



# CHRONICLE SPORTS

## Pitt. Courier Honors Two Ram Standouts

WSSU's Timmy Newsome and Bill Murrell were among the players honored at the 54th Annual Pittsburgh Courier All-American Banquet, in recognition of the nation's outstanding football stars, coaches and guests. The banquet was held Friday night January 26, 1979 in Pittsburgh, PA before a captive audience of 450 persons.

Timmy Newsome, Ram junior rushing star, was named Collegiate Offensive Player of the Year, in addition to landing a spot on the Courier All-America team.

Murrell, a 6'5" senior, received the tight end slot on the Courier list of standout black college performers. Both Newsome and Murrell had received all-CIAA honors.

Two Virginia Union players, halfback Judge Thomas and linebacker Plummer Bullock were picked the Courier team. Thomas is a 6'1" 193 lbs. senior and Bullock is a 6'3", 220 lbs. junior.

Defensive back Don Rose, a senior from Hampton Institute, earned the cornerback slot on the Courier team.

Of the many notables and celebrities attending the banquet was the Keynot Speaker, Emerson Booser, formerly of the New York Jets and Sports Color Commentator for CBS-TV, who challenged the 1978 All-Americans to work hard and long to attain their goal.

Introducing Booser and giving the official welcome was Irv Cross, sportscaster for CBS-TV.

Other notables included: Douglas Williams, Quarterback for the Tampa Bay Buccaneers received the NFL Offensive Rookie of the Year Award; Sylvester Hicks of the Kansas City Chiefs was presented the Defensive Rookie of the Year Award; Barney Chavous of the Denver Broncos received the NFL Veteran Defensive Player of the Year; and Ken Burrough of the Houston Oilers received the NFL Veteran Offensive Player of the Year Award, which was accepted by Tony Dundy of the Pittsburgh Steelers. Burrough was snowed in, in Chicago.

Bob Moorman, Commissioner of the CIAA, presented the Coach of the Year Award to Rudy Hubbard, Head Football Coach at Florida A&M University.

The banquet is the oldest annual sports banquet in existence. It was organized in 1924 by Bill Nunn, Sr. and sports writer Ches Washington of the then, Courier. Mr. Washington was the toastmaster for the occasion and Bill Nunn, Jr. Assistant Personnel Director of the Pittsburgh Steelers organization along with the New Pittsburgh Courier staff presented the Offensive and Defensive Player Awards.

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## Capers Carlton: Cutting Flips to Gymnastics Instructor

By Robert Eller  
Sports Editor

Capers Carlton always had a knack for acrobatics. As a small boy he would amaze his friends and relatives by turning headlong in one direction and flipping through the air to land on his feet again doing a full somersault in mid air in the process.

During those early years Carlton had no idea that gymnastics would turn out to be his first choice for a career or that he would gain exposure and recognition from his "flip cutting" antics.

"It was just a lot of fun, flying through the air and cutting flips. My friends and neighbors always enjoyed watching me do it and I just kept it up." Carlton's first chance to do his "Thing" before an audience came during his school days at Kennedy. He was in a fun carnival and amazed teachers and school mates with his acrobatic skills.

His first taste of organized gymnastics came during his freshman year at Carver High School. "J.D. Williams was the gym instructor at Carver and he stressed gymnastics in his P.E. classes. Carver had some gymnastics equipment and a gymnastics team. I joined the team and that is where everything really started." Amazed by Carlton's natural knack for the sport, Williams began to teach the youngster the different routines and gave him books to study to improve his skills as a gymnast. As a member of the

gymnastics team, Carlton and his teammates traveled throughout the city giving exhibitions.

When he joined the Navy after captaining the team during his senior year he got a chance to study at Poly High school in Long Beach, California while stationed there. "In California each school has a gymnastics team just like each school has a basketball team."

When he returned to the city after his stint in the Navy, Carlton signed up for a basics gymnastics class as part of his studies at Winston Salem State. He soon wound up as the teacher when it was discovered that he knew more about the class than anyone else. He worked with the National Youth Sports Program and got some of the participants there interested, but he felt his gymnastics career coming to an end. "I still enjoyed gymnastics but there wasn't really anyone to coach me or push me to work out. I thought my opportunities to perform were over."

