

"Art Is"

Your child could have the talent to be the future dancer, artist, musician, actor/actress or camera-person of tomorrow.

Why not give your child the opportunity to explore his/her talent by enrolling him/her into the "Art Is" House sponsored by Urban Arts of the Arts Council and housed at the East Winston Branch Library and T.V. classes are

held at the Fifth Street Library. We offer free professional instruction in Dance, Drama, Art, Music (Instrumental) and Television.

This program is designed with your child in mind and is available to persons 6 through 18 years of age. 6-10 meet on Mon. & Wed. from 4-6 p.m., 11-18 meet on Tues. Thurs. & Fri. from 4-6

p.m. at East Winston Library and 15-18 in T.V. meet on Mon. & Wed. from 3-6 p.m. at the Fifth Street Library. Why not give your child a chance to further his knowledge and interest in his chosen field. For more information and applications, you may contact Mrs. Andrews at 727-2202 Monday through Friday from 2-6 p.m. or come by East Winston Branch Library during this time.

Baptist

Health Center

Aid Shaw

within the next month to benefit Shaw. A new president has been appointed to the university, in order to deal with the financial crisis, said Dr. Butler.

He expressed confidence in the school's ability to continue operating. "Shaw has been in financial difficulties before," said Dr. Butler. But something has always come along to rescue her.

2 Blacks

Receive Awards

Continued From Page 1 both government and private organizations.

Reginald Glennis Mitchiner, chairman of the Mechanical Engineering Department of A&T State University, received the North Carolina Award in Science, for his exemplary dedication to both his profession of mechanical engineering and his profession of teaching.

A native of Durham, Dr. Mitchiner received his B.S.M.E. degree from North Carolina A&T in 1965, his M.S. degree from the University of Illinois, and his Ph.D. from Virginia Polytechnic Institute and State University in the area of kinematics and machine design.

Dr. Mitchiner is highly regarded by his colleagues for his work in "kinematics," the science of machine design, a field in which he has made many important contributions. Most noted of his works are a series of papers exploring "The Synthesis of Four-Bar Linking Coupler Curves Using Derivatives of the Radius Curvature-Straight Path Procedure," which appear in Mechanism and Machine Theory.

Beyond his research and publishing, Dr. Mitchiner is active in the National Society of Professional Engineers, and serves as vice-chairman of the American Society of Mechanical Engineers, Carolina Section. He is a member of several honor fraternities, including Alpha Kappa Mu, Beta Kappa Chi, and Pi Tau Sigma National Mechanical Engineering Society.

Other winners of the 1977 North Carolina Award were Reynolds Price for Literature, Joseph Curtis Sloane for Fine Arts, and Jonathan Williams, who received the North Carolina Award for Fine Arts for a North Carolinian who resides outside the state.

Health Center

Bowman Gray School of Medicine, it considered plans for running the facility with a group practice, but decided against it.

A member of the Piedmont Health Systems Agency has expressed an interest in the group practice idea, and is reportedly investigating the possibility of funding such a venture.

County Commissioner Mazie Woodruff opposes the idea of limiting the group practice to black physicians.

"We don't want to segregate again," she commented. "It's a good idea if we could get a group of black and white doctors to do it."

Unfortunately a group practice of black doctors seems highly unlikely.

dozen in the city, and the majority are over fifty.

"Young black doctors won't come to Winston-Salem," one physician stated. "Because we don't have a black hospital. They go to Greensboro."

Dr. O.G. Hairston did not offer much hope for the group practice idea. Most local physicians would not be interested, he noted, because there practices are already well established, and also because there are not enough physicians to make the idea workable.

C.P. Booker, chairman of the Reynolds Health Center Advisory Committee, stated that the health center probably could not pay enough to interest private physicians in practicing there.

One problem seems to be that the Health Center has a large number of low income patients. Until the facility is patronized by larger numbers of people who can afford to pay full scale for services, the idea does not seem feasible. Several persons interviewed made the point that blacks who are in the middle or upper-income levels do not use Reynolds Health Center. Often they no longer patronize black doctors either, one physician told us.

BIB

The BIB (Better Infant Births) Program sponsored by the March of Dimes at the Reynolds Health Center is in dire need of infant wear and maternity clothes. BIB is an incentive program to encourage pregnant women to get proper prenatal care. These clothes may be new or used. Please contact the March of Dimes Office at (919) 723-4386 or bring them to 2250 Silas Creek Parkway.

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Erwin Crossword Puzzle

Continued From Page 1 sen, and that he is considering running for the any event.

