Tips on Furniture

IN THE FURNITURE MARKET?

Furnishing a new home or simply selecting a new piece of furniture is often a major, time-consuming investment. However, careful

advertised as oak or wal- padding and an outer conut, it must be made of that vering. Each makes an imwood; if it has been fi- portant contribution to nished to merely resemble, furniture quality. Look to for example, walnut, the la- see that: bel must state "walnut color" or the like. (Right well padded.

-Frame and corners are

now the Federal Trade, -- Patterns are centered planning and a little know. Commission is considering and stripes and patterns

-Cushions fit snugly and

with zippered closings have

caused a great deal of con-

fusion. In many cases,

cushions have zippers to

create a better-fitting fabric

and will shrink or fray if

drycleaned. To avoid possi-

ble disappointment, always

check to see if the label

gives cleaning instructions.

Additional Considerations

item, check on the store's

refund policy. Generally,

cash refund.

Camel City

Vineyard

Plaza

Before purchasing an

for consumers BETTER BUSINESS BUREAU

ledge about furniture can an enjoyable adventure.

tips to those interested in embarking on such an endeavor.

Where to Begin

Establish a budget, listing items in order of priority. Get estimates for two categories: case goods each type of furniture by and upholstered pieces. At phoning or visiting a few one time, case goods referstores and checking news- red only to wood furniture. paper ads. Now, venture Because of new materials out to reliable stores and begin some serious shop- ques, metals, plastics and

desired mood. This in- ing, keep in mind that: volves a careful evaluation needs. How well a piece of furniture functions is determined by its serviceability be joined securely (the butt etc.) and its durability. Pro- way to join wood). tective finishes on wooden Upholstery finishes provide etc.). a protective shield against liquids and soil.

When comparison shop- wall. ping read each label carefully. Government regudata. A country's name it can be labeled wood. alone may not be used to

a new regulation requiring match at seams turn this awesome task into that all piece goods bear labels stating appropriate buttons are sewn on secure-Constitution - Char reau offers the following this become law, it would especially advantageous to comfortable--try it out!

Learn to Recognize Quality

check each label.)

Household furniture generally is divided into and construction techniother man-made materials Choose furniture that will are included in this classificomplement your lifestyle, cation. If a case good is at offer comfort and set the the top of your priority list-

-Doors and drawers of present and future family should fit well and open smoothly.

-Drawer corners should (size, number of drawers, joint is the least satisfactory

Hardwoods (walnut. surfaces can make the sur- mahogany, pecan, oak, face resistant to scratches, etc.) usually denote better stains and/or protect quality than softwoods against heat and burns. (pine, cedar, redwood,

> -Backs should be finished if to be used away from a

Take note: whether furnilations have mandated that ture containing all wood these information tags pro- materials is solid, bonded, vide clear and accurate laminated or composition,

Upholstered furniture describe a piece unless it generally is made up of four comes from that particular parts: frame, supporting country. When furniture is foundation, cushioning or

tight and just right. In

places, some of the vocals

can be closely compared to

some EWF material. Some

of the sides reminiscent of

the past (Kalimba Produc-

tion) LP. It is worth the

cash and sounds very good

with most of the cuts being

dance tunes (a commercial

EWF). Best cuts: Smile,

Time Is Passing By, Love

Albums provided by Ridgetop and Kimbrough's

Vibes.

Record Shops

Sounds

From Page 11

very smooth and has a good selection of tunes. Best cuts mentioned in re-

(One must take note in this album and others touched by Mr. WHITE that he uses very little material and makes a great deal of music.) The EMOTIONS on this LP are never so good. They sound as if they're happy, an enjoying themselves, and have settled in that

MAURICE style of production. EARTH, WIND & FIRE (Naturally) lay down the basics. MAURICE makes sure that their voices (EMOTIONS) are light,



good news concerned about making meat meals for their families, and making ends meet at the same time

Many concerned elected officials are working on ways to make that a little easier.

These legislators are opposing the Food and Drug Administration's (FDA) recently announced intention of severely restricting the use of certain antibiotics in

According to government stimates, the proposed ban would cost agricultural producers more than \$700 million per year in increased production costs at a time when net farm income is projected at the lowest level

since the depression. Gost to consumers, according to the U.S. Department of Agriculture, could run in excess of \$2 billion in higher meat prices.

Football Begets Injuries

It's that time of year again, the annual fall rites of the American male. The game of running, jumping, tackling, falling, bruises, cuts, sprains, pains - collectively known as football - is played everywhere by everybody from "peewees" to 'pros''

While most of the injuries aren't serin ous there are some things you can do to help protect yourself and make your participation in the game more enjoyable.

A thorough physical examination is a must before preparing to go out for foot-a ball to make sure there is no physical condition that could prove harmful. This is to protect your health.

Second, proper physical conditioning allows you to play longer without tiring, helping to prevent ijury. Coaches and eam physicians agree that many injuries Frame is sturdy and soat accur when a player is tiring, and less alert. A minimum of three weeks exercising and conditioning is recommended Cushions manfactured prior to the first game of the season.

Third, precautions should be taken

against the extreme heat of the early days of practice, usually during the "dog days" of August. Many teams now schedule their hot weather workouts in the early morning and late afternoon to avoid the hottest time of the day. Water should always be available during these sessions because it is necessary to replace body fluids lost through sweating. Salt is also important to replace either through salt tablets or by salting food heavily during meals.

One of the most important reasons these precautions are necessary is to prevent heat stroke which can be extremely dangerous. Heat stroke occurs when the body's cooling mechanism, the evapor tion of sweat from the skin, ceases to function. When this occurs, the body temperature can rise as much as 7.4 degrees (from a normal of 98.6 to 106) in twenty minutes and can cause kidney, liver, or brain damage.

Enjoy the game this fall, but get in shape and do it right.



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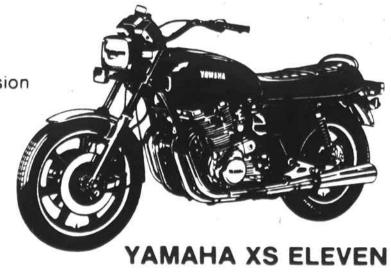
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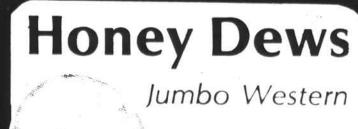
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