

Buying furniture

The upswing in the economy has resulted in a renewed interest in furniture.

Dr. Wilma Hammett, extension interior design specialist at North Carolina State University, reports that a recent survey of furniture retailers shows the following trends.

--Textured upholstery sells best on contemporary furniture and on sofa-sleepers. This is the fastest-growing style category.

--Velvets are still the best selling fabric, particularly in the mid-price range. Prints are more popular in the upper medium price range.

--Synthetic fibers outsell other fibers, although most prints are cotton. Nylon is the number one velvet. Fiber blends are gaining in importance in velvets and textureds.

--Earth tones and neutrals still head the color parade.

--Florals are the most popular print design.

--Jacquards are becoming more popular in the middle-to-upper price ranges.

STRETCH JEANS

As the bulk of the population grows older, demand for stretch denim grows.

Five textile mills are now producing stretch denim using a stretch polyester filament yarn from Dupont or Celanese. Each mill has a trade name for its fabric which has 18 to 20 percent stretch and is ordinarily 65 percent cotton and 35 percent polyester, says Dr. Harriet Tutterow, extension clothing specialist, North Carolina State University.

"Predictions are that as much as 25 percent of the denim market could belong to stretch denim by 1988," says Dr. Tutterow.

COUNTRY HAM

"Country cured hams are being featured by some stores, but evaluate your family's needs before investing in a whole ham," says Rachel Kinlaw, extension foods specialist, North Carolina State University.

Meat or the meat group takes 25 to 30 percent of the average shopper's food dollar so savings in this area can really add up. "If your family is small, the 12 or 16 ounce packages or a fifth of a ham would be a better buy. You'll pay more per pound, but you won't have the waste or the storage problem," Mrs. Kinlaw says.

If a whole ham is purchased and used a couple of slices at a time, coat the cut surfaces with unsalted shortening to keep it from drying out.

"Also remember not to overcook the meat or it will become hard and tough. If you put slices in the freezer, don't store them more than two months," says the extension specialist.

Thirty-six percent of adult Americans follow a regular program of exercise.

Popcorn was popular for food and decoration among the Indians in San Salvador when Columbus landed.

If some perfectly good kitchen appliances are scratched, touched them up with paint specially formulated for appliances. Most paint and hardware stores carry the touch-up paint.

FOOD STAMPS GO FURTHER AT WINN-DIXIE



LARGE ROLL
WHITE, DESIGNER OR ASSORTED COLORS
BOUNTY TOWELS
58¢
LIMIT 2 WITH \$10.00 OR MORE FOOD ORDER



FAB DETERGENT
\$1.39
49 OZ. BOX
OR
ARROW DETERGENT
BLUE, WHITE, COLD WATER OR NO PHOSPHATE
99¢
49 OZ. BOX
LIMIT 1 OF CUSTOMERS CHOICE WITH \$10.00 OR MORE FOOD ORDER



HELLMANN'S REAL MAYONNAISE
32 OZ. JAR **99¢**
OR
DEEP SOUTH REAL MAYONNAISE
32 OZ. JAR **59¢**
LIMIT 1 OF CUSTOMERS CHOICE WITH \$10.00 OR MORE FOOD ORDER

SAVE WITH



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THE BEEF PEOPLE
AMERICAN OWNED... AMERICAN OPERATED

Now more than ever, we're right for you!

RIGHT For You Checklist



- Winn-Dixie Brand U.S. Choice Government Graded Beef
- Money Saving Specials each and every day
- Low Cost Store Brands of quality comparable to national brands
- "Harvest Fresh" high quality product displayed loose for your individual choosing
- Taste Appealing Bakery/Deli's in most of our stores for easy and convenient meal making
- Friendly and Helpful Personnel
- Everyday Low Shelf prices on staple grocery items

32 OZ. BOTTLE HUNT'S TOMATO KETCHUP 79¢
LIMIT 1 WITH \$10.00 OR MORE FOOD ORDER

5 LB. BAG PILLSBURY FLOUR 68¢
PLAIN OR SELF RISING
LIMIT 1 WITH \$10.00 OR MORE FOOD ORDER

32 CT. TODDLER CONVENIENT LUV'S DISPOSABLE DIAPERS \$7.39
48 CT. DAY-NITE
LIMIT 1 OF CUSTOMERS CHOICE WITH \$10.00 OR MORE FOOD ORDER

