

Community Calendar

Thursday, September 3

● 9:45 - 10:45 a.m. Music in America, a semester survey course of 19th and 20th century American music every Tuesdays and Thursday mornings at Reynolda House. The course is open to anyone wanting to know more about music and is sponsored by Wake Forest University Department of Music and Reynolda House. Dr. Annette LeScige, associate professor of music, Wake Forest University, instructor. Registration 725-5325.

Friday, September 4

● The YWCA will begin "Over Fifty" fitness classes this Fall designed to meet the needs of Today's mature woman. Classes include weekly fitness and aerobic dance classes, swimming, and gentle pool exercises. Call the YWCA at 722-5138 for details.

Saturday, September 5

● The Fellowship Club of Goler Metropolitan A.M.E. Zion Church will hold a rummage/bake sale at Joe's Fine Foods on Bowen Boulevard. The sale will begin at 8:30 a.m.

Sunday, September 6

● The Winston-Salem Chapter of Livingstone Alumni Association will meet at 6:00 p.m. at Goler Memorial A.M.E. Zion Church, 7th Street and Patterson Avenue. All Livingstonians are asked to attend this important meeting.

Monday, September 7

● Labor Day - A Legal Holiday.

● The Knollwood Hall Family Residents Council will have its 2nd MDA Fair in the New Park, "Gazons" from 10 a.m. to 3 p.m. All proceeds will go to the Muscular Dystrophy Association and there will be game booths, bake sales, refreshments and live entertainment. The public is invited.

Tuesday, September 8

● Contact - Volunteers are needed to attend Contact's Fall Training Class for telephone counselors, which begins September 8 and runs through November 24. To register, call the Contact office at 723-4338.

Thursday, September 10

● A meeting for anyone interested in a closer look at the fall calendar of activities at Reynolda House Museum of American Art at 11 a.m. The program will give glimpses of a trip to Philadelphia, the coming visit of New York Artist Jack Levine in October and a preview of some of the guest lecturers coming to Reynolda House such as author and theater critic Brendan Gill and cultural historian David Shi.

Come and share in the excitement of new ideas and directions in our fall program. Following the meeting, 12:00 noon to 1:00 p.m. there will be a luncheon for anyone wishing to stay. Luncheon registration 725-5325.

● 11:00 a.m. - 1:00 p.m. Meeting at Reynolda House for anyone interested in learning about the fall activities at Reynolda House. The general meeting for docents and all interested people will be from 11:00 a.m. to 12:00 noon. Anyone wishing to have lunch from 12:00 - 1:00 p.m. call to register. Reynolda House, 725-5325.

● A new class in beginning jogging, will start at the YWCA when Betsi Sanders teaches "Running For Fun and Fitness" from 10:30 - 12:00 noon. A total of 10 weekly sessions will be held, and registration is open now at the YWCA. For further information call the "Y" at 722-5138.

Friday, September 11

● During intermission of the Ebony Fashion Fair, to be held on Friday, October 30, the Winston-Salem Urban League Guild will hold the Mr./Miss Ebony Fashion Fair contest. Young people between the ages of 14 and 18 are invited to participate. Those interested should contact Guild President Carolyn Neal no later than Friday, September 11 at 724-3687 or 727-8595.

Big Brothers/Big Sisters

In Search Of Volunteers

By Yvonne Anderson
Staff Writer

There are a large number of children in Forsyth County who long to spend time with the parental figure who is absent from the home. To answer that need the Big Brothers/Big Sisters Program of Forsyth County recruits volunteers to share their time, knowledge, and love with a child. September 13 thru the 19th will be their big week to solicit volunteers for the 1981-82 year.

In 1975 three men recognized the need for a Big Brother/Sister program in the community. Justice Tucker, George Cleland and Bill Gardner formed a steering committee to set

the wheels in motion. They contacted Big/Brother/Big Sisters of America for assistance and began recruiting other interested citizens to form the first Board of Directors for the program. The program received its first financial support from the United Way after being designated by them as a number one priority in the community and over 100 children were "matched" with an adult sponsor in 1979.

