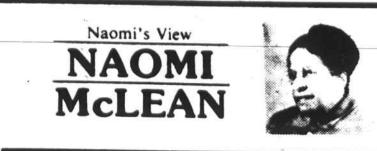
Reserve power is helpful in life

A person is truly effective in any situation when he has reserve power and is not continually working up to the limit of his ability.

Reserve power is helpful and needed for the person who has the right slant on life, one who is engaged in some activity -- some work -- that is useful to society in general.

How is reserve power developed? First of all, by a comprehensive understanding of the area to be worked, not live and work at random, having in mind a unifying pur-



pose, and to the last degree possible, have a broad interest beyond work earned as a livelihood, having understanding and appreciation of human aspects.

In the issues that confront us all, the call is for righteousness, courage, patience, loyalty, courtesy and honest factors.

Reserve power helps to strengthen the positive approach which results in action. Positive thinking is the essence of progress and broadens vision.

211:

....

It cannot be stressed too much. The real values of us, however, is determined by what we think and do, by the

attitude in which we live and work, and by the firm conviction that life is more than bread. It is quite true that we are all under the necessity of earning a livelihood. We have to deal every day with material things. When a person's whole thought and effort, however, are devoted to the material aspects of life, that person is bound to lose sight of those higher impules and aspirations that make life really worth living.

Reserve power enables a person to think and feel, deal realistically with facts and conditions as they present themselves, at the same time he holds fast to his ideals, develops a sense of value as an individual, realizing deeply there is more to life than meets the eye.

Reserve power enables a person to think from time to time, and realize that a useful purpose is one which makes for improvement in living. Anything is useful that gives wholesome pleasure, improves health, develops skill, makes one economically productive, refines taste, increases the capacity of a person to enjoy his environment, and develops his ability to understand the institutions of society.

Without a doubt, a useful life is a full life, and takes into account all the capacities, interest and emotions of people. In our daily contacts with people, we can in every way demonstrate the value of reserve power, go out of our way to emphasize the more generalized aspects of useful situations that result in useful living.

As the world becomes more and more mechanized, we need something that puts the emphasis on human relations, on human behavior, stimulating our thinking about the basic values of life.

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An endangered species From Page A4 Today, over 300,000 black young men are in prison. one's true self and nature."

Black males suffer over two million arrests every year in the U.S. How do we begin to combat the destruction of young black males -- and, in turn, the obliteration of our communities?

Conference participant Dr. W. Monty Whitney, associate director of the Cincinnati Seven Hills Neighborhood Houses, suggested that the basic "factors which inhibit healthy relationships are racism, sexism and capitalism." Short-term strategies to address these prothem." blems included greater "racial awareness," changing "male-female socialization patterns," and improving "communication and accountability" between black men and women. Dr. Na'im Akbar, a Florida State professor of psychology, urged blacks to combat the institutions and ideologies which "work against both our individual that long process. and collective survival." The "lust for power," material possessions and sexuality must be replaced by "a genuine Dr. Manning Marable teaches political sociology at Colcommitment to one's being rooted in the knowledge of gate University in Hamilton, N.Y.

Professor Angelene Jamison, head of Black Studies at the University of Cincinnati, suggested that "black women and men have accepted and internalized many of the myths, stereotypes, roles and definitions established by whites. Because we have not clearly understood these outside forces on male-female relationships," blacks often "blame each other for the problems rather than to establish creative and productive ways of dealing with

"Black survival," in Dr. Jamison's words, depends upon the creation of a "meaningful dialogue" between black women and men, and in efforts to build more "healthy and supportive relationships in the black community." This conference was a decisive step forward in

Why support Jackson? From Page A4

to support this presidential movement: "If you must criticize (Jackson), by all means do it in the spirit of love and unity."

