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couples would have given up. I am sure that this courage is expressed in other things you do (your letter being an example). Courage is based on strength, is based on will, is based on faith, is based on love, is based on the belief in a higher order or supreme being — God. For many, including myself, that phenomenon brings order out of disorder.

"No, I don't mean that imperfections (disorder) will necessarily be made perfect (order) as we understand perfections in our time. I mean that, with courageous expressions, the

frailties of man then become building blocks for things of wonder beyond our wildest imagination. I believe that your continued courage with all that goes with it can be passed on to your children as if inherited through 'social genetic phenomenon.'

"Correct me if I am wrong. When you say 'to prevent any problems,' are you saying those things which constantly interfere, causing destruction? But think a moment! Is it not true that it is the presence of problems — not their absence — which becomes teachers of man's survival?

To learn how to build bridges over troubled waters becomes a key in developing our untapped skills to overcome our weaknesses. But more importantly, is it not true that our infinite task is to learn how to love life, today, and in that process overcome our fears of death?

"To some questions, there are no answers. To others, there are answers which may vary in accordance with the uniqueness of each sickler as well as each family.

"Thank you so much for contributing to my process of living. To be able to share with you my professional and personal experiences has had a most profound effect. I hope that you have been helped in some way."

After reading his letter, I thought: "What a human being!"

Tony Brown's Journal, the television series, can be seen on public television Sundays on Channel 26 at 6:30 p.m.

Successful Living Takes Work

For quite some time, this writer has had in mind an old proverb: "If you want cream in the pitcher in the morning, you must put milk in the crock the night before."

That proverb, as was explained, originated among the Quakers many years ago and came into existence long before the days of milk bottles and containers or even refrigeration. Of course, the word crock has nearly passed out of our speech, but it was used to designate a jar of coarse earthenware. Crockers were used in those days for milk and other edibles to be put into the farm springhouse for cooling. During the night, the cream rose to the top of the crock and could then be skimmed off.

Naomi's View

NAOMI McLEAN



In a picturesque way, the proverb means that if you want to get the "cream" of success, you have to put in the "milk" of work.

It is quite important to understand the truth imbedded in the proverb. Before every worthwhile result, there is always preparation. Of course, it is quite understandable that people are classified into two groups -- those who stop thinking and those who stop to think. We have all known people who have long since stopped thinking; they do today what they did yesterday and do it in precisely the same way. The very thought of change disturbs them.

When some new idea is presented to them or when a new situation confronts them, they ignore it and sweep it under the carpet. They do not realize that living in the attitude of a standpatter is a dull business.

In many instances, we all need to stop and think. First

of all, we need to stop in the busy rush of our lives to sit down to ponder the new idea or situation. Then, we have to think.

Good work is always done by people who stop to think about ways in which they can enliven the work and add the element of variety. There are many ingredients necessary to acquire for making success in life and there are many ingredients necessary to include for preparation in any task to be a success. Thoughtful, concentrated work is what counts in any situation.

"The cream of success" involves the precious quality of sustained enthusiasm, realizing the fact that, "If I do today what I know I ought to do today and do it with genuine interest and enthusiasm, in some inscrutable and perhaps providential way, what I ought to do tomorrow becomes plain and understandable to me."

However, the development of these qualities is not something that can be learned from books. Effective work habits, cooperation and enthusiasm are emanations of character and personality. We need to have a profound faith that, in the long run, right will overcome evil; that cooperative effort develops our minds and hearts; that the quality of sustained enthusiasm adds a dimension to our lives which can never be added by any amount of cold and calculating effort to build up ourselves by tearing down others.

In building the cream of success, there is a constant power struggle which is completely foreign to our way of thinking. If a person does not recognize a power higher than himself, there is no way to appeal to his sense of right and decency because he has no such sense.

By being our best selves, we can live lives of goodness and beauty and helpfulness, which are a part of the ingredients necessary for "the cream of success." Know some milk was put in the crock the night before.

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goes toward clothing. Since food and clothing consume so much of the black man's budget, it is easy to see why these areas are receiving the NAACP's immediate attention.

Presently, two major food chains are in negotiation with the NAACP: the Winn-Dixie and Food Lion stores. These stores are targets because they receive a substantial amount of their income from the black consumer.

However, they do very little in terms of sharing their profits with the black community. They do not employ or promote blacks on an equal level with whites. They do not utilize black professionals nor do they donate to black charitable organizations or use black banks.

Although Operation Fair Share is under the leadership of the state and na-

tional NAACP, and local branches will be involved in all negotiations that take place within their areas, the ultimate decision on who should be dealt with will be determined by the public.

The economic struggle of the civil rights movement can be won even without a song. All we have to do is look and turn away from any place where blacks cannot work and cannot make decisions.

In other words, "Let us do business with those who do business with us."

All of those local car dealerships, insurance agencies, food stores, clothing stores and newspapers that do not practice fair-sharing with the black community should become off limits for all black consumers.

Walter Marshall is vice president of the Winston-Salem Chapter of the NAACP.

NCAA *From Page 4*

did meet the requirements. Jackson did say, however, that the standardized testing minimum would be unfair to "certain" — i.e., poor and rural — blacks, and in this he's no doubt right. There's strong evidence that cultural bias creeps into standardized tests and that this is why blacks tend to perform less well on them than whites. For this and other reasons, SATs alone are an unreliable way of predicting academic success. Minnesota Viking Wide Receiver Sammy White has told SI that his SAT score was less than 700, yet he graduated from Grambling and is now a substitute high school teacher in Monroe, La.

Conversely, Detroit Piston Center Bill Laimbeer, who says he scored a solid 1,100-plus on the SATs, flunked out of Notre Dame after his freshman year because "I got lazy and didn't go to class." After a year at Owens Tech in Toledo, Laimbeer returned to Notre Dame and earned a bachelor's degree in economics.

Another possible drawback to the use of standardized test scores is mentioned by Bradley University Athletic Director Ron Ferguson. Noting that the 700 SAT minimum would apply only to freshmen eligibility, Ferguson predicts that a greater number of academically

deficient athletes will simply attend junior colleges for a year and then move on to Division I schools. That route, of course, is littered with all too many academic-transcript scandals. And there's little doubt that major colleges would use jukes even more than they do already as a place to "stash" promising athletes.

Imposition of the same academic standards on Grambling as on Harvard makes no sense; the objective should be to use test scores in combination with other criteria to ensure that admission requirements are the same for athletes and non-athletes within each school. If the NCAA wants to go beyond that, it could also take action to encourage higher standards once athletes are in college. For example, it could abolish athletic eligibility for all freshmen, thereby freeing them to concentrate on their classroom work during their first year on campus. It could also set grade-point standards that athletes would have to meet to remain eligible. Finally, it could legislate limitations on the time given to team meals, meetings, film sessions and practice, all of which cut deeply into athletes' studies. In its push to enact a standardized test-result requirement, the NCAA has spurned these other options, which would be both fairer and more effective.

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