

Join the 'Kitchen Commandos'

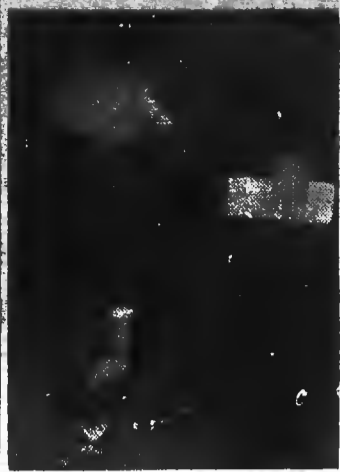
Housewives Are Urged to Save All Waste Fats

Mrs. ESTELLE T. SMITH, Chmn. Women's Division, State Salvage Committee

Saving waste fats is one of the simplest war aids asked by Uncle Sam, and it is one of the most important ones on the home front. Every housewife, therefore, should join the proud ranks of the Kitchen Commandos, and do her part in saving a half of a pound of fat per month for Uncle Sam. Her uniform may be only a plain apron, but if she is doing her job it can be as gallant an outfit as the togs and helmet of a bombardier in a Flying Fortress.

The British cut off Germany's supply of fats and oil in World War I, and the resulting shortage was a major contribution to the final outcome of the war. To avoid such a shortage in this war

Puss Listens In



A little alley cat enters the hearing room where the senate interstate commerce committee was holding hearings on the American Federation of Music's ban on music. Senator Ernest McFarland of Arizona is shown petting it.

Germany has forced housewives

to install grease traps in kitchen sinks and has rebuilt the country's sewage system to recover all fats.

It has been estimated that more than one billion pounds of fats and greases are wasted in the kitchens of America each year—poured down the drains or into garbage pails. This is a challenge to every housewife in America, for it is her job to see that this fat is saved.

In the past we got almost a billion pounds a year of fats from far Eastern sources now cut off by the Japs—coconut oil and corpa from the Philippines, palm oil from the Dutch East Indies and Malaya, tung oil from China, perilla oil from Manchuria and Japan.

Now our problem is to replace all of this loss. Increased imports of oil and oil seeds from our neighbors in Central and South America partly replace this loss. Farmers, too, in this country are increasing the acreage of high oil-yielding crops such as cotton seed, soybeans and peanuts. But the biggest source is in the housewife's kitchen, and every housewife is urged to see that this source is fully tapped. From the drippings of sausage, steaks, and chops, beef, pork and lamb roasts must come fat for glycerine so needed to make the explosives for the shells and bombs and depth charges to win the war.

Strain the fat through an ordinary strainer into a clean, smooth-edged can and store in a cool, dark place or a refrigerator until you have a pound. Then carry it to your butcher or grocer from whom you purchase your meat, and he will pay you three cents per pound for it.

Solid fat can be salvaged by putting it through a meat grinder and then heating it in the top part of a double boiler or in a small amount of water in the frying pan. No amount of waste fat is too small to save. One tablespoonful a day will mean almost one pound per month, and this should be possible in every household in the state if the housewife will use a little less for seasoning in order to back up the boys in the armed forces.

This is the woman's job . . . a job for everyone and anyone whose family responsibilities prevent more active participation in the war effort.

The goal is to salvage from households 200,000,000 pounds per year, or 16,677,000 pounds per month.

The United States is consuming and exporting approximately 20,000,000 more pounds of glycerine per year than she is producing. This excess of consumption over production is being met by existing stock piles which must be kept at a safe level by salvaging all waste fats.

Every housewife in North Carolina is asked to do her part—one half pound per family per month. Are you doing your part?

More Milk Being Produced Result Of Good Feeding

Milk production of North Carolina dairy herds can be greatly increased through proper care and feeding, says J. A. Arey, dairy extension specialist at N. C. State College.

Years of herd improvement association work in the state have conclusively shown that unprofitable production of many cows is due to poor feed and care, rather than to a lack of the inherited ability to produce milk.

Arey cited the records of eleven mature Jersey cows which were on test at Willard. With a medium feed allowance, which was better than that received by other nearby herds, they produced an average of 4,240 pounds of milk and 206 pounds of fat per year. Later, these same cows were given a full ration of similar feeds, but in different proportions, and the average production jumped to 7,125 pounds of milk and 352 pounds of fat per year.

Although more feed was consumed during the second period, the cost of producing one hundred pounds of milk was 27 percent less, points out Arey, and this was due to the increase in milk production.

The specialist said that if all North Carolina dairy cows were given a full feed ration and a resulting increase milk production obtained like that in the test at Willard, the average North Carolina cow would produce 269 pounds of fat rather than 159 pounds, and North Carolina would add 42,138,600 pounds of butterfat this year to meet increasing war needs.

SUPPORT PRICES FOR VEGETABLES GREATER

Support prices for dry edible beans, dry peas, peanuts, soybeans, and flaxseed have been increased to encourage greater production.



LET'S BE SURE THEY CONTINUE — A —

'SYMBOLS OF FREEDOM'

THERE'S A JOB FOR EVERYBODY



THE FLAG AND THE AMERICAN EAGLE MEAN MUCH TO AMERICANS, AND TO ALL OUR ALLIES WHO ARE HELPING IN THE STRUGGLE TO SEE THEM SURVIVE THE MAD AIMS OF HITLER, MUSSOLINI AND TOJO. AMERICA'S WEIGHT IS BEING FELT MORE AND MORE AS THE ALLIED NATIONS STEP UP THEIR FIGHT AGAINST THE AGGRESSORS, AND NOW ON THE HOME-STRETCH THERE'S A JOB FOR EACH OF US. LET'S NOT FAIL IN OUR DUTY TO PRODUCE AND CONSERVE FOOD, THAT MEN AND WOMEN IN UNIFORM MAY BE KEPT FIT FOR THEIR JOBS OF FIGHTING FOR OUR FREEDOM!

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CONGRATULATIONS

To All Wilkes People Who Are Producing Food of Any Kind!

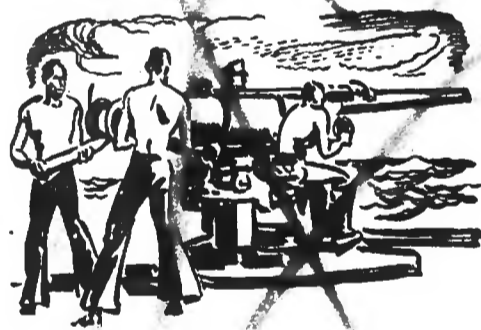


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WILKES FARMERS, DAIRYMEN, POULTRYMEN AND ORCHARDISTS

ARE BEING CALLED UPON TO PRODUCE TO THE LIMIT, AND ALL OUR CITIZENS ARE BEING ASKED TO CONSERVE IN OUR DAILY USE OF THESE FOODS. FOOD IS AMMUNITION. SO USE IT WISELY . . . JUST AS OUR FIGHTERS DO IN BATTLE DUTY!

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