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TRYON, N. C. 28782

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The weather Thursday: high 91, low 67, hum. 55 percent.

Bonnie Peterson sent us a copy of The Santa Barbara News-Press. The city north of Los Angeles picked up last spring's story on America's top-25 "dream retirement" areas, but apparently their columnist got Tryon caught in his throat.

"Tryon?"

"A town of 4,500 somewhere in North Carolina, whose mountains are splendid, if you can tolerate the conflicting harmonies of banjos and rifle fire."

Oh, yeah, Mr. Big City Britches! Santa Barbara breath! We'll see which city stays on the same continent longer. Think about that while you are stuck on those L.A. freeways.

(On the other hand, old buddy, pal, we'd love you to put in a good word for us with the Census Bureau about that Tryon population figure. They apparently missed a few homes.)

An incident observed from our front window Thursday afternoon: a lady's car got stuck on the railroad crossing just about time for the train to come

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Health & Vitality

The Thermal Belt certainly is a place where an individual has the opportunity to create a healthful and vital life style. Climate, beauty of nature, various organizations, houses of worships and general atmosphere lend itself to supporting a healthful person.

This Friday at Isothermal Community College, 2:30 p.m. a free lecture and demonstration will be given on "Health and Vitality Forever For You." Some areas of discussion will be, (A) 12 key factors discovered to be most important in living a long and healthy life, (B) key points in preventive health care, (C) how to increase vitality and longevity.

Facilitators for this event are Betty Sue Suber, M.S., MFCC Licensed Marriage, Family, Child Therapist and Communication and Success Consultant. Robert Waldon who is a speciality Kinesiologist, Naturopath, Wholistic Counselor and founder of Energetic Life Balancing Institute.

The general public is invited to attend this informative program. Please call Jerome Glassman at 457-3294 for further information.

—Community Reporter

Foothills Bridge

Winners at the Foothills Duplicate Bridge played Tuesday at Brannons were as follows: 1st J. White and R. McNichol, 2nd E. Goodman and N. Weess.



Miss Rhonda Burnett

In Who's Who

Rhonda Burnett was selected to be in *Who's Who Among High School Students*. She attends Polk Central where she will be a senior.

She enjoys running cross country and track and playing soccer. Rhonda was recently in the TYC production of *Grease*. Future plans are uncertain, but interests lie in the fields of biology and/or law. This fall she plans to attend the Congressional Scholars Leadership Camp in Washington, D.C.

She is the daughter of Joan and Ronald Burnett of Columbus. —Community Reporter

Correction

The chiropractic office of Dr. Fred H. Rindge IV, D.C. is located at 220 W. 3rd Avenue in Hendersonville - not at 202.

Worsnop To Address Rotary

Bob Worsnop will be the guest speaker at the Thermal Belt Rotary Club's Monday meeting. Bob is chairman of the Appearance and Beautification Commission. He will talk about the organization's intent, plans and future direction. Previously, Leo Baird spoke to the Rotary Club about the Commission's work on a local sign ordinance.

In addition to the Commission, Bob serves on the Polk County Sheltered Workshop's Board of Directors and as treasurer of FENCE. He is also a member of the local Kiwanis Club. Bob's career was in the automotive industry.

Bob and his wife, Nancy, first retired from Plymouth, MI to Mt. Shasta, CA. The Worsnops moved to Chocolate Drop Mountain 3 1/2 years ago. He enjoys outdoor sports and has recently completed a walking tour through the Lake District of England.

The public is welcome to attend the meeting which begins at 6:30 p.m., Western Steer Steakhouse, Columbus.

—Community Reporter

Mr. and Mrs. Earl W. Hornbeck, of Saluda, have sold their home at 115 Jervey Road in Tryon where they resided for many years. Delores Myhre of Coldwell Banker Town & Country Realtors was both the listing agent and selling agent for the property.