



# Visit a House of God



## Church Directory

**Mt. Zion Baptist Church**  
 Rev. K.O.P. Goodwin  
 Morning Worship 10:45 A.M.  
 9th & File Streets, N.E.

**St. Peter's Apostolic Church**  
 Bishop R.K. Hash  
 Morning Worship 11 a.m.  
 1031 Highland Ave.

**New Trinity Baptist Church**  
 Rev. John Bristow - Pastor  
 Morning Worship  
 1249 E. 22nd Street

**Dellabrook Presbyterian**  
 Rev. Connell Osborne  
 Morning Worship 11:00 A.M.  
 115 Dellabrook Road

**Mount Pleasant Baptist**  
 Rev. Henry S. Lewis, Jr.  
 Morning Worship  
 1731 Kimberly Road N.W.

**Shiloh Baptist Church**  
 Dr. J. Ray Butler  
 Morning Worship 11:00 A.M.  
 916 E. 21 Street

**Rising Ebenezer Baptist**  
 Dr. Quincey A. Caldwell  
 Morning Worship 11 a.m.  
 900 Free Street

**Center Metropolitan AME Zion**  
 Rev. Horace C. Walser  
 Morning Worship 11:00 A.M.  
 1435 E. 4th Street

**Center Memorial AME Zion Church**

**Bethlehem Holiness Church**

Rev. James L. Hunt  
 Morning Worship 11 a.m.  
 630 N. Patterson Ave.

Bishop W.J. Jackson  
 Morning Worship 11:45  
 15th and Cleveland

## Our Daily Bread



The love of God will suffice us all, through the trials suffering and pain. It envelopes us so, won't let go, til we've come in out of the rain. The rain of sin is falling today, heavily, open and unashamed; let it not be said among you saints, no, never let it be named.

But the time is now, to come safely in and get out of the terrible storm, for the day of

the Lord is now at hand, come ye, and be reborn....PSALMS 11 CHAPTER.

Dear hearts, Praise the Lord! Oh how sweet to walk the path of the Lord. I'm rejoicing more than ever now because God has saved two more of my children. Praise the Lord!

His love is so great, He wants the children to come in as well as the grown ups. "Come now, let us reason together saith the Lord" ... (Isaiah 1:18)

The rain of sin is coming steady now and your only hope is in Christ Jesus. There's still room at the cross. Won't you come on board before it's too late?

JESUS loves you and wants you to be saved from your sins now. Love Him and accept Him for your sake. May God keep your mind til next time.

### PSI PHI MEETING

Psi Phi chapter of Omega Psi Phi Fraternity, Inc. will meet on Wednesday, October 8th, 7:30 p.m. at the home of Brother Lemuel L. Johnson, 2828 Bon Air Avenue. The chapter recently elected Brother Randy Mills to serve as Keeper of Finance, replacing Brother William S. Crews who had to resign the job to devote sufficient time to studying school in connection with his employment.

### The Doctor Says...

## Worldwide Interest In Herbs

by Dr. J.P. Hightower

In what has long been considered a backward country, China has made some remarkable advances in medicine which has aroused the interest of other nations.

For the past two decades, Red China has been paying special attention to century old Chinese art of herbal remedies and has urged its medical academies to study and develop this art along scientific lines.

This involves a study of ancient records, screening of folklore remedies and utilizing laboratory techniques.

As a result of such programs, medical journals in China continually report many new discoveries in the ancient art of Herb Medicine, all of which are scientifically verified.

From such publications we learn for an example that a mixture of three different roots prepared according to an

old formula proved more effective in the treatment of bacillary dysentery than did streptomycin, an anti-biotic and that Tonsillitis can be cleared up generally within two or three days by an infusion of certain herb mixtures.

According to a report cited in a Chinese medical Journal (1957) 99% of over 300 lepers were cured in less than a year by the use of traditional prescriptions containing extracts from 30 medicinal plants.

### RUSSIA SEEKS CHINESE HERB SECRETS

In Russia the use of herbal remedies is increasing with leaps and bounds.

At the end of last year it was reported that all remedies prescribed for prevention and treatment of Heart and Vascular diseases were 77% herbal.

Herbal expectorants ac-

counted for 73% of the prescriptions for bronchitis and coughs; herbal remedies for liver and digestive conditions amounted to 73% of all medicaments given; and herbs were given for 80% of all women's ailments. One of the most remarkable Oriental Herbs is one known as Ginseng. It is known by many synonyms.

For example Life-Root, Wonder Root, Man-Plant Long Life Root, Flower of Life, Seed of the Earth, Wonder of the World, Root of Man, Man's Health, and Spirit of the Ground.

### EMBARRASSING, BURNING Itching?

ZEMO relieves itching fast because its special 'anti-itch' medication soothes inflamed surface tissues. Get relief with the first application of soothing, medicated ZEMO—Ointment or Liquid. **zemo**

## Guys And Dolls Meet

Gamma Chapter of Guys and Dolls, Inc. held its opening meeting of the Fall recently with 17 families represented. Hosts for the meeting were Guys and Dolls Nathaniel Rumph, Robert A. Scales and James Shaw.

The following members of Gamma Chapter were elected to national offices: Doll Martha Young (second term), treasurer; Guy Clifton O. Matthews, editor-in-chief; Guy Walter Farabee, auditor, Doll Valerie Douglas, treasurer for the Torches (teen group); and Doll Beverly Matthews, co-program chairman of Torches.

Several members were mentioned in the chapters newsletter for outstanding work and involvement in the community.

Included were: Doll Martha

Young, who was recently made Acting Executive Director of the Winston-Salem Y.W.C.A.; Guy Alfred Sudler's picture and a statement was recently published in the Winston-Salem Chronicle for the "Man On The Street" article; Guy Walter Farabee, director of the Goodwill Rehabilitation Center was recently interviewed during a local radio program concerning the program at Goodwill; Guy Benjamin Warren, principal of Walkertown Junior High School was reappointed to the Recreation and Parks Commission for a second term, expiring in 1978; Doll Beverly Matthews will serve as co-chief of the Paisley High School cheering squad; Doll Michelle Ward was a guest speaker in a Fashion Merchandise class at East Forsyth Senior High School before returning to college.

## ATTEND A CHURCH THIS SUNDAY