

# Tips on Furniture

## IN THE FURNITURE MARKET?

Furnishing a new home or simply selecting a new piece of furniture is often a major, time-consuming investment. However, careful planning and a little know-

advertised as oak or walnut, it must be made of that wood; if it has been finished to merely resemble, for example, walnut, the label must state "walnut color" or the like. (Right now the Federal Trade Commission is considering

padding and an outer covering. Each makes an important contribution to furniture quality. Look to see that:

-Frame and corners are well padded.  
-Patterns are centered and stripes and patterns

**tips** for consumers  
from your  
**BETTER BUSINESS BUREAU**

ledge about furniture can turn this awesome task into an enjoyable adventure.

The Better Business Bureau offers the following tips to those interested in embarking on such an endeavor.

### Where to Begin

Establish a budget, listing items in order of priority. Get estimates for each type of furniture by phoning or visiting a few stores and checking newspaper ads. Now, venture out to reliable stores and begin some serious shopping.

Choose furniture that will complement your lifestyle, offer comfort and set the desired mood. This involves a careful evaluation of present and future family needs. How well a piece of furniture functions is determined by its serviceability (size, number of drawers, etc.) and its durability. Protective finishes on wooden surfaces can make the surface resistant to scratches, stains and/or protect against heat and burns. Upholstery finishes provide a protective shield against liquids and soil.

When comparison shopping read each label carefully. Government regulations have mandated that these information tags provide clear and accurate data. A country's name alone may not be used to describe a piece unless it comes from that particular country. When furniture is

a new regulation requiring that all piece goods bear labels stating appropriate information. Should this become law, it would be especially advantageous to check each label.)

### Learn to Recognize Quality

Household furniture generally is divided into two categories: case goods and upholstered pieces. At one time, case goods referred only to wood furniture. Because of new materials and construction techniques, metals, plastics and other man-made materials are included in this classification. If a case good is at the top of your priority listing, keep in mind that:

-Doors and drawers should fit well and open smoothly.  
-Drawer corners should be joined securely (the butt joint is the least satisfactory way to join wood).

-Hardwoods (walnut, mahogany, pecan, oak, etc.) usually denote better quality than softwoods (pine, cedar, redwood, etc.).

-Backs should be finished if to be used away from a wall.

Take note: whether furniture containing all wood materials is solid, bonded, laminated or composition, it can be labeled wood.

Upholstered furniture generally is made up of four parts: frame, supporting foundation, cushioning or

match at seams.

-Cushions fit snugly and buttons are sewn on securely.

-Frame is sturdy and seat comfortable--try it out!

Cushions manufactured with zippered closings have caused a great deal of confusion. In many cases, cushions have zippers to create a better-fitting fabric and will shrink or fray if drycleaned. To avoid possible disappointment, always check to see if the label gives cleaning instructions.

### Additional Considerations

Before purchasing an item, check on the store's refund policy. Generally, cash refunds are extremely rare. If a retailer is unable to solve a consumer problem through repair or replacement, credit may be offered as an alternative. Special order upholstered pieces, after use in the home, are seldom if ever accepted for either credit or cash refund.

# Football Begets Injuries

It's that time of year again, the annual fall rites of the American male. The game of running, jumping, tackling, falling, bruises, cuts, sprains, pains - collectively known as football - is played everywhere by everybody from "peewees" to "pros".

While most of the injuries aren't serious there are some things you can do to help protect yourself and make your participation in the game more enjoyable.

A thorough physical examination is a must before preparing to go out for football to make sure there is no physical condition that could prove harmful. This is to protect your health.

### Second, proper physical conditioning.

Getting in shape, hardens the body and allows you to play longer without tiring, helping to prevent injury. Coaches and team physicians agree that many injuries occur when a player is tired and less alert. A minimum of three weeks exercising and conditioning is recommended prior to the first game of the season.

Third, precautions should be taken

against the extreme heat of the early days of practice, usually during the "dog days" of August. Many teams now schedule their hot weather workouts in the early morning and late afternoon to avoid the hottest time of the day. Water should always be available during these sessions because it is necessary to replace body fluids lost through sweating. Salt is also important to replace either through salt tablets or by salting food heavily during meals.

One of the most important reasons these precautions are necessary is to prevent heat stroke which can be extremely dangerous. Heat stroke occurs when the body's cooling mechanism, the evaporation of sweat from the skin, ceases to function. When this occurs, the body temperature can rise as much as 7.4 degrees (from a normal of 98.6 to 106) in twenty minutes and can cause kidney, liver, or brain damage.

Enjoy the game this fall, but get in shape and do it right.



The "Tarzan of the Apes" books have been translated into 56 languages.

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## Sounds

From Page 11

very smooth and has a good selection of tunes. Best cuts mentioned in review.

(One must take note in this album and others touched by Mr. WHITE that he uses very little material and makes a great deal of music.) The EMOTIONS on this LP are never so good. They sound as if they're happy, an enjoying themselves, and have settled in that

tight and just right. In places, some of the vocals can be closely compared to some EWF material. Some of the sides reminiscent of the past (Kalimba Production) LP. It is worth the cash and sounds very good with most of the cuts being dance tunes (a commercial EWF). Best cuts: Smile, Time Is Passing By, Love Vibes.

Albums provided by Ridgetop and Kimbrough's Record Shops

MAURICE style of production. EARTH, WIND & FIRE (Naturally) lay down the basics. MAURICE makes sure that their voices (EMOTIONS) are light.



There's good news for people concerned about making meat meals for their families, and making ends meet at the same time.

Many concerned elected officials are working on ways to make that a little easier.

These legislators are opposing the Food and Drug Administration's (FDA) recently announced intention of severely restricting the use of certain antibiotics in animal feeds.

According to government estimates, the proposed ban would cost agricultural producers more than \$700 million per year in increased production costs at a time when net farm income is projected at the lowest level since the depression.

Cost to consumers, according to the U.S. Department of Agriculture, could run in excess of \$2 billion in higher meat prices.

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