

COMMUNITY SHOPPER'S GUIDE

Thursday, January 12, 1984
Section C

Recipes

A Souper Meal For Super Sunday

Super Bowl Sunday comes only once a year; it's important to make it special. As January has been declared the first ever National Soup Month it is the perfect time to rely on soup to create a hearty but convenient "souper" buffet fit for football players and fans alike.

COUNTRY STYLE HAM AND BEAN SOUP

- 2 tablespoons butter or margarine
- 1 cup diced cooked ham
- 1/2 teaspoon rubbed sage
- 1 can (10 3/4 ounces) Condensed Chicken Noodle Soup
- 1 1/2 soup cans water
- 1 package (10 ounces) frozen mixed vegetables
- 1 can (15 1/2 ounces) kidney beans, drained

1. In 3-quart saucepan over medium heat in hot butter, brown ham with sage.
2. Add remaining ingredients; heat to boiling. Reduce heat to low; cover and simmer 10 minutes, stirring occasionally. Makes 7 1/2 cups or 6 servings.

ZESTY MARINATED VEGETABLES

- 1 can (10 3/4 ounces) Condensed Chicken Broth
- 1/4 cup vinegar
- 1/4 cup salad oil
- 1 envelope (about .6 ounces) Italian dressing mix

- 3 cups broccoli flowerets
 - 3 cups cauliflowerets
 - 2 cups cherry tomatoes, cut in half
1. Prepare marinade: In large bowl, combine first four ingredients until well blended.
 2. Add remaining ingredients, stirring to coat well. Cover; refrigerate 4 hours or overnight, stirring occasionally. Makes 7 cups or 7 servings.

SWEET & SPICY SPARERIBS

- 4 pounds spareribs, cut crosswise into 2-inch strips
 - water
 - 1 can (10 3/4 ounces) Condensed Tomato Soup
 - 1/2 cup undrained canned crushed pineapple
 - 1/4 cup chopped green onions
 - 3 tablespoons brown sugar
 - 2 tablespoons soy sauce
 - 1 tablespoon dry mustard
 - 1/4 teaspoon ground ginger
 - 1 large clove garlic, minced
 - lemon slices for garnish
1. In 8-quart Dutch oven over high heat, cover ribs with water; heat to boiling.
 2. Reduce heat to low. Cover; simmer 1 hour or until ribs are almost tender. Drain. Arrange in shallow baking pan.
- Please see page C2



A Balanced and hearty meal for the home team to enjoy while watching television football, features Country Style Ham and Bean Soup.

Better Living

Selecting Suitable Legal Services

By JOANNE FALLS
Home Economics Extension Agent

One of the most interesting articles that I have read recently was written by Sylvia Garnett Henderson for the *National Leader*. She gives guidelines to readers for selecting legal services to suit their particular needs. These are some basic facts that her article contained. Understand what services the lawyer or firm offers:

Pro Bono (Free) Legal Help. Many attorneys and law firms routinely offer a percentage of their time doing legal work for free or for very little cost to low-income individuals. Your local bar association will have a list of these attorneys.

Legal Clinics. This new type of law office usually specializes in handling simple or routine legal problems on a high volume, low-cost basis, such as domestic, landlord-tenant, consumer and simple wills of contracts and some criminal cases. These clinics often charge an initial consultation fee.

Legal Aids. Low-income persons may qualify for free legal help at Legal Aid Bureaus. Most Legal Aid Offices will not accept criminal cases, wills, estates or name changes. Sometimes, students at various law schools are assigned to these cases.

Law Firms. Law firms are noted for specializing in different areas of the law, such as corporation, real estate, domestic, criminal, international and entertainment. In a law firm, each lawyer has a specific expertise in a particular area of the law to address your particular pro-

blem.
Prepaid Legal Plan. A prepaid legal plan is an insurance plan to pay attorney fees. Most are available through union or employee group plans. A monthly fee is deducted from the paycheck and held in an escrow account to pay attorney fees when needed. Before signing with any prepaid plan:

- check to find out if the plan has a good pay out reputation.
- ask what the dollar limit is. Some plans cover fees only up to \$500 or \$1,000 per year.
- ask whether the lawyer's location is reasonably convenient. What area is covered by the plan?
- ask what services are covered, such as wills, divorces, traffic tickets, bankruptcy, simple legal questions.
- ask if the plan offers legal specialists in each field. For example, are wills handled by a probate attorney and divorces by a family practice lawyer.
- compare costs with different prepaid plans.

Legal Fee. You can discuss the matter of fees with your attorney at any time, but these are the four most common fee arrangements:

Retainer: Individuals or a business may employ an attorney on a retainer basis. In return for the retainer, the attorney will work for you on specific matters. Remember that you may be required to pay for extra services rendered.

Contingent Fee: A fee contingent upon the attorney's obtaining monetary recovery for the client. No recovery, no compensation.

Specific Job: There are some types of where your attorney knows in advance approximately what the fee will be.



Falls

Chronicle Camera

Reactions To Child Support Laws Differ



King

Byrd

Swinton

By AUDREY L. WILLIAMS
Staff Writer

The *Chronicle* polled area citizens and asked their opinion of the government's effort to enforce tougher laws on men who fail to pay child support.

Rufus Swinton, student at Forsyth Tech: "They should've come up with that a long time ago. The father has the responsibility to his child and if he doesn't pay, he should be made to, rather than a slap on the wrist."

Dorothy King, unemployed: "I think it's unfair in a way because some women want the father to care for the child, but they don't want any direct contact with the father."

Pamela Lowery, housewife: "It would be worth it because a child needs all the support he can get from both parents."

Angela Byrd, high school student: "I think the government should be stricter. If the father is man enough to do what he did to get a child, then he should be man enough to take care of it."

Jeanette Wilson, cook at Mabe's Restaurant: "I think it's a good idea to make the laws tougher. A man should

support his child rather than the taxpayer."

Evelyn Valentine, legal secretary: "The government should be stricter and because of that a man might have a little extra incentive to pay his child support."

Robin Manns, employee at R.J. Reynolds: "Nobody should ever have to make a man take care of his kids. He's supposed to do it anyway."

TELE-TAX

... is a tax information telephone line to answer your tax questions. Tele-Tax can be used by taxpayers with both push button and rotary (dial) telephones. The local number to call and a list of tax topics is in your tax package.



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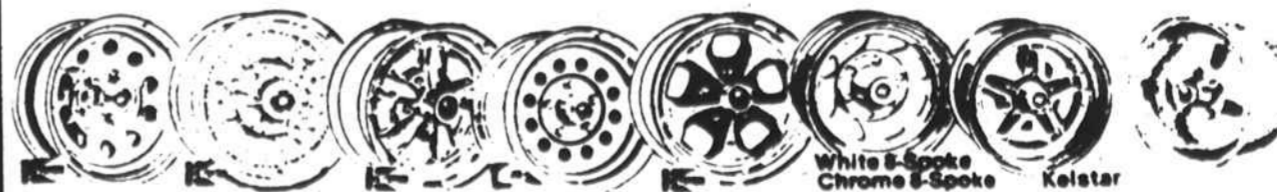
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748-0464
Manager DAVID WEAVER

906 NORTH LIBERTY STREET
721-0968
Manager TODD ALLEN

904 NORTHWEST BOULEVARD
722-2541
Manager RONNIE MERRITT

500 WAUGHTOWN ST.
785-0994
Manager JOE CARTER