AGRICULTURAL DEPARTMENT

Devoted Totally to the Interests of the Farmers and Farm Women of the County of Columbus

(BY COUNTY AGENT AND HOME DEMONSTRATION AGENT)

The School Lunch

Growing children have special general effect of the home. needs in the way of food. Even home it is no easy matter to see that holding the family together in spite they are properly fed and when they of many outside attractions. The eat part of their meals at school the woman with limited money must difficulty is far greater. It is not give more thought to planning, keepeasy to keep food clean and attrac- ing her home comfortable and invittive when it must be packed and car- ing. ried in a lunch basket. Nor is it easy to prepare meals in schools which are not specially fitted for the tion service of New Hampshire outpurpose.

Hot soups or a hot drink served home improvement project: at school makes a good meal of the cold lunch carried in the lunch year's spent in school may mean the oilcloth; rug making. difference between a poorly nourished child and a well nourished child; poor health and good health; poor digestion and good digestion.

The hot lunch means that the child will be better nourished. Better nourished he can do better school work, for what is good for the body is good for the train, with a better school training, the child is better fitted to be useful and successful when he grows up. No amount of good and care in later years can make up for the lack of right food for the growing child.

The serving of a hot dish is one of the ways to overcome the hardship to the country child of taking his cold lunch to school.

roni prepared in various ways are tion Agent, Durham, ... H. some of the dishes which may be served to supplement the lunch brought from home.

Sandwich Fillings

salad dressing.

Cottage cheese and peanut butter. Cold meat in their slices.

salad dressing.

Eggs hard cooked, chopped fine mix- irresistible. ed with salad dressing.

Lettuce and salad dressing. Fig paste with nuts.

Raisins and nuts chopped fine. Brown bread and butter.

Planning Better Homes

The most telling improvements in the home from the efficiency standpoint may be those that cost nothing in money. Just a desire on the part of the woman to have a little more time to do things she really likes may her work ahead to save time. A re- and harvested? ty. Her love for old pieces of fur- gry.

pearance, may encourage refinishing of these pieces and thus add to the

A comfortable and attractive home when they eat all of their meals at may be the controlling element in

To assist women interested in this line of work, the Home Demonstralined the following work under the

Convenient homes-Study of arrangement of kitchens; consideration box. One cold meal for one day of home conveniences, including may not mean much, but hundreds small articles, and pressure and of cold meals in the course of the fireless cookers; stenciling of sanitas

> Beautiful Homes-Refinishing old furniture; caning of chairs; basketry; parchment and muslin shades; tied and dyed work; practical work in interior decorating.

Establishing of women's exchanges, Clipped fruit can be successfully years. He states that the pecan will

ty houses and beautifying public and other cities of equal distance. grounds are encouraged as work in be tabulated. Money values may be or by the basket. At present the indications are that many thousands When you find your friends repining things coming from it are the spread from Southern people who know the reports. of influence and the number of Muscadine grape, but persistence permanent practices Hot cocoa, milk and vegetable happiness in the home-Daisy Dean cared for would be rewarded in soups, creamed vegetables and maca- Williamson, State Home Demonstra- time.

THE FRAGRANT, SAVORY SCUPPERNONG

Cottagecheese, moistened with (By G.A. Cardwell, Agricultural and Autumn days are here. The ducts. These Muscadine grape pro- see how the crop can possibly go over graphy. aroma of the ripening grape is in ducts are easily and cheaply made. Cold meat chopped fine mixed with the air; the perfume delights the While the mehods are simple, they olfactory sense and causes hunger, must be carefully followed to get

> "From dewy lanes at morning, The grapes' sweet odors rise; At noon the roads all flutter With yellow butterflies.

By all these lovely tokens September days are here, With summer's best of weather, And autumn's best of cheer."

luctance to develop into a chronic You will find a few bushels of the field as contrasted with seed obtained grouch may lead her to find what has fruit on the local markets, and the from the crib. In some cases the caused her irritable disposition-it traveler will recall having caught the increased yield was as high as eight may be just the color scheme she has moquet of the grape at some railroad bushels per acre within the same vacarried out in her furnishings. The station. Upon investigation, for riety. This in itself proves that it tell-tale backache with the all-tired- it is a stolid individual who does not pays to select in the field, the seed out feeling may cause her to realize trace the fragrant odor to its source, corn for next year's plantng, state that working surfaces should con- a crate or two of the fruit will the agronomy workers. form to individuals, not individuals be found, addressed, usually, to to working surfaces. Blocks unler some self-expatriated Carolinian, next spring is better than no selecthe table legs solve this difficul- who has become Scuppernong hun- tion at all because poor seed results

terial but disreputable in appear-thought to supplementing the in-

come from our money crops, cotton, tobacco and peanuts, with grape, pecan, blueberry, poultry-money etc., for during the past ten years the standard of living on the farm has materially advanced, and it takes larger incomes to support this more elevated standard than it did in the days before the World war.

