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# The Tryon Daily Bulletin

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TRYON, N. C. 28782

WEDNESDAY, NOV. 6, 1991

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The weather Monday, high 49, low 32, hum. 38 percent.

Did you know that if you live in an urban area with a population of two million or more, some say you can subtract two years from your life expectancy? If you live in a town of under 10,000, they say you can add two years. This four-year urban/rural

This four-year urban/rural spread is one on a list of measures of life expectancy contained in *Lifegain*, a recent book by Robert F. Allen, PhD.

Everyone starts with an average life expectancy of 72 years. It is interesting to guess at the causes behind the additions and subtractions from life expectancies. In the above examples, for instance: Big city, more stress, shorter life.

Allen says that if you earn over \$50,000 - you can subtract two years. Again, more stress.

If you finished college, add one year; graduate degree, add two more. A more active mind brings a fuller life, and thus a longer life?

If you live with a spouse or friend, add five. Assuming yours is a happy relationship. If not, it could have the opposite

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#### **At Lanier Library**

Its every boy's dream, and very often a grown man's too. Collecting toy soldiers has become one of the major hobbies around the world. A friend of The Lanier Library has set up a fascinating display of his own extensive collection. In the small space of the library showcase he has shown three different military theatres:

1. The War between the States with Confederate and Union soldiers against each other; 2. The French Foreign Legion shown against Arabs of the desert; 3. The Coronation of the King with a parade, royal coach, Horse Guards and Foot Guards.

The collection will only be on display for a limited time so be sure to drop in the Lanier Library to see the unusual exhibit.

-Community Reporter

## **Oral Play Reading**

TLT's Oral Play Reading Group meets for the first time of the 1991–92 season Wed., Nov. 6, at 7:30 p.m. in the Mural Room. People who enjoy reading aloud will enjoy this group. For more information, please call 859–9837. -Community Reporter



#### Grant Given To Preserve Land In Bradley Falls Area Money has been awarded to

acquire land in the Bradley Falls-Cove Creek Natural Area in Polk County, the Polk County Commissioners learned Monday night.

Gov. Jim Martin on Friday announced the award of \$1.2 million to seven different recipients in North Carolina's Recreation and Natural Heritage Trust Fund Program.

During the citizen comments portion of Monday's board meeting, Paul Culberson informed the board of the award.

In other business:

\* Polk County Manager John Lewis announced that Polk has received a \$30,000 grant as part of Gov. Martin's Mountain Area Planning program. The money will be used to begin comprehensive land use planning efforts.

\* The commissioners, by a vote a 3-2, decided to begin paying county employees twice monthly rather than monthly. Commissioners Jeannie Martin and Carson Deck voted against the change because it will cost the county \$3,000 a year in additional supplies and lost interest.

\* The board tabled a request from the Sheriff's Department for money to buy a computer records system. The system

(Continued From Page One)

## Employee Of The Quarter

Edith McConnell has been named Employee of the Quarter at St. Luke's Hospital. McConnell, a native of South Carolina came to St. Luke's Hospital, as a medical technologist over 10 years ago. She was promoted in 1982 to her current position as director of the medical laboratory.

McConnell received a bachelor of science degree in Medical Technology from Mars Hill and holds MT(ASCP) certification through the Medical Society of Clinical Pathologists.

McConnell has been instrumental in the development and promotion of REACH, the guest relations program at St. Luke's Hospital. She continues to facilitate REACH orientation programs for new employees. In addition to be

In addition to her responsibilities at St. Luke's, McConnell (Continued On Back Page)