The points worthy of note in this presentation are (1)there is the potential of registering millions of new voters and involving them in the political process for the first time; (2)the political awareness of young blacks can potentially be raised to a higher level; (3)the black church now has the opportunity to be an integral part of the reshaping of political consciousness; (4)freedom, justice and equality can again be placed on the front burner of the American conscience; (5)let us keep criticism of the Jackson candidacy positive; and (6) Jackson has the ability to pull together the diverse segments of our society. (Farrakhan's association with the campaign is evidence

of Jackson's open-arms attitude.)

Too many doubting Thomases in the black community will only serve to retard the potential to the black electorate and throw cold water on the unrealized aspirations of thousands of young, poor and previously uninvolved blacks. Why one would elect to follow the course of retardation remains to be seen.

What can be seen is that Jackson's campaign; which has, according to some polls, brought him to the point of tying with Sen. John Glenn for second place in the race, makes him a serious contender for having a major impact on the 1984 presidential campaign.

Blacks who would stand in the way of this movement must have genuine explanations with nobler motives. What are they?

Chronicle Letters From Page A4

When I walk around these streets and hear brothers calling brothers "niggers," it makes me see a lack of intelligence in the black society. I looked in a dictionary and the definition it gave for the word "nigger" was an unfriendly way to mean Negro. We all know that a "nigger" is an ignorant person.

Black people need to wake up and shift into the fast lane and get out of that slow lane. They need to practice the real meaning of brotherhood. If you think you can't, you won't. If you think you can, there's a good chance everyone to get a fair chance. you will.

Even making an effort should make you feel like a bet-

allowed on school grounds except at Atkins High School. ter person, if you know it's for a good cause. What could be a better cause than trying to help your people try to learn how to cope with reality and the society they live in.

> Reputations are made by searching for things that normally can't be done and doing them. If we can get more black people to stick together, I believe it would be a great accomplishment. Aim high and make people greatful for what you will be doing.

No one can do it by themselves. Let's everyone try to do something. Even the little things count. Let's try to get

> Storm A. Jeter Winston-Salem

Crime Prevention From Page A2

Money was taken.

- 1700 block, Waughtown Street A black moped was taken. •800 block, Cameron Avenue A license plate was taken. •3500 block, Patterson Avenue A walkie-talkie was taken. 2400 block, Machine Street Gasoline was taken.
- •300 block, West Fifth Street A toolbox and tools were taken. •1400 block, Grant Street
- A Kenmore microwave oven was taken. •1100 block, East 24th Street
- A passbook and money were taken. 1700 block, Cherry Street

1800 block, Short Street Money was taken. •500 block, Claremont Avenue A ham was taken.

Check Doors and Windows The Winston-Salem Police Department urges you to check doors and windows to your residences and businesses before you leave to see if they are locked. Several break-ins have occurred recently where entry was gained through unlocked doors and windows.

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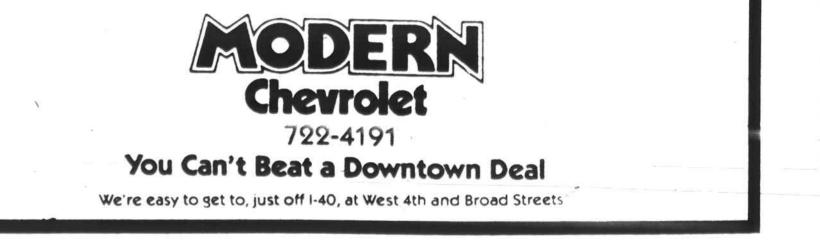




Steve Tuttle New Cars

Jim Benbow Trucks

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Four tires were taken. •1200 block, Waughtown Street Food was taken. 38.20 •2900 block, Patterson Avenue A red Sax moped was taken. •3000 block, Waughtown Street A black BMX dirt bike was taken. Mailing Address: Post Office Box 3154, Winston-Salem, NG 27102. Phone: 722-8624. Second Class postage paid at Winston-Salem, NC 27102. Subscription: \$13.52 per year payable in advance (North Carolina sales tax included). Please add \$1.00 for out-of-town delivery. PUBLICATION USPS NO. 067910.