



Vice President George Bush, second from left, met recently with members of The National Conference of Black Mayors to discuss their concerns about the nation's cities. "Unemployment is still the number one problem," said Mayor Johnny Ford of Tuskegee and NCBM president. "We are working with the Reagan administration to find ways to elevate this situation, especially with our youths." Also present at the White House meeting, left to right, were Mayor Marion Barry of Washington, D.C. and NCBM second vice president; Webster Guilroy, president of the National Association of Black County Officials; Clarence Mitchell III, president of the National Black Caucus of State Legislators; and Sam Tucker, director of NCBM Washington office.

## He's the 'singing plumber' From Page A9

brief acquaintance with Marian Anderson, he has studied with some of the world's best musicians. Noted French musician La Forge, John Works and Dr. Clifford Blair were his teachers.

Andrews has also performed with one of the night club circuit's greatest showmen, Cab Calloway. In the winter of 1958, Andrews toured with Calloway and the Cotton Club Review in Miami, Fla.

His connection with the music world today is as minister of music at First Baptist Church.

"They say minister of music, but I'm not a minister," Andrews says. "I just direct the choirs and head the music department."

Besides being labeled as the "Singing Plumber," Andrews, a former Fisk Jubilee Singer, is also known by a few of his friends as "bow tie."

"Yeah," he says. "I'm a bit old-fashioned and stayed, and I still wear the ties you have to tie. As a matter of fact, I don't even own a straight tie."

It doesn't seem to bother Andrews that he didn't get the fame that he probably would have gotten had he been

born in a different time. He had his plumbing business to fall back on, he says.

He was aware of all the obstacles of pursuing a music career and says that's why he studied plumbing at Tuskegee Institute instead of music.

"You and I and everybody else have a purpose in here and if you don't fulfill it, you fail," Andrews says.

*"I didn't make it to the Met, but I enjoy doing what I'm doing. Plumbing, that's all I know besides music."*

-- Daniel Andrews

"Through my music, if I touch, inspire or motivate somebody, then I've accomplished something.

"I don't claim to have it all together," he says, "but if we could all go back to the doctrine of Booker T. Washington and learn to work with your hands and educate yourself, you can go places instead of focusing on how many people Reynolds and Hanes will hire."

## Rutter appointed

The Southeastern Center for Contemporary Art (SECCA) announces the appointment of Virginia S. Rutter as special assistant to the director for the Awards in the Visual Arts (AVA) Program effective Jan. 13.

Mrs. Rutter replaces Victoria J. Meadows, who resigned to move to Washington, D.C.

A native of Wilmington, Del., Mrs. Rutter graduated with a degree in decorative arts from Mount Vernon College in Washington, D.C., in 1972.

Most recently, Mrs. Rutter was mid-west regional manager for Random House books based in Chicago. Prior to that she had been a sales representative for Random House, and the gallery branch manager for Carspecken-Scott Gallery in Wilmington, Del.

Mrs. Rutter's responsibilities in her new position will include assisting the director of SECCA and AVA, Ted Potter, in planning, implementing and evaluating the total AVA program. She will serve as the public information and communications officer of AVA and act as advance coordinator for all AVA events.

The Awards in the Visual Arts in an innovative program which awards a total of \$150,000 annually in fellowships to 10 artists (\$15,000 each) across the country. The program is funded by the Equitable Life Assurance Society of the United States, the Rockefeller Foundation and the National Endowment for the Arts. AVA, administered by the Southeastern Center for Contemporary Art in Winston-Salem, singles out important emerging American artists, those with worthy achievements that deserve national recognition and support.



# Mother Daughter

GREATER WINSTON-SALEM

## 'BARGAIN DAYS'

Selected Styles and Colors



### SUPER SHOE SPECIALS

by *andiamo*

**1/2 PRICE OR BETTER** AND OTHER FINE BRANDS

NOW **\$12<sup>90</sup> TO \$21<sup>90</sup>**  
Reg. \$28 to \$44

CASH, CHARGE, LAYAWAY  
ALL SPECIAL SHOES ON RACKS BY SIZE FOR YOUR BEST SELECTION

---

BOOT SPECIAL

**\$29<sup>90</sup> TO \$69<sup>90</sup>**  
Reg. \$54 to \$98

CASH, CHARGE, LAYAWAY

SIZES 5 THRU 12

LEATHER SUEDE URETHANE

by *andiamo*

AND OTHER FINE BRANDS



Many Styles and Colors to Choose From



**Mother Daughter**

Downtown • Parkview • Northside • Reynolda Manor  
Oakwood Drive (Across Stratford Road from Thruway)

## Diabetes is major health problem, across the state and the nation

There are a few things people should know about diabetes -- from a statistical point of view. In the past 10 years, the prevalence of diabetes has increased 50 percent. It is estimated that 270,000 North Carolinians have the disease and 108,000 of them do not know they have it -- they are undiagnosed. Diabetes is reported 50 percent more frequently in females than in males. The rate of the disease is 20 percent higher in non-whites than in the white population.

