

ENTERED AS SECOND-CLASS MATTER AUGUST 20, 1928, AT THE POSTOFFICE  
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# THE TRYON DAILY BULLETIN

The World's Smallest Daily Newspaper, Seth M. Vining, Editor.

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## Commencement Speaker



PAUL O. NAFE

Editor Paul O. Nafe of the McDowell News, of Marion, who will deliver the commencement address on Friday night at the graduation exercises of the Tryon high school has had an interesting career. He began his newspaper work as Sporting Editor of the El Paso (Texas) Herald and afterward served for 18 years as Feature Editor of the Christian Science Monitor, of Boston, an international newspaper which circulates in 120 countries. In August 1940, he realized a life ambition to edit a little paper all his own; so he

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## A Catechism for Every Woman In Polk County

Q. What is the most valuable commodity I can save to help win the war?

A. TIME.

Q. How can a busy woman like me save time?

A. By giving up something.

Q. What must I give up?

A. All the Extras.

Q. What are Extras?

A. Here is a list of Extras: That last half hour in bed of a morning. The home sewing on dresses that are not absolutely needed. Those games of bridge or rummy. The extra touches on your flower garden. That fancy dish you were going to prepare when you ask a few friends in. All those trips you used to make in your car. Reading so many magazine or detective stories. Even ironing the sheets and towels, (hang them up smoothly and let them dry in the sun).

Q. What must I do with the extra half-hour I save?

A.. Add them to the time you are already giving to War Work, (Surely you ARE already giving time to War Work!)

Q. What kind of War Work can I do?

A. Here is another list: Put in a definite proportion of your time per week at the Red Cross Work Room and the British War Relief Room. Join a Home Nursing Class, a First Aid Class, a Nutrition Class. Offer your services to the Salvage Board, the Rationing Board or the Red Cross for clerical work. Work for the U. S. O. suppers, the Home Service club

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