A Juggler On A Treadmill

Think of a person juggling three oranges while on a treadmill and you can have an idea of how busy Doris Allen stays with her community activities.

By day, she is the director and sole staff member of the Forsyth Council on Older Adults. On her own time, she serves as president of the resident's association at New Bethel Apartments and has just been elected to head Home and School (the equivalent of the PTA) at Ephesus Junior Academy.

How does she do it all? "I don't know," is her reply.

The COA has just launched a program to conduct outreach activities among senior citizens in the rural areas of Forsyth at the same time - as a CETA job freeze stripped the council of its staff.

Allen has plugged ahead with the project. "I'm finding that the problems are just about always transportation, housing and health," she said. "Most of them get food stamps but say it isn't enough."

"Most of the older adults feel they should get a little more out of society in line with what they put into it," she added.

However, there is still a strong spirit of self-sufficiency. "If they could do without (help), they wouldn't bother anybody," said Allen.

She performs such services as filling out Trans-Aid applications for the clients, and refering them to other services provided by county and private agen-

Allen wishes there

was someone who could help with the problem she and her neighbors have been having at New Bethel with high electricity bills.

Last winter, the group protested because in some cases, bills for the all-electric apartments were exceeding their income. One woman had a bill of \$231 and an income of \$169.

"The bills are high again," said Allen. "In fact, they are higher than last year's."

Although apartment management has done painting and planted shrubbery in response to some residents' requests, neither they or Duke Power or the U.S. Department of Housing and Urban Development, which subsidizes the apartment through Section 236 have been able to do anything to help the high utility

"I'm going to go around to poll residents to see what they're bills are," said Allen. "a lot of people moved out from last year."

costs.

Her other major concern is Ephesus Junior Academy, where her

precocious eighth-grade daughter attends school. The Seventh Day Adventist-operated school goes from grades one through

"The first thing we want to do is to get the enrollment up," she said. "a lot of people want to send their children to private schools and we're going to find them."

Although tuition is only \$65 per month per child, she would like to set up sponsorship programs for families who could not afford that amount.



Doris Allen

People





Reid

Erwin

Gov. Jim Hunt has honored three North Carolina black leaders with the Distinguished Citizens Award for 1979--Rep. Henry E. Frye (D-Guilford), Court of Appeals Judge Richard C. Erwin and Roper Mayor Elmer V.

The prestigious Distinguished Citizens Award is given to citizens of North Carolina who have provided distinctive leadership in various areas of service, including church work; local, county or state government; volunteer work; work in the public schools, community colleges, public or private higher education. No more than 25 awards can be given during a calendar

Rep. Frye has served six terms in the General Assembly and was the first black elected to the N.C. House of Representatives since 1899. He is a partner in the law firm of Frye and Johnson and the organizer and president of the Greensboro National Bank. He is a life member of the NAACP and the National Bar Association.

Judge Erwin is the first black court of Appeals judge and also became the first black to win a statewide race for any elected office in North Carolina.

Mayor Wilkins was principal of Union High School in Washington County for 38 years until his retirement in 1974. He served in leadership capacities in several educational associations, including the positions of secretayr-treasurer of the N.C. Teachers Association for 10 years. He was one of the key representatives of the Advisory Committee of the National Association of Secondary Principals. He organized and served as director of the Roper Opportunities Industrialization

THOMAS WYATT LAMBE JR., 2160 Country Club Rd., has been elected by the Baptist State Convention to serve on the Wingate College Board of Trustees. His three-year term became effective on January 1.

A native of Winston-Salem, Lambe graduated from the Winston-Salem public schools and obtained his B.S. degree from Davidson College. He is secretary and

treasurer of Lambe-Young, Inc., a real estate firm. Lambe is a member of both the Jaycees and Kiwanis. He and his wife Betty Jo have two children, Kimberlee and Sheridan.

DENNIS R. REID has been named a representative with the Winston-Salem office of the Equitable Life Assurance Society. Reid will be handling both personal and business insurance for the Equitable, specifically in the

areas of life, health and disability income protection. Prior to joining Equitable, Mr. Reid was a specialist in fine arts with the Winston-Salem Arts Council, with music being his primary area of interest. He is a native of Winston-Salem, a graduate of N.C. A&T State University and is married with three children.

Winston-Salem attorney THORNS CRAVEN was honored recently in Southern Pines at a recognition dinner for his efforts six years ago to help found Legal Services of North Carolina (LSNC), a statewide organization which now provides free civil legal assistance to thousands of low-income people annually.

At the dinner, Craven and three other North Carolina attorneys, Walter F! Brinkley of Lexington; Joseph C. Moore Jr. of Raleigh; and Bill Thorp of Rocky Mount; the group. along with the N.C. Bar Association were presented plaques citing them for the time and energy they invested in helping to start LSNC.