16 OZ. CANS THIRTY MAID GOLDEN CORN 3 \$1.99
CREAM STYLE OR WHOLE KERNEL
LIMIT 3 WITH \$10.00 OR MORE FOOD ORDER

21 OZ. CAN REDDI-MAID CHERRY PIE FILLING 99¢
LIMIT 1 WITH \$10.00 OR MORE FOOD ORDER

COMPARE AND SAVE

THRIFTY MAID TWIST & CHEDDAR DINNERS 4 7/8 OZ PKGS \$1.00	THRIFTY MAID SHELLS & CHEDDAR DINNERS 4 7/8 OZ PKGS \$1.00
CRACKIN GOOD REGULAR OR WAVY POTATO CHIPS 7 1/2 OZ BAG 89¢	GREAT FOR PANCAKES! BISOUICK 49 OZ PKG \$1.49
ASTOR COOKING OIL 48 OZ BOTTLE 89¢	THRIFTY MAID PINTO BEANS 2 LB BAG 63¢
DIXIE HOME TEA BAGS 100 CT PKG \$1.39	THRIFTY MAID MINUTE RICE 14 OZ PKG \$1.11
ARROW TRASH CAN LINERS 10 CT PKG 99¢	THRIFTY MAID INSTANT RICE 14 OZ PKG 99¢
KITCHEN BAGS 15 CT PKG 99¢	QUAKER QUICK GRITS 16 OZ PKG 46¢
LILAC LIQUID LEMON, LIME OR PINK DETERGENT 32 OZ BTL 69¢	THRIFTY MAID GRITS 5 LB BAG 99¢
CRACKIN GOOD GEORGIA CRACKERS 12 OZ BOX 79¢	THRIFTY MAID MUFFIN MIX 4 1/2 OZ PKG \$1.00
ASTOR REGULAR A.D.C. OR ELECTRIC PERK COFFEE 1 LB BAG \$1.99	PIILLSBURY LAYER CAKE MIX 18 1/2 OZ PKG 79¢
PIES 8 1/2 OZ PKGS \$1.19	ARTIFICIAL SWEETNER SWEET 'N LOW 800-PPR PKG \$1.99
CRACKIN GOOD ALL VARIETIES TOASTER PASTRIES 2 PKGS \$1.19	FRISKIES CAT FOOD 3 1/2 OZ CANS 99¢
KEELER GRAHAM PIE CRUST 4 OZ SIZE 89¢	DOG CHOW 10 LB BAG \$3.80
THRIFTY MAID THIRTY MAID MILK 13 OZ CANS 79¢	SPRAY DISINFECTANT LYSOL 12 OZ CAN \$1.99
THRIFTY MAID LUNCH MEAT 12 OZ CAN 99¢	THRIFTY MAID TOMATO JUICE 46 OZ CAN 77¢
PRICE BREAKER BEEF STEW 23 OZ CAN 99¢	FABRIC SOFTENER DOWNY 33 OZ BTL \$1.31
LOG-CABIN SYRUP 24 OZ BTL \$1.99	CUT RITE WAX PAPER ROLL 85¢
DEEP SOUTH SYRUP 24 OZ BTL 99¢	DETERGENT JOY LIQUID 22 OZ BTL \$1.41
THRIFTY MAID LEMON JUICE 32 OZ BTL 89¢	CAMPBELL'S VEGETABLE SOUP 3 10 1/2 OZ CANS \$1.00
VAN CAMP'S PORK 'N BEANS 15 OZ CAN 39¢	BECHNUT STRAINED FRUITS OR VEGETABLE BABY FOOD 4 1/2 OZ BOX 16¢
ASTOR COOKING OIL 24 OZ BTL 99¢	SUNBELT DISPOSABLE OVERNIGHT DIAPERS 48 CT BOX \$5.99
LUCK'S WITH PORK PINTO BEANS 15 OZ CAN 39¢	SUNBELT DISPOSABLE EXTRA ABSORBENT DIAPERS 48 CT BOX \$5.99
GENERAL MILLS CHEERIOS 15 OZ PKG \$1.49	SUNBELT DISPOSABLE TODDLER DIAPERS 40 CT PKG \$5.99

3 LT. BTL. CARLO ROSSI MTN. RHINE, CHABLIS, BURGUNDY OR VIN ROSE WINE \$4.79

MT. DEW, DIET PEPSI, OR PEPSI COLA 8 PACK 16 OZ. BTL. \$1.59
LIMIT 2-8 PACKS WITH \$10.00 OR MORE FOOD ORDER

REG. OR LIGHT 12 PACK 12 OZ. CANS BUDWEISER BEER \$4.79

10 LB. VENT VUE BAG HARVEST FRESH U.S. NO. 1 WHITE POTATOES \$1.59

100% PURE FLORIDA GOLD ORANGE JUICE \$1.09
HALF GAL.

6 OZ. BTL. NYQUIL COLD MEDICINE \$2.99

36 CT. PKG. ALKA SELTZER PLUS \$2.99

10 OZ. BTL. VASELINE INTENSIVE CARE LOTION \$1.49

3 1/2 OZ. JAR VASELINE PETROLEUM JELLY 99¢

170 CT. PKG. Q-TIP COTTON SWABS 99¢

Harvest Fresh

That's because we go all over the country to bring you the best produce, the pick of the crop. At WINN-DIXIE, you'll find a seasonal variety of fruits and vegetables delivered fresh daily...so when we say Harvest Fresh we mean it! You'll also find our Harvest Fresh Produce displayed loose so you can pick and choose your own fruits and vegetables. So, pick a little or a lot, it's your choice at WINN-DIXIE.

New Hickory Tree Rd. & Hwy. 52 Midway, NC Monday-Saturday 8:00 to 9:00 Sunday 1:00 to 7:00	Thruway Shopping Ctr. Monday-Saturday 8:00 to 9:00 Sunday 12:00 to 7:00	Pine Brook Plaza Shopping Ctr. Monday-Saturday 8:00 to 9:00 Sunday 12:00 to 7:00	Parkview Mall Monday-Thursday 8:00 to 9:00 Friday-Saturday 8:00 to 10:00 Sunday 12:00 to 7:00	3 Oaks Plaza 811 Merita St Mt. Airy Monday-Saturday 8:00 to 9:00 Sunday 10:00 to 7:00	Walkertown Shopping Ctr. Monday-Saturday 8:00 to 9:00 Sunday 1:00 to 7:00	Westwood Village Shopping Ctr. CLEMMONS Monday-Wednesday 8:00 to 9:00 Thursday-Saturday 8:00 to 10:00 Sunday 10:00 to 7:00	U.S. Hwy. 21 and Old CCC Camp Rd. ELKIN Monday-Saturday 8:00 to 9:00 Sunday 12:00 to 7:00
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