## Racs retart

| Famity Of Four Can Get By For Month This Way As an example of how a lamily of fous, haviag 192 points, the following table showa how they Evoducts. chebles soup at two meals, reg fruits at about six, batred beang bottle of catsup. might use its ration points: Soup (twice) Raked beans Peas Corned fruits (3 times) 82 Green beans Tomato juice (twice).... 14 bottle) ... <br> Totals $\qquad$ the basis of a No. 2 can supply- $\qquad$ not be pricked before or daring in the fine full flavor and juices of the meat and an unbraken akin makes a more attractive finished tirn the links with a spoon or sitchen tongs, and don't use a <br> fork |
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- FOR SALE Jeavold mines. Pant N. Pestai:

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 Typewriter in good condition.
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Journal-Patriot oftce. 3 - 4 -2tp ANTED-Meat Onver, prefer
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| chairmen for groups of helpers in the campaign throughout the various townships are: TraphillMiss Beatrice Holbronk; Walnut Grove-J. W. Joines; UnionMiss Ora Vannoy; Wilkesboro. (outside the corporate limits of the town of Wilkesboro)-Miss Della Bumgarner; Antioch-Mr. J. R. Calloway; Beaver CreekMr. T. W. Ferguson; BoomerMiss Eva German; Edwards No. 1. 2, and 3-Mr. E. R. Spruill; Elk No. 1 and 2-Mr. E. B., Settle: <br>  | A. Fairchild over the week-end were: Mr. Chaude Mcee. of Roderfield. W. Va.: Mr. and Mrs. <br> Hal Church, of North Wrlkeshoro. <br> Miss Maxine Huftman, who has been taking a business course in Winston Salem. hrs accepted a position in Philadelphia. Penn. <br> Little Miss Carol Deane Church tives in North wilkestoro. <br> Melba June, small daughter of Mr. and Mrs. Albert Goforth, who has been at the Wilkes Hospltal for sevqral dayg, is showing much tmprovement, her many triends <br>  |
| :---: | :---: |
| Fork-Mr. P. W. Greer; Eiovelace <br> -Mrs. Eva Glass; Monavian Falls <br> - Mrs Mae Hendren; Mulberry- | Master Tommy Foster visited Joe an noon. |

## Cottonsed Meal Mike Wilians Is Is Now Released Cage Star Player Mixed Fertilizers McCallie's Schoo

| In an effort to tree tarmers' stocks of cottoneed meal, the Food Production Administration has announced conditions under which the meal may be used for making mired fertlicers, according to H. C. Roberti, chairman of the County USDA War Board. <br> Relaying of the regulations, the chairman said, is desigred :o make existing supplies of meal available for livestock feed end available for livestock feed and for tertilizer for the war effort. <br> Under present regulations, Mr. Roberts said, fertilizer manufac- <br> Mike Willems, son of Mr. and <br> Mre. P. M. Walliams, of this city, basketball team of McCallie's Schaol at Chattanooga, Tennessee <br> The fohowing account of a game played between MeCalle's and Tennessee Military Institute term of 'Sweetwater, Tenn., appeared in the February 23 lssx:e of the Chattanooga Free Press: <br> Gaily bedecked in new untiorus the McCallie Blue Tornado upheld their No. 1 geeding for the Mid- <br> their No. 1 geeding for the Mid- south meet hy disposing of the <br> fourth-ranking Tennessee Mill- |  |
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| erts sald. These vegetables Inkale, snap and lima beans, spinach. sweet and Irish potatoes, onions, all peas, peppers, sweet corn, and vegetable seeds. <br> "Farmers in the cotton areas of the state usually swap their cottonseed for cottonseed meal or cake when their cotton is sinned." he said. 'Then they trade it for fertilizer in the spring. This year. there was a large quantity of cottonseed meal obtained by farmers. but. as yet, little of it has bean traded for fertilizer." <br> He said the new regulations open the way for marketing much cottonseed meal, since manufacturers now are ellowed to use it The order also provides that manufacturers must offer for sale cottonseed meal obtained in exchangeafter using 80 per cent of the or after using 80 per cent of the or-gapic nitrogen they nged lage :gapic <br> star. | hawked the ball all over the court and displayed an accurate eye for the basket to compile 16 points on both crlps and long shots. <br> Charley Thompson turned in an excellent game as he carried the brunt of the play in the early stages of the game. John Cennon paced the Cadet's scoring with points followed by Dale Boyer. who tallied 6 times. <br> The 14 points scored hy Payne ran his total for the season to 323 to add to his record. The Blues have played 24 games and won 20 of them. $\qquad$ <br> PINE SEEDLINGS <br> Ben Nicholson of Johns Creek ir Jackson county set about 10,000 pine seedlings five years ago on a steep hill above his cultivated acreage. Six inches of pine needles prevent damage to his crops from washing. <br> BUY MORE WAR BONDS |
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Broom Cara Colling
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