

Retires



Mrs. Helyn Sitton,

A reception in recognition of the retirement of Mrs. Helyn Sitton, Nurse Technician, was held in the Dining Room of St. Luke's Hospital on January 15.

Howard Spika said that Mrs. Sitton has been on the staff for 16 years. She was a shining example to all who worked with her through her dedication and tireless effort of excellent patient care.

Howard Spika, President, spoke on behalf of everyone at St. Luke's in expressing sincere gratitude and appreciation to Mrs. Sitton for the years of devoted loyalty, and wishing her much happiness during her retirement.

Mrs. Sitton and husband, Robert, reside on Campobello, Rt. 2.

FHA Reports Continued Growth

The Farmers Home Administration reports continued growth in Rutherford and Polk County, according to Larry E. Phillips, Acting County Supervisor.

Loans from the agency made through the Rutherford-Polk County offices totaled \$4,603,520 for the 1979 fiscal year for all loan types.

During 1979, the rural housing

Retired Scientists, Engineers Sought

DURHAM, N. C. — The Office of Continuing Education at Duke University is asking retired scientists, engineers and people in similar fields who are living in North Carolina to make themselves known.

With the aid of a grant from the North Carolina Board of Science and Technology, the office hopes to develop a roster of retired professionals and to hold a conference in the Triangle area to consider ways their talents might be made available to state and local governments, industry and universities.

The roster and the conference results will be given the Board of Science and Technology for use in planning future activities.

Sallie Simons, associate director of continuing education who is administering the grant, said it recognizes both a national trend towards second careers in retirement and the frequent requests from state and federal government and university and industrial groups for professional outside assistance.

As prospects are identified, they will be asked to complete a questionnaire and to suggest other individuals or paths to pursue.

After completion of the roster, representative professionals and potential employers — key members of government, universities and industries — will be invited to the conference.

The Office of Continuing Education was chosen to Administer the grant because of its experience with the successful Duke Institute for Learning in Retirement.

Further information can be obtained from Ms. Simons, 107 Bivins, Duke University, Durham, N. C. 27708 or phoning (919) 684-6259.

TAX TIP

Raines Promoted

LAS VEGAS, Nev. — Howard S. Raines, son of Howard W. Raines of 408 S. Church Ave., Landrum, S. C., has been promoted in the U.S. Air Force to the rank of senior airman.

Airman Raines is a senior system specialist at Nellis Air Force Base, here.

The airman is a 1972 graduate of Landrum High School.

His wife, Linda, is the daughter of Mr. and Mrs. George Metcalf of 837 E. Howard St., Tryon, N.C.

Whitesides Graduates

..BILOXI, Miss. — Airman Stuart L. Whitesides, son of retired Air Force Master Sergeant and Mrs. Paul L. Whitesides of Route 2, Mill Spring, N.C., has graduated from the Air Force space control and warning systems operator course at Keesler Air Force Base, here.

Graduates of the course earn credits toward an associate degree in applied science through the Community College of the Air Force.

Airman Whitesides learned to operate electronic consoles used in spacecraft tracking and control systems.

He is being assigned to Fort Lee, Va.

The airman is a 1979 graduate of Polk Central High School, Mill Spring.

More than 825,000 armed forces veterans with service connected disabilities have been provided vocational training and counseling during the 36-year history of this Veterans Administration readjustment program. Most of the veterans now being rehabilitated are from the Vietnam Era.

FOR SALE: 48 in. 2-tube florescent light fixture. Cost \$40,



ADVERTISED ITEM POLICY

Each of these advertised items is required to be readily available for sale at or below the advertised price in each A&P Store, except as specifically noted in this ad.

PRICES EFFECTIVE THRU SAT., JAN. 26, AT A&P IN TRYON

ITEMS OFFERED FOR SALE NOT AVAILABLE TO OTHER RETAIL DEALERS OR WHOLESALERS.



A&P QUALITY FRESHLY
GROUND BEEF
IN 3 LB. AND 5 LB. CHUB PACK
\$1.39
LB.



A&P QUALITY HEAVY WESTERN GRAIN FED BEEF
BONELESS SIRLOIN STEAK
\$2.49
LB.

A&P QUALITY HEAVY WESTERN GRAIN FED BEEF
NEW YORK STRIPS
BONELESS WHOLE OR HALF 18 TO 24 LB. AVG. CUT FREE INTO NEW YORK STRIP STEAKS
\$2.89
LB.

INSPECTED FRESH
FRESH FRYER
BOX-O-CHICKEN
39¢
LB.

A&P QUALITY CORN FED
PORK CHOPS
¼ LOIN SLICED
\$1.39
LB.

HOLLY RIDGE
SLICED BACON
99¢
1 LB. PKG.
FLORIDA JUICY BALSAMIC

THE FARM
FOR FRESHNESS & SAVINGS AT A&P
FLORIDA GROWN SWEET
TEMPLE