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WASHINGTON, D. C.

Tarboro Academy.

The 80th session under the management of the present principal will open Monday, Sept. 3, 1900. GGURSE' OF STUDY—Classical, Mathematical and Practical. Special attention given to the study of English, Physical Science and Elementary Chemistry.

Eng. tuit'on per session of 20 weeks, 220 Greek, Latin and French, each, 5 onlingent fee for fuel, lanitor, etc., 1 50 Board per school month of 4 weeks from the session of the lating payable one-half in advance, the other half at the middle of the session.

F. S. WILKINSON, Principal. Ancient Rules for Health and Long Life,

The following rules, written by

indispensably necessary toward health and long life

2. Animal food and strong liquors seem not to have been designed for man in his original make and frame, but rather indulged to shorten the antedilu-vian length of life, in order to pre-

and effectual exercise, did it not spend the spirits of the tender too much. Riding a-horse back is less laborious, and more effectual for such. Riding in a coach is only for the infirm and young children. House exercises are never to be allowed but when the weather or some bodity infirmity will not permit going abroad, for air contributes mightily to the benefit of exercise, which wondercreases their strength, and stretch-

ing in a coach over rough ground; that their education would have means the perpetuation of the made them vicious, no matter trusts and the still greater oblitennis, billiards, etc., till one sweats, and then going to a warm bed to promote the sweating; fee- both good and bad, can be inher- trusts and the still greater construction of the individual. The only hope for the young men of the country is in the defeat of Mcble arms by playing at shuttle cook or tennis; weak hands by that those traits can be altered by the return of the government to be of the Council, is what probably in effect nearly all large coring or pumping. The gouty best recover the use of their limbs by walking in rough roads, but preveut the fits best by riding ahorseback or in a coach. The valetudinary and the studious ought to have stated times for exercise, at least two or three hours a day, the half before different the other child of bad parentage future.—Philadelphia Times. one half before dinner, the other and good training. half before going to bed.

6. Exercise (1) should always be gone about with an empty stomach; (2) should never be continued to weariness; (3) after it one must take care not to catch cold, and it should always be accom-

7. Cold bathing is of great advantage to health but should not be used under a fit of chronical distemper, with a quick pulse, or with a headache, or by those that have weak langs. It promotes perspiration, enlarges the circulation, and prevents the danger of catching cold. Those of tender nerves should pour water on their heads before they go in, and none ought to jump in suddenly and with dry bread.

Old kid glove

8. The flesh brush is a most bodies, but also on such animals we design for our food as it can be applied to.

Bears the The Kind You Have Always Bought

Only wholesale fraud and corrupt use of money can defeat Mr. Bryan this year. This they intend to do. Henry Litchfield West a noted newspaper correspondent writes the Atlanta Journal concerning Indiana

I have heard the other side. know that the republicans are already buying up the populists "like cattle," to quote the very words of a republican manager. 1 know that the drift in the rural districts is for McKinley, just as it is for Bryan in the cities; I Apply to Ticket Agent for Time Ta-over Rates and General Information, out the agricultural vote; I know If when making R. L. VERNON, F. R. DARBY, C. T. & P. A., C. T. & P rously small; and knowing all this, I am prepared to believe that the rural counties will give the state to McKinley. It is yet three weeks before the election, however, and I shall visit the State again. I shall want to again investigate the disaffection among the laboring men and the railroad employes. If, in the meantime,

> vote of Indiana to McKinley. The Appetite of a Goat,

Is envied by all poor dyspeptics whose stomach and liver are out of order. All such should know that Dr. Ling's New Life Pills, the wonderful stomach and liver remedy, gives a splendid appetite, sound digestion and a regular bodily habit insures perfect Staton & Zoeller's drug store,

A False Theory.

The following rules, written by George Cheyne, M. D. more than one hundred and seventy years ago, show that the people of the importance of diet and systematic exercise for health and long life:

1. Whatever was the original one hundred and seventy pears ago, show that the people of the late National Prison Congress Superintendent Torrence, of the Illinois Reformatory, placed the life for the people of the inherited qualities and that character has the same sources is taking place at present. Before the the late National Prison Congress Superintendent Torrence, of the Illinois Reformatory, placed the life for the people of the most effective features of Mr. Bryan's speeches is his appeal to the young men of the country to ally themselves with the party that is seeking to maintain the better industrial conditions of the earlier American Republic, with permitted ambitions industrious young men to Doon iron and steel merchants St. Superintendent Torrence, of the Illinois Reformatory, placed the proportion of crimes due to here-dity at less than ten per cent. and maintained the view which life to independence, affluence and honor.

