

Homes



Classifieds / Legals • Real Estate •

Phone 722-8624 or 723-9863

Under \$20,000

1. East Winston - Price \$19,000 Features 3 bedrooms, 1 bath, chain linked fence, asbestos shingles, hardwood floors and enclosed back porch. Style - Bungalow.

Under \$30,000

2. Castle Heights - Price \$23,500 Features - 3 bedrooms, 1 bath, paneling, carpet and vinyl floors, brick veneer, gas heat, storm doors and windows. Style - Ranch.

3. Bon Air/Greenway-Price \$25,500 Features - "An Older Home At Its Best," 3 bedrooms, full basement, den, huge kitchen, hardwood floors, aluminum siding, fenced-in back yard, and very spacious. Style - Conventional.

4. Morningside Manor - Price \$27,500 Features - Very Plush 4 bedrooms, 2 baths, brick, gas heat, washer/dryer, refrigerator, freezer and patio furniture will remain. Style - Rancher.

5. South Crest - Price \$29,000 Features - 3 bedrooms, 1 bath, carpeted, brick exterior, and central air. Plus apple and peach trees. Style - Rancher

Under \$35,000

6. Retnah Hills - Price \$32,900 Features - Choice of appliances and carpeting, 3 bedrooms, 2 baths, brick siding, electric heat, den, and foyer. Style - Ranch.

7. New! New! - Price \$32,900 Features - 3 bedrooms, 2 baths, siding, carpeted and vinyl floors, electric heat and den. Brand New: Style - Ranch.

Under \$40,000

8. Stonewall - Price \$35,900 Features-A Great 8 1/2% Loan Assumption, 3 bedrooms, 1 1/2 baths, den with fireplace, garage, central air with all built-ins, carpet and vinyl floors. Style - Ranch.

9. Northwood Estates - Price \$37,500 Features - A Super 8% Loan Assumption, 3 bedrooms, 1 1/2 baths, den, huge kitchen with all built-ins, plus 2 car carport and plenty of storage space. Style - Split-level.

10. Salem Woods - Price \$39,900 Features - 3 bedrooms, 2 baths, carpeted, brick, laundry room, full basement. Entertainment area very spacious, overlooking lake and golf course. Style - Ranch.

Under \$50,000

11. Under Construction - Price \$42,900 Features - 3 bedrooms, 2 baths, carpeted, wood frame, heat pump, laundry room, and single garage. Sliding glass doors off den leading to sun deck. Style - Ranch.

12. North Winston - Price \$43,500 Features - 3 bedrooms, 2 1/2 baths, carpeted, brick, laundry area, very accessible to shopping and entertainment. Style - Ranch.

13. Cyndi Meadows - Price \$44,900 Features - New! 3 bedroom, 2 1/2 baths, brick veneer, heat pump, full basement, garage, den central air and still time to choose your carpet.

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Tailgate Picnic Foods Demand Special Care

Fall means football and tailgate picnics but it doesn't mean an end to the same kind of careful handling given to picnic foods in the summer.

Foods for tailgate picnics and family get-togethers need the same kind of special care and precautions required for summer meals, says Jane Aitchison, agricultural extension foods and nutrition specialist at North Carolina State University.

Fall outdoor temperatures are not as warm, but they are still danger zone temperatures for bacterial growth. A tailgate picnic can be a real hazard in terms of food poisoning if extra special care is not taken.

Food items that are often taken on picnics are ones that receive a lot of handling during preparation: for example, potato and macaroni salads, hamburger patties, meat, fish and egg sandwiches.

This means a greater chance of contamination from people, utensils and preparation surfaces. All this handling also means food is kept longer at room temperature where bacteria grow well.

Picnic foods also often involve pre-cooking: fried chicken, chicken for salad and sandwiches, hard cooked eggs, potatoes and macaroni for salads, for example.

If they aren't cooled quickly, any bacteria that are present, due to handling or insufficient cooking, will grow rapidly.

While mayonnaise is too acid to be a good medium for bacterial growth, it is mixed with another food that contains bacteria, the mixture will provide a place for the bacteria to grow if the temperature is right.

This is why mayonnaise-containing foods are often associated with food poisoning.

Often, large quantities of food are prepared for picnics, which makes quick cooling and storage at proper temperatures more difficult.

To keep picnic foods safe, cleanliness and personal hygiene are essential to help keep bacteria out of food. It is also important to prevent cross contamination of foods. Foods to be eaten could become contaminated by contact with raw meat, poultry, dirty vegetables or items such as knives or cutting boards that have touched these things. The food would become unsafe if held at bacterial growth temperatures.

Foods prepared ahead of time should be quickly cooled and stored at temperatures that will prevent bacterial growth (less than 40 degrees Fahrenheit or warmer than 140 degrees Fahrenheit).

Because large quantities of food are difficult to cool, food should be kept in shallow containers where it will cool quickly. Food in a large container may take so long to cool in the center that bacteria would have time to grow.

Plan the picnic menu around the equipment available to keep food cold or hot. Never allow mayonnaise mixtures, meats, poultry, eggs, dairy products or foods containing these ingredients to sit without refrigeration for more than 2 to 3 hours, including time used for preparation.

Pre-cooked food, such as fried chicken, should also be kept cold, for it may have become contaminated with bacteria after cooking.

Hot foods should be thoroughly cooled before putting them in a picnic ice chest.

Blocks of ice for use in the ice chest can be frozen in milk cartons or plastic containers. Commercial refrigerators in cans or plastic packs are convenient, less messy than ice and can be reused.

Frozen foods to be eaten on the picnic will help keep the chest cold, but they should not be refrozen.

Crumpled newspaper stuffed into air spaces in an ice chest will also provide extra insulation.

If you can't take food refrigerator cold or oven hot, plan the menu to contain foods

that don't need refrigeration, such as canned or preserved foods, fresh fruits and vegetables or aged cheese and crackers.

Any leftovers should be put back in the cooler right after they are served. If they are still cold when you get home they can be refrigerated and eaten.

If they are warm, it's best to throw them out.

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NOTICE OF PUBLIC HEARING

A Public Hearing on the N.C. Annual Testing and Competency Testing Programs will be held at 9:30 a.m., Thursday, Oct. 19, 1978 in the auditorium of the highway building in Raleigh. Persons wishing to present oral or written statements are asked to communicate with Dr. William J. Brown, N.C. Dept. of Public Instruction, Education Bldg., Raleigh, N.C. 27611.

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