

Someone You Should Meet ...

Name: Al Carnahan
 Job title: Medical representative
 City: Winston-Salem
 Hometown: Fayetteville
 Hobbies: Sports, reading
 Describe your personality: "I'm a person who is always looking for a challenge."
 Favorite movie: "Trading Places"
 Person you admire most: Parents
 Career goal: "To go into business for myself."

(photo by James Parker)

Fire Prevention

Know The Types Of Burns

By THOMAS FLYNN
 Syndicated Columnist

Burns are rightly described as the most horrible insult the human body can suffer.

To completely repair the damage of a major burn is beyond the powers of even the best plastic surgeon, and the level of pain associated with the burn and its treatment can be indescribable. If you read this column regularly, you know many ways to prevent burns. But here's what to do if, despite your best efforts, you or a loved one are burned:

There are three degrees of burns. Each degree has specific symptoms and recommended treatment.

First-degree burns are minor burns produced by light contact with hot objects, scalding by hot water or steam and mild sunburn. No medical treatment is required for a first-degree burn. Run cold water over the burn for several minutes. This not only relieves pain, but removes residual heat which could further damage body tissues. If desired, a dry dressing may be applied. It won't heal the burn any faster but it will keep objects from brushing against the very sensitive skin surface.

Second-degree burns are more serious. Associated with deep sunburn, contact with hot liquids and brief exposure

to small flames, second-degree burns display a red or mottled color, often with blisters, swelling and surface moisture. Pain can be acute. To treat a small second-degree burn, immerse the area in cold water or wrap in cloth soaked in ice water. Do not dry with a clean or sterile cloth. Do not use ointments and cover with sterile gauze or a clean cloth. Do not break blisters or apply ointments or creams. A physician should be consulted.

Second-degree burns covering 15 percent or more of the body (10 percent in children) should be treated as third-degree burns and call for hospitalization.

Third-degree burns are the worst. Caused by flame, electricity, contact with very hot objects or hot liquid immersion, the third-degree burn involves total destruction of skin tissue. At first, some third-degree burns resemble second-degree burns, except that little pain is experienced (because nerve endings have been destroyed.) More often, a third-degree burn will appear white or charred.

You cannot treat a third-degree burn. Call for medical assistance. Cover the burned area with a clean or sterile cloth and elevate the burned area. If there is extensive fluid loss, you may wrap a burned extremity in a fresh plastic bag (but not if the burn involves the face or head.)

Do not attempt to remove clothing or foreign objects which are stuck to the burn. Third-degree burn victims must be hospitalized as soon as possible.

Please see page A5

NEWS DIGEST

National, state and local news briefs compiled by John Slade

Legislation For King Holiday Passes House

WASHINGTON -- Rep. Katie Hall, D-Ind., said last week that she "is not going to rest" following the first legislative victory of the effort to make Martin Luther King Jr.'s birthday a national holiday.

Hall, a freshman representative and chief House sponsor of the bill, was floor manager for the bill last week when the House voted 338-90 to make the third Monday

in January a legal national holiday in King's honor. Opponents of the bill said King should be honored, but not with another costly paid holiday for federal employees.

Since King was assassinated in 1968, legislation has been introduced in both houses each year to create the new holiday, which would be the nation's 10th.

President Urged Not To Seek Re-Election . . .

NEW ORLEANS -- John Jacob, head of the National Urban League, said President Reagan should not seek re-election and should allow recovery from a "passing sickness in America's long, slow journey to justice." Jacob's comment came in his keynote address to the organization's annual conference last week.

He criticized Democratic congressmen who had enough votes to "limit the damage" done by the presi-

dent but who "rolled over and played dead" while programs aiding minorities were stripped.

Jacob said he is unimpressed by the "sudden flurry" of civil rights actions by the Reagan administration. With the presidential election approaching, blacks should ask whether these moves are a renewed commitment or simply a short pause between its constant attacks on busing and affirmative action, he said.

. . . But Stands By His Civil Rights Records

ATLANTA -- In the face of growing criticism from feminist and minority groups, President Reagan defended his efforts for women and said criticism of his firing half the members of the U.S. Civil Rights Commission was "hogwash."

In a speech to the annual convention of the American Bar Association last week, the president said, "I reaffirm today our unshakable commitment to eliminate discrimination against blacks, women, the handicapped and other minorities."

As for replacing three members of the Civil Rights Commission, one of whom was black, Reagan said his

new nominees "don't worship at the altar of forced busing and mandatory quotas."

If the Senate confirms Reagan's nominees, he will have replaced five of the six members of the commission, which monitors the impact of federal laws and policies on discrimination based on race, color, religion, sex, national origin, age or handicap. He fired two other commission members earlier in his administration.

The commission has been critical of the administration's record, particularly with regard to minority appointments and budget-cut impacts.

Crime Prevention

Knife-Wielding Man Robs Clerk

The following "Crime Box Score" is designed to keep you abreast of criminal activity in your community during the past week and to help protect your family and property from crime.

Armed Robbery

•1500 block, Dunleith Avenue
 The suspect walked into a business, pulled a butcher knife on the clerk and demanded money. After receiving the money, the suspect ran out of the business. The suspect was described as a black male with a dark complexion.

•300 block, Cherry Street
 Two black males knocked the complainant to the ground. One held a knife against the complainant's throat while the other subject took money from the complainant. The suspects were described as black males in their late teens.

Strong-Armed Robbery

•4200 block, Rosa Street
 A known suspect entered the complainant's house, assaulted him and robbed him of money.
 •1400 block, Cameron Avenue
 The complainant was approached by two known black males. He was then assaulted by them and robbed of his money. The complainant refused to prosecute.

Store-Breaking

•2200 block, North Patterson Avenue
 A church was broken into and an electric guitar and PA system were taken.
 •700 block, Waughtown Street
 A socket wrench set, Black and Decker drill and various electrical equipment were taken.

Larceny

•1900 block, Trade Street
 Clothes were taken from a clothes line.
 •1500 block, East 22nd Street
 A touch-tone telephone was taken.
 •700 block, North Cherry Street
 A Remington 12-gauge shotgun was taken.

Consumer Awareness

•Once you sign a contract or make a purchase, you may have to pay for defective merchandise.
 •Avoid "unclaimed" or "repossessed" merchandise unless you know the dealer.
 •Beware of "puzzle contests." They are often lures to get you to buy or sell an overpriced item.
 •If you should win a prize, it should never cost you money to collect.
 •Watch "selling-out" sales carefully. Some stores have fake sales to get you to buy low-quality or damaged merchandise.
 •Be alert to frequent "private-party sales." Such ads are often run by residential dealers who actually sell shoddy merchandise for a high price.
 •Resist tempting deals in automobile trades. Often, automobile prices are inflated so the dealer can appear to give you a "real good deal."

For further information about avoiding consumer fraud schemes, contact the Crime Prevention Unit at 727-2688 or the Winston-Salem Better Business Bureau.

This column is brought to you weekly as a public service of the Chronicle, the Winston-Salem Crime Task Force and the Winston-Salem Police Department.



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