But Carlton's fears were short-lived when basketball coach and athletic director C.E. Gaines decided to change the school cheerleading routine. "Coach Gaines and Steve Carouthers came to me and coach said he wanted more stunts in the cheerleading routine and told me to come up with a new format."

Carlton began to teach the cheerleading squad gymnastics stunts as part of their cheerleading routine.

As he performed at the team's games people began to notice his skills.

"I got a lot of publicity out of cheerleading and countless job offers after people found out I knew gymnastics. Carlton started a trampoline team at the Salvation Army Boy's Club and was offered a job as an instructor at a cheerleading school. But Gaines, again, came up with something that struck his fancy. "Coach Gaines called me about a job at Summit school. They wanted someone to start a stunt team. I didn't really know what I was getting into, but I saw it as a challenge and a chance to stay involved with gymnastics."

What Carlton was getting into was coaching a girls gymnastics team. That team is now one of only five in the city and two of the coach's 16 girls have already qualified for the state gymnastics meet in the team's second year.

Carlton hopes to start his own gymnastics school in the future. "I love the sport and I'd like to see a lot of underprivileged kids get involved. Gymnastics is an expensive sport and there are probably some kids right here in the city with the olympic potential that will never get a chance to try it because of the cost of the equipment."

Carlton wants to give these kids with "flip cutting" abilities a chance to develop, just like Capers Carlton did.

## Broncos Shock Rams

By Robert Eller  
Sports Editor

Winston-Salem State's inside defense went to sleep over a five minute period during the middle of the second half last Saturday night on the Broncos home court and Joe Robinson's disciplined Broncos took advantage of that lapse and David Harold and Mike Robinson's absence from the Ram lineup to break open a close game, deal the Southern Division leaders their second straight road loss and tighten the division race.

Down 38-35 at the half, Mark Clark scored WSSU's first 14 points of the second half and had his team within two (51-49) at the 13 minute mark.

Robinson then made two frontcourt substitutions and the Ram man to man defense failed to make the adjustment. Scoring easy baskets inside and from the perimeter the Broncos outscored their opponents 15-7 over the next six minutes. Kenny Howell, the games leading scorer with 29 points, scored on a fast break with 7:11 left and put FSU ahead by 10.

The Broncos then cashed in on 12 or 14 free throws

during the final four minutes and grabbed offensive rebounds on the only two misses to claim the win, as the crowded gymnasium exploded with the chant "CIAA" and the overflow crowd rejoiced.

"We had difficulty cutting off their movement along the baseline," said a disappointed Gaines as the fans filed out, "and the kids aren't playing with intensity defensively."

The coach pointed to Fayetteville's run in the second half as an example. "They made a substitution and we failed to pick it up in our man-to-man defense and it resulted in six straight points."

Fayetteville Coach Robinson said his team was in control all night. "The guys stayed with the system tonight. We were in control offensively. If we play defense and work our offensive system we are tough to beat. Nobody has stopped us all season. Our biggest problem is ourselves missing layups and taking bad shots."

The win was sweet revenge for Robinson who saw his team lose to the Rams in Winston-Salem on two last second free throws two weeks earlier, and Rob-



Robinson, Ballard & Jefferson

inson while not crying sour grapes had some pointed remarks about the officiating that contest. "We felt that if we beat Winston there we could win the division but we lost by two in a pivotal game. The league should have had their two best officials at that game. If you have one strong official and one weak one you don't get consistency and consistency is very important in a close game."

Black  
on  
Sports



Robert Eller  
Sports Editor

My regrets and apologies go out to any of you who rushed out and changed your reservation dates in Norfolk after reading last weeks column which incorrectly stated that the CIAA tourney would be held on March 1,2,3.

This writer can only place the blame for that "boo boo" on his failure to consult the bumper sticker on his car, and the wish that he could get a chance to see both the CIAA and MEAC tourneys.