* The plaque presented to Craven was inscribed, "With appreciation to Thorns Craven. You have devoted your life to justice for poor people. While heading your own Legal Services program you conceived of LSNC, directed the study that led to LSNC's formation and have steadfastly contributed to its development."

Geneticist Picked As 'Outstanding Woman'

Dr. Mary S. Harris, 30, and age. Scientist in Residence at WGTV at the University of ence Foundation grant, Dr. Executive Director of the Georgia and one of the few Harris will produce six to federally-funded Sickle Cell black women with a Ph. D. eight television specials on Anemia Foundation of Ga., in genetics, has been se- a variety of scientific sub- where she designed and lected as one of GLAMOUR jects at WGTV, Georgia's coordinated a statewide Magazine's Outstanding educational television net- network for the delivery of Young Working Women for work. Her main objective is genetic screening and 1980.

relative to their education ally-related areas.

to heighten the lay person's counseling services. She She is among ten accom- awareness of scientific is- also supervised educational plished young women who sues and to sharpen scien- and laboratory services and have excelled in their fields tists'awareness of the so- interpreted current bioand emerged as leaders for cial consequences of their chemical information on rethe 1980s. GLAMOUR has research. She hopes this search in the field. chosen them from several increased recognition will Dr. Harris lives in Athundred applicants based affect the formulation of lanta and her parents, Mr. on their accomplishments public policy in scientific- and Mrs. Alonzo P. Sharpe,

Before taking this posi-Through a National Sci- tion, Dr. Harris served as

live in Miami.



Dr. Mary S. Harris

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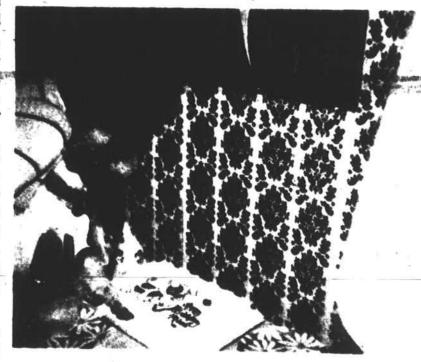
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Missey Edwards views her birthday cake.

Every Dog Should Have Such A Day

Missey Edwards, the dog of Mrs. Lula Mae Edwards ers were: Misty Dawn was honored with a birthday party Sunday, Jan. 13 at 4 p.m. at her home. Mrs. Edwards' two daughters, Tammy & Theressa were co-hostesses.

with a repast of ice cream Snow - Mr. & Mrs. Regiand cake. They also played games and played pool.

The guest and their own-Dendy - owner Ronnetta Dendy; Tina Girl Lewis Mr. & Mrs. Henry Lewis; Fristy - Miss Robin Davis; Kisha - Medina Jordan; Silky - Mrs. Dorothy Brown; Snow Queen - Mr. The guests were treated & Mrs. Billy G. Moore; nald Davis; and Cindy Tangela Carson.

Lachenalia Elects Club Officers

The Lachenalia Garden Club met at the home of Mrs. Donald Alexander on Jan. 13. A new member, Mrs. George Wall, joined

The president shared information from the Fourth District Garden Council meeting held Jan. 9 at the Patterson Avenue YWCA "How To Care For on Unusual House Plants." This information was given -enjoyed.

by a resource person, Mrs. Verdi Kinch of the Career Center.

Three members of our club volunteered to help held in May of this year They were Mrs. Alexander, president; Mrs. John Poindexter, and Mrs. Charles Lawrence. Leaflets were distributed to all members scrapbook layouts were ar ranged,& a social hour was

Storewide Storeances

misses' fall and holiday dresses 1/3 - 1/2 off

Regularly \$38.00 to \$78.00. A select group of fall and holiday dresses in one and two piece styles, in assorted solid colors and prints. Broken sizes 6 to 20. Misses' Dresses

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Ladies Warm Fleece Robes

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Girls Pullover Sweaters

Regularly \$15.00. Pullover sweaters with Scandinavian detail in white, red, yellow, and green. Girls 7-14.

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Values from \$7.50 - \$13. Choose from turtlenecks, sailor tops, dirndl and pleated skirts, in dusty rose and aqua. Broken sizes available. Size Girls 4-6x.

Men's Long Sleeve dress shirts

Regularly \$18. Choose from assorted solid colors and tone on tone shirts by Enro. In polyester/ cotton blends sizes 141/2 to 17.

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Regularly \$130 to \$255. Select from our current stock of fall and winter suits. Choose from 2 and 3 piece styles, many from the most famous makers and designers of men's suits. In solid colors and patterns, 38 to 46, regular, short, and long.

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