Tryon Daily Bulletin, Wed., Mar. 5, 1980
QUALIFIED RNS, LPNS, AND
AIDS interested in finding jobs
that involve working with the
elderly, please write, P. O. Box
1535, Tryon, N. C. 28782. adv. 3, 4,
5, 6,c.

DAR

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Revolut:
meeting

FOR SALE: 1970 Trophy House Trailer. 12 ft. wide, 60 ft. long. Call 859-6315 day or 859-5594 night. adv. tf.

EXCELLENT QUALITY FESCUE HAY, also Fescue and Serica Hay. Cut and baled without rain, \$1.50 per bale. Delivery extra. Call 803-592-1181 or 803-592-2480. adv. 28, mar. 3, 5, 7, 11, 13, 17, 19, 21, 25, c.

MISSING: Female Golden Retriever, 4½ months old. Has brown collar with red tags Answers to name of "Dixie". Last seen at Green River Baptist Church in Green Creek Thursday, 28 Feb. REWARD for return. Call 863-4428. adv. 4, 5, pd.

FOR RENT Lake Lanier Year round home

Two bedroom, 1½ baths, living room with cathedral ceiling. Kitchen, Stove-refrig. included. Carpeted. Glassed in porch leading to deck. Partial basement. Nice garden spot.

PULLEN REALTY 112 B, N. Trade St., Tryon, N. C. 28782 704-859-5736

adv. tf.

## DAR Meets Fri.

Joseph McDowell Chapter, Daughters of the American Revolution, will hold its regular meeting on Friday, March 7, at 1 p.m. at the First United Methodist Church, Sixth Ave., West. Hendersonville.

Mrs. Ruth Turner Semashko, a member oof the Chapter, will speak on "The Constitution of the United States." Her talk will follow the theme of DAR programs for the year, "A Tapestry of Service."

Mrs. Semashko is a native of Waynesville and is a graduate of the University of North Carolina at Greensboro. Before moving to Hendersonville she spent six years in Germany with her husband, Nick, while he was serving in the foreign service of the U.S. Department of State. Mrs. Semashko is active in civic. cultural and political affairs, presently serving as Chairman of the Henderson County Board of Elections. She is listed in Who's Who of American Women." The public is invited. Hostess Chairmen for the day will be Mrs. Ira W. Crouse and Mrs. John T. Arledge of Tryon.

The Bulletin 10c Per Copy

## PAYNE & SON CAR RENTALS

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HEALTH THRU CHIROPRACTIC





Gary W. Rowland, D.C.

## **NERVOUS TENSION...**

Is It Ruining Your Life?

At one time or another nearly everyone will suffer the distress of a case of nervous tension. Unfortunately, for a great many Americans, children and adults alike, nervousness has become a chronic disease with them.

Stress, tension, fears, the uncertainties of life . . . all a part of today's high pressure living, is taking its toll. One out of every ten Americans face a total nervous breakdown. More than \$600 million is spent each year on tranquilizers, barbituates, anti-depressants, and similar drugs in a vain effort to relieve nervous tension.

Nervous tension and associated disorders are not always of purely emotional origin. Doctors of chiropractic have found through clinical experience with millions of patients, that there is a direct connection between the physical function of the nerve system and nervous tension disorders.

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