

Women's Classes To Begin At "Y"

The Central YMCA will begin the annual winter girls' and women's swimming and physical fitness program on Monday, January 5.

The program for girls, 6 through 15 years of age, will include:

Basic swimming instruction from 3:00 to 3:45 p.m. and from 7:15 to 8:00 p.m. on Monday and Wednesday. Intermediate swimming instructional classes will meet on Monday and Wednesday from 4:30 to 5:15 p.m. and from 3:00 to 3:45 p.m. on Tuesday and Thursday.

Seven basic, intermediate and advanced gymnastics classes will be offered for girls, 8 years and older. A preschool class will meet on Monday and Wednesday from 2:45 to 3:30 p.m. for six weeks. The program will be an introduction to gymnastics.

The classes for women, 18 years and older, will offer:

Basic swimming instruction from 8:00 to 8:45 p.m. on Monday and Wednesday and from 8:00 to 8:45 on Tuesday and Thursday. Intermediate and advanced swimming instruction from 11:00 a.m. to 11:45 a.m. and from 8:00 to 8:45 p.m. on Tuesday and Thursday. Swimnastics from 9:00 a.m. to 9:45 a.m. on Monday, Wednesday and Friday and from 7:15 to 8:00 p.m. on Tuesday and Thursday.

Physical fitness the Y's Way will be offered from 6:30 to 7:30 a.m., 9:15 to 10:15 a.m., 12:55 to 1:45 p.m., and from 5:30 to 6:30 p.m. on Monday, Wednesday and Friday. A special class will meet from 6:30 p.m. on Monday, Wednesday and Friday. A weight training program for wo-

men will meet on Tuesday and Thursday from 9:00 to 10:00 a.m. and from 6:30 to 7:30 p.m. Classes are also offered on how to use exercise equipment properly.

Other classes being offered in the winter program for women include: Self-defense Judo, Karate, Fencing, Jogging, Racquetball, Squash, volleyball, lifesaving, kayaking, Scuba Diving, and basketball.

The Women's Health Service Center offers a steam room, sauna, whirlpool,

massage service, sun lamp as well as gym, swimming pool, wall ball courts, exercise room private locker and towel service.

The Central YMCA is open from 6:00 a.m. to 11:00 p.m., Monday through Friday; 8:00 a.m. to 9:00 p.m. on Saturday and from 1:00 to 9:00 on Sunday.

Interested persons may obtain further information and a winter program brochure by calling Whit East at the Central YMCA, 722-1163.

Shopping Center From page 1

bounded by US 52 to the west, Ninth Street to the north and Fifth Street to the south, comprising approximately nine acres.

According to Winston-Salem Mayor Wayne A. Corpening, the city is committed to developing the area. "What we're trying to do now, is to get people interested in developing the site," Corpening said.

The mayor had expressed interest in developing an East Winston shopping center after he had announced that the Radisson Hotel would be built downtown.

When asked about the EWLDC, Corpening said that he knew of the group, but that at the present he could make no commitment.

"I'm very much interested in building a shopping center there and as of this minute no other developers have been to take a look at the

property."

The mayor did add that the city has applied for a UDAG or "pocket of poverty" loan to help finance the developing of the land, the same sort of grant obtained to build the Radisson.

Valerie Broadie, the city's economic development coordinator said that to her knowledge, the group from Minnesota are visiting the area because they "are interested in shopping centers."

"They learned about the area from the Radisson people and they are interested in studying the site, the city and the marketing area," said Ms. Broadie, who said that she too knew of EWLDC's interest in the area. According to city records, the land that the developers want to see has



FISHING

by George Boie

The record making cold, the results of the arctic air drifting down upon us, should hurry this winter weather along. The sooner the better. Getting the winter now will prevent our having a late spring. About this time of the year, I begin to count down until early March when the time rolls around to go lunger bass hunting.

I know you can hardly wait for some good weather so that Christmas fishing

gear can get a working out. Some bragging size fish can be caught in this type of weather; if you are brave enough to face it. If you have a faint heart, stay in away from icy cold.

It seems that a second opinion is in the making to determine whether the dam at Winston Lake is safe. The money spent now could have been spent years ago when the construction of mud dams could have been erected. Mud dams would have relieved the silting problem. One survey stated that the lake had an average depth of 4 feet. I am still wondering how the fish could survive the freeze-over. Every spring the kids are catching bluegill, small

crappie, catfish, carp and a few bass.

Preventive maintenance is the only way to maintain properties. Nothing is done in the parks until everything is broken down, at which time we discover that there are not enough funds for repairs. Winston Lake at one time was a good fishing spot for local fishermen, especially the Matured Citizens, who were within a few minutes of the facilities. A lot of the fish went over the dam when the

lake flooded because the screen at the dam was not kept in repair; more money wasted.

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To Be Equal From page 4

unemployment. The President took the orthodox route to deal with inflation--slowing down the economy and taking a recession that is still with us.

That was a mistake, politically and economically. It probably cost Mr. Carter re-election, while leaving inflation essentially unchanged and millions out of work.

But even here, President Carter governed with a compassionate concern for the economy's victims. He greatly expanded public service jobs and fought for urban aid, food stamps, and other measures that would relieve the economy's impact on the poor.

On civil rights, Mr. Carter will go down in history as a leader who cared, a man who demonstrated in his public and his private life that he believes in racial equality and in the government's duty to defend the rights of minorities.

One of his last acts in office was a courageous veto of a money bill that contained an anti-busing amendment. He fought for putting teeth in the fair housing law and presided over the most effective and activist federal equal employment opportunity enforcement program in history.

His appointments mirrored his belief that blacks and other minorities should have a prominent place in the ranks of government. Blacks were in key policy-making positions, including the Cabinet. President Carter appointed more blacks to federal judgeships than any other president.

This concern and evident identification with black people led blacks to give him the overwhelming majority of their votes last November, despite the widespread unemployment in the black community.

Our new President, Ronald Reagan, does not have that kind of black support; indeed his every move is being scrutinized for signs that he will be as repressive and anti-black as his detractors claim he will. Aware of black mistrust, Mr. Reagan has tried to reassure blacks he will be a fair President of all of the people.

He has the opportunity to go beyond that on Inauguration Day. The Inaugural Address offers the occasion to enunciate the principles of a new Administration.

Thus, I propose that on January 20, a major thrust of that address be the need for racial reconciliation, racial justice, and racial progress.

We once had a President who stood in the well of the Congress and declared: "We shall overcome." America needs that kind of commitment again. People need to hear the new President pledge aggressive enforcement of the civil rights laws, protection of the interests of the poor, and devotion to the black thirst for full equality.

America needs to hear its new President pledge to mobilize the vast powers of his office and his government to achieve the principles of justice so long denied to so many.

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