

The Meeting Place March Schedule

Regular Activities

Monday: 9:30-11:30 ceramics, 10-11:30 bingo, 10:30-11:30 crafts, 12-2 ceramics II, 12:30-1:30 bingo.

Tuesday: 9:30-11:30 arts and crafts, 10-11:30 bingo, 12-2 ceramics III, bingo.

Wednesday: 9:30-10:30 bingo, 9:30-11:30 holiday crafts I, 10:30-11:15 group singing, 11:15-11:45 Biblical discussion, 12-2 arts and crafts II, 12:30-2 bingo, 1 until, bridge.

Thursday: 9:30-11:30 ceramics IV, 10-11 bingo, 11-11:30 exercising, 12-2 holiday crafts II, 12:30-2 bingo.

Friday: 9:30-11:30 art, ceramics I, 10:30-11:30 bingo, 1-3 quilting.

Lunch is served Monday through Friday from 11:30-12:30. Call in the day before to make reservations by dialing 859-5411 or 859-6500 or call in by 9:30 of the day you plan to eat lunch. Reservations must be made.

Dates to Remember:

Discussions by Dr. Joel Dobbins, Monday March 3 at 12:00, Thurs., March 13 at 12, Wed., March 19, at 12, Thurs., March 27.

AARP Meeting, Tues., March 18.

Senior Citizen Pot Luck Dinner Monday, March 24.

Nutrition and Shopping Tips by Polk Co. Home Extension Agent Jackie Henson, Thurs., March 6 at 12:00, Wed., March 12 at 12:00.

Interagency Luncheon, March 6 (Thursday) at 12.

Hypertension Screening and Health Information Thurs., March 20 at 12, Wed., March 26 at

PRUITT'S TREE WORK

Cutting down, Topping and trimming.

Call 457-3947

adv. 3, 6, pd.

NOT EXPERIENCED in any trade? Not qualified for most of the other jobs on this page? Take the "knots" out of your life-line. Call Ron Ammons in Rutherfordon at 286-9621 Collect for facts on the Navy's 60 technical fields. adv. 3, 10, 17, 24, c.

BUILDING, REMODELING AND REPAIRS. All types of carpentry and concrete work. Phone 863-2618. Richard L. Turner, General Contractor. adv. m. w. f. thru mar 31 pd.

12.

Health Programs by Cancer Crusade, Wed., March 5 at 12. Tuesday, March 11 at 12.

Fire Prevention Program, Tuesday, March 4 at 12:15-12:30, Monday, March 17 at 12:15-12:30.

Monday, March 10 at 12:00 Crime Prevention Program.

Tryon School Lunch Menu

Monday: Hamburger on homemade bun, chili, mustard and onions, French fries with catsup, buttered yellow corn, milk.

Tuesday: Golden fried chicken, rice and gravy, seasoned green beans, homemade rolls and butter, milk.

Wednesday: Spaghetti with meat sauce and cheese, tossed salad with Italian dressing, chilled apple sauce, homemade garlic roll, milk.

Thursday: Golden fried fish, French fries with catsup, buttered peas and carrots, tartar sauce, homemade rolls with butter, milk.

Friday: Corn dog on a stick, fried breaded okra, chilled fruit du Jour, peanut butter bar, milk.

TRYON SCHOOL BREAKFAST MENU

Monday: choice of juice, warm apple danish, milk.

Tuesday: choice of juice, pancake "pup" w-syrup, milk.

Wednesday: choice of juice, homemade cheese biscuit w-butter, milk.

Thursday: choice of juice, homemade sausage roll, milk.

Friday: choice of juice, peanut butter-oatmeal coffee cake, milk.

Clinic Schedule

The Polk County Health Dept. Clinic schedule for the week of March 3rd is as follows:

Monday: General Clinic (immunization, hypertension screening, Tbc. Test, etc) 8:30 a.m. to 5 p.m.

Tuesday: Speech and hearing by appointment.

Wednesday: Family planning, 2:30 to 4:40 p.m.

Thursday: Maternity, 8:30 to 10 a.m.

Friday: Nurse screening cancer clinic by appointment.

Home health care by physician referral.

For appointment call Polk County Health Dept. 894-8271.

FOR SALE IN LANDRUM: 3 bedroom house on large shaded corner lot. Front has large oak trees; large space in back for garden. Call 457-2498 or (803) 254-1113. adv. 27, 28, 29, 3, 4, pd.

For complete lawn service call **Bolling & Sons.** We provide top soil and fill dirt; fertilize, lime and aerate lawns and pastures. Will bush hog, grade and stone driveways. For free estimates call 863-4865. adv. m. w. f. tf.

FOR SALE: Tsuba (Japanese sword guard). Fine example from the 14th to 16th Century, one of the great periods of Japanese Art. Reversed Phoenix. \$100. Also antique Oriental Scroll from important Western Collection, \$2000. Call 859-6514. adv. 3, 4, c.

BEEF

For home freezer
Grain (corn) fed from
Dr. Terry Staggs's herd.
For more info. 457-3351 or
468-4681

FOR RENT

Lake Lanier
Year round home
Two bedroom, 1½ baths, living room with cathedral ceiling. Kitchen, Stove-refrig. included. Carpeted. Glassed in porch leading to deck. Partial basement. Nice garden spot.

PULLEN REALTY

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Tryon, N. C. 28782
704-859-5736

adv. tf.

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Complete Home Furnishings
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Spartanburg, S. C.

Communications Seminar

Coming to Tryon, N. C.

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your doctor,
bring your
prescription to

**Tryon
Pharmacy**

DAILY 8:30 - 7
SUNDAY 2 - 4 P.M.