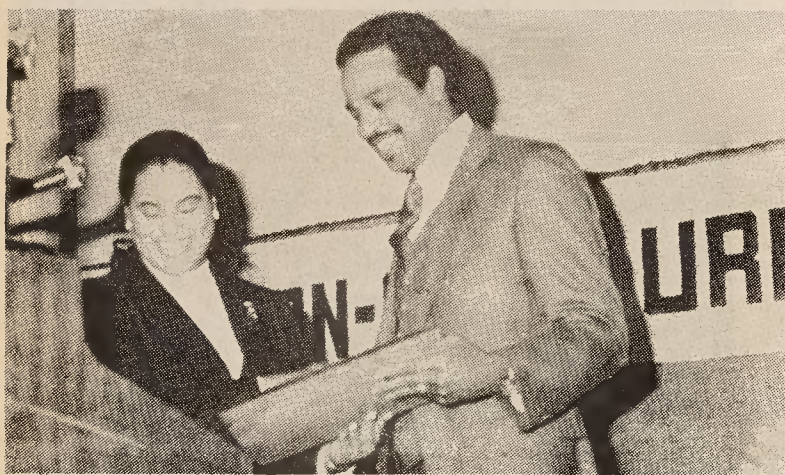


social whirl



Award Winners

Above, Chronicle Editor and Publisher Ernest H. Pitt and Geneva Hill of the East Winston Restoration Association receive Community Service Awards at the Urban League's recent Opportunity Day Banquet.



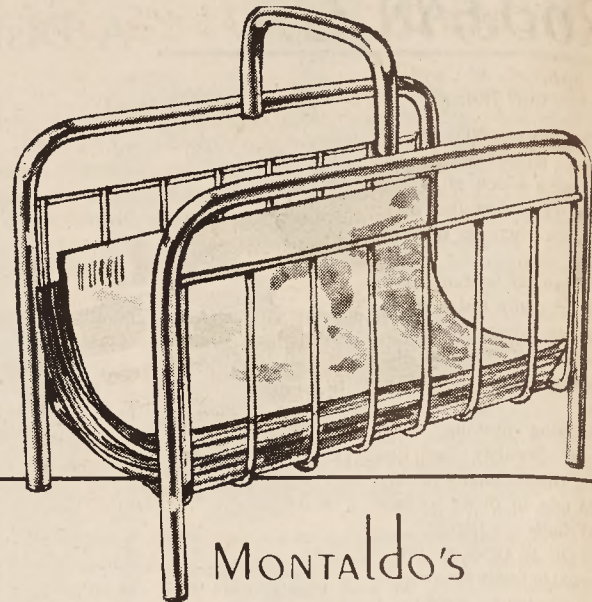
Lachenalia Garden Club

The Lachenalia Garden Club met Saturday, Dec. 12 at the home of Mrs. Clark Campbell for their December meeting and to prepare for the Christmas Holiday House. This year's theme is, "House of Ribbons."

Miss Patricia Wilson gave a demonstration of how to arrange ribbons, different sizes, styles, colors and shapes. Every member had lots of fun and finger cramping from making ribbons for the holiday house.

Other feathers of our house were running cedar, macrame, ceramics, hollies and a beautiful cedar Christmas tree with all handmade decorations.

A delicious repass was served and enjoyed by all.



SANTA SUGGESTS:
OUR BRASS-PLATED MAGAZINE RACK.
 A handsome, shiny, brass-color rack measuring 13" by 7" by 12" high. And it can be picked up and carried from one favorite chair to another. A nice idea for a housewarming gift as well. \$16.

Accessory Collections

Montaldo's, 311 W. Fourth St., Winston-Salem

Avoid 1981 Holiday Hangovers By Not Taking Holiday Drinks

The holiday season is party time. When the party's over, you've had too much to drink and you need to get home, what's the best advice?

The North Carolina Medical Society says to wait until you sober up or let someone else drive you home. Many people believe hot coffee, a cold shower or a jog around the block will act as an antidote to the alcohol and help you sober up. Not true.

Hot coffee will make you wide awake drunk. A cold shower will make you wet and cold. A jog around the block

could be hazardous to your health. You could trip and fall, or get run over.

Time is the only method of sobering up.

An ounce of alcohol, one drink or one beer, takes approximately one hour for your body to eliminate.

The best thing to do is let someone sober drive you home.

Now the morning after becomes a painful reality. You need a reliable hangover cure.

At last, modern medical science has found the perfect failproof, 100 percent effective cure. You guessed it: preventive

medicine! The only way to cure your hangover is before it happens! Don't drink!!! If you don't drink too much, you won't get a hangover. It's that simple.

The following "cures" DO NOT WORK!

1. Vitamins: Some say superdoses of vitamins will build up your body's ability to fight off the hangover. It doesn't work.

2. Tranquilizers: The only thing you might accomplish this way is an overdose of tranquilizing drugs on top of the overdose of alcohol.

