

VARIETY OF COURSES AT ISOTHERMAL

Isothermal is starting the new year by offering a variety of courses in Polk County. Classes listed will start in January.

Income tax time perks up interest in how to cope with Uncle Sam. Ed Delehanty will teach three classes. A basic class for beginners, two tax problems classes for newcomers; one for retirees, the other for working adults.

Two classes will emphasize physical fitness; Yoga will be offered Tuesday and Thursday afternoons. Fitness and Figure Control will be on Monday night.

Adults interested in foreign languages will have two opportunities to study. Beginning Russian III and Beginning Spanish I will be morning classes in Tryon.

St. Luke's Hospital will host classes in First Aid, Sign Language and Caring for the Elderly Patient. Call Mrs. Pittman or Mrs. Early at the hospital for more information.

People interested in Herb Gardening will have a rare opportunity to study under Ruth Wrensch. Gain an appreciation of herbs, and how to grow and use them.

Personal enjoyment and knowledge may also be gained by joining other classes. Interior Decorating is new this year. Furniture Refinishing will be repeated. Macrame will be offered in Green Creek and Cake Decorating is planned for Tryon. Of the several sewing classes offered only the Thursday night class has openings available.

For complete information on dates, location, costs or other information call 859-6744. The office is open Monday thru Thursday.

EXECUTOR'S NOTICE


Having qualified as Executor of the estate of Lucile R. Ferree, deceased, late of Polk County, North Carolina, this is to notify all persons having claims against the estate of said deceased to present them to the undersigned on or before June 13, 1980, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.

This the 13th day of December, 1979.

Leslie Kleihauer
306 Thousand Pines Lane
Tryon, N. C. 28782
R. Anderson Haynes
Attorney at Law
Post Office Box 1531
Tryon, N. C. 28782
adv. 13, 20, 27, jan. 3c.

FOR SALE: 2 HOMES IN TRYON. Both walking distance to town. One remodeled 4 BR. Thirties. One new 3 BR Forties. Ph. 894-8238 or 859-9629 or write: Mr. Tenney, Rt. 1, Box 93A, Columbus, N. C. 28722. adv. 12, 19, 26, jan. 3, 10, 18, 25, c.

CHECK NOW to see if your vitamins and natural foods are getting low. Come see us for your holiday baking needs, party snacks and Shaklee products. **OLD SOUTH NATURAL CENTER**, Hwy. 176, Inman (Near Bi-Lo), Open Mon. - Fri. 10-5:30, Wed. and Sat. 10-2. adv. tf.

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NOTICE
The Annual Meeting of the Members of the Tryon Federal Savings and Loan Association, Tryon, North Carolina, will be held in the Office of the Association at **2 P.M. — JANUARY 9, 1980** for the purpose of transacting any business vital to the operations of the Association.
J. Russell Constance
President

Pack's Garage
and
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965 S. Trade St., Tryon, N. C.
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