Obviously, then, if statistics are to be taken as a true indicator -- as certainly they should be -- diabetes is a major health problem in our state and nation. Dr. Donald Moore, a Coats family physician, pointed out that diabetes is the second most common ailment among his patients (high blood pressure is first). And he makes no bones about the fact that it can cause damage to blood vessels, heart, kidneys, eyes and brain. He said these are generally known as target organs, but diabetes and its complications can affect just about every part of the human body.

What causes diabetes? There is a slender, tapered organ about six to eight inches long that lies behind the stomach, called the pancreas. It produces a hormone called insulin which is necessary to the use of sugar by the body. Some people inherit a tendency toward diabetes -- that is, cells of the pancreas responsible for producing insulin "give" out as they get older, usually after 40. This is known as adult on-set diabetes. On the other hand, some children are born with the disease or are diagnosed early in life. Heredity can play a part in this type, too, but the main cause is thought to be some sort of immunity pro-

blem.

Sugar is needed by the body to make energy. All parts of the body need it, especially muscles. When sugar, starchy foods or other foods with sugar in them are eaten, the body ingests it and forms a simple sugar called glucose. This glucose goes to the blood stream and eventually to all parts of the body. Physicians are not quite sure what happens in adult on-set diabetes. Moore stated that insulin seems to be there, but it appears to get into the blood stream slower than normal after sugar or starch is eaten. He did stress, however, that people with diabetic relatives and those who are overweight have a greater chance of getting it.

On the other hand, diabetic children may develop the disease in a few weeks. They are almost always totally dependent on insulin. Juvenile diabetes, as a rule, affects people under 30. But by far the majority have the adult type or the non-insulin dependent form. Moore said sometimes medication, including insulin, is needed to get adult diabetes under control, but it can often be phased out when the victim gets his weight down, follows a strict diet and takes regular exercise. Like juvenile diabetes, though, it can never be cured; but it can be controlled so the person can lead a near-normal life.

Moore said when diabetes becomes severe a person will most likely experience extreme thirst, increased urination, tiredness, weight loss, blurred vision, pain in the legs, itching and a tendency toward skin infections. He said it is important that everybody get to know some facts about diabetes so they can recognize symptoms in themselves and others.

## Military

From Page A10

Assistance Specialist Cynthia L. Harmon, daughter of Albert L. and Connie R. Harmon of Ogburn Avenue, has graduated from Basic Subsistence Specialist School.

The 18-week course was conducted at the Coast Guard Training Center in Petaluma, Calif. The course was designed to give students a fundamental knowledge of food preparation on basic cooking, nutrition, baking, meat carving, menu planning and related kitchen health and sanitation procedures.

Personal savings dropped to 3.9 percent in May, down from 6.6 percent in 1981.

### Selected Group Ladies Fall And Winter Shoes

## NOW 50% OFF

Broken Sizes From 4 To 12 AAAA To C

Xines

INC. Shoes

DOWNTOWN — 211 W. Fourth St.  
Open Daily 9:30 a.m.-5:30 p.m.  
Phone 722-1171

STRATFORD OAKS — 514 S. Stratford Rd.  
Open Daily 10-5:30; Mon. and Fri. til 9  
Phone 761-0390

# Davis

DOWNTOWN • THRUWAY • REYNOLDA MANOR  
VISIT US OR TELEPHONE: DIAL 722-3411

downtown: 10:00-5:30  
thruway daily: 9:00-9:00  
saturday: 9:00-6:00  
reynolda manor daily: 10:00-9:00  
saturday: 10:00-6:00

