousers. No more will be made after March 30th.

And our prices on these virgin wool suits are very little higher than they were a year ago.

\$19.50 to \$35.00

Marlow's Men's Shop

"New and Current Men's Wear"