

Something's Cooking

Shopping Outlets

Have you ever driven 10 miles to reach an outlet store, dreaming as you drove of all the bargains waiting at the end of your journey, only to discover a note on the door saying: "Closed on Mondays."

These are some suggestions for shopping at outlet stores that readers would do well to consider:

Call before you go to an outlet store, because outlet stores sometimes close without notice. This is a society of rapid change, and what you found on the highway last month might be gone one month later.

It is not a good idea to drive off the highway

into wooded areas in strange cities looking for outlet stores advertised on highways. Know where you are going, and take a friend. Inquire before you go.

Take cash because credit cards are not always accepted. An outlet store that does not accept charge cards may inconvenience you; but the store is actually doing you a favor. The outlet store owner must pay the charge company a commission between five and ten percent. In some cases, this charge is passed on to the customer.

Many outlet stores have a no return cash only policy; so do not

buy something before making sure that this is

ited service, so don't go there expecting to be

Better Living

By
JoAnne Falls



something that you really want. Don't buy expecting to be able to change what you purchase. Learn what you need and don't overbuy.

Outlet stores have lim-

treated like you would in Saks Fifth Avenue.

Find out what the outlet store specializes in. If you go to a dress outlet store, remember that the bargains you will find are for the most

part in dresses.

Know brands. Some "Famous names" have several different contractors producing for them. One company might manufacture shirts for several stores. These same shirts might have different labels in different stores.

Examine the garment or merchandise carefully before you buy. This will cut down on confusion later.

Some outlet stores have a mailing list. Inquire about this. The store might be happy to inform you of special sales. You might be able to get your name added to the regular mailing list.

Be careful about relying on labels. If labels

are cut out it may mean that the store is offering top quality goods at discount prices or just the opposite. Before you buy satisfy yourself that the garment or goods suit your needs.

The outlet store might have only one dressing room for which you must wait your turn or no dressing room at all. Know your size and take a tape measure or go to a department store and try on the brand name and find out your size. To figure or check discount prices quickly, subtract the discount percentage from 100 and then multiply the answer, or reciprocal, by the original price.

naomi's view

It's hard to believe, but very true. There are three kinds of people in the world. First, those who do nothing but plan; they become idle dreamers. Second, those who just work and never plan; they become drudges. Third, those who both plan and work; they become leaders whose planning and working amounts to success.

There may be a high regard for ideals and idealists, but observing closely dreaming, may be pleasant enough while it lasts, is certainly shattered by the hard realities of life. The person who is alert to take advantage of opportunities that come to him, plans and works is the one who attracts notice.

Some people, of course, attract notice to themselves by their evil acts. It is such acts that make the newspaper headlines. The person who plans and works quietly day by day is making a contribution to his day and generation. As time goes by, opportunities to make greater contributions will come his way.

In every walk of life, adaptability, flexibility, and resiliency are the personality traits that keep people out of the rut and propel them into spheres of wider usefulness. There cannot be planning once and for all. We ourselves



Naomi C. McLean

change. Conditions change. Indeed, the adaptability, flexibility, and resiliency are the personality traits which result into successful avenues of wider usefulness.

If something is worth having, it is also worth planning and working for. We don't get anything in this world for nothing.

Planning it out and putting it through is quite important. The test of any plan, of course, lies in how it works. Putting through a plan is a different matter from making the plan. Activating a plan calls for common sense, adaptation to circumstances, and the ability to meet special requirements.

Frozen Food Handling

The type of appliance used to store your frozen foods determines the length of time such foods may be expected to maintain freshness.

Food kept in the "Ice-cube section" for a conventional one-door refrigerator should be used within a few days. Such refrigerators will probably have a temperature reading between +15 to +20 degrees F. and some frozen foods begin to thaw in this temperature range, even though the packages feel hard.

The "frozen food compartment" of a conventional one-door refrigerator will likely register +10 to +15 degrees F. and food should be used within a period of several weeks.

A well-insulated "freezer-compartment" of a 2-door refrigerator and freezer combination should register Zero - +8 degrees F. At the higher temperature you can retain freshness for several months.

Frozen foods in a separate household freezer, chest or upright, may be kept for one year at Zero degrees or lower.

The best source of information for thawing and cooking is on your frozen food package. All frozen food companies have determined the methods which are best for their particular product. Usually, frozen vegetables and entrees do not need to be thawed. Cakes should stand one hour at room temperature; breads ½ hour, unopened. Frozen fruits should be defrosted as close to eating time as possible. They should have a few ice crystals clinging to them.

Taking advantage of sales to stock your freezer is sound economics. Here are some tips on managing your freezer space:

- Never overload the freezer
- Defrost the freezer every 2 months
- Keep a refrigerator-freezer thermometer inside. Maintain a Zero degree F. temperature
- Rotate the foods in the freezer. Store newly purchased food items on the bottom shelf—the coldest one
- Keep like foods together on shelf or in basket
- Labeling and dating foods is helpful. Use masking tape
- Keep an up-to-date inventory



Peach Jam...See recipe on page 21.

People

Lawrence T. H. Mills, son of Mr. and Mrs. Henry Barksdale, of 2706 Greenway Ave., Winston-Salem has enlisted in the US Air Force.

Airman Mills, a 1979 graduate of N. Forsyth High School, joined under the Air Force's Delayed Enlistment Program (DEP), which allows him to accumulate time in the Air Force Reserve until he enters active duty on July 16, 1979.

Sgt. Jeff Shortell, Air Force recruiter in Winston-Salem, stated that Airman Mills successfully completed a series of tests which qualified him for the Administrative field of training.

DELI

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<p>SAVE ON DOUBLE Q</p> <p>PINK ALASKA</p> <p>\$1.49</p> <p>SALMON TALL CAN</p>	<p>SAVE NOW ON</p> <p>BLUE BONNET QUARTERS</p> <p>MARGARINE 49¢</p> <p>Lb.</p>
<p>16 oz. SIZE</p> <p>MELLO YELLO, TAB AND</p> <p>COKE</p> <p>8 BOTTLE CARTON JUST... 79¢</p>	
<p>DONALD DUCK ORANGE JUICE</p> <p>1/2 GAL. CTN. 89¢</p>	<p>BLUE PLATE MAYONNAISE</p> <p>M-NAISE</p> <p>Quart JAR... 99¢</p>
<p>McKENZIE FROZEN CHOPPED BROCCOLI</p> <p>10 oz. PKGS. FOR \$1</p>	<p>SAVE ON KRAFT MACARONI DINNER</p> <p>7 1/4 oz. BOX 29¢</p>
<p>FRESH RIPE BANANAS</p> <p>Lb. JUST 25¢</p>	
<p>ONE QUARTER SLICED PORK LOIN</p> <p>Lb. \$1.39</p>	

Prices Good Also At Discount House On Patterson Ave.