## bargain days

THURSDAY • FRIDAY • SATURDAY  
AT ALL 3 DAVIS LOCATIONS

<p>broken sizes, fall &amp; holiday</p> <p style="text-align: center;"><b>DRESSES</b></p> <p style="text-align: center;"><b>33%-75% OFF</b></p> <p style="text-align: center; font-size: 0.8em;">davis fashions</p>	<p>broken sizes, selected styles</p> <p style="text-align: center;"><b>PLAYTEX BRAS</b></p> <p>11.00-20.00 <b>20%-50% OFF</b></p> <p style="text-align: center; font-size: 0.8em;">davis foundations</p>	<p>broken sizes, discontinued styles</p> <p style="text-align: center;"><b>DANSKINS</b></p> <p>5.00-13.50 <b>20% OFF</b></p> <p style="text-align: center; font-size: 0.8em;">davis foundations</p>
<p>infant and toddler winter</p> <p style="text-align: center;"><b>PLAYWEAR</b></p> <p>5.50-16.00 <b>1/2 OFF</b></p> <p style="text-align: center; font-size: 0.8em;">davis children's wear</p>	<p>all remaining fall and winter</p> <p style="text-align: center;"><b>GIRLS' WEAR</b></p> <p>6.00-22.00 <b>1/2 OFF</b></p> <p style="text-align: center; font-size: 0.8em;">davis girls' wear</p>	<p>all remaining fall and winter</p> <p style="text-align: center;"><b>BOYS' WEAR</b></p> <p>7.00-20.00 <b>1/2 OFF</b></p> <p style="text-align: center; font-size: 0.8em;">davis boy's wear</p>
<p>misses and jr. winter separates,</p> <p style="text-align: center;"><b>SPORTSWEAR</b></p> <p>18.00-60.00 <b>1/2 OFF</b></p> <p style="text-align: center; font-size: 0.8em;">davis sportswear</p>	<p>broken sizes in day or sleep</p> <p style="text-align: center;"><b>LINGERIE</b></p> <p>8.00-20.00 <b>1/3-1/2 OFF</b></p> <p style="text-align: center; font-size: 0.8em;">davis lingerie</p>	<p>limited quantity in group</p> <p style="text-align: center;"><b>BLOUSES</b></p> <p style="text-align: center; font-size: 1.5em;">6<sup>99</sup></p> <p style="text-align: center; font-size: 0.8em;">davis budget wear</p>
<p>group of assorted vests,</p> <p style="text-align: center;"><b>SWEATERS</b></p> <p>16.00-24.00 <b>13<sup>99</sup>-19<sup>99</sup> OFF</b></p> <p style="text-align: center; font-size: 0.8em;">davis budget wear</p>	<p>men's s-m-l-xl warm</p> <p style="text-align: center;"><b>JACKETS</b></p> <p>30.00-75.00 <b>1/2 OFF</b></p> <p style="text-align: center; font-size: 0.8em;">davis men's wear</p>	<p>men's s-m-l-xl cotton blend</p> <p style="text-align: center;"><b>SPORT SHIRTS</b></p> <p>17.00-20.00 <b>1/2 OFF</b></p> <p style="text-align: center; font-size: 0.8em;">davis men's wear</p>
<p>men's s-m-l-xl cotton, plaid</p> <p style="text-align: center;"><b>FLANNELS</b></p> <p>10.00-15.00 <b>1/2 OFF</b></p> <p style="text-align: center; font-size: 0.8em;">davis men's wear</p>	<p>s-m-l-xl cotton blend men's</p> <p style="text-align: center;"><b>KNIT SHIRTS</b></p> <p>14.00-29.00 <b>1/2 OFF</b></p> <p style="text-align: center; font-size: 0.8em;">davis men's wear</p>	<p>slightly irregular, assorted</p> <p style="text-align: center;"><b>HAND TOWELS</b></p> <p style="text-align: center; font-size: 1.5em;">99<sup>c</sup> each</p> <p style="text-align: center; font-size: 0.8em;">davis home stores</p>
<p>3 sizes stainless steel, bowl</p> <p style="text-align: center;"><b>REVERE SETS</b></p> <p>24.00 <b>12<sup>88</sup></b></p> <p style="text-align: center; font-size: 0.8em;">davis home stores</p>	<p>silver-like chromeware</p> <p style="text-align: center;"><b>BREAD TRAYS</b></p> <p>5.99 <b>3<sup>88</sup></b></p> <p style="text-align: center; font-size: 0.8em;">davis home stores</p>	<p>presto immediate cook</p> <p style="text-align: center;"><b>HOT DOGGERS</b></p> <p>12.99 <b>2<sup>88</sup></b></p> <p style="text-align: center; font-size: 0.8em;">davis home stores</p>