Index republican legislation I was in New York last week,

faithful guardian of the flock.

FRANK POWELL,

ATTORNEY AT LAW, TARBORO, N. C.

Practice in the State and Federal Courts and Departments at washington, D. C.

W. L. WILKINS,

es out their organs.

4. The organs of the body that are most used always become strongest, and therefore we can strengthen any week organ by exercise.

5. The lungs are fortified by loud talking and walking up an easy ascent. The digestion and cases to prove the doctrine of heredity as the sole cause of vice.

The idea of assigning all vice to heredity started with such cases as that of the Jukes family, in which the progeny of a single abandoned woman was shown down to the third or fourth generation to have been almost entirely vicious. But those who held such cases to prove the doctrine of heredity as the sole cause of vice.

suggestions Worth Trying.

A raw potato will remove mud

them in hot water.

cleansed by sponging with clear people settle this question; I cold water. The cardboard mounts wash my hands of the whole busishould be cleansed by rubbing ness.

Old kid gloves are useful for many purposes. If worn when useful exercise, as appears by its advantage to horses, and ought not only to be used on human to become sore.

> linen by putting melted tallow on public perilt the mark and then washing the article. The ink and the grease will come out together.

oil on white material may be re- is bound to vote for a candidate moved by rubbing the spot with a who in the judgment of the citi-cloth wet with ammonia, before zen, has a chance of an election, washing with soap. To clean plates and bowls which

are thoroughly saturated with grease, let them stand for two or three hours in hot water to which lye has been added.

The French method of making gravy with roast meats is to baste the roast repeatedly with butter. The resultant rich juices are neither thickened nor strained.

Damp has a great deal to do with the prevalence of moths in States were forced to act under many houses. When the floors duress. The voter is powerless, know that the republicans have are washed the carpets should utterly, when he declines to act. an organization of 32,6000 men never be put down until the boards

molasses cookies, orginger-snapes, the molasses, soda, butter and ginger are cooked together until the mixture just escapes candying, and then cooled before adding the egg and flour, the result will be

iron for a few minutes.

ern Christian Advocate.

He Fooled The Surgeons.

All doctors told Benick Hamilton, of Wost-Jefferson! O., after suffering 18 months from Rectal Fistula, he would Bryan and the Young Man.

vent the excessive growth of wick edness.

3. Walking is the most natural and effectual exercise, did it not spend the spirits of the tender too spend the spirits of the tender too. prey has been educated into a drudgery as hewers of wood enough sense to represent our busand drawers of water for the iness

> best parents and let him be brought permitted an open field and fair up in the atmosphere of vice, and play for all in the struggle for a the child of the worst parents and livelihood. Bryan and the Dem let him be carefully and well edu- ocrat party offer the only hope cated. The child of good paren- left to the young men of this coun-

The Duty to Vote.

This country is approaching what appears to be a crisis in its of doing business. This threat by marks from black cloths. It affairs. One fact is outside of manufacturers, railroads and also should be cut in half and rubbed controversy. If we assume the threats of money lenders was continuance of life we must agree what elected Mr. McKinley before, panied with temperance, else, instead of a remedy, it will become have held milk, rinse them out will be President of the United that Mr. McKinley or Mr. Bryan with cold water before placing States by the votes of the people in November next.

The odor of cloves is very un- in their pronounced opinions, the Are the two men, in character, pleasant to red ants. If cloves are same to any voter? Do you say scattered in the places where the neither is satisfactory to me? ants are found, they will disap- That is not enough. You hold a power in trust. You are bound Soiled photographs may be to act. You cannot say, let other

What do we say of a man who, in time of war, flees his country Bryan. to avoid personal service or contributions in money? Are we bound to render personal service in a time of war, and this because we are citizens, and may we shrink Ink stains may be removed from from the duty of voting in time of

In the pending contest the only result possible is the election of McKinley or the election of Bryan. Yellow stains, left by machine If the citizen is bound to vote, and then the voter acts under a form of duress. This may be so. All trusts are asserted under some

form of constraint. When the election of a President falls upon the House of Representatives, the States must vote for one of the three highest candidates. In the election of 1824 several States were opposed to all of the leading candidates, but gave their votes for the one who was By voting he may aid in directing the course of events .- Ex-Gover-If, when making gingerbread, nor, Boutwell, in Harvard Demo-

A Life and Death Fight.