One local Democrat commented: "I think they would have given that seat to Carl Russell, if he hadn't had that write-in campaign."

Cecil Butler noted that his support of Russell after his own defeat in the mayoral primary has probably excluded him from party consideration. He is thinking of running for the seat, but has made no decision as yet.

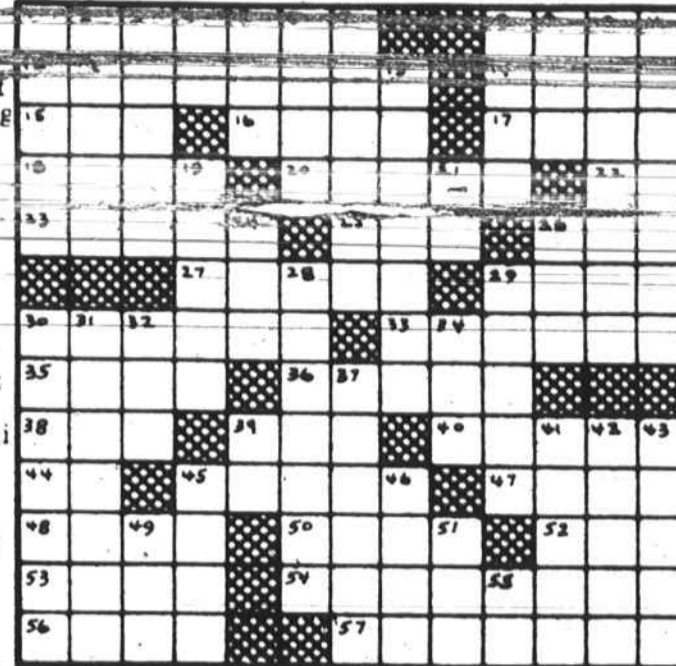
On the subject of his successor, Richard Erwin commented: "I feel that since I have to run for ship, the best thing for me to do would be to take no part in choosing my successor, but to wish all candidates well."

Success Requires Experience

Continued From Page 1

Contractor C.G. Washington is another successful businessman who started small. In 1960, Washington started his business with "only a Ford car and a wheel-by in the truck," doing all the work himself. He now employs thirty-two workers in his business, which is one of the few black construction firms licensed by the state of North Carolina.

ACROSS



- 8. Prefix-half
- 12. Typesetting machine
- 14. Persia
- 15. Printers' measures
- 16. Shri! cry
- 17. Hog fat
- 18. On the ocean
- 20. Rope fiber
- 22. Tellurium: chem.
- 23. Fasten again
- 25. Spanish hero
- 26. Fastener
- 27. Iron metal
- 29. Annoying child
- 30. Asylum
- 33. Pungent vegetables
- 35. Wings
- 36. Conifers
- 38. Willy
- 39. Tree
- 40. Turvy
- 44. Musical syllable
- 45. Incline
- 47. California valley
- 48. Gem
- 50. Eli
- 52. Humble
- 53. Bones: anat.
- 54. Slovenly
- 56. Tidy
- 57. Surrounds
- 24. Greek letter
- 26. For
- 28. Uses
- 29. Buffalo
- 30. Musical instrument
- 31. Compressed circle
- 32. 24 hours
- 34. Seine
- 37. Skewer
- 39. Building wing
- 41. Loses color
- 42. Blank cell
- 43. Wood strip
- 46. Dash
- 49. Judean king
- 51. And so forth
- 55. Tantalum: chem.

DOWN

- 1. Unclouded
- 2. Wash lightly
- 3. Start
- 4. Therefore
- 5. Pen
- 6. Vision organs
- 7. Interweave
- 8. Window ledge
- 9. Age
- 11. Depressions
- 13. Greek letter
- 19. Church passage
- 21. Public notice

Answer to Puzzle

Court

Continued From Page 1

Board of Education, the Legal Aid Society of Forsyth County, and a former president of the Citizen's Coalition of Forsyth County.

Erwin's appointment to the Court of Appeals becomes effective January 4, 1978 when he is sworn in, but in order to keep the seat he must run for re-election in November, which he plans to do. The term will expire in 1984.

Erwin will resign his seat in the General Assembly next month. His replacement will be appointed to serve the remainder of his term.

Erwin stated that his law practice will be continued by his partner Attorney James A. Beaty while he is serving on the bench.

Memo: To Santa!

ACCORDING to a survey taken by the Dell O'mo Research Bureau of San Francisco, liquors are again the most popular Christmas giving gift item. The company listed among the favorite holiday items Drambuie, Courvoisier, Tia Maria, Peter Heering, Applejack, Sciarada, Booth's Gin, and Sandeman ports and sheries among the best known. These and other brands come in special Christmas gift wrappings.