3. Drink alcohol: "A bit of the hair of the dog that bit you," they call it. Of

course if you drink enough, today's cure can be tomorrow's hangover.

4. Oxygen: Inhaling pure oxygen is supposed to help your system oxidize the alcohol. It doesn't work. In fact, your hangover is partly the result of oxidizing alcohol.

5. Exercise: Suffering may help your guilt feelings, but your hangover will survive the exercises better than you will.

6. Stuff yourself with a gigantic breakfast, and if you keep it down, you will still have your hangover--plus a very full feeling.

Pridgen-Williams Exchange Vows

by Beverly McCarthy
Staff Writer

Ms. Fannie Ethel Dalton Williams and Danny Thomas Pridgen Jr., were married on November 1, at 2:30 p.m. The ceremony

was held at 4636 Old Baux Mountain Road. The Revs. C. E. Strickland and Charles Leak officiated.

The bride, the daughter of Mr. and Mrs. Joseph W. Dalton, a graduate of Carver consolidated High

School, also graduated from Winston-Salem State University. She is currently employed with the Iredell County School System.

Pridgen, attended Wilmington City Schools, and is employed with R. J.

Reynolds Industries. The bride was escorted by her father, Andrea Rene Williams, the brides daughter served as maid of honor.

Best man was Andrew Jackson. The couple will live here.

NCNW Share Christmas Cheer

By Beverly McCarthy
Staff Writer

The National Council of Negro Women will gather at the Masonic Temple on 14th Street in order to spread Christmas Cheer. This year's council Christmas project will consist of giving gifts to needy children from the Juvenile Detention Home on Shattlon Drive. The project, which will be held on December 23, will also include gift giving to residents from the Homes for the Aged.

Contributors to the project include Davis Department Store, Food Fair, Winn Dixie, Mother and Daughters, Ernestine Wilson and Crown Drug Stores.

If there are any firms or organizations that would like to make donations to this project contact Mrs. Thelma Smalls at 924-1066.

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40% off and more...

...on a great collection of our newest, best selling styles.

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Triple compartment shoulder bag. Reg. \$9.97 \$7

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 Sale prices good thru Sunday. Open evenings and Sunday 1-6 pm.

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You may have one of these 16 DANGER SIGNALS OF PINCHED NERVES:

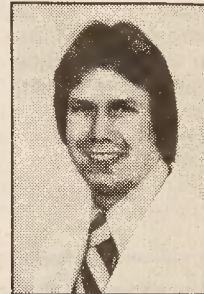
1. Headaches
2. Shoulder Pain
3. Arthritis
4. Low Back Pain
5. Dizziness
6. Sore Elbows
7. Neck Pain
8. Indigestion
9. Numb Hands
10. Constipation
11. Paindown Legs
12. Muscle Spasms
13. Numb Fingers
14. Hip Pain
15. Tight Muscles
16. Aching Feet

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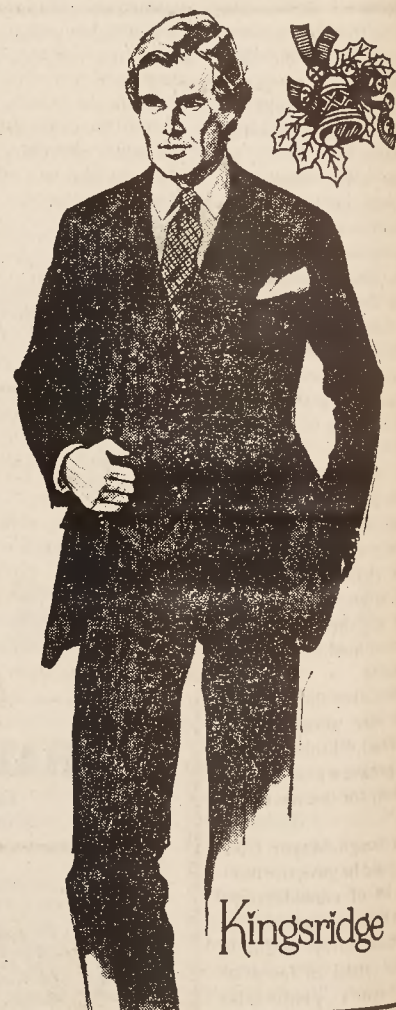
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2-Piece Suitsfrom \$240.00
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| SIZES | 35 | 36 | 37 | 38 | 39 | 40 | 41 | 42 | 43 | 44 | 45 | 46 | 48 | 50 | 52 |
|---------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| REGS. | X | X | X | X | X | X | X | X | X | X | X | X | X | X | X |
| SHORTS | X | X | X | X | X | X | X | X | X | X | X | X | X | X | X |
| LONGS | X | X | X | X | X | X | X | X | X | X | X | X | X | X | X |
| EXTRA LONGS | | | | | X | X | X | X | X | X | X | X | X | X | X |
| PORTLY REGS. | | | | | X | X | X | X | | | X | X | X | | |
| PORTLY SHORTS | | | | | X | X | X | X | | | X | X | X | | |



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