This year the program has a specific need of black male volunteers because there is an over abundance of black male children on the waiting list. As a "Big", a person shares at least three hours per week with his "Little"

taking him to various activities both alone and with groups of participants from the program. The most important part of the program is not what a BIG and LITTLE do, but in fulfilling the lack of the second parent in the child's life. During the recruitment week, the City/County Fire Department will hold a display and water fight for the Big Brother/Big Sister Program and the program will host a swim party on the campus of Winston-Salem State University for all program participants. Anyone interested in becoming a big brother or sister should contact Bert Grisard, Executive Director at 724-7993 for further information.

September Designated Sickle Cell Month

By Beverly McCarthy
Staff Writer

September has been designated National Sickle Cell Anemia Month by the United States Department of Health and Human Services.

Sickle Cell Anemia is presently an incurable hereditary blood disease which occurs primarily among the black population. Children born with this disease often experience severe pain and physical disability and only half of them survive to adulthood.

Many people have a related condition known as sickle cell trait. Sickle cell trait is usually harmless, but in certain situations, a person with this condition could endanger his own health or someday risk having a child with sickle cell anemia.

Sickle cell trait occurs in 1 out of every 10 American blacks and sickle cell anemia occurs in 1 out of every 400 American blacks.

It has been theorized that a change in the blood of Africans which protected the people from Malaria, caused sickle cell trait. The theory also states that Africans passed the trait onto their children.

Blacks are not the only race affected by sickle cell. The disease has also been found among Greeks and Italians from the Mediterranean areas.

The difference between Sickle cell trait and the actual disease is that a person

who has the trait suffers from a defect in their blood hemoglobin. The trait cannot be discovered from an ordinary blood test, so it is important that parents make sure their children have a special sickle cell screening.

Symptoms of the illness usually appear after 6 months of age even though sickle cell is present from birth. Some symptoms are sores that don't heal caused by poor circulation, swelling of the hands and feet,

slow growth, a yellowish tinge on the white of the eyes and painful joints. The most common symptom is known as a sickle cell crisis, which is characterized by severe pain in the chest, abdomen, arms and legs.

Free sickle cell disease tests are offered by Reynolds Health Center, Monday through Friday, in the health center laboratory, or the sickle cell office. Both the office and the lab are located in the basement of Reynolds Health Center.

Hines-Traynham Family Reunion

On Sunday, August 23, 1981, the Hines-Traynham families celebrated their annual reunion. The reunion was organized 41 years ago by the late Rev. Earl Hines, the late Coy Traynham, Sr. and others. The reunion was held at Clifton Grove Baptist Church near High Point, North Carolina. The reunion began with 11:30 a.m. Church service conducted by the pastor, Rev. Donald Kindie. Family members gathered from as far as Calif., Conn. Mass., N.Y., Ill., Penn., and Washington, D.C. There were also numerous Tar Hell relatives from Greensboro, Winston-Salem and other N.C. localities. Family members brought baskets and dinner was served on the Church lawn after service.

As a continuation of reunion celebration on Sunday evening at 7:00 p.m., the Foy Family celebrated their 3rd annual Family Night at Waughtown Baptist Church in the Bellview section, Winston-Salem, N.C. The Foy Family Night was organized by Mr. Johnny Carter and Mrs. Jeanette Hines Eller; both are direct Foy descendants. The Hines, Mocks, Carters, Roberts and other Foy family descendants joined in the celebration. Guest speaker was Rev. Michael Foy, also a direct Foy family descendant, along with the pastor, Rev. E.L. Grant.

On Monday, August 24, 1981, the families climaxed their celebration at the home of Mr. and Mrs. Carl See page 5

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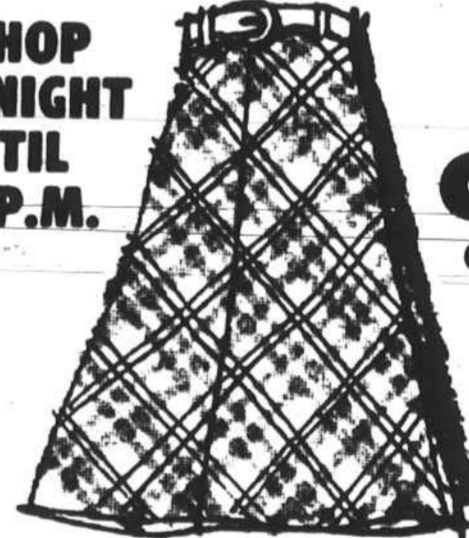
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