Mr. W. A. Hines, of manchester, Ia., writing of his almost miraculous escape from death, says: "Expousre afmuch more delicate and satisfac-tory. ter measles induced serious lung trou-ble, which ended in Consumption. I To remove grease spot from a night and day. All my doctors said I with a liberal cont wall paper, hold a piece of blotting must soon die. Then I began to use yours respectfully, had frequent hemorrhages and coughed paper over the spot with a hot flat- Dr. King's New Discovery for Conumption, which completely cured me. I A bottle of water corked, in lieu would not be without it even if it cost any serious trouble occurs in the coal strike and thus turns to Bryan of the pitcher and glass usually it on my recommendation and all say the labor vote not yet for him, placed by the bedside at night, it on my recommendation and all say bottles of Electric Bitters has cured by the labor vote not yet for him, will be found much more convennot even money or organization will be found much more conven- lung troubles," Regular size 50c and ars. Brewer of Scrofula, which had can secure, in the rural sections, a lent for the invalid, who delights \$1.00. Trial bottles free at Staton & caused her great suffering for years.

Chairting an invalid which had caused her great suffering for years.

Terrible sores would be stated as the caused her great suffering for years.

Western culture. The latest innovation is the formation of commercial schools for the training of fe-

maintained the view which is becoming general among criminologists that crime is due to environment, or, in other words, to education and example.

The only question is whether Mr. Torrence's allowance for crime due altogether to heredity is not mossible for an individual settler.

The only question is whether the most himited degree. The public lands have been granted to the railways until it is almost impossible for an individual settler.

The output of the view which is becoming general among the crime is and republican rule this opportunity no longer exists, or only in the most himited degree. The public lands have been granted to the railways until it is almost impossible for an individual settler.

This is one instance of many that could be cited. Lying with Hanna is easy.

How McKinley was Elected and

How he is to be Elected. COTTON BUYER, louid talking and walking up an eases to prove the doctrine of the nerves are strengthened and most headaches cured by riding; most headaches cured by riding; the stone and gravel eased by rid-most here of vice and crime and continuation of political nower in republican hands would feel compelled to close his shop says:-

The above quotation in Sunday's Leader, from J. G. Olmstead. both good and bad, can be inher- the country is in the defeat of Me- of Des Moines' leading merchants, training. Take the child of the the principles and methods which bly in effect nearly all large corporations, manufacturers and business firms will do in the next the acquaintance of an aged and force their men to vote for McKinley, and why not? Men who furnish the brains and money, the pete in business, should not permit, knowingly, the men who get their support from them to so vote

as to greatly injure their business, and further increase the difficulty and it will do it again this time.



Liquor interests, trust and antitrusts, are expected to swell the furds which are being collected to secure McKinley's election. Letters of appeal which are being sent out sound the alarm of the probable election of William Jennings

The letter to the liquor men in Philadelphia is an open cofession that if Bryan is to be defeated it can only be done with money. Popular sentiment is strong against the administration, and it is the hope of the Hanna forces, to win by a lavish expenditure of money. Here is the letter which the Philadelphia liquor men are re-

September 25, 1900. Gentlemen: The national advisory committee having in charge the McKinley and Roosevelt campaign, fully realizing the serious results which may ease if an apathetic feeling is allowed to prevail, has appointed committees representing the different indus tries to solicit funds for the purpose of carrying on an active and thorough campaign of education, fully believing that if each and every one will co-operate with the different committees and contribute according to his means we can retain and advance the prosperity we all so esrnestly desire to see continued. Your committee representing the liquor interests solicits your contribution for this purpose, believing that in this way you are willing to render your assistance and do your share of the work in exterminating "Bryanism" and all it implies. Checks are to be drawn to the order of Drexel &

Thanking you for your courtesy of a reply and hoping to be favored with a liberal contribution. I am,

