

Recreation Outlook

ginning July 16.

at 10 a.m., arts and crafts in the evening and at night. decorative arts.

Local recreation centers classes at night from 7-10 and gymnastics from 1-2:30 will have another weight p.m. have reported the following p.m. Wednesday night, activities for the week be- there's wheel chair basketball. Adult acrylic painting On Monday, Sprague will be the main event Street Community Center Thursday morning and on will feature midget baseball Friday, the P.L.A.C.E. mobile will visit the center.

Hanes Hosiery Recreation Center will host a The center will hold pup- dance class on Monday at 4 pet shows on Tuesday from p.m., and a rap session and 2-5 p.m. and total communature walk on Tuesday.

p.m. will be the center's lifting class on Wednesday. main activities on Wednes- The center will feature main event for Tuesday. have crayon pencil drawing day, July 18. The center camp crafts on Thursday The adult basketball pro- in the morning and a baswill feature a dance class on and weight lifting class on gram lasts from 6:30-10 ketball league at 7 p.m. Thursday July 19, and Friday. woodcrafts at 1 p.m. Friday.

nications and slimnastics Arts and crafts at 9 a.m., on Tuesday. The center young people from 6:30 - 10 league from 7 p.m. mid- be macrame instruction.

ter will have tutoring class karate classes from 6-8 place on Wednesday, July Miller Park Community on Monday, July 16, for all p.m. Center will hold a weight subjects at 4 p.m. and Skyland lifting class Monday at 3 karate classes at night. The Center has planned for July morning and music and p.m. Arts and crafts will be center will continue to have 16 a ceramics class at 10 dance from 3-6 p.m. On the center's major activity the basketball program for a.m. and a basketball Friday, July 20, there will

Belview Recreation Cen- On Friday, the center has rook and chess will take

night all week. On Tues-A karate class will be the day, July 17, the center will p.m. on Thursday, July 19. Morning instructions in 18. Soccer instruction is Recreational scheduled for Thursday

Signed

WSSU All-American split end Billy Diggs has signed a three year comract with the Minnesota Vikings of the NFL for a reported \$210,000. Diggs was the teams ninth round choice in the 1979 NFL draft.

Black On

from page 11

Denny Womack, 6-3, hails from Newport News, Va. According to Gaines, Womack is a fine shooter. "He comes from a good system with a good coach and he also plays tennis," commented Gaines. Womack may see some action early if Gaines decides to return to the two guard offense.

Nathaniel Morgan is a 6-51/2 forward from Rice High School in New York City. "He is a typical New York player in that he plays bigger than he is," says Gaines. "He is a good rebounder and ball handler and should make us an excellent wing man."

Andre White of Harvey, Ill. just outside Chicago, stands 6-3 and according to the coach, who has already had the young man on campus," plays super defense.

"I've got a whole bunch of little guards," is the way the coach summed up his recruiting of four fine backcourt prospects. Kevin McCrae may be the best of the lot. At 5-11 he made All-City in Philadelphia this

James Beatty is also 5-11. He is a native of Bullock, Wilmington and according to another Wilmington native Chambers, Willie Martin, on the Ram roster, Reggie Gaines, "can really help us in Jr. and Marshall Meadows. the backcourt."

Authur Dawson comes from Laurinburg Institute from Richmond, Va., has which had produced Charlie Scott and James Sparrow, to received such honors as name two. And with the graduation of David Harold, Gaines went the Year.

back to Hickory to get yet another one, David's brother Harlan, who like David is a 6-3 strongboy.

But we've got the same problem as always you say, is a Dean's List student plenty of guards and small forwards but no big men. Well, just hold your horses and keep reading.

The hot tip is that Gaines is about to land two big men. A 6-8 transfer from Philadelphia and a 6-7 rebounder who played for Penn State last year.

And you thought "Bighouse" would be content to sit by the phone and wait for the players to call him. After 639 wins it still hurts to lose by 20 in the CIAA tourney.

"It's 2 A.M. and I feel rotten. Who has time to read medicine labels?"

Sorry, there is no excuse for not reading the medicine label. The label tells you what it's for, how much to take and how often to take it. It's important information. Before you take any medicine, read the label. Medicines can't help you if you don't take them right.

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against theft and damages: unavoidable accidents. Better check on marine insurance and also your homeowners policy to determine just how much coverage is possible. You can be as liable on the waterways as much as you are on the highways.

Some of the hazards we are faced with while engaged in water sports are fires, hulls damaged by going aground, starting motors while in gear and

Have you ever thought of the importance of cleaning your boat, inside and out? A slippery deck can be dangerous while entering or loading the boat. Dust and oil films, when we can cause untold personal damages. Cleaning the exterior lessens the drag when the boat is underway; the boat slips throught he water with a minimum of produce peddlers. resistance.

Alcohol and water will mix but, not when a boat is

For the boating enthu- crashing into piers or crash- involved. It's very easily to siast, are you properly in- ing into other boats while become unbalanced under sured? Your boat and making turns or crossing ordinary conditions, but to imbibe and step into a boat is asking for the worst kind of trouble. The greatest number of watersport accidents are caused by the users of alcohol.

Drinking and driving anything can be the risking of one's life, even with a horse and buggy; unless the horse knows the directions home, as has been the case with some of our

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Bears Select Four Captains

SALISBURY -- Livingston College has picked four captains for the 1979 "Fighting Blue Bears" football squad -- Glenn Anthony

Glenn Bullock, a junior CIAA Offensive Lineman of

Anthony Chambers, a senior from Statesville, NC, with high honors as well as the holder of the 1979 Outstanding Player of the Year Award.

Willie J. Martin, Jr., a senior from Darlington, SC, has been named: most improved football player at Livingstone, CIAA Lineman of the Week, and has three year been a letterman.

Quarterback Marshall Meadows is a junior from Wellford., S.C. During his career at Livingstone, he has received: Schiltz Player of the Week against Johnston C. Smith University: twice named Offensive Player of the Week

against Johnson C. Smith University and Virginia State College; and Rookie of the Week against Winston-Salem State University. In addition, he has lettered in football since his freshman year.

Coach Andrew Littlejohn, head football coach, thinks the captains are a definite asset to the squad. "All four players are dedicated hard workers and have a never ending spirit for football." He added, "I think Meadows will fit in as far as quarterback is concerned. Our offensive scheme used some last year and the new scheme we put in last spring, he knows very well and should execute his duties efficiently."

Glenn Bullock will fit in, because he's a seasoned ball player and he knows our offesive terminology and blocking schemes."

"Defensively both Chambers and Martin have been playing under Coach Jones and myself for some time now and both are proven veterans. They have gotten the job done for us for the last three years."

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E-T DEEP DISH

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They receive weekly sports reports on the CIAA, MEAC, SWAC, and coming in August Barry Cooper great features on local personalities. will bring us all the national Black College Sports. It's all for you every week. Don't miss it.

even more! They learn about all the good things happening in our community, not just the murders, rapes and break-ins. They enjoy honest political

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