Comparel Dristan Tablets relieve more colds

Comparel Dristan Tablets		
Hesat Congestion	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Runny Nose	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Aches & Pains	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Fever	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Postmaster Urges

Early Holiday Mailing

As the height of the 1977 holiday season approaches, Postmaster John R. Schoolfield urges all Winston-Salem residents to immediately begin depositing greetings and parcels in the mail stream.

Consistent with local customer needs, Saturday window service will be provided at the main post office, 102 W. 4th Street, on December 10, 1977.

The windows will be open from 8:30 a.m. to 12:30 p.m.

Although mail volume will increase tremendously between now and mid-December, the Postal Service is committed to having all post offices clear of mail by Christmas Day.

"In view of the excellent cooperation received from early mailers so far this year," Postmaster Schoolfield said, "we are confident that holiday mail deposited immediately will be delivered in time for Christmas."

"The employees of the Winston-Salem Post office are doing an extraordinary job of processing and delivering the large holiday mail volume with dispatch and efficiency. The general public can

assist further by shopping and mailing as early as possible," he added.

Customers sending gifts and greetings to military personnel stationed outside of the United States and to friends in foreign countries should mail immediately. The embargo on international surface mail has been lifted due to the end of the dock workers' strike. This means surface mail to all foreign destinations will be accepted at all post offices.

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TAILGATE PARTIES

Fun Ideas for Movable Feasts

This football season be ready to pack up a picnic that's perfect for pre-game tailgate parties. Keep an eye toward convenience with this winning make-ahead meal easily prepared the night before the big game. A frozen turkey roast makes an economical, yet elegant main dish when topped with a cold tonnatto sauce. A healthful accompaniment of frozen vegetables blended in a tangy marinade can be easily transported if packed in a plastic container.



TURKEY TONNATO

- 1 frozen turkey roast (2 pounds)
- 1 egg yolk
- 1/2 cup chopped celery
- 1 teaspoon cornstarch
- 2 tablespoons chopped carrot
- 1 (3/4-ounce) can tuna
- 1/2 cup frozen non-dairy creamer
- 1 tablespoon lemon juice
- 1 tablespoon capers

Cook turkey roast as package directs. Chill. Combine celery, carrot and non-dairy creamer in small saucepan and bring to a boil. Cover and cook over low heat 10 minutes. Turn into blender jar and blend smooth. In mixing bowl beat egg yolk lightly, then stir in cornstarch. Combine with hot blended mixture, return to saucepan and stir over low heat just until mixture reaches a boil. Remove from heat. Drain tuna and turn into blender along with hot cooked mixture. Blend smooth. Pour into mixing bowl and stir in lemon juice and capers. Cool. When turkey is cool, cut into half-inch slices. Arrange on serving platter and serve with cold tonnatto sauce. Makes six servings.

(Note: Tuna mixture makes about 1 cup 2 tablespoons.)

MARINATED VEGETABLES

- 1 (10-ounce) package frozen zucchini slices
- 1/2 cup red wine vinegar
- 1 (9-ounce) package frozen artichoke hearts
- 1 small clove garlic, pressed (1/2 teaspoon)
- 1 (9-ounce) package frozen Italian cut green beans
- 1/2 teaspoon salt
- 1 (8 1/2-ounce) can garbanzos
- 1/2 teaspoon dry mustard
- 2 tablespoons pimiento strips
- 1/2 teaspoon basil, crumbled
- 1/2 teaspoon rosemary, crumbled
- 1/2 cup oil
- 1/2 teaspoon paprika
- Dash Tabasco

Cook frozen vegetables as packages direct, reducing cooking time by one or two minutes to keep vegetables tender-crisp. Drain each vegetable and combine with drained garbanzos and pimiento. Mix all remaining ingredients and pour over vegetables. Mix lightly. Chill thoroughly, preferably overnight, stirring gently once or twice. Makes about 5 servings.

CRUMB CAKES MELBA

- 1 (10-ounce) package frozen peaches in syrup
- 1 tablespoon sugar
- 1 (10-ounce) package frozen raspberries in syrup
- 1 tablespoon lemon juice
- 1 (10 1/2-ounce) package frozen crumb cakes, defrosted*

Thaw peaches and raspberries. Place in blender jar with sugar and lemon juice and blend smooth. Split crumb cakes and spoon sauce between and on top. Serve at once. Makes 6 servings (1/2 cup sauce per serving).

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