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INDEPENDENT IN POLITICS

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Monday, April 25, 1949



Alcoholic Insanity End Of Many Years' Drinking

Alcoholic insanity is not achieved in a few days or weeks, according to the Census Bureau.

It is the result of years of social drinking, moderate drinking, shading into heavy drinking, and ultimate alcoholism with mental disturbance which may be permanent.

The median age for admission to all hospitals for permanent care in 1944, was 43.3 years, with the median age for males at 40.7 and females at 46.4 years. Male first admissions to psychopathic hospitals for temporary care during 1944 had a median age of 35.3 and females of 34.7 years.—Phil. Bulletin, February 4, 1949.

Fire annually destroys enough timber and lumber to build 140,000 fire-room houses.

Borrowed Comment

CAN'T GET HIM PAST THE FIRST TAVERN

(Veteran's Administration Hospitals Start Alcoholics to Recovery, But the Taverns Trip Them Up)

Alcoholism usually develops slowly, but the Veterans Administration Hospitals have alcoholics in great numbers despite the short time since the second World War.

A story in the Arkansas Gazette (Little Rock, February 6, 1949), sent to us by Bishop Paul E. Martin, quotes Dr. H. W. Sterling, manager of the Veterans Administration Hospital in North Little Rock, as saying that they frequently succeed in restoring the alcoholic to well-being, clearing his brain of alcohol, and giving him an understanding of his problem, "but we can't get him past the first tavern he reaches after he leaves here."

Some of the veterans reaching the hospital and suffering from alcoholism, have been hurt too badly to respond readily to treatment, but many of them can be helped. The hospital has a ward solely for alcoholics and it is usually full. The period of treatment is from two to four weeks if alcoholism is not too far advanced. The alcoholic usually goes to the hospital voluntarily, is cleaned up physically, feels better, and wants to get out. He can't be held unless he is psychotic.

Some of the repeaters have gone as long as 40 days in heavy drinking without eating any solid food. The DT's in such cases prove fatal about 50 per cent of the time.

The first step in the treatment is to get the alcohol out of the man's system and build up his physical health. He is given sweat baths, and vitamins are used to rectify the serious nutritional deficiencies usually associated with heavy drinking. "Then comes tests which determine the extent of mental damage. Dr. Sterling illustrated: 'For example, after the tests are completed, a staff member can turn to the patient, and say, 'Look, you've suffered a mental regression of eight per cent from your prolonged drinking.'"

"Sometimes the doctor can point out another patient and say, 'There's how you'll be in another 20 years, say, if you keep on.'"

"Among some who 'have kept on,' IQs have dropped from 140 to 70.

"Dr. Sterling said the examinations given alcoholics revealed their reasons for drinking as follows:

"Most from emotional disabilities.
"Very few' from organic disabilities.
"Three or four per cent' from gross mental disorders requiring long periods of treatment.

"The 'emotional disabilities' cover a lot of territory. They are brought out with considerable success in the patients' group psychotherapy,' which, Dr. Sterling said 'is nothing more nor less than a ventilation of the emotions.

"A group of patients are brought together, and one fellow is started to talking about his troubles. The rest find they have had the same experiences, and there's nothing so unusual about it. They get a feeling of security.

"Their reasons for drinking are as many as there are persons, and alcoholism doesn't respect any walk of life. We have had a minister out here.

"They have used alcohol as a crutch, and become dependent on it to such an extent they can't throw it away."

"Those who leave the hospital and 'throw the crutch away' are those who 'really want to get well,' Dr. Sterling said.

"Without that 'want,' the alcoholic is hopeless."

700 Assemble In Elkin For Farm Festival

Elkin.—Seven hundred farm women of Surry, Yadkin and Wilkes Counties were told here Thursday that the last bulwark of a strong nation would always lie in the unity of the American farm home.

Mrs. Charles Sewell, Otterbein, Ind., administrative director of the Associated Women of the American Farm Bureau Federation, sounded this keynote at the third annual home demonstration Spring festival of the 11th North Carolina District.

Addressing a fashionably attired group, which the speaker herself described 'like a great bed of pansies,' Mrs. Sewell outlined a program of improvement for the farm homes of North Carolina and the country, placing special emphasis on the health and education of the farm youth, 'agriculture's future.'

The program, sponsored by the Elkin Kiwanis Club, lasted five hours, including songs and recreation and addresses by leading farm women of North Carolina and District 11.

Also appearing were Mrs. Irby Walker, Greensboro, treasurer of the Associated Women of the North Carolina Farm Bureau Federation; Dr. Ellen Winston, Raleigh, commissioner of the State Board of Public Welfare; and John H. Harris, horticultural extension specialist.

Officers for the coming term of the 11th District were named following the final address. Mrs. A. T. Whittington, Elkin, was elected president; Mrs. Charles W. Gough, Hamptonville, first vice president; Mrs. Hugh Atkinson, Siloam, second vice president; and Miss Mora Nichols, Toast, secretary; Mrs. P. N. Taylor, White Plains, outgoing president, presided at the meeting.