E. BRICE, Chairman. Bewildering, beautiful, bewitching Glorious News.

Comes from Dr. B. Cargile, Terrible sores would break out on her head and face, and the best doctors The Japanese are making rapid could give no help; but her cure is comstrides in their march toward plete and her health if excellent." This shows what have proved,-that Electric Bitters is the best blood purifier known. It's supreme remedy for ecdie unless a costly operation was per-formed; but he cured himself with five male clerks, and one of the largest and running sores. It stimulates liver, boxes of Buclen's Arnica Salve, the sur. railway companies in Nippon has kidneys and bowels, expels poisons, est Pile cure on earth, and the best intimated that after a certain date helps digestion, builds up the strength. health and great energy. Only 25c at Salve in the world. 25 cents a box. Women will only be employed in Only 5oc. Sold by Staton & Zoeller, Staton & Zoeller, druggists, the clerical department, druggists, Guaranteed. druggists. Guaranteed.

WhenYouBake do away with all the hot discomfort of former baking

days, save yourself work and bother and do your baking in less time, at less expense, by using a Wickless Blue Flame



Burns the cheapest fuel that's sold with absolute safety, without causing dirt or grease, smoke or smell.

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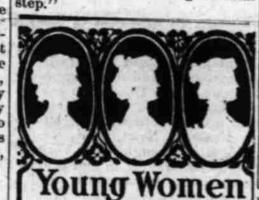


Eclipse reports a speech delivered by Mr. Roosevelt in that city: Men and Women of Kansas: We

CASTORIA

This is how the Parsons (Kan.)

advertises as follows in a Parisian paper: "A young man of agree able presence and desirous of getexperienced gentleman who could dissuade him from taking the fatal



The entry into womanhood is a critical time for a girl. Little menstrual disorders started at that time soon grow into fatal complications. That female troubles are filling graveyards proves this. Wine of Cardoi establishes a painless and natural menstrual flow. When once this important function is started right, a healthy life will usually follow. Many women, young and old, owe their lives to Wine of Cardoi. There is nothing like it to give women issedom from pain and to fit young women for every duty of life. \$1.00 bottles at druggists.

Miss Delle M. Strayer, Tolly, Kan.s "I have suffered untold pain at menetrual poriods for a long time, was pervous, had no appetite, and lost interest in everything, in fact was miserable. I have taken four bottles of Wine of Cardul, with Thedford's Black-Draught, when needed, and to-day I am entirely cured. I cannot express the thanks I feel for what you have done

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imply overflowing with laughlog situate Catchy Music, With Repartee and Startling Denouements. Laughing Cyclone! A Comedy Whirlwind! A Farcial Tornado.

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A Guaranteed Attraction! ccure Your Seats While they are Available NO ADVANCE IN PRICES Remember the day and date and wait for the Big Show.

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A witty and cynical Frenchman dvertises as follows in a Parisian Provident Savings of agree ASSURANCE SOCIETY NEW YORK.

through its Special agent here,

H.D. TEEL

upon one of the very best business men in Tarboro. The face of this policy promises and agrees to pay this gentleman's beneficiary ten thousand dollars in a lump, due immediately upon proof of death.

The figures in table below are absolute guarantees which can be used by assured, beginning after two annual payments. In loan claim the different amounts named can be borrowed from the Company, at 5 per cent., at any time, when the number of payments, equal number of years set opposite the amounts. This policy also contains a guarantee of 30 days' grace on all subsequent payments. This Company positively refuses to issue more than one hundred policies of this kind in Edgecombe county for the year 1900. Twelve of these policies having al-ready been sold by their agent here—only the limited number of 88 can now be disposed of. Any one desiring information or in-surance literature, will be cheerfully and intelligently waited upon by their special Agent, Mr. H. D. TEEL, Office St. James

street, rear J. W. B. Battle's store. Amount \$10,000 Premium \$347.40 Loan Value Paid-up Value Ex'd Value \$ 310.00 510 00 720 00 1660 00 750 00 2210 00 1170 00 2750 00 1420 00 11 1690 00 1960 00 4340 00 2260 60 1860 OC 2590 00 16 2960 00 3350 00 6390 00 3760 00 6700 00 4170 00 7410 00 4540 00 9910 00 19 4920 00 8420 00 19 5330 00 9840 00 20 5750 00 9460 00 20 5870 00 \$10,000 00

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Second-hand Covering

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T. H. GATLIN, Sept. 10, 1900. TARBORO, N. C.