

Semi-Monthly

## HISTORY-MAKING BLACK HAPPENINGS:

(For your continuing calendar of major black events, you may wish to cut these articles out and keep them in a scrapbook. The National Black Current Events Quiz is designed for use with this Summary.)

### International Events...

**The Netherlands** — A major racial polarization seemed in the making with 24 dark-skinned South Moluccan nationalists holding a train with more than 160 Dutch hostages. The South Moluccans have some 40,000 exiles living in the Netherlands and the superficial racial calm of the Netherlands was strained with South Moluccans retreating to their own ghettos under government protection.

**South Africa** — A so-called moderate proposal for "cultural pluralism" somewhat on the "Swiss canton" model was considered "going too far" by spokesmen for the Vorster apartheid government. The moderate plan was advanced by Education Minister Piet Koornhof.

**The Sudan** — After expelling Soviet military advisers, President Gaafar al-Nimiri told U.S. Ambassador to the U.N. Andrew Young: "As a friend of the United States, we are hoping to receive some [military] support." Of the requested arms aid, Mr. Young said: "Quite reasonable."

**Ethiopia** — Pledging that "blood will flow" unless internal dissent is stopped, strongman Lt. Col. Mengistu Haile Mariam has been reportedly keeping his word with an unprecedented rise in

killings of dissidents by his army. Meanwhile, some 50 Cuban military advisers were said to have been welcomed in Ethiopia.

**Kenya** — A long-awaited announcement that the government was banning big game hunting in order to preserve Kenya's wildlife was expected to erode much of Kenya's \$80-million-a-year tourist industry.

**Great Britain** — U.S. Vice President Mondale declared in London that the U.S. had cleansed itself at long last of a "moral blemish" by its strong condemnation of South African racial policies. Meanwhile, U.N. Ambassador Andrew Young made a London assessment of his most recent African tour saying, "I think things went well." Mr. Young had urged South African blacks to use economic boycotts, as did U.S. civil rights activists under the leadership of Dr. Martin Luther King, Jr.

**Switzerland** — An International Commission of Jurists condemned the U.N.'s failure to act against Uganda's alleged killing of upwards of 90,000 persons in 1974-75 alone.

**The United Nations** — The United States still opposed the admission of Angola to the United Nations, despite mounting protests from African nations and support for Angolan entry into the U.N. by England and France.

### National News... On The Home Front...

**Washington, D.C.** — The U.S. government will make more federal deposits in

minority-owned and operated banks, according to an announcement by President Jimmy Carter. Minority banks previously had been largely ignored.

**Washington, D.C.** — Secretary of Health, Education and Welfare Joseph Califano outlined the Carter Administration's welfare reform proposals for work incentives; and he met little opposition initially. Blacks are represented almost four times their proportion on welfare rolls.

**Washington, D.C.** — \$100 million in aid for black-ruled countries of southern Africa narrowly passed in the U.S. House of Representatives. A move to cut this aid had been made.

**Washington, D.C.** — A research project on the black past and present members of the Congress was announced by the Joint Center for Political Studies at Howard University.

**Washington, D.C.** — In an apparent set-back for civil rights, the American Bar Association announced it will oppose affirmative action in the admission of minorities into medical and law schools.

**Oakland, California** — Lionel Wilson became Oakland's first black mayor. Over 50 percent of Oakland's one-third of a million population is from minority groups. Mayor Wilson had formerly served as an Oakland judge. He is 62 years old.

**Des Moines, Iowa** — Shirley Steele became Iowa's first black female assistant state attorney general. She is a

graduate of Livingston College in Salisbury, North Carolina and of the Drake University Law School. She is 35.

**Los Angeles, California** — The National Assessment of Education Progress measured the performance of Hispanic youngsters and found them lagging behind both blacks and anglos in reading, mathematics and in the physical and social sciences. No causes were reported.

**Louisville, Kentucky** — The Kentucky Commission on Human Rights has found, in its study, that the number of black pupils living in previously all-white suburbs has increased 63 percent since the beginning of court-ordered busing.

**Syracuse, N.Y.** — White leadership groups warned that the implementation of state-ordered busing in the historically conservative Syracuse community would greatly accelerate "white flight." With a 25 percent black city population, about 24 percent of the school population of Syracuse is black.

**Chicago, Illinois** — The U.S. Department of Health, Education and Welfare was reported stalled in its efforts to desegregate the faculty of the Chicago public schools. Unlike pupil integration, no massive busing is involved.

(For an in-depth analysis of these and other issues in black and Third World life, please see "The Monitor Microscope" in the monthly magazine supplement to this paper.)