Support the Y M C A

NOTICE OF SALE

North Carolina, Wilkes County. Under and by virtue of the power of sale contained in a certain chattel mortgage executed by W. M. Carrington, trading as Southern Bargain Store, dated October 21, 1948 and recorded in Book 53, page 229, Wilkes County Registry to the undersigned mortgagee, and default having been made in the payment of the note secured therein, the undersigned mortgagee will offer for sale for cash to the highest bidder at public auction at 12 noon at the Courthouse Door in Wilkesboro, N. C. on Thursday, May 5, 1949, the following described automobile:
One 1946 Ford Station Wagon Super Deluxe, Motor No. 99A-979965.

This 13th day of April, 1949.
THE NORTHWESTERN BANK,
4-25-2t-(M) Mortgagee.
By D. V. DEAL.

NOTICE OF SALE

North Carolina, Wilkes County. Under and by virtue of the power of sale contained in a certain chattel mortgage executed by Arlo Palmer, dated July 6, 1948, recorded in Book 67, page 86, Caldwell County Registry, to the undersigned mortgagee, and default having been made in the payment of the note secured therein, the undersigned mortgagee will offer for sale for cash to the highest bidder at public auction at 12 noon at the Courthouse Door in Wilkesboro, N.C. on Thursday, May 5, 1949, the following described truck:
One 1947 Federal 2 to 3 Ton Truck, Motor No. 1643899, Serial No. 135256.

This 13th day of April, 1949.
INSURANCE SERVICE AND CREDIT CORPORATION,
4-25-2t-(M) Mortgagee.
By W. J. CAROON.

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FREE ESTIMATES ON
Inlaid Linoleum
Asphalt & Rubber Tile

or
Wall Linoleum

Gray Brothers
FURNITURE CO.

WILKESBORO, N. C.

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25¢
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SERVING
DEVELOPER
FURNISHED
FREE!
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SPECIAL

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	Reg. Price	Special
4 Cubic Feet	\$209.95	\$149.95
9 Cubic Feet	409.95	299.95
10 Cubic Feet	449.95	349.95
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DICK'S GAS & APPLIANCE COMPANY

East Main Street

North Wilkesboro

RUGGED... NEW PENNSYLVANIA TUBE... 1¢

10-DAY 1¢ SPECIAL PENNSYLVANIA TIRE... \$12.94

FIRST LINE TUBE01

TOTAL COST \$12.95 PLUS TAX

A great modern tire and tube value that was \$16.70! Fully protected by our Unconditional Guarantee against road hazards.

10 DAYS ONLY

MIDTOWN SERVICE STATION

(Formerly Dick's Service Station)

Tenth Street

Phone 771

North Wilkesboro

Clean-Up Week Is Here In Wilkes

This is Clean-Up Week, the event you have been waiting for if you have not carried out a Clean-Up campaign on your own premises.

During the past week much effort has been put forth by committees in charge of the event to impress upon the people the importance of making more beautiful the appearance of homes, streets, places of business and public property.

It is worth repeating that impressions can carry great weight. The first impression of your community gained by a visitor can change its entire future.

Industrialists have been known to locate great industries in communities which impressed them as being neat, beautiful and where people had much civic pride.

"Cleanliness is next to godliness," is an old quotation familiar to us all. We might also add that cleanliness is a great help to sanitation and public health.

There are so many intangible benefits that it is impossible to list them all.

In view of the fact that everything is in favor of a more beautiful place in which to live and do business, let us all resolve to carry out much clean-up and beautification work during the coming week, regardless of what we may have already accomplished this spring.

Rights Must Be Earned In A Democracy

Albert S. Goss, Master of The National Grange, has written a telling editorial on the important subject of "Human Rights Versus Human Responsibility." He points out that the General Assembly of the United Nations has officially stressed rights which are theoretically owed the individual by the state, such as the right to rest and leisure, protection against unemployment, housing and medical care and other forms of social security.

Then Mr. Goss writes: "We believe the United Nations is tackling the whole question of human rights wrong end first... What the world really needs is a Declaration of Human Responsibility! People need to learn that they cannot expect something for nothing. Furthermore, self-government falls when a majority fails to realize that they must contribute as much as they take out. For example, the impossible economic situation in France today is the result of the people demanding more of the government than they give..."

"It is high time we return to the simple philosophy of willingness to work."

One great difficulty that must be met by the framers of any United Nations declaration of policy is that they must satisfy scores of nations and governments which subscribe to every kind and form of political theory. However, the peoples of the free countries, the United States included, have gone a long way down the deadly path that leads to complete governmental domination of our lives. The 'gimme' spirit has reached tragic proportions. And so has the idea that government "owes" us protection against every possible exigency.

To quote Mr. Goss again, "Rights must be earned through the exercising of responsibility." In a free country, the people support their government, and give it orders. In a dictatorship, the government takes over the people, and gives them orders. The distinction is most simple.