Both are still set for February 22, 23, 24 and we fans will have to make a choice between the two. That's really a shame. Both events should offer outstanding basketball and good competition this year. In the MEAC the Aggies of North Carolina A& T are in the driver's seat in their quest for the regular season crown but with the likes of Howard, Morgan State, and Delaware State they will have stiff competition as they try for their second consecutive conference title.

In the CIAA things are as always. With less than two weeks of regular season play left there are furious battles going on in both the Northern and Southern Divisions.

Winston Salem State's supposedly safe lead in the Southern Division has been cut over the last two weeks as they have lost on the road to both Johnson C. Smith and Fayetteville State. Smith, in fact is the leagues hottest commodity of late as they have won their last five league games knocking off Hampton, and Virginia Union in addition to WSSU. Both Smith and Fayetteville now have an outside chance at grabbing the southern division crown from the Rams with St. Augustine's holding fourth spot.

In the strong north Norfolk, Virginia Union and Hampton are fighting it out for the top spot as they did last season while the other three teams in the division Elizabeth City, St. Paul's and Virginia State slug it out for the final tourney berth.

As is always the case it seems the pairings for the tournament will not be settled until the last regular season game is played and if the rule of thumb holds up there will be more overtimes in Norfolk again this year.

This writer cast his All-CIAA ballot earlier this week and found it nearly impossible to pick the ten best players in the league this season.

Here are my picks and if you feel differently then pick your All-conference team and send it to me.

The first team here consists of Ricy Mahorn of Hampton, and Reggie Gaines and Mike Robinson of WSSU. In the backcourt the picks are Arthur Gaskins of Elizabeth City, the leagues top scorer, and Norfolk's Kenny Evans.

In the second team backcourt Ram David Harold and Livingstone's Jon Hart get the nod despite the fact that St. Paul's Greg Jackson is averaging 23 points per game and Virginia State freshman Joe Whitfield is hitting at a .21 per game clip.

## Hampton Downs 3 Tough Division Foes

Hampton Institute's Pirates maneuvered their way back up the ladder to the #1 position in over-all standings in the CIAA, with three big wins over Northern Division opponents.

With only a few more weeks of regular season play left in the CIAA, the race for a spot in the 1979 Basketball Tournament in Norfolk, Va. is the primary objective of each of the 12 CIAA teams.

The Southern Division is controlled by the Winston-Salem State Rams, who have dominated the number one spot in the division

the entire season. However, Johnson C. Smith University is moving up quickly along with Fayetteville State and St. Augustine's College.

In the Northern Division an 8-3 tie exists between the 1978 CIAA Champions, Norfolk State and the 1978 1st Runner-Up, Hampton Institute, with Hampton having the slight edge in overall wins and losses.

Virginia Union Panthers follow closely behind the Pirates and Spartans with St. Paul's and Virginia State tied for third place.

An excellent job of

coaching was apparent by Head Basketball Coach Hank Ford and his staff, who for the second time this season, earned the CIAA Recognition of Achievement for the Week for his coaching efforts.

CIAA Roundup

Coach Ford motivated his team in defeating Norfolk State, in what could be called a grudge match, 92 to 88.

This second meeting with

Virginia Union this season also proved to be a victory for the Pirates, as they came away the victors, 108 to 92 before a packed house.

Virginia Union is another top all-around team in the CIAA. They, too, have 7 players out of 12 with a .500 or better percentage rating in field goals, and have 11 of 12 players who boast a .600 or better percentage in

free throws; and they have 4 out of 12 players in double figures scoring per game. As a team, the panthers fluctuate with the leading scorer per game. Against Livingstone College, whom the Panthers defeated, 94 to 85, junior, guard, Keith Valentine scored the highest number of points, 22, with 5 others in double figures; against Johnson C. Smith, junior, forward Larry Holmes was high point man with 26 points and 13 rebounds, and again, 5 other Panthers were in double figures. St. Paul's College is

playing super basketball. They are tied with Virginia State College in Conference wins and losses, with a 5-6 record, but edge the Trojans in overall wins and losses.

Coach Moses Golatt has done a tremendous job coaching the Tigers this season.

Top players for the Tigers include, Greg Jackson, a 6'2", sophomore guard from Augusta, Ga., who was the top scorer against Liberty Baptist, 122 to 107.