# Fishing

by George Booie



## Fishing Gear In Catalog No. 110

Can you imagine a \$25.00 value reel selling for \$9.50, a harnessed worm for 20¢, a treble hook life-like rubber frog at 65¢, a split bamboo Bass Rod at 98¢, or a five inch barrel nickle plated Smith and Wesson revolver for \$13.00?

Well these prices were advertised in the Sears, Roebuck and Company Catalog No. 110. In 1900 that is. If you really want to be taken back to see some amazing prices you will need the miniature reproduction of the catalog by DBI Books, Inc.

In those days, not only was the paraphernalia cheap, but the better fishing was to be had in streams and lakes that were practically free of pollution. There is no chance of bringing those days back so we must do with what we have; high priced gear and streams loaded with beer cans and what have you. Industrial progress is more important than conservation. If these conditions persist there will be little fauna and flora left for posterity. Like all other environmental problems we do

and say nothing because we have become a statistical herded mass, having lost our individualism, with no aspiration to become involved. So there is nothing gained in "Remembering When" Having been plagued by the vacationing boat operators all summer we can finally settle down and do some fall fishing. There is cooler weather ahead and the fish will return to the shallows to feed up for the winter months. Fish where you lost that trophy bass for it will surely be back on

those feeding grounds. In fact, all fish will be coming out of the deep and we can have as much fun as we did during the spring fishing. Crappie fishing will pick up and it will be possible to catch large crappies right on through the winter months. We did not experience the Dog Days rains as usual, let's hope the fall fishing will not be ruined by excessive rains as it was by the high temperatures during the summer.

I do not know exactly why, but bream can be

found during the fall under overhanging oak trees. For some good bream fishing try the shorelines from hole number 1 through number 3 at Salem Lake. This stretch of shoreline will produce all of the bream that one would want to clean, especially if you must paddle a boat around the lake; keeping the fisherman in sight of the docks. Weekends will afford some family outings for those who did not get in enough outdoors activities.

## Pond Giants Win Tourney

Continued from Page 9 runner-up spot in last year's tourney, finished third and placed first baseman Larry Jones and third baseman Tracy Hairston on the first team. The fourth place Danville Braves put catcher Wayne Shelton on the first team and first baseman Wes Shelton and shortstop Ricky Young on the second squad. The Stokesdale A's fought

their way to fifth place and had third baseman Raymond Perry and speedy outfielder Louis Manns named to the second team. Lenoir Braves shortstop Tommy Simmons was also named to the first team. Rounding out the second team were catcher Haywood Hairston and centerfielder Bill Robinson of the Walnut Cove Tigers, designated hitter Larry Chaney of the Danville Tigers, and

outfielder Hiawasi Odum of the Statesville Twins.

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The Pond Giants will play the final game of their 1977 season next Sunday at Ernie Shore Field against the Stokesdale A's. Preceding that game the Pond Giants ladies will play the Pond Giants in a softball game, and following that game that Pond Giants will play a group of Old Timers. The action begins at 2:30.

## Hypertension: The Unseen Killer

Hypertension, or high blood pressure, is a disease you may not know you have until it is too late. Left untreated over a period of years this silent disease can cause crippling stroke, heart disease, or kidney failure.

In North Carolina, recent estimates conclude that over 750,000 persons in this state have hypertension. Those most susceptible to it are people with a family history of high blood pressure and blacks, whose risks are twice that of whites.

Because the disease causes no pain many are unaware they have hypertension. And some that know they have it do not adequately comply with the treatment program their doctor has prescribed.

Blood pressure is the force in which the blood pushes against the walls of the blood vessels. A measurement is taken painlessly with a cuff that fits around the arm and one should be taken at intervals your doctor recommends. A reading of between 100/70 and

140/90 is usually considered normal for an adult. But, if your reading is higher than that, it may mean that there is too much strain on your heart.

If your physician diagnoses hypertension there are different forms of therapy he may prescribe. In milder cases he may have you lose weight, quit smoking, restrict your salt intake, and begin a program of regular exercise. In other cases, he may prescribe certain drugs to bring your blood pressure under control.

In any case follow your physician's orders. One of the biggest obstacles in treating this disease is that patients sometimes do not follow their doctor's orders. Certain drugs may cause unpleasant side-effects which may seem more discomforting than the disease itself. These usually can be corrected. Others may not accept the fact that it may be necessary to take medication for the rest of their life to control hypertension.

High blood pressure can be controlled, but your health depends on you carefully following your doctor's orders.



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