A Promising Industry. able quantities but this demand, ac- that section and will make the farm tive though it may be, does not be- homes more attractive and beautiful. North Carolina, gin to absorb more than a very small part of the crop.

connections could be sescured in pecan trees in Columbus county now some of the less distant large mar- promise the owner, George Sutton, kets, if a sufficient volume of care- \$2,000 for his crop on 800 trees. The fully picked, handled and packed crop is already sold. grapes (fresh fruit) could be assembled by some association, club, Carolina has 50,000 acres of imfirm, or responsible individual in proved land or land under the plow. position to guarantee regular ship- The farms run from 75 to 100 acres ments during the season.

Muscadine family raised in this sec- trees are planted in a grove about tion could be shipped as far as Wash- the house and barn on every farm, ington and Baltimore. "Cluster va- this will give 10,000 trees to rieties" like James. Mish and county. Flowers are better packed in stan-Thomas and Scuppernong do best wealth added to the county." when packed in strawberry cups or tills and crates. Thomas is a vanced by Mr. Curren for the plantmuch better shipper than Scupper- ing of more pecans in the state. He nong as the latter shrinks and if believes that pecans are just as at-Home improvement goes hand in poorly picked it becomes wet, sticky tractive as oaks, that they grow hand with community improvement. and fermently from exuding juices. like maples and will live for many community rest rooms and communi- shipped to New York, Philadelphia outlive the oaks and will pay the

There are a lot of Southerners in which all will find a share. All the the northern cities who would be ern section of the state have become results of the year's work cannot glad to buy Muscadines by the crate interested in this new venture and placed on some. But the biggest only demand would probably come of trees will be planted this fall, he established and enterprise in marketing carefully along with increased comfort and packed fruit from vines well

Manufactured Products

best results. It is only a matter of time until the enterpriseing business interests of the South will be cooperating with the farmers in the great industry of grape growing and the production of grape pro-

SELECT SEED CORN FROM STALKS IN FIELD

Raleigh, Oct. 6.—An increase of Pretty is it not? But are we between three and four bushels per lead to the rearrangement of her realizing money returns in other acre has been secured by the Diviskitchen, or changing about of furni- than a most limited way, on the mil- ion of Agronomy of the State Colture in the living room, or planning lions of pounds of grapes produced lege Experiment Station in its tests with seed corn selected from the

Seed carefully selected in the crib in poor stands, waste of land and niture, beautiful in design and ma- It is time that we gave more labor and in low yields at harvest. Agronomy workers advise that before the corn is cut for shocking or before it is gathered, ego into the field and secure more than twice as much as will be needed for next year's planting. The grower needs to get his seed ears from the kind of stalk that he would like to have grown in his fields next year.

When the desired amount has been secured, the ears should be stored in a place where they will be dry and free from rats and weevils. Some good farmers hang their seed ears by strings or wire from the rafters and others use tight bins. Next spring, the best of these field selected ears may be used for seed and the remainder discarded. It is also wise to make a germination test before planting to be sure that a good stand will be secured.

Where seed corn is carefully selected in the field each year and, a good seed patch planted to supply the needed amount of seed for the entire farm, yields will be improved and the corn will more nearly pay for the time, labor, and fertilizer used in growing it, say the agronomy

The statue of George Rogers Clark, the cut of which appears in our July 19 issue, was given to the University of Virginia, by an alumnus, Paul Goodloe McIntire.

TWENTY PECAN TREES FOR EVERY COASTAL FARM

Raleigh, Oct. 7.—Twenty pecan reduced gradually week by week. trees for every farm in the coastal the State by H. M. Curran, forester the time preceding that period." for the State College extension ser-

In a recent letter mailed to agricultural workers and farmers, Mr. The writer thinks that satisfactory | Curran says, "Thirty-five acres of

"The average county in North of cultivated land each or 500 farms The fruit of all varieties of the to the county. If twenty pecan

"Ten thousand trees cared for as dard Climax two quart grape bas- Mr. Sutton cares for his will mean ets, while "berry varieties" like one hundred thousand dollars of new

This, then, is one argument ad-

Many farmers all over the east-

STATE COTTON YIELD IS CUT BY HEAVY RAIN

Raleigh-Forty per cent of a crop To resume that sunshine trail. is the estimate placed by George Muscadine grapes lend themselves Ross, Chief of the Division of Mar-

jelly, paste, sauce, marmalade, but- ton yield in the State for this year. Danish government has kept such

50 per cent," declared Mr. Ross. MRS. R. C. WOODALL FOR. "Of course my figures are lower than those of the Federal government, but I am confident those figures will be

"The rain during the past two plain of North Carolina is the goal weeks has done as much damage as of a campaign now being waged in adverse weather conditions in all of

Mr. Ross is basing his figures a-The local or home markets will vice. Mr. Curran believes that this gainst last year when under practitake Muscadine grapes in consider- one thing will add much wealth to cally ideal conditions there were produced a million bales of cotton in

POETRY FOR THE PEOPLE

(By James J. Montgomery) The Sunshine Trail

Don't be sad or melancholy; Smile at every one you meet; At the strangers in the trolley, At the girls along the street. They of course may be offended, And may have you put in jail, But when prison days are ended

If your neighbor looks downhearted, Slap him roughly on the back, Say the dog days have departed

Take once more the sunshine trail.

And good times are coming back. And should he get mad and beat you, Do not let your spirits fail Or discouragement defeat you; Keep along the sunshine trail.

Do not ever grouch or grumble, Greet all trouble with a scoff, Tell the cop who takes a tumble On the street, to laugh it off. Then, when funds you have to borrow To put up the needful bail, Let the man who lends 'em sorrow;

For a fortune that is gone. Bid them seek the silver lining That comes just before the dawn.

You keep on the sunshine trail.

And regret will naught avail, Then-if I were you-I'd hurry -News and Observer.

Tell them it's no use to worry,

in many ways to culinary purposes. kets of the North Carolina Depart- In an effort to protect its Eskimo gle harsh note."-Oliver Wendell They make delicious grape juice, ment of Agriculture, upon the cot- subjects from drink and disease, the Holmes. ter, catsup, conserve, syrup, mince- "I may be too pessimistic but 40 close watch over most of Greenland The city of Cohoes, New York, is Industrial Agent A. C. L. R. R. Co.) meat, vinegar and many other pro- per cent is my figure and I do not that very little is known of its topo- building houses for sale to its effi-

MERLY OF COLUMBUS COUN. TY HOPES FOR SONE RETURN

Laurinburg, Oct. 1 which told of the tall Waters at Hazellan. killing of a police place was of special R. C. Woodell, who First avenue, Dick Woodell tells a stor like a tale from Balz. that 14 years ago si living in Columbus const Waters and wife were the same county, and son, Daniel Hardee. band , was temperaril the Waters family knowledge or consent ell) (then Mrs. Hard his wife went away them her little son.

From that day un Mrs. Woodell says, A where they went or will her son. Learning five that Waters was hang. hurst, Ga., on Friday, Souther 19. and through friends and a sister of the hanged man who my have a Lumberton, she (Mrs. W redult says she was able to establish the identity of Waters as the man who took her little son, and now sha is seeking to learn where the box, now 18 years of age, is and hope to have him come back to his mother,

Mrs. Woodell says that she has suffered much heart anguish at the loss of her son and through all the fourteen years since he went away she had never heard anything from him, nor knew anything of his whereabouts. Since that time Mrs. Hardee was married a second time and became Mrs. Woodell, and has been living at Laurinburg for some

"Remember that talking is one of the fine arts - the noblest, the most important and the most difficult -and that its fluent harmonies may be spolied by the intrusion of a sin-

THE GREATEST EVENT IN THE HISTORY OF COLUMBUS COUNTY

THE GREAT 1924

Remember the dates: Oct. 28, 29, 30, 31 and Nov. 1. Every day a great day. Thousands will be here daily. All your friends will be here. Don't be left out of this great crowd. Your friends will be looking to meet you every day.

EVERYBODY WELCOME

COLUMBUS COUNTY FAIR ASSOCIATION

JUST RECEIVED A FULL LINE OF

EEE ZEE FLAT WALL PAINTIN ALL COLORS

To get this line before the public we are going to sell it at \$2.50 per gallon for the next thirty days only.

SCHULKEN BROS.